

TYKE GIRLS
(9 & under as of December 31 in year of competition)

Event	Record	Name	Club	Place	Date
50 meters	8.35	Karen Holmes	Harry Camsell	Hay River	June 98
100 meters	16.28	Emma Claire Hull	Harry Camsell	Hay River	June 14
200 meters	34.52	Michelle Daigneault	Harry Camsell	Hay River	June 00
400 meters	1:18.94	Michelle Daigneault	Harry Camsell	Hay River	June 00
800 meters	2:56.46	Michelle Daigneault	Harry Camsell	Hay River	June 00
Softball Throw	27.14m	Jessica Coleman	J.B. Tyrrell	Hay River	June 96
Shot Put (2 kg)	5.79m	Tianna Simon	Deninoo	Hay River	June 05
Shot Put (6 lbs.)	6.30m	Lonnie Erasmus	Elizabeth Mackenzie	Yellowknife	May 92
Discus (1 kg.)	6.48m	Charlene Deedza	Chief Sunrise	Fort Smith	May 85
Long Jump	3.09m	Mairin Campbell	Weledah	Hay River	June 18
High Jump	1.04m	Shannon Freund	J.B. Tyrrell	Hay River	June 03
St. Long Jump	1.77m 1.77m	Emily Webster Jersey Ashton	Princess Alexandra Weledah	Hay River Hay River	June 95 June 19
4 x 100 Relay	1:13.17	Holmes, Veillard, Blennerhassett, McInnes	Harry Camsell	Hay River	June 97

PEE WEE GIRLS
(11 & under as of December 31 in year of competition)

Event	Record	Name	Club	Place	Date
100 meters	14.46	Amanda Fabien	St. Joseph's	Yellowknife	May 92
200 meters	32.29	Angeline Magtibay	Princess Alexandra	Hay River	June 06
400 meters	1:12.95	Haley Cassie	Mackenzie Mountain School	Hay River	June 16
800 meters	2:47.22	Haley Cassie	Mackenzie Mountain School	Hay River	June 16
1000 meters	3:33.80	Haley Cassie	Mackenzie Mountain School	Hay River	June 16
Softball Throw	40.60m	Jessica Coleman	J.B. Tyrrell	Hay River	June 98
Shot Put (2 kg)	7.97m	Richelle Daniels	Princess Alexandra	Hay River	June 04
Shot Put (6 lbs.)	7.91m	Allison Minoza	Chief Sunrise	Hay River	June 01
Discus (750g)	15.68m	Ashley Sisson-Carlson	Mildred Hall	Hay River	June 16
Discus (600g)	18.80m	Esmerald Antoine	Louie Norwegian	Hay River	June 13
Discus (1 kg.)	14.86m	Kirsten Fabien	Deninoo	Hay River	June 99
St. Long Jump	1.89m	Moira Green	Camsell St. Paul's	Fort Smith	May 87
High Jump	1.22m	Emily Webster	Harry Camsell	Hay River	June 97
Long Jump	3.46m	Gillian Furniss	J H Sissons	Hay River	June 16
Triple Jump	7.94m	Angela Desilets	Harry Camsell	Hay River	June 92
4 x 100 Relay	1:07.51	Barnes, Redvers, McGowan, Hiebert	Harry Camsell	Hay River	June 96

BANTAM GIRLS
(13 & under as of December 31 in year of competition)

