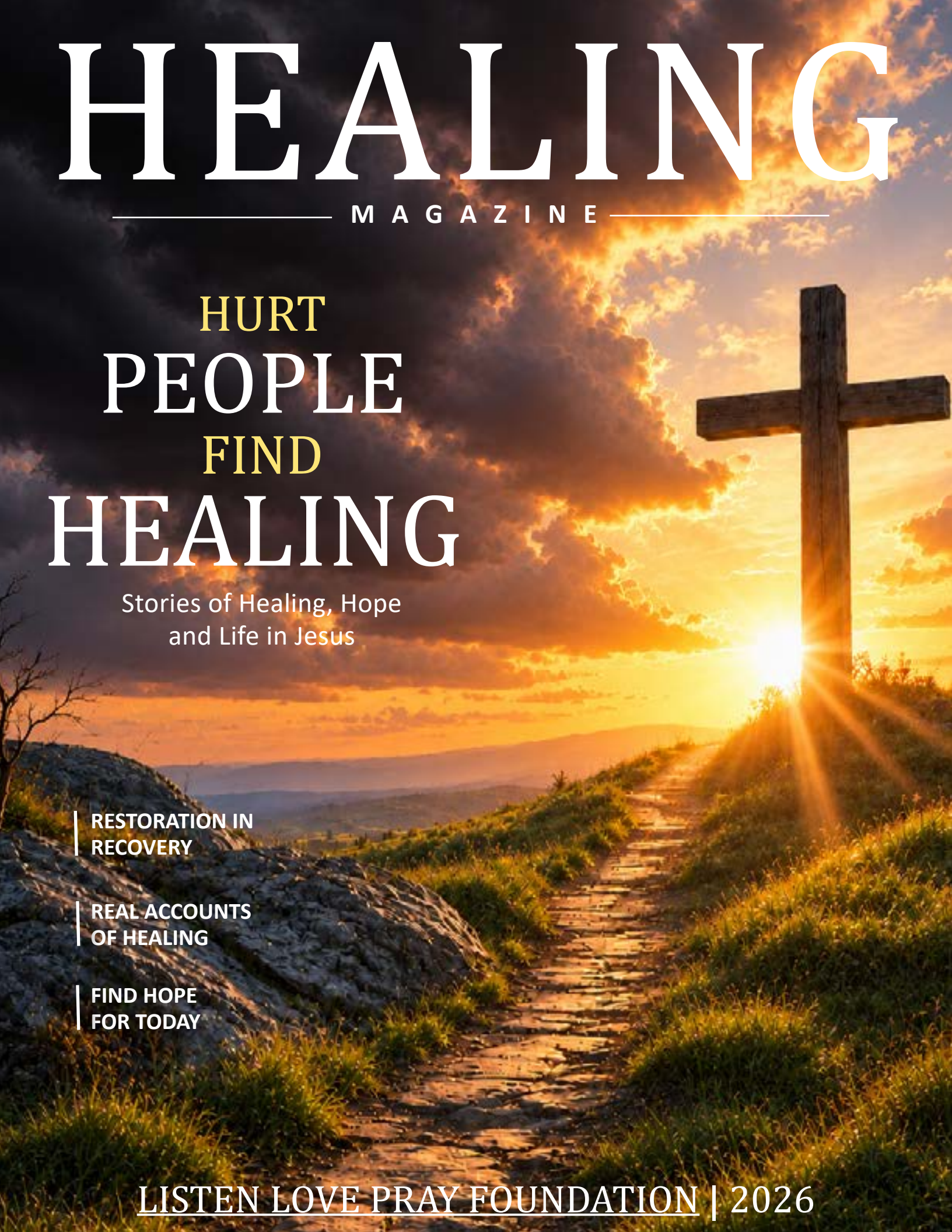
HEALING

MAGAZINE

HURT PEOPLE FIND HEALING

Stories of Healing, Hope and Life in Jesus

- RESTORATION IN RECOVERY
- REAL ACCOUNTS OF HEALING
- FIND HOPE FOR TODAY



LISTEN LOVE PRAY FOUNDATION | 2026

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LISTEN LOVE PRAY
HEALING MAGAZINE

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Welcome

At Listen Love Pray, we have seen the truth that nothing is impossible with God. Just like in biblical times, the presence of Jesus changes everything and brings healing and freedom through the power of the Holy Spirit. He is truly able to do far more than we could ever ask or imagine.



