Connect with God and with Each Other

day dedicated for the healing of mind, body, and spirit; worship, short teachings, small group discussion, crafts, a gourmet lunch with gluten free options, and plenty of opportunities for personal ministry! Don't miss it! *And* consider sharing

the experience with a friend or family member! Register today! \$39 includes all materials, crafts, and lunch. Featuring worship leaders, Amy Grimes and Maria Remsch and keynote speaker, Jacqueline Demarest, LCMHCS, and the LLP Healing Prayer team.







Register

HFRF

Join us for the **2025 Women's Retreat!**

When: Saturday, February 22nd, 9:00 am – 3:00 pm Where: New Beginning Nazarene Church, Mt. Airy, MD

Snow Date is Saturday, March 1, at the same time and place. For more info, contact Lucinda at lucinda@listenlovepray.org.

LLP's Intensive Prayer Ministry Brings Healing

n January, LLP provided an opportunity for personal intensive prayer. Participants had time for worship, lessons, prayer stations, soaking prayer and two sessions of individual prayer ministry.

The Holy Spirit was ever present, even during the lunch fellowship! At the end, through so many amazing testimonies, everyone saw

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Participants from January's Intensive Prayer Ministry

IPM Testimony

Prayer recipient perspective: In the days leading up to Intensive Prayer Ministry (IPM), I had dueling voices in my head. One said, I don't think I have anything that I need prayer for and the other one said, I'm afraid of what's going to come up. I went to the Mother-Father blessing station, and was immediately crying buckets of tears. I was amazed at how all the prayer ministers at IPM received visions and words and ideas that immediately struck a chord, and I said, yes that's exactly what's going on in my head and heart right now. Clearly the Holy Spirit was here, and I felt very real healing from relationships and some trauma. During my second healing prayer session, no words were spoken. We just sat in soaking prayer and visions came to me that were very clearly from God. As they came, I shared them with the team. It was important to me that even though the prayer ministers didn't say words, they were there praying for me and holding a safe space for me. I needed them to help me feel safe. — Kim

Prayer minister perspective: When on a prayer team, you're "doing the prayer." You're listening to Holy Spirit and the recipient, waiting and looking through scripture. Then you get your reference books out and look for the right words. What I learned at the recipient's second prayer time is to wait on the Lord. When we did that, suddenly, she had the most amazing vision. I was reminded that it's not so much about saying the right prayers, it's about Jesus, who comes and provides exactly what is needed. Thank you, Jesus! — Kelley

NEW!!

Time with Jesus

Every 1st Wednesday from 10:45 to 11:30 am at NBNC, LLP will offer a *quiet oasis* in the sanctuary. Settle your body and soul with peaceful soaking music. Bring a bible or journal in this dedicated time of intimacy between you and Jesus. Come assured that this is a space free from talking or cell phone distraction, yet alive in the Spirit as a community of believers gather in the healing love of our Lord.

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how God worked amazing healing for all that day. Even prayer ministers, who gathered to pray for others, found God lifting them up and encouraging their faith. It was a day filled with the wisdom and presence of Jesus, a testimony to all that God does for everyone!











Snapshots from January's IPM

LLP Teaches at DRCC

On Jan 13th and 27th, LLP responded to a request from *Damascus Road Community Church (DRCC)* in Mt Airy to teach their elders and ministry leaders about healing prayer. Using a power point presentation, handouts, and numerous real-life experiences, they testified and taught about how Jesus still heals and delivers people today. After the 1st teaching, participants split into smaller groups. Ken and

Lucinda Nelson, Judy and Ted Winfield and Roxie Watson led each group as they "practiced" a healing prayer session. Once again, our team witnessed the glory of God; always working in amazing ways for our good (even when we think we are only "practicing"). If you (or your church) are interested in learning how to pray for healing, contact <u>lucinda@listenlovepray.org</u> for more information.



Lucinda and Ken speaking at a DRCC gathering

Find Generational Healing on February 4th

End Hurtful Patterns

When: Tomorrow, Tuesday, February 4, 6:15 pm - 8:00 pm Where: New Beginning Nazarene Church, Mt. Airy, MD

You are invited to learn about and create a genogram for use at the 7:00 pm Healing Service. This service will focus on healing from generational and family wounding.

Generational healing is about identifying those things that pass down through the family lines, those things which are negatively affecting you - and asking Jesus to place His cross between those things and to cut us free.

About 80% of our values and beliefs come from our family of origin. Our behaviors follow those values and beliefs. People do what people see. Those sins continue from generation to generation to generation. How do you know if something you're struggling with is generational or a result of trauma? You look for patterns in the family tree. A simple family tree or genogram can teach you so much about the origins of some of things that you deal with.

The family tree is not an instrument of blame, it is an instrument to help you discover the problem roots, so Jesus can help you.

- Step 1 is the identification of those negative patterns
- Step 2 is asking Jesus for healing by cutting us free

The good news is that Jesus can break that inherited pattern or disposition as it affects us and our children. Jesus came to set the captive free (Luke 4:16-22) and that captive may lie within us, a prisoner of the past. Negative patterns can end!

