

## **Hydrafacial Pre/Post Care**

HydraFacial is the only hydradermabrasion procedure that combines cleansing, exfoliation, extraction, hydration and antioxidant protection simultaneously, resulting in clearer, more beautiful skin with little-to-no downtime. The treatment is soothing, moisturizing, non-invasive and generally non-irritating. As with most procedures, visible results from HydraFacial will vary from person to person.

## **Prior to treatment:**

• Please avoid the use of aggressive exfoliation, waxing, and products containing glycolic acids or retinols that are not part of the recommended take-home regimen in the treated areas for 2-3 days pre-and post-treatment.

## **After treatment:**

- You will likely see results immediately after treatment and your skin may feel smooth and hydrated for one to four weeks with appropriate home care to maintain treatment results.
- You may experience tingling and stinging in the treatment area. These sensations generally subside within a few hours.
- Your skin may experience temporary irritation, tightness, or redness post treatment. These are all normal reactions that typically resolve within 72 hours depending on skin sensitivity.
- Client experiences may vary. Some clients may experience a delayed onset of these symptoms.
- The skin is more susceptible to sunburn/sun damage. Avoid excessive sun exposure and use a minimum of SPF 40 sunscreen like SkinCeuticals Physical Fusion SPF, PCA Sheer Tint SPF 45, or PCA Weightless Protection SPF 45.