



Participant Information

Full Name: _____ Date: _____
Last First M.I.

Address: _____
Street Address Apartment/Unit #

City Province Postal Code

Phone: _____ Email _____

Gender: _____ Male: _____ Female: _____ DOB _____

Track & Field Events: _____

Year of Birth Chart

SPORT	AGE CATEGORY	YEARS OF BIRTH
Athletics	14U, 16U, 19U	2006 & later, 2004 & later, 2001 & later

Category	14U		16U		19U	
	M	F	M	F	M	F
80M			X	X	X	X
100M	X	X				
150M			X	X	X	X
200M	X	X				
300M	X	X			X	X
400M	X	X	X	X		
800M						
1200M					X	X
1500M	X	X	X	X		
2000M	X	X			X	X
3000M	X	X	X	X		
X Country	2K	2K	3K	3K	8K	6K
High Jump						
Long Jump						
Triple Jump	X	X				
Shot Put						
Discus						
Javelin						
4x100m						
4x400m						

*X's indicate events that are not open for registration