



April 2023

# Listen Love Pray

Newsletter vol. 7, issue 4

## LIVE FREE and Soar

Once I admitted that I am my biggest problem, not other people, I found the grace of Jesus that rescued me from me!

Complaining is one of my character defects. He showed me that my grumbling blocks an attitude of gratitude. Gratitude keeps me grounded on His rock.

I have learned to stop and review the conversation in my head and ask is this my will or God's will.

It can be easy to confuse defects with identity (well, I'm just made/wired that way...) which is not believing what God says about me, denying what God can do in me and refusing the power He gives to step out of the (false) identity.

**H**ave you ever wished you could soar like a bird – freed from the gravity of the world? How majestic, how effortless, how peaceful is the sight of those feathered friends soaring high in the sky. Air is an amazing environment that's on the move all the time. As they soar, birds gain altitude and travel by taking energy from wind currents in the atmosphere. (*Emily Shepard, Swansea University in Wales*)

In our humanity, we tend to remain earth-bound, both in a physical and spiritual sense. A cloud of disillusionment hovers as reports of life within and beyond our hometowns reveal more pain, more death, more dissension. It becomes difficult to set our minds on things above (*Colossians 3:2*) when the things on earth need so much help. The belief that this fractured world can be made right seems far away. No matter whether people have faith or not, they can be chained to the past with real hurts, childhood trauma, anxiety, and consequences of poor choices in adulthood.

In a pursuit of freedom, 22 people enrolled in a 2-month small group experience. Using the *Life's Healing Choices* guide, they placed their trust in Jesus, identified personal shortcomings, worked on forgiveness, making amends, and began to step into the truth of scripture.

Those who hope in the LORD will renew their strength. They will *soar* on wings like eagles. (*Isaiah 40:31*) Jesus said, so if the Son sets you free, you will be *free* indeed (*John 8:36*) Now the Lord is the Spirit, and where the Spirit of the Lord is, there is *freedom* (*2 Corinthians 3:17*)

As you read through these tidbits from folks who just completed the *Life's Healing Choices* small group study, look for ways that the atmospheric current of Holy Spirit brought hope and healing; a supernatural lifting of both body and spirit from the chains that bind.

We pray that as you celebrate Easter this month, your spirits will soar with the truth that Jesus is alive! His grace is sufficient and His power is made perfect as we yield to His will. (*2 Corinthians 12:9*)

*Lucinda Nelson, LLP Executive Director*

I had buried unpleasant events in my past – their consequences then, their hidden effects on me now. This class encouraged me to revisit them, bring them to the surface, and allow the beginning of healing with God's help.

The LHC reading and classes were excellent but the small groups make you write it down and say it out loud. That takes it to another level (as we bring it into the presence of Holy Spirit).

I had to face the truth; I could not manage the deep hurts that I have carried since childhood. I had to bring them to God. Until God helped me truly deal with those hurts, my healing couldn't happen.

It's my heart that is the problem. People, locations, situations don't cause me to sin – they're where the sin of my heart gets revealed. My problem is me.

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I have allowed offenses to enslave me by ruminating in my mind and not letting them go, but I found great freedom in "casting down vain imaginations" to stop that process and replace my thoughts with God and His mercy, love, and grace towards me.



My character defects sprout from not finding my rest, contentment, identity, and purpose in God alone. That is what I want – create in me a clean heart, O God, and renew a right spirit within me (PS 51:10-12).



It was while I was working on Choice #7 (maintaining momentum) that I also happened to be reading Revelation Chapter 3. I got to the section about the church in Laodicea (the lukewarm church) not realizing that the things they took pride in (financial wealth, textiles, and eye salve with all their needs met) made them wretched, pitiful, poor, blind, and naked. And it stopped them from receiving the real treasure from Jesus. God spoke to me in those words and I realized in a new way that when I work in my strengths I am like the Laodicean church, I work away, thinking I am doing a good job but the truth is, compared to the things Jesus wants to give me it doesn't amount to much. I have a new awareness that whenever I work at something that I am good at, I need to be careful because God may have something much better in mind if I invite Him into that work.



God has shown me to give GOD my weakness and HE will give me HIS strength



My life-long problem with self-criticism radiated out, and that "critical spirit" made others feel like they disappointed me. In essence, I made others sick by my sickness. I was able to work through the 8 healing choices and ask God to remove it. God replaced my shortcoming with His peace and love.

God has shown me that I find recovery when I allow Jesus to minister to me with His love.



## DEEP HEALING



Once again, LLP is in awe of how God moved in power to bring freedom, peace and hope through the healing love of Jesus in LLP's Deep Healing sessions. Deep Healing is a powerful prayer time with two, trained LLP prayer ministers. With Jesus, you step into your authority as His follower to break the power of any unholy spirits that have attached themselves to a character defect or shortcoming.

Recently, 10 LLP volunteers went to Beacon House at the Frederick Rescue Mission to offer five men our new Deep Healing prayer. At the same time, another team was praying for Deep Healing at a different site in our community.

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Brennan Nelson painted LLP's new sign for Deep Healing Prayer time at Frederick Rescue Mission

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Here are some excerpts from the recipients' evaluations after the hour-and-a-half Deep Healing Prayer time:

**Q.** *What did you think of Deep Healing?*

**A.** Great. Helpful.

**A.** I liked seeing (that there were) different demons for different things (in my past). I kind of knew it, but more aware of it now.

