

Jonathan Michael Huffman

Licensed Psychologist
Board Certified Behavior Analyst (BCBA)
Certified Therapist in Parent Child Interaction Therapy (PCIT)
PsyPact Authority to Practice Interjurisdictional Telepsychology Authorization

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EDUCATION

Ph.D. – Counseling Psychology, August 2016 – August 2021

Women, Gender, and Sexuality Studies Graduate Certificate, December 2019

Applied Behavioral Science Graduate Certificate, August 2019

University of Kansas Lawrence, Kansas (APA Accredited)

M.A. – Clinical Psychology, May 2016

B.A. – Psychology, July 2012

B.A. – Music/Emphasis in Flute Performance, July 2012

Washburn University Topeka, Kansas

LICENSURES AND CERTIFICATIONS

PsyPact Authority to Practice Interjurisdictional Telepsychology Authorization, September 18, 2023

APIT Number: 16221

Licensed Psychologists, September 1st, 2022

License Number: PY11598

Certified Therapist in Parent Child Interaction Therapy (PCIT), June 29th, 2022

Board Certified Behavior Analysts (BCBA), October 19th, 2020

Certification Number: 1-20-45381

PUBLICATIONS

*Denotes a peer-reviewed publication.

*Poquiz, J., Huffman, J., Warlick, C., Patel, V., & Nelson, J. (2026). Dialectical behavior therapy in community mental health: Associations between substance use, emotion regulation, and DBT

programme outcomes. *Counseling and Psychotherapy Research*, 26(2): e70113.
<https://doi.org/10.1002/capr.70113>

- *Watson, E. K., Bross, L. A., & Huffman, J. M. (2024). Self-monitoring to support the goals of students with autism on college campuses. *TEACHING Exceptional Children*, 56(4), 284-293.
<https://doi.org/10.1177/00400599211052580>
- * Warlick, C. A., Poquiz, J., Huffman, J. M., Standridge, R., DeLong, L., & Nelson, J. (2024). Should discharge be collaborative? Assessing flexible discharge dates in an intensive outpatient dialectical behavior therapy program. *Professional Psychology: Research and Practice*, 55(1), 48–57. <https://doi.org/10.1037/pro0000540>
- *Bross, L. A., Huffman, J. M., Anderson, A., Alhibs, M., Rousey, J., & Pinczynski, M. (2022). Technology-based self-monitoring and visual supports to teach question asking skills to young adults with autism in community settings. *Journal of Special Education Technology*. Advance online publication. <https://doi.org/10.1177/01626434221142809>
- *Bross, L. A., Huffman, J. M. & Hagiwara, M. (2022). Examining the special interest areas of autistic adults with a focus on their employment and mental health outcomes. *Journal of Vocational Rehabilitation*, (57)3, 289-305. <https://doi.org/10.3233/JVR-221218>
- *Warlick, C., Poquiz, J., Huffman, J. M., DeLong, L., Moffitt-Carney, K., M., Leonard, J., Schellenger, B., & Nelson, J. (2022). Effectiveness of a brief dialectical behavior therapy intensive-outpatient community health program. *Psychotherapy*, 59(1), 125-132. doi.org/10.1037/pst0000388
- *Warlick, C., Poquiz, J.L., Huffman, J.M., Armstrong, A., Krieshok, T.S., Frey, B.B., Templin, J., Kerr, B.A., Moffitt-Carney, K., Delong, L., Schellenger, B., & Nelson, J. (2022). Examining the psychometric properties of the Integrative Hope Scale’s english translation in a mixed-diagnostic community health sample. *Psychiatric Rehabilitation Journal*, 45(2), 192–199.
doi.org/10.1037/prj0000503
- *Bross, L. A., Travers, J. C., Huffman, J. M., Davis, J. L., & Mason, R. A. (2021). A meta-analysis of video modeling interventions to enhance job skills of autistic adolescents and adults. *Autism in Adulthood*, 3(4), 356-359. doi.org/10.1089/aut.2020.0038
- *Irvin, D.W., Luo, Y., Huffman, J., Grassley-Boy, N., Rous, B., & Hansen, J. (2021). Capturing talk and proximity in the classroom: Advances in measuring features of young children’s friendships. *Early Childhood Research Quarterly*, 57, 102-109. doi.org/10.1016/j.ecresq.2021.05.003
- *Kerr, B. A., Wright, J. D., Huffman, J., Birdnow, M., Reder, M., Stull, O. A., & Malmsten, R. N. (2021). Intelligence, personality, and privilege: A trait-complex approach to talent development. In R. S. Sternberg & D. Ambrose (Eds). *Conceptions of giftedness and talent*. (pp. 195-215). London, UK: Palgrave MacMillan. ISBN 978-3030568689
- *Huffman, J. M., Provorse, D., Hockett, J., & Kerr, B. (2020). College students’ test anxiety and listening test scores: CB and MAC-based psychoeducation vs. no treatment control. *Journal of Creativity in Mental Health*, 1-17. doi.org/10.1080/15401383.2020.1848678

- *Huffman, J. M., Warlick, C., Frey, B., & Kerr, B. (2020). Religiosity, spirituality, gender identity, and sexual orientation of sexual minorities. *Translational Issues in Psychological Science*, 6(4), 356–371. doi.org/10.1037/tps0000262
- *Bross, L. A., Huffman, J. M., Watson, E. K., Wills, H. P., & Mason, R. A. (2020). Social skills instruction, online modules, and telecoaching to develop planning skills of young adults with autism. *Journal of Special Education Technology*, 36(4), 297-319. doi.org/10.1177/0162643420924188
- *Warlick, C., Huffman, J. M., Poquiz, J., Moffitt-Carney, K. M., Krieschok, T. S., Delong, L., Schellenger, B., Leonard, J., & Nelson, J. (2020). A pilot investigation of positive psychology instruments and dialectical behavior therapy treatment outcomes. *Journal of Mental Health Counseling*, 42(4), 356-373. doi.org/10.17744/mehc.42.4.05
- *Bross, L. A., Travers, J. T., Wills, H. P., Huffman, J., Watson, E., Morningstar, M., & Boyd, B. (2020). Effects of video modeling for young adults with autism in community employment settings. *Career Development and Transition for Exceptional Individuals*, 43(4), 209-225. doi.org/10.1177/2165143420941488
- *Romans, S., Wills, P., Huffman, J., & Garrison-Kane, L. (2020). The effect of web-based self-monitoring to increase on-task behavior of high school students with autism. *Preventing School Failure*, 64(3), 249–260. doi.org/10.1080/1045988X.2020.1732282
- *Mason, R. A., Gregori, E., Wills, H. P., Kamps, D., & Huffman, J. (2020). Covert audio coaching to increase question asking by female college students with autism: Proof of concept. *Journal of Developmental and Physical Disabilities*, 32(1), 75–91. doi.org/10.1007/s10882-019-09684-2
- *Huffman, J., Bross, L., Watson, E., & Wills, H. (2019). Preliminary investigation of a self-monitoring application for a postsecondary student with autism. *Advances in Neurodevelopmental Disorders*, 3(4), 423–433. doi.org/10.1007/s41252-019-00124-y
- *Rosenbloom R., Wills, H., Mason, R., Huffman, J., & Mason, B. (2019). The effects of a technology-based self-monitoring intervention on on-task, disruptive, and task-completion behaviors for adolescents with autism. *Journal of Autism and Developmental Disorders*, 49(12), 5047–5062. doi.org/10.1007/s10803-019-04209-4
- *Wills, H. P., Mason, R., Huffman, J. M., & Heitzman-Powell, L. (2019). Implementing self-monitoring to reduce inappropriate vocalizations of an adult with autism in the workplace. *Research in Autism Spectrum Disorders*, 58, 9–18. doi.org/10.1016/j.rasd.2018.11.007
- *Beckman, A., Mason, B., Wills, H., Garrison-Kane, L., & Huffman, J. (2019). Improving behavioral and academic outcomes for students with autism spectrum disorder: Testing an app-based self-monitoring intervention. *Education and Treatment of Children*, 42(2), 225–244. doi.org/10.1353/etc.2019.0011
- *Irvin, D. W., Ingram, P., Huffman, J., Mason, R., & Wills, H. (2018). Exploring paraprofessional and classroom factors affecting teacher supervision. *Research in Developmental Disabilities*, 73, 106–114. doi.org/10.1016/j.ridd.2017.12.013

*Kerr, B. & Huffman, J. (2018). Gender and talent development of gifted students. In S. I. Pfeiffer (Ed.), *Handbook of giftedness in children: Psychoeducational theory, research, and best practice-2nd Edition* (pp. 115–128). New York, NY: Springer Publishing Company. ISBN 978-3-319-77004-8

Huffman, J. & Meador, R. (2014, December). Performing yoga throughout your recital. *The Flute View*. Retrieved from <https://thefluteview.com/>

Huffman, J. & Meador, R. (2012, May). Performance anxiety coaching: Investigating an interdisciplinary career. *Flute Focus*.

PRESENTATIONS

*Denotes a peer-reviewed presentation.

*Narayan, M., Warlick, C.A., Smith, P., Poquiz, J., Huffman, J., & Nelson, J. (2024, November). *Mindfulness matters: Examining mindfulness and severe mental illness in DBT intensive outpatient programs*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

*Bross, L., & Huffman, J. M. (2022, September). *Enhancing the conversation skills of young adults with autism using technology-based self-monitoring and visual supports*. Presentation on September 2nd at the Association for Behavior Analysis 11th International Conference in Dublin, Ireland.

