



March 2020

# ListenLovePray

Newsletter vol. 4, issue 2

## Hearing God's Voice

**G**od wants to have a deep, meaningful, and intimate relationship with each of us.

During the month of March, LLP will focus on developing an important aspect of a relationship with God. Our Thursday night classes, healing services, as well as a special Saturday event will all be dedicated to understanding **how to hear God's voice**.

Even after 50 years of being a Christian, I had trouble regularly hearing God's voice. In 2015, while taking a Summer class at Global Awakening, I met Mark Virkler. I knew of Mark through his books and videos, so it was a real thrill to meet him in person. Listening to Mark teach the method he had developed (based on the Bible) gave me a step by step process I could follow to tune in to God. I was blown away in the first exercise we did. And then as I practiced the 4 Keys to Hearing God's Voice, it became easier and easier to not only hear God but to have a two-way conversation with Him. These conversations with God have been life changing for me. During my son Scott's struggle with drug addiction, Jesus told me clearly that He had Scott. And even after Scott's death, Jesus told me that He brought Scott to be with Him.

I believe many people will experience breakthrough when they learn how to tune in to God. If you can't attend the March events, Mark's website has lots to offer.

<https://www.cwgministries.org>

*Ken Nelson*



### Join us at these special March events

- 3 Tuesday night healing services
- 4-week Thursday night class starting March 5
- Special workshop

*When:* Saturday, March 21 • 9:00–11:00 am

*Where:* New Beginning Nazarene Church, Mt. Airy, MD

This event will include a personal time to hear God speaking to you.

Contact Lucinda Nelson at [lucinda@listenlovepray.org](mailto:lucinda@listenlovepray.org) to register.

## A Message from the Executive Director

How are you responding from your heart?

When someone recently said that LLP was "on the frontlines", tears sprung to my eyes because that phrase pinpointed the urgency of our mission. A frontline is the position closest to the area of conflict, where you have an important part in achieving something. Certainly, our recovery team works with other frontline organizations to fight addiction, but what might not be as obvious, are the vitally important LLP subsections of prayer appointments, healing services, and training events.

Every person who needs healing is on

their own front line. Some seek healing from physical illness while others want to find peace from anxiety, depression, or fear. Others have wounded hearts as described in Tandi's "healing the heart" series. Regardless of the specifics, every front-liner is pursuing a goal, a destination, an ownership that they haven't yet attained.

The good news is you don't have to stand and face it alone. With compassionate hearts, our ever-growing team of gifted volunteers come alongside to help with break-through. They listen for the voice of

our leader, Almighty God and move with the love of Jesus and in the power of Holy Spirit. With God, all things are possible (*Matthew 19:26*).

Being able to hear the voice of the leader is imperative and that is why the month of March will focus on how to Hear God's voice. Ken's article in this edition provides the basics and I hope you can attend some of our events to go deeper! It is possible to be on the frontlines with the attitude and confidence of an overcomer.

*Lucinda Nelson, Executive Director, LLP*

# Hearing God's Voice Training

Ken Nelson

Have you ever heard someone say to you that God told them this or God told them that? There was a time when I wasn't so sure that people really heard from God. I based this on my own limited experience. I knew I could hear God's word as I read the Bible, and I felt things in my heart that were from God, but I didn't recall God telling me things, at least not that I recognized. But in fullness of time I had some experiences that were life changing and they opened me up to the spiritual realm. There was so much for me to learn. One profound teaching was how to hear God's voice. I am sure there are many ways to learn to hear God's voice but I found a process taught by Mark Virkler very helpful.

Thoughts that come into our minds can be our own thoughts, they can come from the enemy, or they can come from God. For most of my life I didn't think about where my thoughts were coming from. I assumed they were all my own thoughts. But the more I learned about the spiritual realm the more I realized that the source of my thoughts was not always from me. Have you ever had thoughts pop into your head and wonder where that came from? I know I have. The Bible tells us in 2 Corinthians 10:5 to take every thought captive and make them obedient to Christ. It is important to recognize the lies of the enemy, to take them captive, and to cast them out. It is even more important to

recognize the thoughts that God is putting into our hearts and minds so that we can hold them close.

