



NCCP: Athletics Sport Coach Workshop

Course Description: Sport Coach is the ideal course for those wanting to know more about the sport of Track and Field. Those new to the sport or those who already have some experience in the sport will benefit from taking part in this course. Sport Coach covers the basics of coaching Sprints, Hurdles, Distance, Jumps, and Throws. Upon completion of this course, participants will achieve their NCCP Sport Coach “Trained” designation. Furthermore, completing an evaluation component will then allow them to become “Certified”.

Date/Time: Friday Nov 1st 6:00-9:00pm, Saturday Nov 2nd, 2019: 9:00am – 4:30pm

Sunday, Nov 3rd, 2019: – 9:00am – 4:00pm

Location: Diamond Jenness Secondary School (DJSS), Hay River

Fees & Registration:

Please click link to register: <https://www.trackie.com/members/UN-NT.php>

2019-20 Athletics NWT Members Free

Course Conductor: Tessa Gray-Burnett BKin, CSCS, NCCP, Strength and Conditioning Coach/
Personal Trainer/ Track and Field Coach/Athletics Alberta Facilitator

**Funding is available for registered Athletics NWT coaches residing outside of Hay River
please contact: hcassie@athleticsnwt.com**