*Bross, L., Hagiwara, M., & Huffman, J. (2022, June). *Special interest areas of adults with autism with a focus on employment and mental health outcomes*. Symposium on June 29th at the American Association on Intellectual and Developmental Disabilities 146th Annual Meeting, Jacksonville, FL.

*Bross, L., Hagiwara, M., & Huffman, J. (2022, May). *Examining the special interest areas of young adults with autism with a focus on their employment outcomes*. Online session presentation on May 14-17th at the Council for Exceptional Children Division on Career Development and Transition International Conference, Myrtle Beach, SC.

Huffman, J. M., & Lee, B. H. (2021, June). *Social justice consultation: Self-Care*. Half-day workshop on June 9th via Zoom to the University of the West Indies faculty, Kingston, Jamaica.

Lee, B. H., Morris, T., Huffman, J., Murgo, M., Hampton, C., & Maynard-Pemba, N. (2021, June). *Social justice consultation: Establishing a training program*. Half-day workshop on June 9th via Zoom to the University of the West Indies faculty, Kingston, Jamaica.

Murgo, M., Morris, T., Hampton, C., Huffman, J., & Lee, B. H. (2021, June). *Social justice consultation: Single session therapy*. Half-day workshop on June 8th via Zoom to the University of the West Indies faculty, Kingston, Jamaica.

Watson, E. K., Huffman, J. M., Wills, H. P., Bross, L. A., & Mason, R. (2020, March). *ASD On The Go: A multi-component intervention package using instructional modules and self-monitoring to improve relevant skills for adolescents and young adults with ASD*. Full-day workshop on March 4th at the Michigan Council for Exceptional Children's 80th Annual Conference, Grand Rapids, MI.

*Huffman, J., Watson, E., Bross, L., Wills, H., & Travers, J. (2020, February). *Video modeling to improve customer service skills of young adults with ASD in employment settings*. Breakout session on

February 28th at the Midwest Symposium for Leadership in Behavior Disorders 38th Annual Conference, Kansas City, MO.

- *Mullenix-Mohammed, K., Wills, H., Watson, E., & Huffman, J. (2020, February). *Using technology to self-monitor: Demonstration of the I-Connect mobile application and overview of student outcomes*. Poster presented on February 6th at the Council for Exceptional Children Special Education Convention and Expo, Portland, OR.
- *Watson, E., Huffman, J., Wills, H., & Mason, R. (2020, February). *ParaImpact: Professional development for paraprofessionals of elementary students with moderate-to-severe developmental disabilities*. Symposium on February 6th at the Council for Exceptional Children Special Education Convention and Expo, Portland, OR.
- *Bross, L., Travers, J., Wills, H., Huffman, J., & Watson, E. (2020, February). *Improving customer service skills of young adults with autism in employment settings*. Symposium on February 5th at the Council for Exceptional Children Special Education Convention and Expo, Portland, OR.
- *Kerr, B., Huffman, J., Reder, M., & Gardner, I. (2019, November). *New findings in intelligence, personality, and privilege: Implications for identification*. Symposium on November 9th at the National Association for Gifted Children 66th Annual Convention, Albuquerque, NM.
- *Cadle, A., Huffman, J., & Kerr, B. A. (2019, August). *Perceived emotional intelligence and attachment*. Poster presented on August 10th at the Division 43 suite at the American Psychological Association 127th Annual Convention, Chicago, IL.
- Bross, L., Huffman, J., Watson, E., & Wills, H. (2019, May). *Effects of video modeling on customer service skills of young adults with autism in community employment settings*. Presentation on May 14th at the Ability KC 3011 Baltimore Avenue Kansas City, MO 64108 location.
- *Cadle, A., Huffman, J., & Kerr, B. (2019, April). *Parent's emotional intelligence and perceived emotional intelligence of children*. Poster presented on April 13th during the Social Poster II session at the Midwestern Psychological Association 91st Annual Meeting, Chicago, IL.
- *Cadle, A., Huffman, J., & Kerr, B. (2019, April). *Parental attachment and perceived emotional intelligence of children*. Poster presented on April 13th during the Social Poster II session at the Midwestern Psychological Association 91st Annual Meeting, Chicago, IL.
- *Huffman, J. M., Wilson, J., & Kerr, B. (2019, April). *Creative work environments in STEM and mental health*. Poster presented on April 12th during the Clinical and Developmental Poster I session at the Midwestern Psychological Association 91st Annual Meeting, Chicago, IL.
- *Huffman, J. M., Kerr, B., Mellott, E., Stout, T., & Rodriguez, J. (2019, April). *Well-being: Innovation and technology in Iceland*. Poster presented on April 13th during the Social Poster II session at the Midwestern Psychological Association 91st Annual Meeting, Chicago, IL.
- *Huffman, J. M., Kerr, B., Rodriguez, J., Mellott, E., & Stout, T. (2019, April). *Creative capital theory: Talent and well-being in Iceland*. Poster presented on April 13th during the Social Poster II session at the Midwestern Psychological Association 91st Annual Meeting, Chicago, IL.

- *Cadle, A. J. A., Huffman, J. M., & Kerr, B. (2019, April). *Trait emotional intelligence questionnaire: Using an outside rating for children*. Poster presented on April 5th during the Clinical poster session at the Southwestern Psychological Association Convention, Albuquerque, NM.
- *Cadle, A. J. A., Huffman, J. M., & Kerr, B. (2019, April). *Parent mental health and perceived emotional intelligence of children*. Poster presented on April 6th during the Developmental/Family poster session at the Southwestern Psychological Association Convention, Albuquerque, NM.
- *Huffman, J. M., Watson, E., Bross, L., & Wills, H. (2019, April). *Workplace interventions to promote customer service phrases for individuals with ASD*. Poster presented on April 5th during the Education poster session at the Southwestern Psychological Association Convention, Albuquerque, NM.
- *Huffman, J., Wilson, J., & Kerr, B. (2019, April). *LGBTQ diversity in STEM and creative work*. Poster presented on April 6th during the Diversity poster session at the Southwestern Psychological Association Convention, Albuquerque, NM.
- *Huffman, J., Kerr, B., Stout, T., Rodriguez, J., & Mellott, E. (2019, April). *Tolerance for diversity and well-being in Iceland*. Poster presented on April 6th during the Diversity poster session at the Southwestern Psychological Association Convention, Albuquerque, NM.
- *Huffman, J. (2019, April). *Interdisciplinary collaboration: Licensed psychologists and board certified behavior analysts*. Poster presented on February 28th at the KU Professionals for Inclusion and Social Justice Graduate Student Research 15th Annual Conference (Paradigm Shift: Engagement, Evolution, and Empowerment through Research), Lawrence, KS.
- *Watson, E., Huffman, J., Bross, L., & Wills, H. (2019, February). *ASD On The Go: Supporting transition-age young adults with ASD to increase planning skills, calendar use, and social community engagement through telecoaching and instructional modules*. Symposium conducted on February 28th at the KU Professionals for Inclusion and Social Justice Graduate Student Research 15th Annual Conference (Paradigm Shift: Engagement, Evolution, and Empowerment through Research), Lawrence, KS.
- *Watson, E., Huffman, J., Bross, L., & Wills, H. (2019, February). *The efficacy of video modeling and visual supports in employment settings for individuals with autism spectrum disorder (ASD)*. Poster presented on February 22nd at the Midwest Symposium for Leadership in Behavior Disorders 37th Annual Conference, Kansas City, MO.
- *Huffman, J., Watson, E., Bross, L., & Wills, H. (2019, February). *Autism spectrum disorder: Interventions to promote self-autonomy, social engagement, and educational outcomes*. Poster presented on February 22nd at the Midwest Symposium for Leadership in Behavior Disorders 37th Annual Conference, Kansas City, MO.
- *Bross, L., Huffman, J., Watson, E., & Wills, H. (2019, February). *Increasing planning and calendaring skills of adolescents and young adults with autism through instructional modules and telecoaching*. Symposium conducted on February 22nd at the Midwest Symposium for Leadership in Behavior Disorders 37th Annual Conference, Kansas City, MO.

