

Evolved Personal Training
751 Slone Drive Suite 36
859.576.4389
evolvedpersonaltraining.com

How to use your Unlimited training

5 Easy Steps!

Step 1) Open email received from Evolvedpersonaltraining@gmail.com labeled "Evolved Personal Training gave you private page access".

Step 2) Follow link in email and create password for Evolvedpersonaltraining.com log in.

Step 3) Once password is created log in or click link in dropdown menu "Unlimited Access" and click "Book Unlimited Session"

Step 4) click the Green button labeled "Reserve"

Step 5) From here you can choose which trainer you would like to train with and browse the calendar for all available training times. To reserve a training time simply click the desired day and choose available time. Then fill out required information questionnaire and click confirm booking.

Exclusive access

Be sure to check out the "Exclusive Content" page listed under the "Unlimited Access Tab" tab to download your *Evolved Flexibility Program* and the *Evolved Nutrition Guidelines*"

Note: If you need to cancel a reserved session or have further questions please contact your trainer or Evolved customer service at 859-576-4389