

SKIN *by* RANDEE

Depigmentation Peel Post-Care

To reduce your risk of complications, accelerate healing, and to enhance your results, it is important to follow the instructions listed below.

What to expect

- Redness, warmth, or tightness for 24–48 hours
- Peeling or flaking may begin around Day 2–3
- Pigment may temporarily look darker before it lifts
- Mild itching or dryness is normal
- Peeling can last 5–7 days

Do not pick or peel the skin.

First 4-8 hours

- Do not wash your face
- Avoid sweating, exercise, saunas, or heat
- Avoid touching the skin

Treatment night (If cleared by me)

- Cleanse using the cleanser I provided
- Apply one Skin Script Glycolic + Retinol Pad (Avoid eyes, corners of nose, and lips)

Day 1 Post Peel

Your skin may appear darker, bronzed, or slightly orange-brown in color. This is a normal part of the peeling process and does not indicate irritation or damage. The skin may also feel tight or dry.

Morning

- Cleanse with the cleanser I provided
- Apply one Skin Script Glycolic + Retinol Pad (Avoid eyes, corners of nose, and lips)
- Apply SPF 30+

Evening

- Cleanse with the cleanser I provided
- Apply one glycolic/retinol pad and let dry for 30 minutes
- Moisturize with post-care cream

Day 2 Post Peel

Morning

- Cleanse with the cleanser I provided
- Moisturize with post-care cream
- SPF 30+

Evening

- Cleanse
- Moisturize

Peeling or flaking may begin. This is normal.

Days 1-2 Reminders

- Continue avoiding sweating, exercise, saunas, and heat
- Do not use other exfoliants or retinoids
- Keep skin hydrated and protected

Days 3–7

- Cleanse and moisturize only
- **Do NOT use glycolic or retinol pads**
- Focus on hydration and barrier repair
- Wear SPF daily

Things to avoid until fully peeled

- Retinol or prescription tretinoin
- Exfoliating acids or scrubs
- Waxing, threading, dermaplaning
- Lasers or microneedling
- Heat exposure

Sun protection is mandatory

Sun exposure can cause rebound pigmentation.

Wear SPF daily and avoid direct sun.

Please contact me with any questions/concerns:

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