- *Malmsten, R., Stull, O., Kerr, B., & Huffman, J. (2018, November). *Mindfulness techniques with art, movement, music: Interventions for creative students*. Symposium conducted on November 17th at the National Association for Gifted Children 65th Annual Convention, Minneapolis, MN.
- *Kerr, B., Wright, J., Stull, O., & Huffman, J. (2018, November). *Beyond grade point average: How to use profiles to identify creative adolescents*. Symposium conducted on November 17th at the National Association for Gifted Children 65th Annual Convention, Minneapolis, MN.
- *Willard, R., Reder, M., Kerr, B., & Huffman, J. (2018, November). *Promoting the success of tomorrow's innovators: Counseling creative students*. Symposium conducted on November 16th at the National Association for Gifted Children 65th Annual Convention, Minneapolis, MN.
- *Wright, J., Stull, O., Reder, M., Malmsten, R., & Huffman, J. (2018, November). *Technology and mindfulness in gifted classrooms*. Poster presented on November 16th at the National Association for Gifted Children 65th Annual Convention, Minneapolis, MN.
- *Huffman, J., Reder, M., Birdnow, M., Malmsten, R., & Kerr, B. (2018, November). *Beyond biological sex: A continuum approach to gender in gifted students*. Poster presented on November 16th at the National Association for Gifted Children 65th Annual Convention, Minneapolis, MN.
- *Warlick, C., Nelson, N., Krieshok, T., Templin, J., Frey, B., Moffit-Carney, K., Huffman, J., Glenn, B., DeLong, L., Kerr, B., & Fry, M. (2018, November). *Does hope matter? Examining a population positive psychology construct in a DBT intensive-outpatient community health population*. Poster presented on November 16th at the Association for Behavioral and Cognitive Therapies 52nd Annual Convention, Washington, DC.
- *Huffman, J., Warlick, C., Moffit, K., Nelson, J., & Glynn, B. (2018, November). *Substance use on consumer emotion regulation, attendance, and graduation from a DBT intensive outpatient community mental health center: Phase two*. Poster presented on November 15th at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy 23rd Annual Conference, Washington, DC.
- *Warlick, C., Nelson, J., Huffman, J., Poquiz, J., Moffit, K., Schellenger, B., Leonard, J., & Allison, J. (2018, November). *Does positive psychology matter? Assessing hope and self-compassion's associations with treatment outcomes in a DBT population*. Poster presented on November 15th at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy 23rd Annual Conference, Washington, DC.
- *Moffit-Carney, K., Cole, B., Warlick, C., Huffman, J., & Nelson, J. (2018, November). *Mindfulness and dialectical behavior therapy: The effectiveness of an intensive outpatient program with mixed diagnostic sample*. Poster presented on November 15th at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy 23rd Annual Conference, Washington, DC.
- *Huffman, J., Wills, H., Bross, L., & Watson, E. (2018, October). *Autism spectrum disorder: Interventions to promote self-autonomy, community engagement, and educational outcomes*. Poster presented on October 26th at the Thompson Center Autism 13th Annual Conference, Chesterfield, MO.

- *Huffman, J., Watson, E., Wills, H., & Bross, L. (2018, October). *Increasing planning skills, calendaring skills, and social engagement of adolescents and young adults with autism*. Poster presented on October 26th at the Thompson Center Autism 13th Annual Conference, Chesterfield, MO.
- *Bross, L. A., Huffman, J. M., Watson, E. K., & Wills, H. P. (2018, October). *Telecoaching: A viable intervention to increase planning and calendaring skills of young adults with autism*. Paper presentation on October 26th at the Council for Exceptional Children Division on Career Development and Transition International Conference, Cedar Rapids, IA.
- *Bross, L. A., Huffman, J. M., Watson, E. K., & Wills, H. P. (2018, October). *Supporting college students with autism in academic classes using a self-monitoring application*. Paper presentation on October 25th at the Council for Exceptional Children Division on Career Development and Transition International Conference, Cedar Rapids, IA.
- *Huffman, J. & Jenkins, L. (2018, August). The nervous splendor of Vienna and the rise of psychoanalysis. In B. A. Kerr (chair), *Origins of modern psychology in Leipzig, Vienna, and Zurich – The study of place*. Symposium conducted on August 9th during the Division 26 suite at the American Psychological Association 126th Annual Convention, San Francisco, CA.
- *Lappin, A., Huffman, J., & Cole, B. (2018, August). *LGBTQ treatment preferences: Stigma and attitudes toward professional help*. Poster presented on August 11th at the Division 17 suite at the American Psychological Association 126th Annual Convention, San Francisco, CA.
- *Huffman, J., Lappin A., & Cole, B. (2018, August). *Creativity and gender non-conforming individuals' treatment preference: Exploring connections*. Poster presented on August 9th during the Division 10 suite at the American Psychological Association 126th Annual Convention, San Francisco, CA.
- *Wills, H., Bross, L., Huffman, J., & Watson, E. (2018, April). *Autism spectrum disorder: Increasing competence in social skills, problem solving, and community engagement with a technology based multicomponent intervention package*. Symposium conducted on April 20th at the Beyond the Diagnosis: Autism Across the Life Span Conference 10th Annual Conference, Overland Park, KS.
- *Huffman, J. & Lappin, A. (2018, April). *LGBTQ personality factors related to attitudes toward seeking professional mental health treatment*. Poster presented on April 13th during the Diversity poster session at the Southwestern Psychological Association Convention, Houston, TX.
- *Huffman, J. & Lappin, A. (2018, April). *Creativity and DSM-5 depressive symptoms in a self-identified sexual minority male sample*. Poster presented on April 13th during the Diversity poster session at the Southwestern Psychological Association Convention, Houston, TX.
- *Lappin, A. & Huffman, J. (2018, April). *LGBTQ religious involvement and mental health outcomes*. Poster presented on April 13th during the Clinical poster session at the Southwestern Psychological Association Convention, Houston, TX.
- *Huffman, J., Lappin, A., & Cole, B. (2018, April). *Creativity, sexual minority identity, and mental health in LGBTQ persons*. Poster presented on April 14th during the Clinical and Developmental poster session at the Midwestern Psychological Association 90th Annual Meeting, Chicago, IL.

- *Huffman, J., Lappin, A., & Cole, B. (2018, April). *Transgender congruence, depression, and religiosity in a gender fluid population*. Poster presented on April 12th during the Applied Social Psychology poster session at the Midwestern Psychological Association 90th Annual Meeting, Chicago, IL.
- *Huffman, J., Kerr, B., & Lappin, A. (2018, March). *Gender and talent development of gifted students*. Symposium conducted on March 2nd at the Kansas Counseling Association “Hope for the Future” Spring Conference, Wichita, KS.
- *Huffman, J. & Bross, L. (2018, March). *ASD On The Go: A mobile application to increase social competence, problem solving, and community engagement in adolescents and young adults with autism spectrum disorders*. Symposium conducted on March 1st at the Kansas Counseling Association “Hope for the Future” Spring Conference, Wichita, KS.
- *Warlick, C., Moffitt, K., & Huffman, J. (2018, February). *Integrating scientist and practitioner: Program evaluation research in a DBT intensive-outpatient community health program*. Poster presented on February 2nd at the KU Professionals for Inclusion and Social Justice Graduate Student Research 14th Annual Conference (Embracing Innovation: Rigorous Research in Our Community), Lawrence, KS.
- *Huffman, J. & Lappin, A. (2018, February). *Highly creative LGBTQ individuals: Exploring trends in treatment preferences*. Poster presented on February 2nd at the KU Professionals for Inclusion and Social Justice Graduate Student Research 14th Annual Conference (Embracing Innovation: Rigorous Research in Our Community), Lawrence, KS.
- *Huffman, J., Watson, E., & Bross, L. (2018, February). *ASD On The Go: A technology based intervention package to increase social competence, problem solving, and community engagement in adolescents and young adults with autism spectrum disorders*. Symposium conducted on February 2nd at the KU Professionals for Inclusion and Social Justice Graduate Student Research 14th Annual Conference (Embracing Innovation: Rigorous Research in Our Community), Lawrence, KS.
- *Moffitt, K. M, Warlick, C., Nelson, J., Schellenger, B., Poquiz, J., Huffman, J., & Leonard, J. (2017, November). *Dialectical behavior therapy intensive outpatient programs: A comparison of mindfulness skills of patients with and without SPMI/SMI status*. Poster presented on November 18th at the Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.
- *Huffman, J., Warlick, C., Moffitt, K., Nelson, J., & Glynn, B. (2017, November). *Substance use on consumer emotion regulation, attendance, and graduation from a DBT intensive outpatient community mental health center*. Poster presented on November 16th at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy 22nd Annual Conference, San Diego, CA.
- *Warlick, C., Nelson, J., Moffitt, K., Schellenger, B., Huffman, J., & Poquiz, J. (2017, November). *Does graduation matter? Examining symptomology at discharge between graduates and non-completers in a DBT intensive-outpatient community health population*. Poster presented on November 16th at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy 22nd Annual Conference, San Diego, CA.
- *Nelson, J., Schellenger, B., Warlick, C., Moffitt, K., Poquiz, J., & Huffman, J. (2017, November). *Does a DBT skills straining series increase psychological flexibility, mindfulness and self-compassion in community mental health center (CMHC) staff?*. Poster presented on November 16th at the

International Society for the Improvement and Teaching of Dialectical Behavior Therapy 22nd Annual Conference, San Diego, CA.