Ken and Lucinda Nelson
LLP Co-Founders

This inaugural edition will guide you through each of LLP's foundational healing ministries. The pages are full of pictures and stories that outline the ongoing, miraculous movement of our God. Read powerful, real-life testimonies of encounters with Jesus that resulted in physical and inner healing, deliverance, and transformation. Find practical, scripture-based teachings on spiritual growth and useful tools that supernaturally unlock His authority in your daily life. Discover the compassion of Christ touching hearts within recovery programs and intensive prayer ministries.

The last nine years of following God's call has brought us continual amazement and awe of the kindness and sovereignty of our Lord. We are forever grateful to the volunteers and staff at Listen Love Pray who love unconditionally and serve wholeheartedly so that hurting people can step into the healing love of Jesus.

May this magazine be a gateway for you to see afresh the beauty of Christ, experience a deeper level of faith, and walk in renewed hope of His supernatural presence and peace all the days of your life.

Ephesians 3:16-21

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge - that you may be filled to the measure of all the fullness of God. Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

Divine Beginnings

Listen Love Pray (LLP), a 501(c)(3) nonprofit, was founded in 2017 with a vision to bring the healing love of Jesus to hurting people. What began with a few people following God's call has grown into a Christ-centered healing ministry supported by dedicated staff and a growing team of compassionate volunteers.

Every year, more than 3,500 people reach out to LLP for healing prayer—from our local community and from across the country. Each request represents a person who is hurting, seeking God's presence, and longing for His healing, peace, and direction.

Time after time, we see God meet people right where they are. Hurting individuals experience the love and presence of Jesus in powerful and personal ways as the Holy Spirit brings revelation. Hearts find peace, lives experience inner healing, and bodies receive restoration. We remain continually in awe of what God is doing and deeply grateful for every person who is part of the LLP team.

Main Ministry Areas

- Healing Services
- Recovery Ministry
- Private Healing Prayer
- Workshops
- Conferences
- Intensive Prayer Ministry
- Prayer Hotline
- Intercessory Prayer

Healing Services





Every Tuesday at 7pm, LLP offers a time to step away from the noise of life and re-center on Jesus. During this special hour, participants and their prayer needs are lifted into His healing love.

Every first Tuesday, the service is held in person at New Beginning Nazarene Church in Mount Airy, MD. The service includes Holy Communion, personal ministry and a space to rest and be refreshed in God's presence. The service is also live-streamed on Facebook.

All other Tuesday evenings, LLP offers an online healing prayer service on Zoom, welcoming people from across the country. No RSVP necessary, just come. Contact lucinda@listenlovepray.org to be placed on the invite list.

Testimony

My Pain Was Gone

When I finally went to get my knee pain diagnosed, the MRI clearly showed a cyst which would resist any permanent cure. Ugh. I became resigned to the sharp pain with stairs, grocery shopping and fun activities with grandchildren. At a healing prayer service, ***two lovely LLP ladies prayed over my knee****. I admit I was surprised when the pain was gone - for one month. Then it came back.*

I again became resigned to living with it. A couple of months later at another healing service, I mentioned that the pain had returned. LLP ministers prayed and again, ***I was surprised that my pain was gone****. This time, the healing has remained. Even if that cyst rears its ugly head again, I will not hesitate one moment to ask for more prayer.* ***Thank you, Jesus****, that Your healing love is limitless.*

Come and rest. Come and receive. Come and encounter the healing presence of Jesus.

