

Healing Choices

Real Hope, Real Answers, Real Future



Happy New Year!

LLP is here to help you have a great one!

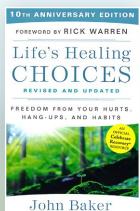
Nearly 80% of people admit to abandoning their New Year's resolutions by February (according to Forbes), but this year, LLP is offering help! You can "stay the course" and see real change in your life, whether you're facing a physical, emotional, or spiritual challenge. Even if you don't usually jump on the 'resolution band wagon,' our newest opportunity might interest you.

You are invited to join LLP in working through Life's Healing Choices by John Baker to find real answers, real hope, and a real future—one healing choice at a time. This 4-week/8 session class will be on Zoom (Tuesday and Thursday nights, starting January 10th). On January 17th, we will have an in-person meeting that will also be streamed live on LLP's YouTube channel.

Register via https://listenlovepray.org/register or contact <u>lucinda@listenlovepray.org</u> for more information. Receive a free book while supplies last.

Jesus truly wants to help us choose a healthy path.

That path might not be the easiest or most comfortable or even the direction we are thinking, but He knows what is best for us. His path is good, because He is good. We may walk through the valley of the shadow, but when we listen and follow, we will end up in green pastures.



Prayer Appointment Testimony: Jesus Helps

I was overwhelmed by life in general. After only a few weeks at my new job, I was feeling extremely worn out. I scheduled an LLP private healing prayer session and during it, I was struggling to "stay in the moment" with Jesus and hear what He had for me. One of the LLP ministers offered a short prayer, and I saw a vision of being wrapped in a netting of sorts, trying to get out. I was pushing and pushing against it, but I was trapped and barely had room to extend my arms and legs before it snapped me back into a constricting cocoon. I did not tell the team about this vision and then later, thankfully, I also saw a bright light and received assurance that Jesus was with me.

Toward the end of my private session, one of the LLP ministers shared a vision they had received while praying before my appointment. The vision was that I was wrapped in a webbing! My jaw dropped as I remembered only moments before what I had seen. The team spoke a cutting free prayer over me in Jesus name, and I was free! Immediately, I saw myself swimming in clean refreshing water, heading to a waterfall of sorts where I was washed clean. I continued swimming freely and felt relaxed, refreshed and newly purposed! Thank you, God!!! As always, so blessed to be prayed for!

—Anonymous (December 2022)

A Message from the Executive Director

In 2011, a man named Bruce asked me and several others to pray about something. He wouldn't tell us what we were to be praying for—just to be open to God. Two weeks later, a leadership team was formed after Bruce outlined Celebrate Recovery, a Christ-centered 12-step program for anyone with hurts, hang-ups, or habits. The powerful precursor to CR was a book called Life's Healing Choices.

Over the last 12 years, I have witnessed hundreds of people find real change and freedom through the powerful combination of healing prayer and step work -Freedom from substance use disorder. Freedom from fear, Freedom from co-dependency, Freedom from food addiction, Freedom from anxiety. Whatever the problem, Jesus is always able to provide the healing, the hope, the deliverance, the strength, and the perseverance when folks turn to Him and sincerely engage.

This month marks the beginning of a New Year. Let this be the year to commit to making **Healing Choices**. LLP's January class might be the way forward!

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. —Matthew 7:7-8

Lucinda Nelson, Executive Director, LLP

ListenLovePray Events



Jan 2/16 Ladies Recovery - Kelsey's House 1st & 3rd Mondays • 5:30 pm

Jan 2/16 Ladies Recovery Bible Study 1st & 3rd Mondays • 7:00 pm (on Zoom)

Jan 3/17 Healing Prayer Service (in person and now on YouTube Live) 1st & 3rd Tuesdays • 7:00 pm at NBNC

Jan 4/18 Ladies Recovery — Andrea's House 1st & 3rd Wednesdays • 5:30 pm (on Zoom)

Jan 5 Volunteer Meeting Thursday • 7:00 pm at NBNC

Jan 5/19 Celebrate Recovery at Beacon House 1st & 3rd Thursdays • 7:15 pm at FRM

Jan 7 Prayer Blitz Saturday • 9:00 am at FRM

Jan 10/24 Zoom Healing Prayer Service 2nd & 4th Tuesdays • 7:00 pm (on Zoom)

Jan 10-Feb 2 Life's Healing Choices Tuesdays and Thursdays • 7:00 pm on Zoom and in person with YouTube Live

> Jan 11 Recovery Ministry — Beacon House 2nd Wednesday • 10:30 am at FRM

Jan 17 Women's-retreat Team Meeting Tuesday • 5:30 pm at NBNC

Jan 18 Women's Bible Study resumes (Isaiah) Wednesdays • 9:30 am at NBNC

Jan 22/29 Men's Recovery — Beacon House 4th & 5th Sundays • 6:00 pm at FRM

February

Feb 7/21 Healing Prayer Service (in person and now on YouTube Live) 1st & 3rd Tuesday • 7:00 pm at NBNC

Memorial Donations

Jennifer Bernier donated in memory of Joey Rogers

Karen McCann donated in memory of Ryan McCann

Carolyn Bonifant donated in memory of Scott Nelson and Lauren Nazworth

New LLP Men's Recovery Ministry Staff



Welcome Ted Winfield

Ted has been an LLP Board Member since our inception in 2017. He is part of the men's recovery team, and he helped to develop innovative programs for our work at the Frederick Rescue Mission. Ted will coordinate our FRM teams, and develop relationships with other sober homes as LLP expands our mission to bring the hope and healing love of Jesus to hurting people in our community.

Jesus in our Journey of Healing Choices

Twelve servants of Jesus share short, yet powerful, YouTube testimonies (click on their names or visit LLP's channel to view). We pray that you are strengthened and encouraged by their stories.









Dolores

Karen

Kellev

Ted

Maureen



Tim

ListenLovePray Foundation



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LLP Foundation is a 501(c)(3) non-profit entity.

Your generous donations of time, effort, and money empower the healing transformations that Jesus does here through LLP. To donate, visit our website. All donations are tax-exempt.

Lord, continue to bless the spirits, minds and hands of our loving donors. Keep LLP ever faithful to your call and your word. May each soul touched by LLP feel the healing love of Jesus. Amen.



LLP works in recovery centers, churches, and the community. Jesus still heals and delivers people today!