- *Huffman, J. & Kerr, B. (2017, November). *Under represented extra-curricular activities in gifted programs: How to identify and recruit students*. Poster presented on November 11th at the National Association for Gifted Children 64th Annual Convention, Charlotte, NC.
- *Huffman, J. (2017, August). *Gender diverse individuals self-identified sexual identity and intrinsic spirituality in counseling*. Poster presented on August 29th at the Festival of Counseling Psychology Research, Lawrence, KS.
- *Huffman, J. (2017, August). *Sexual identity, psychological well-being, and spirituality*. Poster presented on August 29th at the Festival of Counseling Psychology Research, Lawrence, KS.
- *Huffman, J., Duan, C., & Lappin, A. B. (2017, August). *An exploration of religiosity in sexual minority self-esteem and life satisfaction*. Poster presented on August 5th during the Division 17 suite at the American Psychological Association 125th Annual Convention, Washington, D.C.
- *Huffman, J., Lappin, A. B., & Duan, C. (2017, August). *Gender non-conforming individuals, sexual identity, and religiosity*. Poster presented on August 5th during the Division 17 suite at the American Psychological Association 125th Annual Convention, Washington, D.C.
- *Kerr, B., Wright, J., Huffman, J., Reder, M., & Stull, O. (2016, November). *What does psychological science say about sensitivities, intensity, and over excitabilities of gifted people?*. Symposium conducted on November 5th at the National Association for Gifted Children 63rd Annual Convention, Orlando, FL.
- *Stull, O., Gahm, J., Huffman, J., & Malmsten, R. (2016, November). *Adapting mindfulness-based art therapy techniques to gifted education*. Symposium conducted on November 4th at the National Association for Gifted Children 63rd Annual Convention, Orlando, FL.
- *Huffman, J. & Provorse, D. (2016, May). *Comparing effects of cognitive behavioral and mindfulness, acceptance, and commitment interventions on performance anxiety in a music context*. Poster presented on May 6th during the Stress, Health, and Psychopathology: Clinical Psychology poster session at the Midwestern Psychological Association 88th Annual Meeting, Chicago, IL.
- Spielman, H. & Huffman, J. (2014, June). *Performance anxiety coaching*. Presentation conducted across the week of June 21st-28th at the Wildacres Flute Retreat, Little Switzerland, NC.
- Huffman, J. (2012, April). *Performance enhancement for musicians*. Invited to speak on the detrimental effects of performance anxiety and empirically supported interventions to cope with performance anxiety symptoms at the annual April Flutes Day at Washburn University, Topeka, KS.

CLINICAL EXPERIENCE

Trust Risk Management Services, Inc.
Professional Liability Insurance Policy #: 58G73673987
10/1/2022-10/1/2026

President & Licensed Psychologist

November 2024 – Current

Wise Mind Psychology Center

Tampa and Saint Petersburg, Florida

www.wisemindpsychologycenter.com

Offer assessment and therapy services in Tampa, St. Pete, and virtually across the United States.

Focused Areas of Clinical Service:

Exposure and Response Prevention (ERP)

Parent Child Interaction Therapy (PCIT)

Dialectical Behavior Therapy (DBT)

Neuropsychological Assessment for ADHD, ASD, and Specific Learning Disorders

Licensed Psychologist

October 1st, 2022 – Current

Wellness Psychological Services

Tampa and Saint Petersburg, Florida

<https://wellnesspsychologicalservices.com/>

Contracted with Wellness Psychological Services to offer assessment and therapy services in Tampa, St.

Pete, and virtually across the state of Florida.

Focused Areas of Clinical Service:

Exposure and Response Prevention (ERP)

Parent Child Interaction Therapy (PCIT)

Dialectical Behavior Therapy (DBT)

Neuropsychological Assessment for ADHD, ASD, and Specific Learning Disorders

Contracted Work:

Compensation and Pension Examinations for Veteran Evaluation Services (VES)

Compensation and Pension Examinations for Optum Serve

Compensation and Pension Examinations for Loyal Source

Diagnostic Examinations for Military Justice Attorneys

Adjunct Clinical Post-Doctoral Associate

College of Medicine Department of Psychiatry

September 1st, 2021 – August 31st, 2022

University of Florida Health

Gainesville, Florida

<https://psychiatry.ufl.edu/>

<https://ufhealth.org/uf-health-psychology-springhill>

Regilda A. Romero, Ph.D., LCP – Primary Supervisor

Melanie Nelson, Ph.D., LCP – Assessment/PCIT Supervisor

Joseph McNamara, Ph.D., & Megan Barthel-Herrera, Ph.D. – OCD Supervisors

Matthew Daley, Ph.D., LCP – Inpatient Supervisor

Full-time (1.00 FTE), 12-month 2000-hour fellowship that fulfills the supervision requirements for licensure.

Conducted outpatient, intensive outpatient, inpatient, in-person, and telehealth intakes, individual therapy, psychoeducational assessment, and neuropsychological assessment across the life span.

Clinical Rotations:

Intensive Outpatient OCD Rotation <https://psychiatry.ufl.edu/patient-care-services/ocd-program/>

Psychoeducational and Neuropsychological Assessment Rotation

Parent-Child Interaction Therapy (PCIT) Rotation

Center for Autism and Neurodevelopment Rotation <https://autism.psychiatry.ufl.edu/>

Inpatient Child and Adult Rotation - UF Health Psychiatric Hospital

Behavioral Health HUB - <https://bhh.psychiatry.ufl.edu/who-we-are/>

Adjunct Assistant-in Counseling (Intern)

Counseling and Wellness Center

August 2nd, 2020 – July 31st, 2021

University of Florida (APA Accredited)

Gainesville, Florida

<https://counseling.ufl.edu/>

Natasha Maynard-Pemba, Ph.D., LCP – Clinical Training Director

Mei-Fang Lan, Ph.D., LCP – Supervisor

Full-time (1.00 FTE), 12-month 2000-hour internship that fulfills the training requirement for the APA-accredited health service psychology internship. Conducted telehealth individual therapy; telehealth couples therapy; telehealth intake appointments; telehealth assessments; telehealth international student success process group; telehealth understanding self and others graduate student group; live supervision of practicum students and individual supervision; telehealth outreach (first generation gathering and support space / allyship, social justice, diversity, and inclusion / impost syndrome / CWC services); telehealth international consultation project (Jamaica); served on the ASPIRE – Diversity and Inclusion Committee and the Intern Selection Committee

Ph.D. Practicum Student

Mental Health Clinic

August 2018-May 2019

Dwight D. Eisenhower Veterans Administration Medical Center

Leavenworth, Kansas

<https://www.leavenworth.va.gov/>

Stephanie Chan, Ph.D., LCP; Codi Schale, Ph.D., LCP; Kylie Dowell, Ph.D., LCP – Supervisors

Doctoral level practicum student responsible for comprehensive intakes, individual psychotherapy, couples therapy, and group psychotherapy; utilized empirically supported treatments and evidence based practices such as cognitive process therapy, cognitive behavioral therapy for depression, and dialectical behavior therapy; treatment planning; diagnosis and case conceptualization; diagnostic/outcome assessments (Clinician-Administered PTSD Scale for DSM-5; Posttraumatic Stress Disorder PTSD Checklist-5; Generalized Anxiety Disorder-7; Working Alliance Inventory-Short Revised; Patient Health Questionnaire-9; Sound Relationship House Scales); report writing; progress notes; discharge summaries; responsible for the development and implementation of a brief six week DBT skills training group founded in previous research (Moore et al., 2018) and tailored to the veteran population

Ph.D. Practicum Student

Dialectical Behavior Therapy Intensive Outpatient Program

May 2017-May 2018

Bert Nash Community Mental Health Center

Lawrence, Kansas

<https://bertnash.org/>

Juliet Nelson, Ph.D., LCP, DBT-Linehan Board Certified Clinician (# 138) – Supervisor

Doctoral level practicum student responsible for individual psychotherapy and group skills training with clients who were high in self harm and suicidal ideation; participated in weekly DBT consult and team meetings; facilitated intensive outpatient and weekly DBT skills groups; facilitated DBT skills groups specifically aimed at substance abuse; conducted safety planning; participated in 24/7 availability for coaching calls; treatment planning; diagnosis and case conceptualization; administered the Structural Clinical Interview for DSM-5; report writing; progress notes; discharge summaries

Ph.D. Practicum Student

Counseling Laboratory for the Exploration of Optimal States

January 2017-May 2017

University of Kansas

Lawrence, Kansas

<https://cleos.ku.edu/>

Barbara Kerr, Ph.D., LCP – Supervisor

Doctoral level practicum student responsible for individual career counseling with creatively gifted adolescents and young adults; administered and interpreted NEO-Personality Inventory-3, NEO-PI-R, Vocational Preference Inventory, Rokeach Value Survey, Family Rokeach Values Survey, Creative Achievement Questionnaire, Early Memories of Warmth & Safety Scale, and the Student Career Construction Inventory; report writing; progress notes

M.A. Graduate Intern
Adult Outpatient Services
Wyandot Center for Community Behavioral Healthcare
<http://www.wyandotcenter.org/>

August 2015-May 2016
Kansas City, Kansas

Mark Roberts, LCP & Susan Kraner, LCP – Onsite Supervisors
Dave Provorse, Ph.D., LCP & Cynthia Turk, Ph.D., LCP – University Supervisors
Master's level intern responsible for comprehensive intakes, individual psychotherapy, and group psychotherapy; diagnosis and case conceptualization; treatment planning; utilization of cognitive behavioral therapy, solution-focused brief therapy, and mindfulness- and acceptance-based interventions; in-vivo and imaginal exposures; intelligence testing (Wechsler Adult Intelligence Scale-IV); personality assessment (Minnesota Multiphasic Personality Inventory-2); adaptive functioning assessment (Daily Living Activities-20); diagnostic/outcome assessment (Structural Clinical Interview for DSM-5; Penn State Worry Questionnaire, Social Interaction Anxiety Scale, Beck Depression Inventory, Anxiety Sensitivity Index, Acceptance and Action Questionnaire, DSM-5 Self-Rated Level I and Level II Cross-Cutting Symptom Measures); report writing; progress notes; discharge summaries