Why do people attend LLP's healing prayer services?

"I love being in an atmosphere of prayer. It is stepping into another realm where ***peace abounds****, and God's presence feels so near."*

"First Tuesdays are when I feel able to ***fully relax****. My heart can open to the goodness of God."*

"I find great peace and connection with God during the service, especially when we rest and ***soak in His presence*** *with peaceful, healing music."*



Recovery

People who struggle with sobriety are individuals of infinite worth. **Addiction can affect anyone.** You probably know a son or daughter, a father or mother, a brother, sister or friend who suffers with this disease. Recovery tends to be an up and down journey with periods of sobriety and relapse. With that in mind, we realize that every moment matters and our volunteers focus on bringing the compassion and healing love of Jesus into each encounter.

LLP offers **100 Christ-centered programs every year** for men and women in recovery from substance use disorder (SUD). Our trained recovery teams serve at Frederick Rescue Mission, Andrea's House, Faith House, and Solid Ground Recovery.

Testimony

Anything LLP Does, I'm Going to Say Yes

During my first encounter with LLP, I was apprehensive. After entering the recovery program, ***Jesus wasn't even on my radar****. I remember LLP coming around and praying, and honestly, I wanted nothing to do with it. After a few weeks, I finally let them pray for me.* ***Something began to change****. I started gaining momentum in my faith, and I knew it wasn't something I was doing on my own. There was something* ***supernatural*** *happening.*

I attended LLP's Intensive Prayer Ministry, where I learned about generational healing and the Mother's and Father's Blessing. It ***opened my eyes*** *to a whole new prayer life. After graduating from The Mission,* ***I became LLP-trained*** *and sat in on my first healing prayer session as a volunteer. It was incredibly emotional to watch someone open up and pour out their heart. You could just tell Holy Spirit was moving in them. It was powerful! That experience changed something in me. Now, whatever LLP is doing,* ***I'm going to say yes!***

MEN'S PROGRAM

Every 4th and 5th Sunday of each month, LLP volunteers meet with men in the **Changed Life Recovery Program** at the Frederick Rescue Mission. Every 2nd Wednesday of the month, LLP brings Christ-centered lessons and healing prayer to the group. After an interactive Christ-centered lesson, the team spends personalized time in prayer with each individual. Topics include:

- Identity
- Forgiveness
- Anxiety
- Trust Issues
- Triggers
- Healing of Relationships
- Co-Dependency



"Sin is an addiction. We relapse on it on a daily basis."

- Duane -

Resident of Changed Life Recovery Program

GOD GRANT ME THE Serenity

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference. Living one day at a time. Enjoying one moment at a time. Accepting hardship as a pathway to peace. Taking, as Jesus did, this sinful world as it is, not as I would have it. Trusting that He will make all things right if I surrender to His Will. So that I may be reasonably happy in this life and supremely happy with Him forever in the next. Amen.

- Reinhold Niebuhr

Ministry

WOMEN'S PROGRAM





LLP volunteers help women in recovery step into the **healing love of Jesus,** where all things are possible. Every 1st and 3rd Monday of each month, LLP recovery teams visit two women's sober homes at Solid Ground Recovery to host **unique programs** that include Christ-centered step work and prayer. Additionally, every 2nd Tuesday, volunteers bring inspirational messages and an extended time of **healing prayer to women** living in Andrea's House and in the Swallowtail house at Solid Ground Recovery.

Grace IN RELAPSE

The Struggle for Long-Term Sobriety | *by Lucinda Nelson*

Starting over after a relapse takes courage and shame and guilt can make that first step difficult. Compassion and connection are essential as someone begins recovery again. A woman who relapsed told us she had stopped going to support groups and tried to fight temptation on her own. Returning to the sober home, she was grateful that LLP recovery programs provided ***a safe place to be honest, process difficult questions about God, and stay connected.*** She shared how difficult it was to face judgment from family and friends who did not understand how hard it was to stay sober. As LLP recovery teams ***listen unhurriedly and without judgment,*** an environment is created where pain can be voiced. And when it is time to pray, the ***healing love of Jesus*** begins to restore what has been damaged. Our God is faithful and no matter what type of relapse has occurred, there is peace, hope, and new strength in His limitless mercy and grace.