Event	Record	Name	Club	Place	Date
80 meters	11.74	Madison McPhee	Princess Alexandra	Edmonton	July 14
100 meters	13.90	Madison McPhee	Princess Alexandra	Hay River	June 14
150 meters	20.93	Dora Hanson	FS-Team NWT	Regina, SK	July 14
200 meters	28.74	Jenna Demarcke	Princess Alexandra	Edmonton	May 2017
400 meters	1:06.48	Jenna Demarcke	Princess Alexandra	Hay River	June 2017
800 meters	2:39.84	Haley Cassie	Mackenzie Mountain School	Hay River	June 18
1500 meters	5:20.00	Haley Cassie	Mackenzie Mountain School	Hay River	June 18
Softball Throw	45.30m	Teylia Grandejambe	St. Joseph's	Hay River	June 07
Shot Put (3kg)	8.16m	Hailey Bassett	Princess Alexandra	Hay River	June 17
Shot Put (6 lbs.)	10.20m	Brandie Miersch	Deninoo	Hay River	June 96
Discus (750g)	22.97m	Ashley Sisson-Carlson	Mildred Hall	Hay River	June 17
Discus (600g)	26.47m	Hailey Lyon	Princess Alexandra	Hay River	June 06
Discus (1 kg.)	21.14m	Marie MacIntyre	William MacDonald	Hay River	June 95
Javelin (600 g.)	22.70m	Crystal Webb	Diamond Jenness	Hay River	June 95
Long Jump	4.14m	Jenna Demarcke	Princess Alexandra	Edmonton	May 2017
Triple Jump	9.10m	Jenna Demarcke	Princess Alexandra	Hay River	June 2017
High Jump	1.43	Gina Michel	St. Joseph's	Yellowknife	May 00
4 x 100 Relay	1:00.53	Barnes, Redvers, Hiebert, Robertson	Diamond Jenness	Hay River	June 98
4 x 400 Relay	4:59.03	Proulx, Milligan, Barnes, Stinson	William MacDonald/DJSS	Hay River	June 96

MIDGET WOMEN
(15 & under as of December 31 in year of competition)

Event	Record	Name	Club	Place	Date
100 meters	12.62	Myah Slade	William MacDonald	Hay River	June 92
200 meters	26.63	Myah Slade	YK-NWT Team	Calgary	July 91
300 meters	46.93	Fiona Huang	Diamond Jenness	Kelowna, BC	June 2015
400 meters	59.85	Myah Slade	YK-NWT Team	Calgary	July 91
800 meters	2:32.16	Fiona Huang	Diamond Jenness	Sherwood Park, AB	July 2015
1200 meters	4:10.91	Fiona Huang	Diamond Jenness	Kelowna, BC	June 2015
1500 meters	5:20.00	Haley Cassie	Mackenzie Mountain School	Hay River	June 18
2000 meters	7:20.92	Angeline Magtibay	Hay River	St. Albert	June 10
3000 meters	11:06	Joy Goodzeck	HR-NWT Team	Edmonton	July 87
Softball Throw	45.30m	Teylia Grandejambe	St. Joseph's	Hay River	June 07
Shot {Put (3kg)}	10.89m	Kayleigh Hunter	Deninoo	Hay River	June 16
Shot Put (4 kg.)	8.52m	Brandie Miersch	Deninoo	Hay River	June 98
Discus (750g)	26.18m	Jennifer Waugh	Sir John Franklin	Hay River	June 04
Discus (1 kg.)	27.64m	Janice Dewbury	HR-NWT Team	Calgary	July 91
Javelin (500g)	28.94m	Chandelle Leonard	Diamond Jenness	Hay River	June 18
Javelin (600 g.)	31.18m	Crystal Webb	Diamond Jenness	Hay River	June 97
High Jump	1.50m	Nicole Redvers	HR-NWT Team	Kelowna	June 97
Long Jump	4.75m	Myah Slade	YK-NWT Team	Calgary	July 92
Triple Jump	10.18m	Skylar Horton	HR-NWT Team	St. Albert	July 10
4 x 100 Relay	54.49	Ward, Goodzeck, Green, Slade	NWT Team	Calgary	July 91
4 x 400 Relay	4:21.35	Ward, Goodzeck, Green, Slade	NWT Team	Calgary	July 91

JUVENILE WOMEN
(17 & under as of December 31 in year of competition)