Bringing the Healing Light of Jesus to Men in the CLRP

Dennis' message on Hope inspired everyone last Sunday night at The Frederick Rescue Mission. LLP is grateful to the volunteers who brought the Light and Love of Jesus to the men

in the changed life recovery program (CLRP). Please contact <u>tedlistenlovepray@gmail.com</u> for volunteering opportunities!









(L-R) Ken, Joe, Matt, and Ted at the CLRP

LLP's Recovery in Christ's Healing (RICH) Program Helps Men in Their Life-lasting Recovery

Last week I was sitting at a table talking with three men whom LLP had worked with as they came through the Frederick Rescue Mission's Changed Life Recovery Program. Now they were part of the LLP RICH program, and at this meeting, we talked about integrity. I was struck by how much these men had changed since they stepped into recovery. They are all now living a life outside the protective boundaries of the Rescue Mission where they are navigating through life on the outside, dealing with their emotions, and counting on Jesus to guide them through it all. They each now have a new peace and confidence in their spirits. They have been

transformed by the love of Jesus and are trusting Him to light their path. This is what we hope for as we work with the men in recovery; that they would be able to receive the love of Jesus and allow Him to change their life.

Ken Nelson

ListenLovePray Events

February

Feb 3/17 Ladies Recovery Milkweed & Kelsey's **Step into Serenity Program**

1st & 3rd Mondays • 5:20 pm at the house

Feb 3/17 Ladies Recovery **Step into Serenity Program** 1st & 3rd Mondays • 7:00 pm on Zoom

Feb 4 Genogram Creation for HPS Tuesday • 6:15 pm at NBNC

Feb 4 In-person Healing Prayer Service (also on YouTube and Facebook live) 1st Tuesday • 7:00 pm at NBNC

Feb 5/12/26 Women's Bible Study Wednesdays • 9:30 am at NBNC

> Feb 5 Time with Jesus 1st Wednesday • 10:45 am at NBNC

Feb 5 Ladies Recovery - Andrea's House Wednesday • 5:20 pm at the house

Feb 6/20 RICH - Recovery in Christ's Healing Wednesday • 6:00 pm at Fred. Chrch. of Christ

Feb 11/18/25 Zoom Healing Prayer Service 2nd, 3rd, 4th Tuesdays • 7:00 pm on Zoom

> Feb 12 Recovery Ministry – Beacon House 2nd Wednesday • 10:30 am at FRM

Feb 16 Conference Planning Team Meeting Sunday • 1:30 pm at NBNC

Feb 19 Ladies Recovery - Andrea's House Wednesday • 5:20 pm on Zoom

Feb 22 Women's Retreat Saturday • 9:00 am – 3:00 pm (snow date 2/1)

Feb 23 Men's Recovery - Beacon House 4th and 5th Sundays • 6:00 pm at FRM

March

Mar 4 In-person Healing Prayer Service (also on YouTube and Facebook live) 1st Tuesday • 7:00 pm at NBNC

A BIG Thank You to Our Volunteers

In 2024 at LLP:

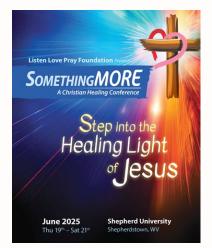
- 12,612 interactions
- 52 healing services with 2,780 people in combined attendance
- 460 YouTube videos that had a combined 5,667 views
- 72 women's recovery programs with 271 heart-to-heart connections
- 53 men's recovery programs with 380 personal encounters
- 3,514 prayer requests
- 67 volunteers who served 5,450 hours
- 15 hours per day in volunteer hours

LLP is a Spiritually Meaningful Place

As a part time associate/volunteer at LLP for some years now, I can assure anyone reading this that you will find here a powerful and spiritually meaningful place to come for healing prayer, or for that matter, any prayer need at all. The heart of LLP is none other than the heart of Jesus Himself, a fountain of mercy, and an abiding, caring love that listens deeply, while it intercedes for anyone in need.

—Google review from Frank O'Keefe on January 6, 2025

Registration Now Open!



Join us again this year as we Step into the Healing **Light of Jesus!**

Click for more details and to register or visit:

listenlovepray.org



ListenLovePray Foundation

8555 Dollyhyde Rd Union Bridge, MD 21791

Tel: 240-285-7406 E-mail: Lucinda@listenlovepray.org Website: <u>listenlovepray.ora</u>







LLP Foundation is a 501 (c)(3) non-profit entity. Your generous donations of time, effort, and money empower

the healing transformations that Jesus does here through LLP. To donate, visit our website. All donations are tax-exempt.

Lord, continue to bless the spirits, minds and hands of our loving donors. Keep LLP ever faithful to your call and your word. May each soul touched by LLP feel the healing love of Jesus. Amen.



LLP works in recovery centers, churches, and the community. Jesus still heals and delivers people today!