



July/August 2022

Listen Love Pray

Newsletter vol. 6, issue 7



Just One Thing

The first LLP Women's retreat on July 9th, 2022 was a sacred time of letting go, refocusing, refilling, healing, connecting and growing.

The 'One Thing' we always need is... **Jesus!**

On a rainy summer Saturday, fifty-five women took time to sit at the feet of Jesus, as Mary did. Putting aside their Martha-like thinking, these beautiful women refocused on the 'One Thing'. The one thing that truly brings restoration, renewal and rejuvenation – **Jesus!**

Held at beautiful Bluebird Manor, the theme of 'Just One Thing' prevailed throughout the day as everyone celebrated together, talked about Jesus, and listened to Him. Tandi Tucker Toni, part

of Listen Love Pray's Board of Directors, opened the retreat and reminded the ladies that Jesus has been waiting to spend some *time* with them. Many times life becomes distracting, but He continually desires to share His heart with us all.

LLP deeply appreciates Carol from Bluebird Manor for sharing her amazing venue and Devon Watkins and her talented daughter for leading worship! Thank you Jesus for the love, renewal, and strength You freely gave to all who participated in this special day. Your love allowed so many priceless moments to blossom as the women gathered, *listened, loved, and prayed!*

Message from the Executive Director

We thought a women's retreat would be a good idea. Rest, Food, Fun, Time to talk without the distractions of daily responsibilities. All the logistics came together seamlessly. The gift of a beautiful venue at Bluebird Manor, offered from the heart of a Christian woman. A worship leader shining with Christ's love who gave much more than LLP asked or expected. Friends inviting friends, mothers bringing daughters, daughters bringing mothers, sisters bringing sisters, sisters in Christ bringing sisters in Christ. A forecast that seemed picture-perfect.

And then things changed. Rainy weather descended. People got Covid. Sleepless

nights ensued. Isn't that typical of the world? Change is ever present. Challenges abound. And even when life is going smoothly, there can be a foreboding of negative things to come.

Thank you, God, that You remain the same. Thank you, God, that Your plan reigns. With wonder and awe, we once again experienced the power of Holy Spirit. Ladies who were tempted to remain in bed on a rainy Saturday morning, got up, got dressed and made the drive to an unfamiliar place in the country. Holy inspiration brought cleansing tears as well as laughter through teachings and small group time. The healing love of Jesus wrapped around women

who shared their stories and received prayer from caring hearts. Divinely given hope, restoration, and strength wove "strangers" into a caring sisterhood.

We need God and we need each other. I pray that you have a chance to slow down this summer to embrace 'Just One Thing'. You are loved, and you are an integral part of a Kingdom plan to share the love of God just as Jesus told us. *A new command I give you: love one another. As I have loved you, so you must love one another. By this all men will know that you are my disciples, if you love one another. —John 13:34-35*

Lucinda Nelson, Executive Director, LLP



Carleah, executive director of Andrea's House, and Lucinda



Praying for our sister. This impromptu circle was led by Holy Spirit. Thanks be to God for His perfect timing and the beauty of supporting each other



A breathtaking display of Emily's faith in Christ



Jesus wrote all the women a Love Note. Each woman pictured on this page represents a different church. We are the BODY of Christ. We NEED restoration and strengthening because He has placed us in different churches to share His LOVE.



Anna telling the group how today, God gave her rest



Latasha and Teresa M. sharing a laugh



Kim and Kristin "choosing joy" just like Kim's T-shirt says!

LLP counts Kristin's soon-to-be-born baby as our youngest participant. What a blessing this young mom has given to her child! LLP has learned that the unborn can experience and be affected by the outside world.

Testimonies from Just One Thing Participants

LLP was there four years ago when I was broken and not on a good path spiritually. I knew this (women's retreat) would be a safe place; LLP is a safe place with safe people to be around. At my last (healing) prayer session, I really believe something shifted in my life. It didn't show up (all at once), but piece by piece, God has brought it to fruition. I'm just really grateful that I was here and grateful for this ministry. Four years ago, I definitely would not be up here saying this. I felt so far away from God and each time (in healing prayer) I've felt closer and closer and closer to God, and you know, it's just amazing!
 —Siobhan



My time with Lucinda and LLP started years ago when my husband, at a very young age, was diagnosed with very volatile form of cancer. He had leukemia, and I brought him for a session of healing prayer. During that period in my life, I thought about it as being in the wilderness. But what was so great about it, was every day there was a miracle. There was something every single day that I would say, "that is so odd, that is so strange or that is such a coincidence." It was like walking every single minute of my life, in this terrible time where my husband was so sick and we didn't know if he was going live, but I knew that the Holy Spirit was with me. I knew God was with me. I felt the love of Jesus every minute of the day. (It has been 5 years) and my husband is fine, cancer free!

Now, I'm in another stage where I'm caring for my mother who is 96. I needed to come here today (LLP women's retreat) because I don't feel the way I did before - when every single minute I was walking with the Lord, and He was talking, and I was hearing Him. When I came to take care of my mother, I think I came knowing

it was going be hard and depressing and nerve wracking. But what the Lord spoke to me today, and I needed it so much, was that (I've been) busy trying to make things work to fit into what I want her to do - come on mom, you need to walk or come on mom, we're going to picnic at the park - (instead) I need to do the thing that she wants me to do. And that's really hard because she wants me to sit. I don't like to sit. I would rather DO things with her.