**A.** I am more free than I was before the Deep Healing session. I liked the scripture (read after each section)

**Q.** *Do you feel like you stepped into the authority given to you by Jesus?*

**A.** Every recipient said yes!

**Q.** *Do you feel free from your issue?*

**A.** One man said, I know I am. I don't think "feeling" is the way to do it – I just say *I am*.

**Q.** *Do you feel you will be able to do self-deliverance in the future?*

**A.** Yes. Will start doing it.

*Helping men soar into the love of Jesus at Frederick Rescue Mission (March 26, 2023)*



*LLP's Deep-Healing team prayed for five amazing men (March 4, 2023)*

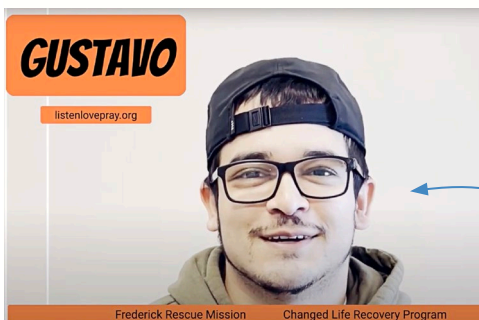
LLP's Deep Healing goes along with a Life's Healing Choice where we *choose to cooperate with God in His process of changing us*. "Cooperate" means that we do something together – we have a role to play. Satan and his workers, demons, actively discourage our efforts to change.

One way to determine whether demonic oppression exists is go through Deep Healing prayer.

Once you discover the enemy's plans, you can choose to cooperate with God and take your authority in Jesus to renounce the lies and live in freedom.

LLP hopes you prayerfully consider a Deep-Healing prayer appointment as you continue to make healing choices in the beautiful life God has blessed you with.

Email [nancylistenlovepray@gmail.com](mailto:nancylistenlovepray@gmail.com) to schedule your session!



Click on the picture to watch Gustavo's short testimony about his Deep Healing appointment at the Frederick Rescue Mission.



*LLP volunteers representing the healing love of Jesus*

## HEALING PRAYER SERVICES

# ListenLovePray Events

## April

- Apr 3/17 Ladies Recovery – Kelsey's House**  
1<sup>st</sup> & 3<sup>rd</sup> Mondays • 5:30 pm
- Apr 3/17 Ladies Recovery – Step Work with Emotional Healing**  
1<sup>st</sup> & 3<sup>rd</sup> Mondays • 7:00 pm (on Zoom)
- Apr 4/18 Healing Prayer Service (in person and now on YouTube Live)**  
1<sup>st</sup> & 3<sup>rd</sup> Tuesday • 7:00 pm at NBNC
- Apr 5/12/19/26 Women's Bible Study (Isaiah)**  
Wednesdays • 9:30 am at NBNC
- Apr 5/19 Ladies Recovery – Andrea's House**  
1<sup>st</sup> & 3<sup>rd</sup> Wednesdays • 5:30 pm (on Zoom)  
(April 5<sup>th</sup> is in person at Andrea's)
- Apr 6/20 Celebrate Recovery at Beacon House**  
1<sup>st</sup> & 3<sup>rd</sup> Thursdays • 7:15 pm at FRM
- Apr 11/25 Zoom Healing Prayer Service**  
2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Tuesdays • 7:00 pm (on Zoom)
- Apr 12 Recovery Ministry – Beacon House**  
2<sup>nd</sup> Wednesday • 10:30 am at FRM
- Apr 23/30 Men's Recovery – Beacon House**  
4<sup>th</sup> & 5<sup>th</sup> Sundays • 6:00 pm at FRM

## May

- May 2/16 Healing Prayer Service (in person and now on YouTube Live)**  
1<sup>st</sup> & 3<sup>rd</sup> Tuesday • 7:00 pm at NBNC



*Buddy running LLP's Healing Prayer Service LiveStream on our YouTube channel*

On the first Tuesday of every month, services are in person at NBNC and on YouTube Live.

Worship with Renee, take communion in your home, soak in the love of Jesus.

The 3<sup>rd</sup> Tuesday is in person at NBNC, but with no streaming.

LLP offers services on Zoom for the 2<sup>nd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> Tuesday.

Listen to a message, renew through music, and share what God is doing

In the last few weeks, several people have “discovered” LLP. Each one of them has said, “I didn’t know this existed near me!” We feel that God is urging us to be more diligent in getting the word out – the word about the healing love of Jesus, about the power of Holy Spirit, about the freedom and joy found only with Him!

Invite a friend to a Healing Prayer service today.



## ListenLovePray Foundation

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LLP Foundation is a 501(c)(3) non-profit entity.

Your generous donations of time, effort, and money empower the healing transformations that Jesus does here through LLP. To donate, visit our website. All donations are tax-exempt.

Lord, continue to bless the spirits, minds and hands of our loving donors. Keep LLP ever faithful to your call and your word. May each soul touched by LLP feel the healing love of Jesus. Amen.



LLP works in recovery centers, churches, and the community. Jesus still heals and delivers people today!