M.A. Practicum Student
Life Skills Enhancement Group
East Topeka Senior Center

January 2015-May 2015
Topeka, Kansas

Dave Provorse, Ph.D., LCP – Supervisor
Master's level practicum student responsible for psychoeducational group therapy; planned and implemented skills training groups on aging topics dealing with grief, assertiveness, sleep hygiene, mindfulness, and communication; progress notes; discharge summaries

M.A. Anxiety Practicum Student
Anxiety Clinic
Washburn University Psychological Services Clinic

January 2015-May 2015
Topeka, Kansas

Cynthia Turk, Ph.D., LCP – Supervisor
Master's level practicum student responsible for comprehensive intakes (Anxiety and Related Disorders Interview Schedule-5, Structural Clinical Interview for DSM-5); treatment planning; diagnosis and case conceptualization; individual therapy using cognitive behavioral therapy and mindfulness- and acceptance-based interventions; in-vivo and imaginal exposures; assessment (Penn State Worry Questionnaire, Social Interaction Anxiety Scale, Beck Depression Inventory, Anxiety Sensitivity Index, Acceptance and Action Questionnaire); report writing; progress notes; discharge summaries

M.A. Primary Interventionist
Graduate Thesis
Washburn University Music Department

January 2015-May 2015
Topeka, Kansas

Dave Provorse, Ph.D., LCP & Ann Marie Snook, Ph.D. – Supervisors
Master's level interventionist responsible for psychoeducational group therapy; planned and implemented cognitive behavioral interventions and the mindfulness-acceptance-commitment approach to performance enhancement; assessment (Emotion Regulation Questionnaire-9, Mindful Attention Awareness Scale, Test Anxiety Inventory)

M.A. Mood Disorders Practicum Student
Depression Clinic
Washburn University Psychological Services Clinic

August 2014-December 2014
Topeka, Kansas

Dave Provorse, Ph.D., LCP – Supervisor

Master's level practicum student responsible for comprehensive intakes; treatment planning; diagnosis and case conceptualization; individual therapy using interpersonal process therapy, cognitive behavioral therapy, grief and loss therapy, and solution-focused brief therapy; assessment (Beck Depression Inventory, DSM-5 Self-Rated Level I and Level II Cross-Cutting Symptom Measures); report writing; progress notes; discharge summaries

M.A. Performance Enhancement Practicum Student

Athletic Performance Enhancement Group

August 2014-December 2014

Washburn University Psychological Services Clinic

Topeka, Kansas

Dave Provorse, Ph.D., LCP – Supervisor

Master's level practicum student responsible for psychoeducational group therapy; included both group instruction and individualized application of the mindfulness-acceptance-commitment approach to performance enhancement and cognitive behavioral therapy with the Washburn University Women's Soccer Team; report writing; progress notes; discharge summaries

M.A. Psychological Assessment of Personality and Behavior Practicum Student

Child and Adolescent Clinic

August 2014-December 2014

Washburn University Psychological Services Clinic

Topeka, Kansas

Julie Boydston, Ph.D., LCP – Supervisor

Master's level practicum student responsible for comprehensive intakes; personality assessment (Minnesota Multiphasic Personality Inventory-2, Minnesota Multiphasic Personality Inventory-Adolescent); adaptive functioning assessment (Vineland Adaptive Behavior Scale-II); report writing; progress notes; discharge summaries

M.A. Performance Enhancement Practicum Student

Performance Anxiety Seminar

June 2014

Wildacres Flute Retreat

Little Switzerland, North Carolina

Dave Provorse, Ph.D., LCP & Helen Spielman, M.A. – Supervisors

Master's level practicum student responsible for a week-long psychoeducational group and individual performance anxiety coaching sessions; sessions included cognitive behavioral and mindfulness- and acceptance-based techniques; progressive muscle relaxation; guided imagery; in-vivo and imaginal exposures; progress tracking; discharge recommendations

M.A. Psychological Assessment of Intelligence and Achievement Practicum Student

Child and Adolescent Clinic

January 2014-May 2014

Washburn University Psychological Services Clinic

Topeka, Kansas

Julie Boydston, Ph.D., LCP – Supervisor

Master's level practicum student responsible for comprehensive intakes (Attention Deficit Hyperactivity Disorder Background/Diagnostic Interview); intelligence testing (Wechsler Adult Intelligence Scale-IV, Wechsler Intelligence Scale for Children – IV); achievement testing (Woodcock-Johnson Test of Cognitive Abilities – IV, Wechsler Individual Achievement Test-II); treatment planning; report writing; progress notes; discharge summaries

M.A. Practicum Student

Depression Screening Booth

August 2013-December 2013

Topeka Community and Washburn University

Topeka, Kansas

Dave Provorse, Ph.D., LCP – Supervisor

Master's level practicum student responsible for screening members from the university and local community for depressive symptoms through a brief diagnostic interview and self-report form; managed

crisis intervention and corresponding follow up care; utilized safety plans, 24-hour supervision, and hospitalization referral

M.A. Practicum Student

Anxiety Screening Booth

Topeka Community and Washburn University

Julie Boydston, Ph.D., LCP – Supervisor

Master's level practicum student responsible for screening members from the university and local community for anxiety symptoms through a brief diagnostic interview and self-report form; managed crisis intervention and corresponding follow up care; utilized safety plans, 24-hour supervision, and hospitalization referral

August 2013-December 2013

Topeka, Kansas

CLINICAL SUPERVISOR EXPERIENCE

Primary Supervisor

College of Medicine Department of Psychiatry

University of Florida Health

<https://psychiatry.ufl.edu/>

<https://ufhealth.org/uf-health-psychology-springhill>

Regilda A. Romero, Ph.D., LCP – Primary Supervisor

Cagil Torgal, MS – Psychoeducational and Neuropsychological Assessment Supervisee

Manuel Marichal, B.A., Megan Henry, M.A. – Therapy Supervisees

Served as a primary supervisor for doctoral level students in training. Conducted co-therapy and live-observation supervision. Assisted the students in developing therapeutic/assessment skills based on empirically supported treatments/assessments with treatment manuals/manualized administrations and provided one hour of individual supervision weekly. Provided feedback to supervisees and faculty on student performance.

September 1st, 2021 – August 31st, 2022

Gainesville, Florida

Primary Supervisor

Counseling and Wellness Center

University of Florida

Marsha Cohen, Ph.D., LCP – Supervisor

Megan Henry, M.A. – Supervisee

Served as a primary supervisor for a doctoral level student in training. Conducted video and live-observation supervision. Assisted the student in developing counseling skills based on empirical evidence and provided two hours of individual supervision weekly. Provided feedback to supervisee and faculty on student performance.

January 2021 – June 2021

Gainesville, Florida

Primary Supervisor

Seminar in Advanced Skills (PRE896)

University of Kansas

Barbara Kerr, Ph.D., LCP – Supervisor

Casey Bodenhausen, B.S., Bretney Belvill, B.S., Mari Thomeczek, B.A. – Supervisees

Served as a primary supervisor for master's level students in training. Assisted master's level students in developing counseling skills based on empirical evidence and provided individual and group supervision through live TV-monitoring and feedback to MA students on therapeutic skills. Assisted with case conceptualization and the administration and interpretation of assessments (NEO-Personality Inventory-3, NEO-PI-R, Vocational Preference Inventory, Rokeach Value Survey, Family Rokeach Values Survey, Creative Achievement Questionnaire, Early Memories of Warmth & Safety Scale, Student Career Construction Inventory).

January 2017-May 2019

Lawrence, Kansas

APPLIED BEHAVIOR ANALYSIS EXPERIENCE

Supervised Independent Fieldwork Trainee

**ASD On The Go (I-Connect Plus)
Juniper Gardens Children's Project**

**July 2018-July 2019
Kansas City, Kansas**

<http://asdonthego.ku.edu/>

Howard Wills, Ph.D., BCBA (#: 1-17-26891) – Supervisor

Doctoral level trainee engaged in ABA treatment principles with individuals diagnosed with autism spectrum disorder and intellectual disabilities in a research-through-service model; developed and maintained partnerships at a variety of organizations, school districts, and universities to aid in the implementation of behavior-based interventions; engaged in group and individualized instruction of social communication, organization, and problem solving skills; conducted individual in-person and telecoaching sessions aimed at shaping behavior; implemented video-modeling to increase social skills; conducted behavioral observations to develop behavioral targets and monitor progress; completed reminder texts and calls for self-monitoring; communicated with family members and health providers to coordinate services

PAID RESEARCH EXPERIENCE

Qualtrics Survey Developer Consultant

**Department of Special Education and Child Development
University of North Carolina at Charlotte**

September 2020-December 2020

Leslie Bross, Ph.D. – Primary Investigator

Paid consultant to input all research questions into the Qualtrics Survey Software and consult with Dr. Leslie Bross to ensure sequencing/skip logic is appropriately programmed to be consistent with the rigor and design of the research study. Implemented any necessary changes upon the initial review and assisted Dr. Bross in understanding the basic principles of Qualtrics as a survey software so that Dr. Bross had the necessary skills to ensure proper and accurate data collection.

Project Manager

I-Connect Plus (ASD On The Go): Enhancing Community Participation for Adolescents and Adults with ASD using Online Instruction, Coaching, and Accessible Self-Management Technologies

(Kamps, D., Wills, H., Mason, R., Mason, B., Heitzman-Powell, L., & Buzhardt, J.).