Event	Record	Name	Club	Place	Date
100 meters	12.60	Myah Slade	William MacDonald	Hay River	May 91
200 meters	26.41	Myah Slade	YK-NWT Team	Kamloops, BC	August 93
400 meters	59.85	Myah Slade	YK-NWT Team	Calgary	July 91
800 meters	2:25.68	Joy Goodzeck	HR-NWT Team	Saskatoon, SK	August 89
1500 meters	4:55.19	Joy Goodzeck	HR-NWT Team	Victoria, BC	August 89
3000 meters	10:35.80	Joy Goodzeck	HR-NWT Team	Victoria, BC	August 89
5000 meters	19:09.92	Desiree Brown	YK-NWT Team	Sherbrooke, QC	August 2013
5000 m Race Walk	42:01.21	Alea Stockton	NWT Team	Kamloops	August 11
80m Hurdles	16.60	Brenda Smith	Hay River	Hay River	May 70
2000m SC	8:09.09	Fiona Huang	Diamond Jenness	Ste Therese, QC	August 2016
3000m SC	13:32.56	Fiona Huang	Diamond Jenness	Oregon, USA	April 2017
Shot Put (3kg)	11.28m	Tehnille Gard	Deninu	Hay River	June 09
Shot Put (4 kg.)	10.68m	Michelle Kelly	Diamond Jenness	Yellowknife	May 92
Discus (1 kg.)	32.22m	Ryma Aneliunas	HR-NWT Team	Calgary	July 91
Hammer Throw (3kg)	20.23m	Katie Hart	St. Pat's	Calgary	May 2019
Javelin (600 g.)	32.90m	Katie Hart	Team NT	Swift Current, SK	August 2019
High Jump	1.53m	Monique Delorey	HR-NWT Team	Calgary	July 90
Long Jump	5.10m	Skylar Horton	NWT Team	Charlottetown	August 12
Triple Jump	10.29m	Skylar Horton	NWT Team	Kamloops	August 11
4 x 100 Relay	54.49	Ward, Green, Goodzeck, Slade	NWT Team	Calgary	July 91
4 x 400 Relay	4:21.35	Ward, Green, Goodzeck, Slade	NWT Team	Calgary	July 91

JUNIOR WOMEN
(19 & under as of December 31 in year of competition)

Event	Record	Name	Club	Place	Date
100 meters	12.60	Myah Slade	William MacDonald	Hay River	May 90
200 meters	26.41	Myah Slade	YK-NWT Team	Kamloops, BC	August 93
400 meters	58.86	Skylar Horton	HR-NWT Team	Sherbrooke, QC	August 2013
800 meters	2.25.68	Joy Goodzeck	HR-NWT Team	Saskatoon, SK	August 89
1500 meters	4:55.19	Joy Goodzeck	HR-NWT Team	Victoria, BC	August 89
3000 meters	10:35.80	Joy Goodzeck	HR-NWT Team	Victoria, BC	August 89
5000 meters	19:09.92	Desiree Brown	YK-NWT Team	Sherbrooke, QC	August 2013
80m Hurdles	16.60	Joy Goodzeck	HR-NWT Team	Victoria, BC	August 89
2000m SC	7:49.84	Alea Stockton	St. Pats	Kelowna, BC	June 13
Shot Put (3 kg)	9.34m	Jennifer Waugh	Sir John Franklin	Hay River	June 04
Shot Put (4 kg.)	10.68m	Michelle Kelly	Diamond Jenness	Yellowknife	May 92
Discus (1 kg.)	32.22m	Ryma Aneliunas	HR-NWT Team	Calgary	July 91
Hammer Throw 4kg	40.79m	Hailey Lyon	NWT Team	Winnipeg	July 12
Javelin (600 g.)	32.90m	Katie Hart	Team NT	Swift Current, SK	August 2019
High Jump	1.53m	Monique Delorey	HR-NWT Team	Calgary	July 90
Long Jump	5.10m	Skylar Horton	NWT Team	Charlottetown	August 12
Triple Jump	10.68m	Skylar Horton	HR-NWT Team	Sherwood Park, AB	August 2013
Pentathlon	2087	Linda Christoph	NWT Team	Burnaby	August 73
4 x 100 Relay	53.00	Ward, Green, Swartzentruber, Lafoy	NWT Team	Abbotsford	August 95
4 x 400 Relay	4:21.35	Ward, Goodzeck, Green, Slade	NWT Team	Calgary	July 91
Medley: 400m, 200,200,800m	4.49.06	Rochelle, Courtoreille, Huang, Cassie	Team NT	Swift Current, SK	June 19

