

IMPACT REPORT 2025–26

Building Confidence, Resilience and Leadership

Measuring Our Impact 2025–26

EXECUTIVE SUMMARY

Positive feedback is supported by measurable change.

Across three school-based programmes, the evaluation points to stronger confidence, clearer understanding of resilience and practical growth in leadership capability. The evidence shows more than satisfaction: students report meaningful shifts in how they see themselves, lead others and respond when things go wrong.

CENTRAL MESSAGE

These programmes are not simply receiving positive feedback; there is measurable evidence of shifts in confidence, understanding, resilience and leadership capability.

410

survey responses analysed
Across the 2025–26 evaluation

+7.3 pp

leadership average
84.5% before → 91.8% after

+11.5 pp

resilience average
59.1% before → 70.6% after

3

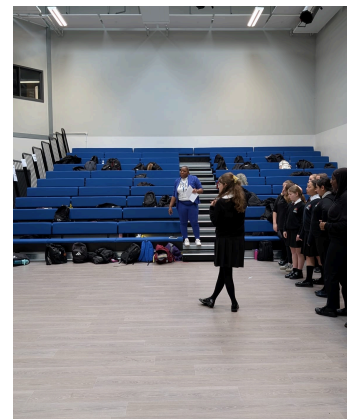
school-based programmes
Leadership, Resilience and HER!

PROGRAMME 01

Leadership Workshop

Positive responses across eight leadership measures

MEASURE	BEFORE	AFTER	CHANGE
Eight-measure average	84.5%	→ 91.8%	+7.3 pp
Confident leading others	77.9%	→ 89.8%	+11.9 pp
Comfortable speaking to groups	70.5%	→ 80.7%	+10.2 pp
Understands what makes an effective leader			96.6%



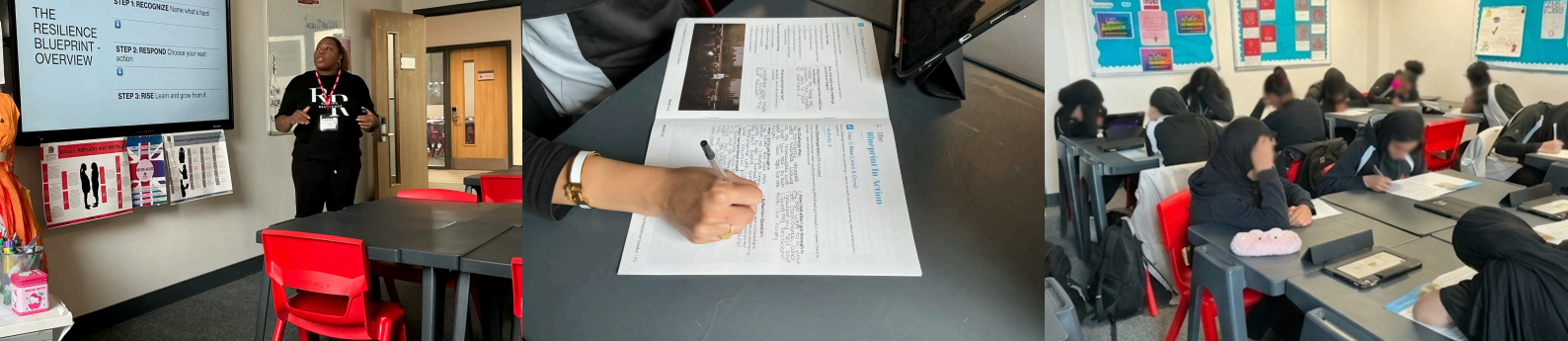
PROGRAMMES IN ACTION



CONFIDENCE SELF-RATING

3.24 → 4.20 /5
Almost 30% higher

The same 88 students rated



IMPACT ACROSS PROGRAMMES

From setback skills to stronger self-worth



PROGRAMME 02

Resilience Workshop

Across the five directly comparable confidence and resilience measures, overall positive responses increased from approximately **59.1%** before the workshop to **70.6%** afterwards.

MEASURE	BEFORE		AFTER	CHANGE
Five-measure average	59.1%	→	70.6%	+11.5 pp
Responds positively when something goes wrong	43.8%	→	65.5%	≈+21.8 pp
Understands what resilience means	64.3%	→	79.3%	+15.0 pp
Able to bounce back after setbacks	50.0%	→	67.8%	+17.8 pp

The strongest practical shift

Knowing how to respond positively when something goes wrong rose from 43.8% to 65.5% — an increase of about 21.8 percentage points.

PROGRAMME 03

The Pursuit of HER!

The pre-programme questionnaire identified clear development needs. Post-programme feedback was mainly qualitative, so it adds a different but equally useful kind of evidence.

53.8%

could try new things even if they might fail

53.8%

kept trying when things were hard

14/14

post-programme respondents liked the resources

7.6/10

average recommendation rating

STUDENT VOICE

"I am enough."

"I have more confidence."

"I am more resilient than I thought."

Responses highlighted growth in **confidence**, **self-worth**, **resilience**, **identity** and awareness of **positive relationships** and **support networks**.

KEY THEMES

Confidence to lead

Resilience literacy

Responding to setbacks

Self-worth and identity

Speaking with confidence

Positive relationships

IMPACT AT A GLANCE — COPY-READY

Across Resilient Generation's 2025–26 programmes, 410 survey responses show measurable gains in leadership and resilience. Positive leadership responses increased from 84.5% to 91.8%, while comparable resilience measures rose from approximately 59.1% to 70.6%. Leadership confidence increased by almost 30%, and Pursuit of HER! participants described stronger confidence, self-worth, resilience and relationship awareness.

WHAT THIS TELLS US

Students reported stronger leadership confidence, a clearer understanding of resilience and practical ways to respond to setbacks. HER! feedback adds evidence of growth in self-worth, identity and relationship awareness.

EVALUATION NOTE

Pre/post response counts differed and surveys were anonymous, so changes are reported at cohort level. Future evaluation will use matched anonymous participant codes and consistent pre/post measures. The Leadership confidence rating used the same 88 respondents.