So, what the Lord spoke to me today is "you're doing the wrong stuff." During the 23rd Psalm (prayer walk), I started writing down - I'm not in the wilderness. I am in green pastures. I am by still waters. My soul is restored. The valley of the shadow is in front of me. I know it, I don't want to see it, I don't want to face it. But, I'm asking the Lord that His rod and His staff comfort me. That He anoints my head with oil and that His goodness and mercy follow me all the days of my life, especially now. And He will let me dwell in His house while I'm here doing this job (of caring for my mother).
 —Teresa L.



I've been thinking about everything (that happened at the retreat) and trying to phrase it in my head. It just felt so good to pray over each other (because) we are a sisterhood, even if we don't know each other. I think it's really important to be able to take those pieces that we've shared with each other as armor as we go about everything (in our lives) that's so tiring and stressful; to draw on that strength that we've shared today in God's Spirit and use it like armor we go out into the world.
 —Abby



Abby giving everyone words of encouragement as we got ready to return to our daily lives — strengthened by the love of Jesus and the shared faith of this group



ListenLovePray Events

July

- Jul 4/11/18/25 Ladies Recovery Bible Study**
Mondays • 7:00 pm
- Jul 5/19 Healing Prayer Service (in person)**
1st & 3rd Tuesdays • 7:00 pm
at [Marvin Chapel UMC](#) (MCUMC)
- Jul 19/21/26/28 Drop the Rock: a book study (in person and on Zoom)**
Tuesdays and Thursdays • 7:00 pm
at [New Beginning Nazarene Church](#) (NBNC)
- Jul 12/26 Healing Prayer Service (on Zoom)**
2nd & 4th Tuesdays • 7:00 pm
- Jul 20 Gentle Chair-fitness and Stretching**
Wednesday • 9:30 am at NBNC

August

- Aug 1/8/15/22/29 Ladies Recovery Bible Study**
Mondays • 7:00 pm
- Aug 2/16 Healing Prayer Service (in person)**
1st & 3rd Tuesdays • 7:00 pm at MCUMC
- Aug 3/17 Rainbow of Love Recovery Bible Study**
1st & 3rd Wednesdays • 5:30 pm
- Aug 4/18 Celebrate Recovery at Beacon House**
1st & 3rd Thursdays • 7:15 pm
- Aug 9/23 Healing Prayer Service (on Zoom)**
2nd & 4th Tuesdays • 7:00 pm
- Aug 10 Healing Program at Beacon House**
2nd Wednesday • 10:30 am
- Aug 25 Anxiety & Depression (on Zoom)**
Continuing Education • 7:00 pm
- Aug 28 FRM-Beacon House Healing Program**
Every 4th & 5th Sunday • 6:00 pm

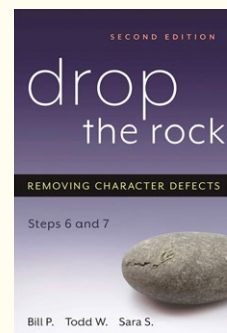
September

- Sep 5/19 Healing Prayer Service (in person)**
1st & 3rd Tuesdays • 7:00 pm at MCUMC
- Sep 18 Volunteer Appreciation Picnic**

Drop the Rock

Every person has stumbling blocks in their character that compromise their abilities, dreams, relationships, and personal growth. Identifying these shortcomings and working through them is difficult because we tend to blame others and rationalize our actions. *Skim the list below.* Are there any that stand out to you?

- Resentment, Hate
- Fear, Cowardice
- Self-importance, Egotism
- Shame, Self-condemnation
- Lying, Phoniness
- Impatience, Denial
- Jealousy, Envy
- Laziness, Procrastination
- Perfectionism, Intolerance
- Criticizing, Loose Talk, Gossip
- Self-pity



Join us as we delve into the book *Drop the Rock: Removing Character Defects* by Bill P., Todd W., and Sara S. – a practical guide to letting go of the character defects that get in our way. Copies of this book are free while supplies last.

July 19, 21, 28 are both in-person at New Beginning Nazarene Church and on Zoom. **July 26** is only on Zoom.

Register at listenlovepray.org

Prayer Ministry Update:



Nancy Wilson has graciously taken over scheduling for all LLP healing prayer, deep healing, and deliverance sessions.

Please email her at Nancylistenlovepray@gmail.com to schedule your session today!

Please pray for **Judy Winfield** as she focuses on LLP's expanding *Women in Recovery* effort.

ListenLovePray Foundation



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LLP Foundation is a 501 (c) 3 non-profit entity.

Your generous donations of time, effort, and money empower the healing transformations that Jesus does here through LLP. To donate, visit our website. All donations are tax-exempt.

Lord, continue to bless the spirits, minds and hands of our loving donors. Keep LLP ever faithful to your call and your word. May each soul touched by LLP feel the healing love of Jesus. Amen.



LLP works in recovery centers, churches, and the community. Jesus still heals and delivers people today!