Testimony

Moving From Overwhelmed to Calm

Two months ago, I broke up with my boyfriend of six years and wondered whether I had fully dealt with my feelings. Since I had never experienced the ***emotions of a breakup while sober****, the intensity was hard to manage. Working as much as possible at two jobs, I avoided walking through the loss, sadness, and weight of responsibility I felt for how my ex was dealing with it.*

LLP listened to my story *and then asked if there was a scripture or Bible story that was speaking to my heart. I admitted I wasn't really familiar with the Bible, although I did love God and prayed often.*

LLP told me about the story of ***Martha and Mary*** *when Jesus came for a meal. Martha was busy preparing dinner, while Mary sat at Jesus' feet. When Martha complained about Mary, Jesus told her that she was worried and upset about many things, but Mary had chosen what was better by sitting at His feet.*

As LLP played quiet music, I pictured that scene and realized ***I had been acting like Martha*** *- worried and upset and simply too busy. Jesus knew I needed to sit at His feet, like Mary, and LLP gave me the time and space to do just that.* ***When the session ended, I felt calm and open.***

I have a new appreciation for the ***peace of Christ*** *and how His love and presence can* ***calm me*** *when life feels overwhelming. I also began to understand that I wasn't responsible for my ex's feelings. I could give him to Jesus,* ***trust God*** *to take care of him, and let go of the burden I had been carrying. When I find myself spinning like Martha, I hope I can remember this time of prayer, slow down, be still, and* ***sit at the feet of Jesus****.*

Healing Prayer



Come and experience the love and healing power of Jesus Christ as **He brings restoration** to current and past hurts, renews your life, and sets you free from addictions, anxiety, anger, illness, unforgiveness, abuse, bitterness, and so much more.

Private healing prayer appointments are available throughout the week in person and on Zoom. These are not counseling sessions, but **confidential ministry appointments** with two trained prayer ministers. Each appointment lasts about one hour and there is no cost to you.

To schedule a private healing prayer session:

E-MAIL

nancylistenlovepray@gmail.com

lucinda@listenlovepray.org

SCAN THE QR CODE

WHO is Jesus to You?

WHY do we ask this question during every healing prayer session?

Because when the **focus** is placed on ***Jesus***
- not the problem -
hearts begin to open to **HIS hope, healing and peace**.

Take a moment today.
In your own words - say it out loud or write it below.

JESUS is:

_____

Testimony

Fills Me With Love and Hope

I was living with utter exhaustion and a lack of joy. After trying many other remedies, I went to an LLP healing prayer session and had a deep 1:1 ***connection with Jesus*** *that changed my entire outlook on my walk with Him. His steadfast, unfailing and personal love was shared with me in a way that has changed me. It has changed everything. Even three months later, the memory fills me with His love and hope for my life and for His care and control of everything in this broken world.*

The burn-out wasn't wiped away, but I know Jesus wants to continue to change me so I desire and pursue ***His presence*** *above all else. This will most likely be a slow and steady change for me but now that I have "tasted and seen" the living presence of Jesus, there is nothing else I want more.*

What to Expect With Healing Prayer Sessions

1. Schedule Your Prayer Appointment
2. Meet With LLP Prayer Ministers
3. Share Your Heart & What You Need From Jesus
4. Fix Your Eyes on Jesus
5. Open to Holy Spirit
6. Receive Spirit-led Prayer
7. Keep Coming Back! There is Always More With Jesus

Workshops FOR MORE INDEPTH LEARNING

4 Keys to Hearing God's Voice
by Mark & Patti Virkler



How to Pray for Healing
Lessons & Practice Sessions



More!