SENIOR WOMEN
(20 & over as of December 31 in year of competition)

Event	Record	Name	Club	Place	Date
100 meters	12.60	Myah Slade	William MacDonald	Hay River	May 91
200 meters	26.41	Myah Slade	YK-NWT Team	Kamloops, BC	August 93
400 meters	58.86	Skylar Horton	HR-NWT Team	Sherbrooke, QC	August 2013
800 meters	2:25.68	Joy Goodzeck	HR-NWT Team	Saskatoon, SK	August 89
1500 meters	4:55.19	Joy Goodzeck	HR-NWT Team	Victoria, BC	August 89
3000 meters	10:35.80	Joy Goodzeck	HR-NWT Team	Victoria, BC	August 89
5000 meters	19:09.92	Desiree Brown	YK-NWT Team	Sherbrooke, QC	August 2013
80m Hurdles	16.60	Joy Goodzeck	HR-NWT Team	Victoria, BC	August 89
100m Hurdles	20.20	Mirielle Desnoyers	HR-NWT Team	Halifax	August 69
200m Hurdles	27.30	Bonnie Monkman	HR-NWT Team	Greenwood	August 69
Shot Put (3 kg)	9.34m	Jennifer Waugh	Sir John Franklin	Hay River	June 04
Shot Put (4 kg.)	11:02m	Diane Marin	Sir John Franklin	Hay River	June 13
Discus (1 kg.)	32.22m	Ryma Aneliunas	HR-NWT Team	Calgary	July 91
Javelin (600 g.)	33.36m	Gwen Young	HR-NWT Team	Calgary	July 91
High Jump	1.53m 1.53m	Monique Delorey Ingrid Green	HR-NWT Team Yellowknife	Calgary Fort Smith	July 90 June 89
Long Jump	5.30m	Skylar Horton	HR-UCAC	Calgary	May 2017
Triple Jump	11.12m	Skylar Horton	HR-Team NWT	Winnipeg, MB	August 2017
Pentathlon	2087	Linda Christoph	NWT Team	Burnaby	August 73
4 x 100 Relay	53.00	Ward, Green, Swartzentruber, Lafoy	NWT Team	Abbotsford	August 95
4 x 400 Relay	5:21.35	Ward, Goodzeck, Green, Slade	NWT Team	Calgary	July 91

**MASTER WOMEN
35 & over as of December 31 in year of competition)**

Event	Record	Name	Club	Place	Date
100 meters	14.77	Tobi Taylor-Dusome	St. Pat's	Hay River	June 16
200 meters	25.56	Carol Lockhart	JH Sissons	Hay River	June 13
400 meters	1.08.89	Rose Moses	Chief Jimmy Yendo	Hay River	June 03
800 meters	2.53	Shannon Ferreira	SJF	Hay River	June 12
1500 meters	6:04	Shannon Ferreira	Sir John	Hay River	June 15
3000 meters	11.24:00	Tracy Pope	Ecole Boreale	Hay River	June 13
5000 meters	31.39.00	Wendy Lahey	JH Sissons	Hay River	June 19
5000m race walk	21:01.21	Alea Stockton	NWT Team	Kamloops	August 11
High Jump	1.38m	Tobi Taylor Dusome	St. Pat's	Hay River	June 14
Long Jump	4.21m	Tobi Taylor Dusome	St. Pat's	Hay River	June 18
Shot Put (4 kg.)	8.44m	Kelley Andrews-Klein	Bompas	Hay River	June 12
Discus (1 kg.)	28.10m	Sherry Bohnen	P.W. Kaeser	Hay River	June 94
Javelin (600 g.)	28.84m	Ann Lange	Midnight Sun	Hay River	June 95