June 2019-August 2020

Juniper Gardens Children's Project – University of Kansas

Kansas City, Kansas

<http://asdonthego.ku.edu/>

Howard Wills, Ph.D., BCBA (#: 1-17-26891) – Supervisor

Rose Mason, Ph.D., BCBA (#: 1-13-13642) – Supervisor

Employed as a paid project manager (FTE .6) under the federally funded educational grant (H133A13032) to assist with the development and implementation of I-Connect Plus, a comprehensive 3 part (web-based instruction, coaching, self-monitoring) support package that is accessible via mobile devices for adolescents and young adults with ASD. Assisted with study designs; renewed I.R.B. applications; managed research team schedule and personnel; managed grant reviews; designed and implemented a study on self-monitoring in a college classroom to improve on task performance and engagement for a postsecondary student as a primary researcher; collaborated with primary investigators to meet the goals outlined in the grant

Graduate Research Assistant

I-Connect Plus (ASD On The Go): Enhancing Community Participation for Adolescents and Adults with ASD using Online Instruction, Coaching, and Accessible Self-Management Technologies

(Kamps, D., Wills, H., Mason, R., Mason, B., Heitzman-Powell, L., & Buzhardt, J.).

August 2016-June 2019

Juniper Gardens Children's Project – University of Kansas

Kansas City, Kansas

<http://asdonthego.ku.edu/>

Howard Wills, Ph.D., BCBA (#: 1-17-26891) – Supervisor

Rose Mason, Ph.D., BCBA (#: 1-13-13642) – Supervisor

Employed as a paid graduate research assistant (FTE .5) under the federally funded educational grant (H133A13032) to assist with the development and implementation of I-Connect Plus. Assisted with usability testing; conducted behavioral observations utilizing the Multi-Option Observation System for Experimental Studies (MOOSES) software; assisted with the development of modules and feedback videos; composed literature reviews and introductions for published manuscripts; created APA single-case design graphs in excel; provided instruction/coaching/monitoring to participants; collaborated with Purdue University to create a collaborative research-through-service model relationship; conducted research in a variety of settings (e.g., lunch rooms, work place environments, universities, high schools); assisted with the peer review of articles submitted to academic journals; assisted with grant writing and applications

Graduate Research Assistant

Improving Paraprofessionals Instructional and Behavioral Support in Urban Elementary School

Settings: A Research Practitioner Partnership

August 2016-August 2017

(Kamps, D., Shaw, K., Wills, H., Mason, R., Colvin, M., Smarr-Dolezal, T., Veatch, M., Irvin, D., & Millin, J.)

Juniper Gardens Children's Project – University of Kansas

Kansas City, Kansas

Rose Mason, Ph.D., BCBA (#: 1-13-13642) – Supervisor

Employed as a paid graduate research assistant (FTE .5) under the federally funded Institute of Educational Sciences grant (R305H140048) to assist in the development of efficient and sustainable training procedures for paraprofessionals in partnership with the Kansas City, Kansas Public Schools and Juniper Gardens Children's Project. Conducted behavioral observations in the school setting; collaborated to produce articles for publication; organized and meet with a variety of school districts, administrators, teachers, paraprofessionals to orchestrate effective research and intervention implementation

ADDITIONAL RESEARCH EXPERIENCE

External Site Principal Investigator

September 2021-2023

I-Connect: A Technology-based Self-monitoring Application to Support Transition-age Youth with Autism in Community, Employment, and School Settings

University of North Carolina at Charlotte

Charlotte, North Carolina

Leslie Bross, Ph.D., BCBA-D – Principle Investigator

Conducting research to evaluate the efficacy of I-Connect to enhance class participation, assignment completion, social engagement, work performance, or other target skills or behaviors. Transition-age youth may use I-Connect to meet their personal goals based on their individualized settings and experiences.

Co-Principal Investigator

Summer 2020-2022

Examining the Special Interest Areas of Adults with Autism Spectrum Disorder

University of North Carolina at Charlotte

Charlotte, North Carolina

Leslie Bross, Ph.D., BCBA-D – Co-Principle Investigator

Conducting research to better understand types of special interest areas (SIAs) and how engaging in SIAs may potentially enhance adult outcomes. The research survey focuses on developing a better understanding the relation between SIAs and employment and mental health outcomes of adults with ASD.

Primary Investigator – Doctoral Dissertation

Fall 2019-Spring 2020

The Relationship of Perceived Distance from Privilege, Stigma, and Attitudes to Mental Health Help-Seeking Intentions

University of Kansas

Lawrence, Kansas

Barbara Kerr, Ph.D., LCP – Chair; Wenhao Wang, Ph.D., Arpita Ghosh, Ph.D., Brian P. Cole, Ph.D., & Hannah Britton, Ph.D. – Committee Members

Proposal Approved September 27, 2019 – Defense Approved May 12, 2020

Conducted research on the application of the intersectionality framework to the ADDRESSING cultural influences as perceived distance from privilege and the mediated model for seeking counseling using quantitative methods within the context of structural and social inequalities.

Research Team Member

Spring 2019

Anti-Slavery and Human Trafficking Initiative

Center for the Study of Injustice at the Institute of Policy & Social Research

Lawrence, Kansas

<https://ipsr.ku.edu/ASHTI/index.html>

Hannah E. Britton, Ph.D. – Primary Investigator/Supervisor

Worked with faculty to conduct interviews with first responders, fire fighters, religious organizations, second language teachers, and housing organizations about their awareness, experience, and policies pertaining to human trafficking. Transcribed interviews, conducted content analysis, composed literature reviews, and collaborated with team members to accomplish tasks.

Research Team Member

Summer 2018-Fall 2019

Gender Equity and Well Being in Iceland

University of Kansas

Reykjavik, Iceland

<https://studyabroad.ku.edu/gender-equity-and-well-being-iceland>

Barbara Kerr, Ph.D., LCP – Primary Investigator/Supervisor

Traveled to Iceland (5/15/18-5/21/18) with primary investigator Dr. Barbara Kerr to conduct a comprehensive literature review focusing on the history, family, education, culture, and policies that have led to the current status of equity and well-being in Iceland. Assisted with the collection, analysis, and preparation of data for national presentations and publications.

Research Advisor

Fall 2018-August 2019

Parent’s Emotional Intelligence and Perceived Emotional Intelligence of Children

University of Kansas

Lawrence, Kansas

Barbara Kerr, Ph.D., LCP – Supervisor

Amanda Cadle, B.A. – Supervisee

Provided guidance and collaborated with first year doctoral student (A. Cadle) in the design of their research. Supervised the application process to the I.R.B and reviewed the literature, method, results, and discussion before department presentation (EPSY901 project) and conference submissions.

Primary Investigator – Graduate Research Study

Summer 2018-Fall 2019

Gender Equality: Careers, Entrepreneurship, and Creative Lives

University of Kansas

Reykjavik, Iceland

Barbara Kerr, Ph.D., LCP – Supervisor

Conducted graduate research examining the relationship between gender equality, careers, entrepreneurship, and creative lives in Iceland. Traveled to Iceland (5/15/18-5/21/18) with Dr. Barbara Kerr to conduct a comprehensive literature review focused on published literature, observations, interviews, and artifacts attempting to answer the question, “How does gender equality relate to creative lives, careers, and entrepreneurship in Iceland?”

Primary Investigator – Graduate Research Study

Summer 2018-Summer 2019

Does Gender Bias Produce Gender Gaps in Mass Media Engagement in Iceland?

University of Kansas

Reykjavik, Iceland

Barbara Kerr, Ph.D., LCP – Supervisor

Conducted graduate research examining the relationship between gender bias and mass media engagement in Iceland. Traveled to Iceland (5/15/18-5/21/18) with Dr. Barbara Kerr to conduct informational interviews and offer the opportunity to participate in the online study.

Primary Investigator – Graduate Research Study **Spring 2018-Fall 2019**
Creative Work Environments in STEM: LGBTQA Representation and Commitment to Diversity
University of Kansas **Lawrence, Kansas**

Barbara Kerr, Ph.D., LCP – Supervisor

Jess Elizabeth, B.A. – Undergraduate Research Assistant

Conducted graduate research based on Florida's Creative Capital Theory (2002), which examines the degree to which sexual orientation diversity, gender diversity, and commitment to diversity were predictive of workplaces that fostered creativity in science, technology, engineering, and mathematics (STEM).

Co-primary Investigator – Graduate Research Study **Spring 2017-Spring 2019**
LGBTQ Treatment Preferences, Help Seeking Stigma, and Attitudes Toward Mental Health
University of Kansas **Lawrence, Kansas**

Brian Cole, Ph.D., LCP – Supervisor

Conducted graduate research with co-investigator Amanda Lappin on the relationship between LGBTQ persons treatment preferences (i.e., CBT, IPT, ACT), depression, anxiety, mental health, help seeking stigma, attitudes toward mental health, religion, previous mental health treatment, sexual identity, transgender identity, personality, and creativity.

Lead Research Team Member **Spring 2017-Spring 2019**
Dialectical Behavior Therapy Intensive Outpatient Program
Bert Nash Community Mental Health Center **Lawrence, Kansas**

Juliet Nelson, Ph.D., LCP – Primary Investigator/Supervisor

Participant in the research-through-service model designed to evaluate the effectiveness of services and client outcomes. Conducted graduate research examining the relationship between consumer substance use and treatment compliance. Collaborated on projects examining creativity, emotion regulation strategies, mindfulness, personality, symptom presentation, therapy attendance, and program graduation in the dialectical behavior therapy intensive outpatient program.