- Spiritual Warfare & Deliverance
- Beyond Survival by Nathan Williams
- Switch On Your Brain by Dr. Caroline Leaf
- The Real Faith by Charles S. Price

LISTEN LOVE PRAY

heart check

ANGER | BITTERNESS
RESENTMENT

1. Who pops into your mind when reading the words above?
2. How long have you felt this way about them?
3. Have you heard that unforgiveness is the biggest block to healing?
4. Did you realize resentment actually causes you to feel hurt and victimized again and again?
5. Would you like to get rid of those feelings?
6. Are you willing to try to release that person to God?

Answer **"YES"** to any of the questions?

• • • • •

Try the
4-Part Forgiveness Prayer

4-PART forgiveness PRAYER

By Norma Dearing Edited by LLP for Heaing Prayer

PART 1
what they did

Turn your hand so your palm faces upward. Say out loud each thing the person you are forgiving has done and symbolically place each one in your hand as you say it.

Pray: *Lord Jesus, I give you all of these things. Please pour your healing love and power through them. I ask you to lift all the pain and hurt that has been involved with each of these things from my heart, mind and spirit. I give this to you Lord and trust you to deal with them. Amen.*

PART 2
about yourself

Say out loud the things about yourself that trouble the person that you are forgiving. Symbolically pile them up in your hand and then release these things to the Lord by turning your hand over.

Pray: *Lord Jesus, please pour your love and healing power over these things. I give them to you. Thank you for taking them and releasing this burden from me. I trust you to heal this hurt and pain. Amen.*

PART 3
desire for them

Verbally state your heart's desire for the person you are forgiving. Pile your desires up, one by one in your hand. When finished, lift your hand up and give all of the desires to the Lord.

Pray: *Lord, I give (name of person you are forgiving) to you. You are able to handle him/her better than anyone else. Bring about your perfect will for (name) and let your love pour into them and your healing power flow over them. I release them into your care. Amen.*

PART 4
desire for yourself

Verbally and symbolically place into your hand your heart's desires for yourself. What would you like to see Jesus do in your life today? Pile them all up in your hand, then lift if up and give them to the Lord.

Pray: *Lord, I release these desires to you. Please pour your love, mercy and grace into them. I trust you with these things. Surround me with your heavenly angels. Help me to know how much you love me. Amen.*

Repeat it, ponder it- let *Holy Spirit* set you free!

Testimony

Lost in the Moment

*At LLP conferences, you can feel the Spirit start to move **immediately**.*

*People of faith can literally **get lost in the moment** in worship and you know that you're not doing it - that it's the Spirit of God. His Spirit anoints the whole purpose of healing and **starts the process of receiving** the healing love of Jesus.*

*This power of the movement of the Spirit **comes alive** whenever the people of God gather in earnest prayer as they do at the LLP annual conferences and within their other ministries.*

Conferences

Annual Healing Conference

LLP hosts an annual conference filled with anointed teaching, powerful worship, and opportunities for personal ministry. Attendees experience physical and emotional healing, the peace of Christ, and renewed strength, hope, and faith. Breakout groups and generous time to soak in the love of God create opportunities for deeper connection with Him.





Join Us Next Year!

LLP Healing Conference | June 19, 2027

Hood College (Frederick, MD)

Testimony

Amazing Experience

*I had the pleasure of attending LLP's Women's Conference in 2025 and 2026. What an amazing experience - **surrounding myself with women who love Jesus and believe in the healing power of Holy Spirit!**w*

*The worship music, keynote speakers, and break-out sessions were wonderful. Prayer time was so moving and the testimonies that followed were powerful. **I already have next year's event on my calendar!***

Women's Conference

LLP's annual Women's Conference centers on Christ, with themes of hope, healing, and encouragement. Each event features live worship, a dynamic keynote speaker, topic-focused breakout groups, and numerous opportunities for personal ministry.





