

Unit 4 Kit

Get to know your herbs!

All herbs in the kit are sold in a 3X4X2 pouch. .3-.5oz
This will be enough for your oil and dry fluid condenser.

1-2 oz full size bags will be available for purchase.

www.Incantations.co

Herbs are medicine. They have both medicinal and magickal properties. Please use them with respect and caution as some can be poisonous! Do not consume. Always check with your healthcare provider before working with or consuming herbs. Please check in Herbal trusted books or an online trusted source before consuming any herbs, barks, flowers or roots. Remember that while they might not be poisonous, you may be allergic.

If you think you may have a medical emergency, call your doctor, go to the emergency department, or call **911 immediately**.

**AMERICAN ASSOCIATION OF POISON CONTROL
HOTLINE:
1(800) 222-1222**

Karina G Del Pezo, Incantations, Crystal Healing Vibes is not a medical physician.

The content in this document, on the website, in the facebook group, or taught in 13 Months of Magick is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read in this document, program, or website.

Unit 4 Kit

Cascarilla:

Egg shell, flour

(protection, ward, healing, calming, CLEARS negativity, used to dust your hands before handling a cursed item. you may add to baths, candles, incense, floor wash. Use to write sigils or mark sacred circle.

Organic Activated Charcoal

(purifies, protects, deflects dark magick, protects against low vibrating entities, cleaning, unity)

1 black chime candle

purification, clearing, binding, hexing, protection

Hyssop (*Hyssopus officinalis*):

Element Fire

Magick:

Helps purify your life and protect you and your home, purifies your altar, Sacred Space and helps lift depression.

Used for purification, clearing, banishing, protection and healing. Diluted oil can be used for anointing doorways, window sills, altar tools, divination tools, and ritual participants.

You can also add ½ cup of hyssop tea to your mop water to cleanse your home of unwanted energy and entities. To make the tea, add 2 tablespoons of dried hyssop to 2 cups of boiling water and let it steep for 10 minutes, then strain. Add this to your mop water.

Add a pinch of dried hyssop to your bath water for healing and purification, especially if you've been feeling sadness or depression. When burned as incense, dried hyssop will raise the spiritual vibration of your home and release the energy of protection.

Organic Galangal Root - Alpinia Officinalarum

Also called Lo John the Conqueror or Lo John

Element: Fire

Planet: Mars

“Helps you to open up to Limitless possibilities”

attracts abundance, releases negativity, and develops your psychic abilities.

Magick: Carry into legal proceedings to help win case. It is also used to double money and success in gambling. It is a strong hex breaking ingredient. Burn as incense to remove evil spells. It improves psychic abilities.

To release negativity in your home and protect the occupants, sprinkle a pinch of powdered galangal root around the outside of your house.

It is said that if you wear an amulet of Galangal root with a piece of silver or gold, it will attract Fortune.

To increase sexual satisfaction, Place some of the root or powder under your mattress. You may also add carnelian to increase libido.

St. John's Wort

Hypericum perforatum

Element: Fire

Repels negativity and provides protection, attract abundance.

Worn to prevent colds & fevers. Protects against hexes and dark magick. Increases happiness, attracts abundance. Use in Solar Magic

For protection and to attract abundance, plant st. John's Wort near your friends or or you may also hang and hang it over your front door to repel negativity or unwanted visitors. You may place the powder or the plans in a bag, Mojo bag, amulet.

If you are looking to deepen your spiritual connection soak the dried leaves in your preferred carrier oil and put the mixture in a glass bottle. Place the bottle outside on full Moon. Leave it on your altar

for one month. You can then use the oil to anoint your third eye and Crown chakra to strengthen your spiritual connection.

Organic Horehound :Marrubium vulgare

Element Earth

Horehound has been used to treat all sorts of maladies from tuberculosis -asthma.

Horehound is part of the mint family, the leaves and flowers of the Horehound herb have been used as Folk medicine and culinary crafts. It is also used in cough drops and candy.

Magick: Horehound protects against evil doings. Helps with mental clarity during ritual; stimulates creativity/inspiration; balances personal energies and healing. Brings balance, promotes creativity, and promotes healing.

Horehound was once used as protection against Witchcraft and Blackmagic. When used as an incense, it helps you focus and remove any mental blocks your having to access your inner wisdom and creativity. Horehound is worn as an amulet to facilitate healing.

*It may be made into a tea which is added to floor wash to protect the home. To use it as a Floor Sweep, sprinkle the dried leaves onto the floor and sweep them out the door.

Organic Pennyroyal (Mamentha pulegium)

Dispels fatigue especially while traveling. Protection, repels negativity, brings in peace. Great in guardian salt.

To remove negativity from your home and your life, sprinkle a bit of a dried herb mixed with sea salt around your house.

Adding sea salt and tea made from dried Pennyroyal leaves to your Backwater will also help increase your energy, relax your mind, and soothe your spirit. To make the best tea, add

2 tablespoons of dried Leaf to 2 cups of boiling water, allow the mixture to steep for about 10 minutes and then strain it. Add to bath water.

***WARNING:** Not to be used (ingested) if you are pregnant or while nursing. Not to be used by women with heavy menstrual flow. Not to be used if you have liver or kidney disease.

Organic Lemon Verbena (*Aloysia triphylla*)

Element: Earth

***protection from nightmares**

Stops bad dreams, purifies home, lightens your mood, encourages peace and love

*Add crushed leaves to a candle magick to purify home and bring blessings. Burned as incense dispels negative energy & encourages love.

to avoid dreaming, place a leaf under your pillow at night.

Organic Rosemary (*Rosemarinus officinalis*)

Element Fire.

Purifying, consecrates, clears, healing, strengthens. May be used with poppets and love/lust spells. Improves memory. Increases sleep, mental power and protection. Burn as smudge to clear & purify and to removing negativity. Add to floor wash, protection bags, and clearing baths.

Angelica root(Angelica archangelica)

- Also called Archangel.

Element: Air

The root and leaves must be thoroughly dried before use. Fresh roots and leaves have toxic qualities. The essential oil made from Angelica has been used as topical treatment for inflammation of the joints.

This is a very sacred protective plant.it is the master of protection and was once called the roots of the Holy Ghost. It is effective against negative thoughts, misfortune, and even against lust.

Angelica was believed to bloom on the feast day of the Archangel Michael and used against evil.

It was also used to cure the plague. This information was given to a monk by an angel.

Magick:

Protection, healing, exorcism, creates harmony and courage. Surrounds you with protection, releases negative thinking, attracts abundance, helps with divination.

Wear a pinch of dried Angelica in an amulet for protection and to repel negativity. This also invites angels and fairies into your life.

To attract Good Fortune, sprinkle a few pinches of dried Angelica around the outside of your home and Scatter in the corners of your rooms. The same with business.

To help ease grief, pour Angelica tea into your bath water. Make the tea by adding 1/4 cup of dried herb to a pint of boiling water and steep for a few minutes before adding it to your bath water

Angelica may also be burned as incense to aids with divination and purification