Primary Investigator - Graduate Research Study **Fall 2016- Fall 2020**
Extra-Curricular Activities and Creatively Gifted Students.
University of Kansas **Lawrence, Kansas**

Barbara Kerr, Ph.D., LCP – Supervisor

Conducted graduate research examining the relationship between gifted children's extra-curricular activities, grades, Vocational Preference Inventory, and acceptance into a gifted program. Trained and supervised two graduate research assistants to assist with data collection and coding.

Primary Investigator - Graduate Research Study **Fall 2016-August 2020**
An Exploration of Religion and Spirituality in Sexual Minority Self-Esteem and Life Satisfaction
University of Kansas **Lawrence, Kansas**

Changming Duan, Ph.D., LCP – Supervisor

Conducting graduate research on the separation and interconnectedness of religion and spirituality and their influence on individual sexual minority self-esteem and life satisfaction.

Lead Research Team Member **Fall 2016-Summer 2021**
Counseling Laboratory for the Exploration of Optimal States

University of Kansas**Lawrence, Kansas**<http://cleos.ku.edu/about>

Barbara Kerr, Ph.D., LCP – Primary Investigator/Supervisor

Active participant in the research-through-service model aimed at the promotion of creativity and guidance to adolescents and young adults in both professional and personable venues. Assist with the I.R.B. yearly application/renewal, Qualtrics survey development and administration, and implementation of neuroimaging technology, “brain flower,” during flow experiences for research participants.

Primary Investigator - Master of Arts Thesis**Fall 2013-Spring 2016****Comparing Effects of Cognitive Behavioral and Mindfulness, Acceptance, and Commitment Interventions on Performance Anxiety in a Music Context****Washburn University****Topeka, Kansas**

Dave Provorse, Ph.D., LCP – Thesis Chair

Designed and conducted research comparing the effects of cognitive behavioral interventions and the mindfulness-acceptance-commitment approach to performance enhancement against a control group on performance-test anxiety. The study included 104 participants who participated in pre- and post-testing. Participants completed three 20-minute interventions based on anxiety reduction and performance enhancement.

Honors Research Advisor**Fall 2015-Spring 2016****CBT or ACT: Attractiveness of Therapeutic Interventions****Washburn University****Topeka, Kansas**

Dave Provorse, Ph.D., LCP – Supervisor

Z. Hinnergardt – Supervisee

Supervised an undergraduate student (Z. Hinnergardt) in the design of their honors research. Supervised the application process to the I.R.B and reviewed the literature, method, results, and discussion before department presentation. Portrayed two therapeutic approaches (cognitive behavioral therapy and acceptance and commitment therapy) in therapeutic scenarios for video presentation to participants. Supervised statistical analysis in SPSS and assisted the student in application for presentation at the Day of Transformation provided by the Washburn Transformational Experience.

Undergraduate Research Assistant**Fall 2011-Summer 2012****Predictors of Family Satisfaction Between Child and Parents Following a Child’s Disclosure of Non-Heterosexual Status****Washburn University****Topeka, Kansas**

Jenna Glover, Ph.D. – Primary Investigator/Supervisor

Assisted primary investigator with data collection examining non-heterosexual relationships in different sexual communities. Provided support with the design of coding systems, data collection, administration of the self-report survey during the interview process, and data entry into SPSS.

Primary Investigator - Undergraduate Research**Spring 2011-Spring 2012****Flute Performance Anxiety, its Detrimental Effects, and Potential Solutions****Washburn University****Topeka, Kansas**

Rebecca Meador, D.M.A. – Supervisor

Conducted a literature review examining the resources available to flute performers suffering from the detrimental effects of performance anxiety. Consulted with professional performance anxiety coach, Helen Spielman, and investigated the interdisciplinary fields of performance enhancement and music performance in relation to successful interventions, outreach, and professional development within and across professions.

Undergraduate Research Assistant

Fall 2011

Increased Arousal Through Exercise and its Relationship on Attraction**Washburn University****Topeka, Kansas**

Greg Preuss, Ph.D. – Primary Investigator/Supervisor

Assisted primary investigator with data collection examining the effects of increased arousal, through exercise, and its effects on levels of attraction. Provided support with administration of the self-report survey during the interview process, cleaned data, and input data into SPSS.

TEACHING EXPERIENCE**Adjunct Assistant Professor of Psychology****Personality Psychology (PSY 245)****August 2018-December 2018****Cottey College****Nevada, Missouri**<https://cottey.edu/academics/explore-programs/psychology/>

Jann Rudd Weitzel, Ph.D., President of Academic Affairs – Supervisor

Julie Tietz, Ph. D., Professor of Psychology –Supervisor

Adjunct Assistant Professor for the undergraduate online personality psychology course. The course focused on established theories, concepts, research methods, and findings. Topics included traits, self and identity, genetics, neuroscience, intrapsychic foundations, regulation and motivation, cognition, gender, sexual orientation, and resilience. Responsible for the development, implementation, instruction, evaluation, and submission of grades for all 18 enrolled students.

Guest Lecturer**Understanding Individual and Cultural Differences in Prof. Psychology (EPSY 875) February 2018****University of Kansas****Lawrence, Kansas**

Barbara Kerr, Ph.D., LCP – Course Professor

Invited guest speaker on the topics of LGBTQ issues in professional psychology. Provided a lecture and facilitated a discussion to master and doctoral level students regarding self-stigma of seeking help, attitude toward seeking help, and the stressors imposed on sexual and gender minorities.

Graduate Teaching Assistant**Psychotherapy Techniques (PY591)****January 2016-May 2016****Washburn University****Topeka, Kansas**

Cynthia Turk, Ph.D., LCP – Supervisor

Teaching assistant for graduate level psychotherapy techniques course. Developed and conducted training exercises that demonstrate cognitive behavioral therapy, exposure therapy, and mindfulness- and acceptance-based interventions. Responsible for the evaluation and feedback of graduate students' skills in the above therapeutic approaches along with feedback over treatment plans, reports, progress notes, and discharge summaries.

Graduate Teaching Assistant**Group Therapy: Theory and Application (PY646)****August 2015-December 2015****Washburn University****Topeka, Kansas**

Dave Provorse, Ph.D., LCP – Supervisor

Teaching assistant for graduate level psychotherapy group course. Developed and conducted training exercises that demonstrate Irwin Yalom's process-oriented approach to group psychotherapy. Functioned as the primary group facilitator on multiple occasions in order to model the facilitator role for other graduate students. Responsible for the evaluation and feedback of graduate students' skills when performing in the facilitator role along with the revision of group progress notes submitted by practicum students.

HONORS AND AWARDS

- Post-Doc of the Year Award** August 30th, 2022
University of Florida Department of Psychiatry Division of Psychology Gainesville, Florida
Recognized for outstanding performance across all clinical rotations.
- Supervision and Teaching Award** August 30th, 2022
University of Florida Department of Psychiatry Division of Psychology Gainesville, Florida
Recognized by faculty for exemplary supervision and teaching in assessment and therapy with PhD graduate students on practicum rotations.
- Peer Supervision Post-Doc Award** August 30th, 2022
University of Florida Department of Psychiatry Division of Psychology Gainesville, Florida
Recognized by practicum students and peers for exemplary supervision in assessment and therapy.
- Vance and Marilyn Hall Graduate Student Research Award** February 18th, 2020
Juniper Gardens Children's Project Kansas City, Kansas
Recognized for outstanding research, performance, and leadership at Juniper Gardens Children's Project.
- Outstanding Award in Poster Presentation** February 22nd, 2019
Midwest Symposium for Leadership in Behavior Disorders Kansas City, Missouri
Awarded the "Outstanding Award in Poster Presentation" for *The Efficacy of Video Modeling and Visual Supports in Employment Settings for Individuals with Autism Spectrum Disorder (ASD)*. The criteria for this award included the highest quality clarity, evidence-based, rigor, and design.
- Above and Beyond Recognition** September 2018
Juniper Gardens Children's Project / University of Kansas Kansas City, Kansas
Nominated and acknowledged by staff at Juniper Gardens Children's Project for outstanding work ethic and positive attitude in the work environment. The award noted, "Jonathan has a positive ripple effect. His work habits and attitude create growing circles of impact."
- Research Finalist Award** November 16th, 2017
International Society for the Improvement and Teaching of DBT San Diego, California
Awarded second place for outstanding research in dialectical behavior therapy for the poster *Substance Use on Consumer Emotion Regulation, Attendance, and Graduation from A DBT Intensive Outpatient Community Mental Health Center* and was presented with an award from Marsha Linehan at the ISIT DBT 21st Annual Conference in San Diego, California.
- Outstanding Internship Graduate Student** May 2016
Washburn University-Wyandot Center for Community Behavioral Healthcare Topeka, Kansas
Recognized for outstanding clinical skills in the ability to formulate, conceptualize, plan, and implement treatments while on internship at Wyandot Center for Community Behavioral Healthcare.
- Outstanding Pre-Internship Graduate Student** May 2015
Washburn University Topeka, Kansas
Recognized for outstanding clinical skills in the ability to formulate, conceptualize, plan, and implement treatments.
- Winner in the National Collegiate Flute Choir Competition** August 2011
National Flute Association Charlotte, North Carolina

Submitted professional recording and was selected as a finalist to perform with the National Flute Association Collegiate Flute Choir.

