



Thinking about making the leap from high school to university can be tough. It's hard to know where to go, what to study, or what opportunities exist. [Streamline Athletes](#) is an organization dedicated to making this transition easier by supporting student-athletes in their [university track and field recruitment](#) journeys.

The Streamline Athletes online platform gives Canadian athletes the tools they need to make confident decisions about their academic and athletic futures. Here's how it works:

- [Create a profile](#)
- Research universities and their track and field programs
- Contact coaches all over Canada
- Reach programs in the US with [Streamline Athletes PLUS](#)

[Click here to watch a one-minute video that shows you how →](#)

Athletes and parents can explore and compare university track and field programs based on academics, athletics, geography, financial info, and more. Dive deeper with Streamline Athletes university track and field program pages to discover what each school has to offer.

[Browse all teams on Streamline Athletes here →](#)

[Send Streamline Athletes an email](#) if you have any questions.