• • • • • Mark Your Calendar • • • • •

LLP Women's Conference | March 13, 2027

Hood College (Frederick, MD)

A day to connect, be refreshed, and encounter the healing love of Jesus!

INTENSIVE Prayer • • • Ministry(IPM)

Intensive Prayer Ministry (IPM) is a dedicated day to step away from the demands of everyday life and spend extended, intentional time with Jesus. This powerful event is held three times a year at a local church from 9:30 am- 3:30 pm.

Participants can expect a combination of short teachings, guided prayer stations, and two private prayer sessions that provide personal time with trained prayer ministers to share what is on your heart, listen for Holy Spirit guidance, and receive prayer.

Throughout the day, there is time to be still, reflect, listen, pray, and simply receive from Jesus. You don't need to prepare anything or know what to say—just come ready to encounter Him. IPM is a free event, and lunch is included. As participants slow down and intentionally focus on Jesus, many experience a deeper connection and breakthrough in His presence.



COME READY to ENCOUNTER *Jesus*

LLP *Prayer* Hotline

Hope, Peace & Encouragement are just a phone call away.



OPEN Monday thru Friday (8am - 6pm) and Sat & Sun (10am - 5pm)

INTERCESSORY *prayer*



Intercessory prayer follows the example of Jesus - who intercedes on behalf of humanity. LLP has an active Intercessory Prayer team dedicated to lifting hundreds of people and their personal prayer requests before the Lord. Our team faithfully prays over LLP's ongoing healing ministries. They ask God to prepare hearts, guide each prayer minister, and move powerfully in the life of those who attend.

Testimony

I have seen real healing when somebody comes into a Tuesday night healing prayer service. You can see heaviness in their souls and hearts that are weary and worn down.

Over the course of the LLP healing time, they are filled with God's light and love. Their whole posture changes and you can see how the Lord is giving them His peace, which we all truly need!



CALLED TO SERVE:

The Heart of an LLP Volunteer

At Listen Love Pray, volunteers are at the heart of what we do. They come from different churches, backgrounds, and life experiences, but they share something important: a heart for people and a desire to help others experience the love of Jesus. Volunteering with LLP isn't about having all the answers or knowing exactly where you fit from the beginning. It starts with a conversation.

Each potential volunteer meets with an LLP staff member to talk about their gifts, experiences, and the areas of ministry that are on their heart. Together, they prayerfully consider where that person may be called to serve.

For some, that may be recovery ministry—coming alongside men and women who are working toward sobriety and rebuilding their lives. Others serve at healing conferences and events, helping create welcoming spaces where people can experience encouragement, prayer, and the healing love of Jesus. Some feel called to private healing prayer or deliverance ministry as hurting people seek freedom, peace, and deeper healing through Jesus.

No matter where someone serves, they don't serve alone. Volunteers have opportunities to learn, grow, and become more confident in using the gifts God has given them through training, mentoring, and the support of the LLP team. And somewhere along the way, something beautiful happens. Volunteers often discover that serving changes them, too.

They get to witness what can happen when someone feels truly heard. They see the difference a prayer, a word of encouragement, or simply sitting beside someone during a difficult season can make. Most importantly, they have the privilege of watching Jesus meet people right where they are.

Our volunteers aren't perfect people with all the right words. They are people willing to listen, love, pray, and say yes when God calls them to serve. All glory to God for every life touched and every volunteer who has answered His call.

Testimony

I am sure we all know how to talk with God. ***Yet for me there is something more****, being with people who walk out their faith, with* ***God's purpose*** *of healing and bringing us into the presence of Jesus through prayer. Maybe it is a stronger presence of the Holy Spirit, or the ability to* ***feel peace*** *and joy more abundantly, I am not sure but there is more. I have known the people of LLP for over 25 years (long before they started LLP). I could only begin to tell you how treasured my experiences are praying, learning how to pray, and following the Holy Spirit's guidance in my life. I* ***grew deeper in my faith*** *and understanding at LLP.*







I have been helping at LLP, setting up at conferences and being on the newsletter production team. I've gotten to know all the people. Everyone is super nice and they're really open and it's fun to hang out with them.