**Deans Honor Roll
Kansas State University**

Acknowledged for outstanding academic performance.

**August 2008-May 2010
Manhattan, Kansas**

GRANTS AND SCHOLARSHIPS

American Psychological Foundation's Wayne F. Placek Grant 2022
University of Southern Mississippi Hattiesburg, Mississippi
Warlick, C. (PI), Lawrence, R. (PI), Huffman, J. (Consultant), & Poquiz, J. (Consultant)
Proposal Submitted/Not funded

American Psychological Foundation's Wayne F. Placek Grant 2021
University of Southern Mississippi Hattiesburg, Mississippi
Warlick, C. (PI), Lawrence, R. (PI), Huffman, J. (Consultant), & Poquiz, J. (Consultant)
Proposal Submitted/Not funded

Helen Walton Ellsworth Scholarship-Internship Fall 2020-Spring 2021
University of Kansas Lawrence, Kansas
Awarded \$2,357 funding based on academic performance and to assist with the completion of internship.

Travel Fund Recipient February 2020
Juniper Gardens Children's Project / University of Kansas Kansas City, Kansas
Awarded \$1,715 travel funding to represent the I-Connect Plus (ASD On The Go), Juniper Gardens Children's Project, and the University of Kansas at the Council for Exceptional Children Special Education Convention and Expo, Portland, Oregon.

Mary Oyster O'Guin Memorial Scholarship Recipient Fall 2019-Spring 2020
University of Kansas Lawrence, Kansas
Awarded \$3,531 funding based on academic performance and research development.

Dr. Floyd G. Hudson Scholarship Recipient Fall 2019-Spring 2020
University of Kansas Lawrence, Kansas
Awarded \$610 funding based on academic performance and research development.

School of Education Recognition Scholarship Recipient Fall 2019-Spring 2020
University of Kansas Lawrence, Kansas
Awarded \$500 funding based on academic performance and research development.

Educational Psychology Travel Fund Recipient November 2018
University of Kansas Lawrence, Kansas
Awarded \$200 travel funding to represent the University of Kansas and present at the National Association for Gifted Children 65th Annual Convention in Minneapolis, Minnesota.

School of Education Travel Fund Recipient November 2018
University of Kansas Lawrence, Kansas
Awarded \$400 travel funding to represent the University of Kansas and present at the National Association for Gifted Children 65th Annual Convention in Minneapolis, Minnesota.

- Travel Fund Recipient** **October 2018**
Juniper Gardens Children’s Project / University of Kansas **Kansas City, Kansas**
Awarded \$700 travel funding to represent the I-Connect Plus (ASD On The Go), Juniper Gardens Children’s Project, and the University of Kansas at Thompson Center Autism 13th Annual Conference in Chesterfield, Missouri.
- Axline Terry Scholarship Recipient** **August 2018-May 2019**
University of Kansas **Lawrence, Kansas**
Awarded \$2,089 funding based on academic performance and research development.
- School of Education Recognition Scholarship Recipient** **August 2018-May 2019**
University of Kansas **Lawrence, Kansas**
Awarded \$1,911 funding based on academic performance and research development.
- Carol Stutz Scholarship Recipient** **August 2018-May 2019**
University of Kansas **Lawrence, Kansas**
Awarded \$1,000 funding based on academic performance and research development.
- Travel Fund Recipient** **February 2018**
Juniper Gardens Children’s Project / University of Kansas **Kansas City, Kansas**
Awarded \$740 travel funding to represent the I-Connect Plus (ASD On The Go), Juniper Gardens Children’s Project, and the University of Kansas at the Kansas Counseling Association “Hope for the Future” Spring Conference in Wichita, Kansas.
- Educational Psychology Travel Fund Recipient** **November 2017**
University of Kansas **Lawrence, Kansas**
Awarded \$200 travel funding to represent the University of Kansas and present at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy 21st Annual Conference in San Diego, California.
- School of Education Travel Fund Recipient** **November 2017**
University of Kansas **Lawrence, Kansas**
Awarded \$400 travel funding to represent the University of Kansas and present at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy 21st Annual Conference in San Diego, California.
- Mary Oyster O'Guin Memorial Scholarship Recipient** **August 2017-May 2018**
University of Kansas **Lawrence, Kansas**
Awarded \$2,000 funding based on academic performance and research development.
- Educational Psychology Travel Fund Recipient** **November 2016**
University of Kansas **Lawrence, Kansas**
Awarded \$200 travel funding to represent the University of Kansas and present at the National Association for Gifted Children 63rd Annual Convention in Orlando, Florida.
- School of Education Travel Fund Recipient** **November 2016**
University of Kansas **Lawrence, Kansas**

Awarded \$250 travel funding to represent the University of Kansas and present at the National Association for Gifted Children 63rd Annual Convention in Orlando, Florida.

Music Showcase Scholarship Recipient August 2011-May 2012
Washburn University Topeka, Kansas
Awarded \$1,800 funding based on academic performance and music scholarship.

Crossen Scholarship Recipient August 2011-May 2012
Washburn University Topeka, Kansas
Awarded \$900 funding based on academic performance and music scholarship.

Overlander Scholarship Recipient August 2011-December 2011
Washburn University Topeka, Kansas
Awarded \$250 funding based on academic performance and music scholarship.

Washburn Transformational Experience – Scholarly Creative August 2011-December 2011
Washburn University Topeka, Kansas
Awarded \$800 to perform in the National Flute Association Collegiate Flute Choir and consult with performance anxiety coach Helen Spielman on anxiety reduction techniques for publication in *Flute Focus*.

Houx Music Scholarship Recipient August 2010-May 2011
Washburn University Topeka, Kansas
Awarded \$460 funding based on academic performance and music scholarship.

C. Grimsley Scholarship Recipient August 2010-May 2011
Washburn University Topeka, Kansas
Awarded \$383 funding based on academic performance and music scholarship.

Melody Brown Music Scholarship Recipient August 2010-May 2011
Washburn University Topeka, Kansas
Awarded \$300 funding based on academic performance and music scholarship.

Hume Music Scholarship Recipient August 2010-May 2011
Washburn University Topeka, Kansas
Awarded \$355 funding based on academic performance and music scholarship.

Crossen Scholarship Recipient August 2010-May 2011
Washburn University Topeka, Kansas
Awarded \$300 funding based on academic performance and music scholarship.

Marching Band Scholarship Recipient August 2010-December 2010
Washburn University Topeka, Kansas
Awarded \$400 funding based on service to the university music program.

MENTAL HEALTH RELATED EXPERIENCE

Counseling Web Based Application Consultant October 2016-June 2019
Specialized Systems for Student Health and Counseling Burlington, Massachusetts
Point and Click Solutions Inc.
<https://www.pointnclick.com/>

David Tan – President/CEO

Conducted user testing and provided feedback on the Point and Click program for practice management, electronic health records, patient web portal, and advanced reporting specifically tailored to college health centers.

Facilitator

Autism Spectrum Support Club

August 2016-August 2017

Johnson County Community College-Juniper Gardens Children's Project

Overland Park, Kansas

Rose Mason, Ph.D., BCBA, Debra Kamps, Ph.D., & Sean Swindler – Supervisors

Assisted with the organization and facilitation of social skills instruction through social events while modeling appropriate behavior and supporting social engagement.

Flute-Music Educator

September 2008-August 2016

Private Studio

Manhattan, Topeka, and Lawrence, Kansas

Rebecca Meador, D.M.A – Supervisor

Utilized flute pedagogy to teach a variety of students, including those with mental health disorders (emphasis in attention deficit hyperactivity disorder) in the fundamental principles of music.

Primary Care Medicine Student Assistant

Primary Care Medicine

June 2011-August 2016

Colmery-O'Neil Veterans Administration Medical Center

Topeka, Kansas

<https://www.leavenworth.va.gov/>

Julie Zhan – Supervisor

Provided support for veterans, with a wide variety of diagnosis, seeking primary care or mental health services, along with business support to the administrative staff. Assisted veterans in becoming vested within the veteran administration system and scheduled their initial appointment, follow-up appointment, and specialty care consults when necessary. Additional duties included the education and awareness of federal and community resources to veterans along with assisted utilization of these resources in a timely manner.

Washburn University Psychological Services Clinic Representative

LGBTQ Pride Events

August 2014-December 2014

Washburn University

Topeka, Kansas

Dave Provorse, Ph.D., LCP – Supervisor

Increased awareness of the services offered by the Washburn University Psychological Services Clinic. Administered and scored a self-report depression assessment, discussed the potential benefits of individual therapy, and scheduled initial appointments. Demonstrated support for the LGBTQ community through active participation in educational and celebratory events.

ADDITIONAL TRAINING AND SKILLS

University of Florida College of Medicine Department of Psychiatry

September 2021 – August 2022

Autism Diagnostic Observation-2 (ADOS-2) – In Person 4 Day Training

Autism Diagnostic Interview-Revised (ADIR-R) - In Person Training

Parent Child Interaction Therapy (PCIT) – In Person 5 Day Training

Completed Level 2 Training in Gottman Method Couples Therapy

October 13th & 14th 2018

In Person Training

November 3rd & 4th 2018

Completed Level 1 Training in Gottman Method Couples Therapy

April 14th & 15th 2018

In Person Training