

Terms & Conditions – Beyond BARS Coaching

Welcome to Beyond BARS Coaching. By participating in our programs, services, and community, you agree to the following terms:

1. Coaching Disclaimer

Beyond BARS Coaching provides personal development, recovery support, and wellness-based coaching.

These services are not a substitute for medical, psychological, or legal advice.

If you are in crisis, please seek support from a licensed professional or emergency services.

2. Personal Responsibility

You acknowledge that your results depend on your own commitment, effort, and circumstances.

We provide tools, structure, and support—but your transformation is your responsibility.

3. Community Standards

Beyond BARS Coaching is a safe and respectful space. By participating, you agree to:

- Maintain confidentiality
- Treat others with respect
- Engage in a supportive and non-judgmental way

We reserve the right to remove participants who do not honor these standards.

4. Payments & Access

All payments are final unless otherwise stated.

Access to programs, materials, and communities is provided as outlined at the time of purchase.

5. Intellectual Property

All Beyond BARS Coaching materials, frameworks (including the FAST Method), and content are protected intellectual property.

They may not be copied, reproduced, or distributed without permission.

6. Communication Consent

By signing up for services, you agree to receive communication via email and/or SMS related to your participation.

You may opt out of SMS messages at any time by replying STOP.

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7. Limitation of Liability

Beyond BARS Coaching is not responsible for outcomes resulting from participation in programs or use of content.

8. Changes to Terms

These Terms may be updated at any time. Continued participation indicates acceptance of any changes.

9. Contact

For questions or support:

Vanessa.Ragains@gmail.com

Effective Date: **March 19, 2026**