As we learn to hear God's voice we become more attuned to the way He speaks to us. His words are full of His pure and perfect love. They are always drawing us into a closer relationship with Him. In Mark Virkler's book *4 Keys to Hearing God's Voice*, the first key is to recognize that the thoughts that pop into our minds may come from God. The process of positioning ourselves so we can be ready to hear God are as follows:

- 1. Quietness:** let go of all the busy things that can keep our minds occupied, make a note of anything we need to remember for later and lay it down next to us, maybe listen to quiet soaking music, or maybe sing a song of thanksgiving and praise
- 2. Focus on Jesus:** think about Jesus, his great love, his great wisdom, his great compassion, allow ourselves to picture Jesus in our mind, maybe think about a Bible story about Jesus, or maybe picture Jesus in a familiar Bible setting
- 3. Tune to Flow:** Pay attention to the thoughts that come into our minds. These could be images or English thoughts. Allow any images to come alive and play out in our minds.

- 4. Write down what we experience as it is happening.** We write without trying to judge if this is from ourselves or from God

This 4-step process allows us to move out of the analytical thoughts and tune into the flow of Holy Spirit as He communicates with us. After we write down the thoughts or images that were in our mind, we always evaluate them to determine if they were our own thought, from the enemy, or from God. It is a good practice to share our two-way journaling with a trusted advisor to get confirmation that we really are hearing from God.

When we have a big problem, that problem can be so big in our minds that it distorts our ability to hear God clearly. We can avoid this distortion by laying the problem down as we talk with God. There is a saying that goes something like this: don't tell God how big your problem is, tell your problem how big your God is. Allowing the problem to take lower priority than your relationship with God helps ensure our responses from God aren't distorted.

As we practice this process we will find that we can have discussions with God. We can ask questions and hear answers. Often the answers will be much wiser and more profound than our normal thoughts. They are our own personal revelations from God.

## Healing Prayer 1 Class

Healing Prayer 1 class met Thursdays from 7-8 pm at New Beginning Nazarene Church. They covered Jesus' healing ministry and our commission as His disciples to do the same. HP1 is a time to learn as well as experience personal ministry. We build upon a biblical foundation and include lessons on Holy Spirit power, healing our image of God, 4 types of healing, and how to "listen, love, and pray" for healing.



LLP Healing Prayer 1 class participants

## LLP Practicum

At LLP, we know that God is never practicing. We also know that God knows that we need practice. Practicum, or practice times, for prayer are important learning spaces for everyone. God is always working, and we see many healings and teachings during these practice sessions. We encourage you to come to one!



January LLP practicum participants

# 3-part Series: Healing the Heart

Tandi Tucker Toni



## Part 1: Transformative change begins in the heart with Jesus

Jesus is the healer of our hearts. Jesus loves us. Jesus is full of grace and mercy.

**Key takeaway:** The Father's heart is for you. He wrote you a love letter—His word and promises are for you! The reason we can't sustain lasting change, or New Year's resolutions despite our best intentions, is that our hearts need healing. We need to change from the inside-out.

## Part 2: Your heart needs healing.

When someone loves us, they tell us the truth. The truth is that our heart is sick. Nothing is hidden from God—He sees our hearts. He is drawn to the hurting and the needy. He is near to the broken-hearted

and saves the crushed in spirit (*Psalm 34:18*).

**Key takeaway:** We need heart healing, not behavior modification. Ask God what He needs to heal your heart from, and then ask Him to heal it.

## Part 3: Living with a heart for Jesus and helping others heal

At all times we should be desperate for God's presence, we must not allow the pressures of this life to steal away our time for God.

**True passion for God will release true worship; Passionate people, filled with the Holy Spirit, pursuing the presence of the Lord, will experience God's presence!**

The outflow of that kind of life brings deliverance, healing, restoration, forgiveness and cleansing.

