

## THE ALLEN COGNITIVE LEVELS

The Functional Cognition Model (Allen's Cognitive Disability Model) aids understanding of the "Can Do" (neuro-biological) aspects of human occupational function and allies this with an understanding of the "Will Do" (relevance to the individual) and "May Do" (social and environmental supports). Therapists strive to find the "best-fit" between the abilities of individuals and the occupational demands of their environment. It identifies changes that can be made so that therapists and carers can assist their client or family member to experience joy and success.

## THIS WORKSHOP IS SUITABLE FOR:

Occupational therapists or other health care professionals who have experience working with persons with temporary or permanent cognitive impairments and have been trained in the use of standardized assessments.

## PRESENTERS

Cathy Hill is a mental health occupational therapist with a wide range of experience in Australia and overseas. She has worked with clients in acute and institutional settings, in day centres and as a community case manager. Cathy attended a Cognitive Disabilities workshop with Delaune Pollard in 2005 and since then has used the Functional Cognition model extensively in her work. In 2008, Delaune invited her to assist in delivering this training and she has become increasingly involved in delivering workshops and mentoring OTs around Australia in using the CDM.



Felicity is an occupational therapist with over 15 years' experience working in many different settings and with people experiencing a range of health conditions that impact on their wellbeing and their ability to take part in life and their community. She has a passion for working alongside people and families or caregivers to: explore goals and strengths; identify strategies to minimise the impact of any barriers and challenges; and employs evidence-based interventions to enable people to DO the things they want, need or are expected to do to live their lives in a way that is meaningful to them.

## DATES

9:00 am to 5:00 pm - Thursday 11<sup>th</sup> and Friday 12<sup>th</sup> February 2021

## COURSE LOCATION

Club Wyong RSL - 15 Margaret St, Wyong NSW 2259

## FEEES

\$545 GST inclusive. Workshop participants are also able to purchase assessment kits and books at a discounted price.

## REGISTRATION

You can register for this workshop on our website <http://otdo.com.au/register-for-a-workshop>

## PAYMENT

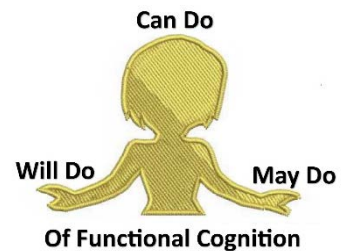
Payment details are included on your invoice which will be sent via email after registration. Options include PayPal, credit card (via invoice link) and direct transfer (preferred).

Your place in the workshop will only be assured on receipt of payment. **If a third party will be paying your registration fees, please ensure you indicate this on your registration form.** The closing date for payment is the 21/01/2021. A full refund will be given for cancellations up till the 28/01/2021 and a 50% refund for cancellations after this date. Failure to attend without notice may result in the loss of your full fee.

**OCCUPATIONAL THERAPISTS CAN CLAIM 14 CPD CONTACT HOURS FOR THIS COURSE**

# Functional Cognition Workshop Outline

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## DAY 1 INTERACTIVE TEACHING WORKSHOP

### THEORY

1. Brief description and history of the Cognitive Disabilities Model (CDM)
2. Cognition matters to occupational function
3. Definitions of cognition in the CDM
4. Theoretical foundations
5. The Allen Levels and Modes (ACL)
  - a. Description
  - b. Foundational concepts
  - c. Underlying structures
6. An introduction to activity analysis and the Allen Cognitive Levels (ACL)
7. Using the ACL – contexts and situations (leading into tomorrow's presentations)

## DAY 2 INTERACTIVE TEACHING WORKSHOP

### USING THE LARGE ALLEN COGNITIVE LEVEL SCREENING (LACLS) TOOL

1. The construct being measured: its purpose, limitations, intended use and intended populations
2. Who may administer, score and interpret scores
3. Published research and the evidence base including reliability and validity evidence
4. Set-up, administration, and scoring
5. Interpreting the results
6. This lab session includes practical, hands-on experience with volunteers who experience difficulty with functional cognition skills

### AN INTRODUCTION TO ADMS

7. Why use an ADM?
8. Validity and reliability
9. Practical session where we will set-up a sample ADM

### CLINICAL APPLICATIONS

10. Analysis of IADL tasks using Cognitive Disability Theory:
  - a. New learning,
  - b. Financial management
  - c. Driving
  - d. Personal care
11. Functional Cognition and Behaviour
  - a. How functional cognition levels predict behaviour
  - b. Strategies for facilitating occupational performance