BOARD OF DIRECTORS

Pictured (l to r): Ken Nelson, Dennis Yocum, Megan Estrem, Tandi Tucker Toni, Maureen Armacost, Bruce Michael, Kristin Nelson, and Corey Grimes

Why Does Jesus Want to Use Us?

Jesus wants to do His work with us! And I think it's quite miraculous, like why would he want to use us? You know, we're just such a mess and yet He uses us and extraordinary and miraculous things happen.

frequently asked questions

Does Jesus really heal people today?
Yes! We see all kinds of healing happen as we respond to over 3,500 requests for healing prayer every year.

What are the main types of healing?
Inner healing (healing of emotional pain), physical healing, spiritual healing, and deliverance.

Does LLP offer online ministry?
Yes! Zoom is used for healing prayer sessions, Tuesday night healing services, and classes.

Is my prayer time confidential?
Yes - unless you threaten to injure yourself or someone else, or if there is ongoing child abuse.

How can I learn more about upcoming events?
Follow LLP on Facebook, Instagram, and YouTube. Our events are also posted at listenlovepray.org.

Does LLP have recommended reading material?
Holy Bible
Blessing Your Spirit | S. Gunter & A. Burke
Sword of the Spirit, Word of God | J. Lamb
Prayers That Avail Much | G. Copeland
The Healing Touch | N. Dearing
The Healing Reawakening | F. MacNutt
Healing | F. MacNutt
The Healing Light | A. Sanford
Total Forgiveness | R.T. Kendall
Unbound | N. Lozano
Needless Casualties of War | J.P. Jackson
Life of the Beloved | H. Nouwen
Defeating Dark Angels | C. Kraft
Pigs in the Parlor | F. & I.M. Hammond
The Kneeling Christian | Unknown

Who supports LLP?
Delaplaine Foundation, Inc., Damascus Road Community Church, New Beginning Nazarene Church, and private donors with a heart for healing ministry.

How can I support LLP healing ministry?
Choose to volunteer (we offer training and mentoring), give a one-time donation, or become a monthly giving partner.

Scan to support!

Listen Love Pray exists to bring the love of God and the healing power of Jesus to hurting people.



2027 SAVE *the* Dates

Prayer Hotline Training.....	January 19 | 12 noon, Zoom
Recovery Ministry Volunteer Training	January 21 | 7:00 pm, NBNC (New Beginning Nazarene Church)
Intensive Prayer Ministry	January 30 | 9:30 am - 3:30 pm, NBNC
Beyond Survival Morning Study	February 3 - March 10 | 10:00 am, NBNC
Beyond Survival Evening Study	February 3 - March 10 | 7:00 pm, NBNC
Women's Conference	March 13 | 9:00 am - 3:00 pm, Hood College
New Volunteer Training	March 16 | 9:00 am - 12 noon, NBNC
Intensive Prayer Ministry	April 17 | 9:30 am - 3:30 pm, NBNC
How to Pray for Healing	May 13 | 7:00 pm, NBNC
2027 Healing Conference	June 19 | 9:00 am - 5:00 pm, Hood College
Beyond Survival Workshop	July 31 | 9:30 am - 2:30 pm, NBNC
Intensive Prayer Ministry	September 18 | 9:30 am - 3:30 pm, NBNC
Volunteer Picnic	October 3 | 1:00 pm, Old National Pike District Park

Listen Love Pray Foundation
8555 Dollyhyde Road
Union Bridge, MD 21791

240-285-7406 | listenlovepray.org
Prayer Hotline: 240-285-9011