## Testimony

from a Private Prayer Appointment

### Consumed with worry about an adult child

I felt overwhelmed. For months, worry about my adult son had swirled constantly through my mind. The prayer ministers listened to my story and then asked if I wanted to give the worrying and control of my son to Jesus. There was a palpable sense of relief as I gave my son to Jesus. They suggested that I ask Jesus how He wants to fill my time, now that I was not consumed with worry. In the quiet of the prayer time with my eyes shut, I felt a light shining on my eyes – kind of like sunshine through a window. It was a cloudy, rainy day and there wasn't any sun coming through the window! I saw someone's arms holding my granddaughter and handing her to me. I felt a strong feeling of pushing towards my chest and arms and I realized that Jesus was handing my granddaughter to me, pointing out a gift that I hadn't appreciated from HIM. Jesus was telling me to focus on the joy of a new baby and not worry about my son. He has better plans for him than I can ever imagine. I am thankful.

—Patti

## LLP's First Prayer Blitz

LLP offered its first Saturday morning Prayer Blitz on February 22<sup>nd</sup>. 14 prayer ministers conducted 5 private healing prayer appointments – all at the same time, in the same place. The presence of God was palpable as hearts were healed.



Healing prayer teams for the Saturday Blitz

## Healing Prayer Services

Tuesdays at 7:00 pm

First Tuesday  
Calvary UMC  
Mt. Airy, MD

*No childcare available*

Second Tuesday  
New Beginning NC  
Mt. Airy, MD

*Childcare available upon request*

Third Tuesday  
New Beginning NC  
Mt. Airy, MD

*Childcare available upon request*

# ListenLovePray Events

## March

- Mar 2/9/16/23** **Gentle Moves Fitness**  
New Beginning • 5:30–6:30 pm
- Mar 3** **Healing Prayer Service**  
Calvary UMC • 7:00 pm
- Mar 5/12/19/26** **Hearing God's Voice**  
New Beginning • 7:00–8:30 pm
- Mar 7** **Intensive Prayer Ministry Event at Beacon House**  
New Beginning • 8:00 am–4:00 pm
- Mar 10** **Healing Prayer Service**  
New Beginning • 7:00 pm
- Mar 13** **Lucinda and Ken Speak at Fairhaven Retirement Community**  
Sykesville, MD • 7:00 pm
- Mar 17** **Healing Prayer Service**  
New Beginning • 7:00 pm
- Mar 21** **Hearing God's Voice Special Event**  
New Beginning • 9:00–11:00 am
- Mar 22/29** **Beacon House (FRM) Ministry**  
Lessons and Prayers • 6:00 pm
- Mar 31** **Continuing Education**  
Calvary UMC • 7:00–8:30 pm

## April

- Apr 3** **Healing Prayer Level 2**  
New Beginning • 7:00–9:00 pm
- Apr 4** **Healing Prayer Level 2**  
New Beginning • 9:00 am–12:00 pm
- Apr 7** **Healing Prayer Service**  
Calvary UMC • 7:00 pm
- Apr 14** **Healing Prayer Service with communion**  
New Beginning • 7:00 pm
- Apr 21** **Healing Prayer Service**  
New Beginning • 7:00 pm
- Apr 25** **Stomp Out Heroin 5K Run/Walk Fundraiser**  
9:00 am–12:00 pm at *The Ranch*

## Save the Date

- Jan 29-31, 2021** **LLP Retreat at Hallowood**  
Comus, MD  
More details to come

## LLP Meeting Locations

**New Beginning Church**  
12350 Jesse Smith Rd  
Mount Airy, MD 21771  
[www.newbeginningnazarenechurch.org](http://www.newbeginningnazarenechurch.org)

**Beacon House  
Frederick Rescue Mission**  
419 W. South Street  
Frederick, MD 21701  
[www.therescuemission.org](http://www.therescuemission.org)

**Calvary United Methodist Church**  
403 South Main Street  
Mount Airy, MD 21771  
[www.calvary-mtairy.org](http://www.calvary-mtairy.org)



Groups studying in  
Healing Prayer 1



## ListenLovePray Foundation

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LLP Foundation is a 501 (c) 3 non-profit entity.

Your generous donations of time, effort, and money empower the healing transformations that Jesus does here through LLP. To donate, visit our website. All donations are tax-exempt.

Lord, continue to bless the spirits, minds and hands of our loving donors. Keep LLP ever faithful to your call and your word. May each soul touched by LLP feel the healing love of Jesus. Amen.



LLP works in recovery centers, churches, and the community. Jesus still heals and delivers people today!