



DRIED FRUIT & POWDER FRUIT



DRIED *Banana*

Banana is a food that is found at all times of the year, it is tasty,

Nutrition Facts

1 servings per container

Serving size (33g)

Amount Per Serving

Calories **110**

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 30g 11%

Dietary Fiber 4g 14%

Total Sugars 15g

Includes 0g Added Sugars 0%

Protein 2g 4%

POWDER
Banana

Nutrition Facts

11 servings per container

Serving size (40g)

Amount Per Serving

Calories **130**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 5mg **0%**

Total Carbohydrate 30g **11%**

Dietary Fiber 6g **21%**

Total Sugars 11g

Includes 0g Added Sugars **0%**

Protein 2g

DRIED *Kiwi*

Kiwi provides an extraordinary antioxidant action thanks to the presence of flavonoids, especially quercetin, and vitamin C



POWDER *Kiwi*



Nutrition Facts	
6 servings per container	
Serving size	(10g)
Amount Per Serving	
Calories	35
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Sodium 0mg	0%
Total Carbohydrate 8g	3%
Dietary Fiber 1g	4%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein < 1g	1%

DRIED *Papaya*

Papaya is thus a true medicine, and it can be said that it is the "vegetable pepsin", and how it helps digestion Goldenberry

Nutrition Facts	
Serving Size 40g	
Serving Per Container 2 1/2	
Amount Per Serving	
Calories 140	Calories from Fat 0
%Daily Value*	
Total Fat 0	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 75mg	3%
Total Carbohydrate 35g	12%
Dietary Fiber 3g	11%
Sugars 6g	
Protein 0g	



DRIED FRUIT
& POWDER FRUIT

FAB
BAL
ULTIMATE TASTE



POWDER
Papaya

DRIED

Goldenberry

Goldenberry has vitamins A and C, essential for the maintenance and good quality of the skin, which together with collagen helps its conservation and freshness



POWDER

Goldenberry

Nutrition Facts	
Serving Size: 30g (30g)	
Amount Per Serving	
Calories 80	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 15g	5%
Dietary Fiber 6g	24%
Sugars 12g	
Protein 2g	



DRIED FRUIT
& POWDER FRUIT

FAB
BAL
ALIMENTARIA

DRIED *Mango*

Mango has high fiber and water content
it also helps to avoid constipation and thanks
to its enzymatic content it favors digestions





POWDER *Mango*

Nutrition Facts	
Serving Size: 30 (30g)	
Amount Per Serving	
Calories 90	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 22g	7%
Dietary Fiber 2g	8%
Sugars 16g	
Protein 2g	

DRIED *Apple*

Apple is rich in vitamin C and beta-carotenes, both with antioxidant action, fiber, potassium, calcium, folic acid, zinc and vitamins B, C and E.





POWDER *Apple*

Nutrition Facts	
Serving Size	
Servings Per Container	
Amount Per Serving	
Calories 52	Calories from Fat 4
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 8mg	0%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	8%
Sugars 12g	
Protein 0g	0%

DRIED *Pineapple*

Pineapple has abundant fiber (cellulose), in the heart. The consumption of pineapple stimulates the elimination of liquids from the organism.

Nutrition Facts

Serving Size: 30 (30g)

Amount Per Serving

Calories 80 Calories from Fat 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 5mg **0%**

Total Carbohydrate 20g **7%**

Dietary Fiber 2g **8%**

Sugars 15g

Protein 1g



POWDER
Pineapple

DRIED *Lemon*

Lemon provides an extraordinary antioxidant action thanks to the presence of flavonoids, especially quercetin, and vitamin C.

Nutrition Facts

6 servings per container

Serving size

Amount Per Serving

Calories

25

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Sodium 0mg 0%

Total Carbohydrate 8g 3%

Dietary Fiber 2g 7%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 1g 2%

POWDER
Lemon



DRIED *Orange*

Orange consumption produces beneficial
cardiovascular effects



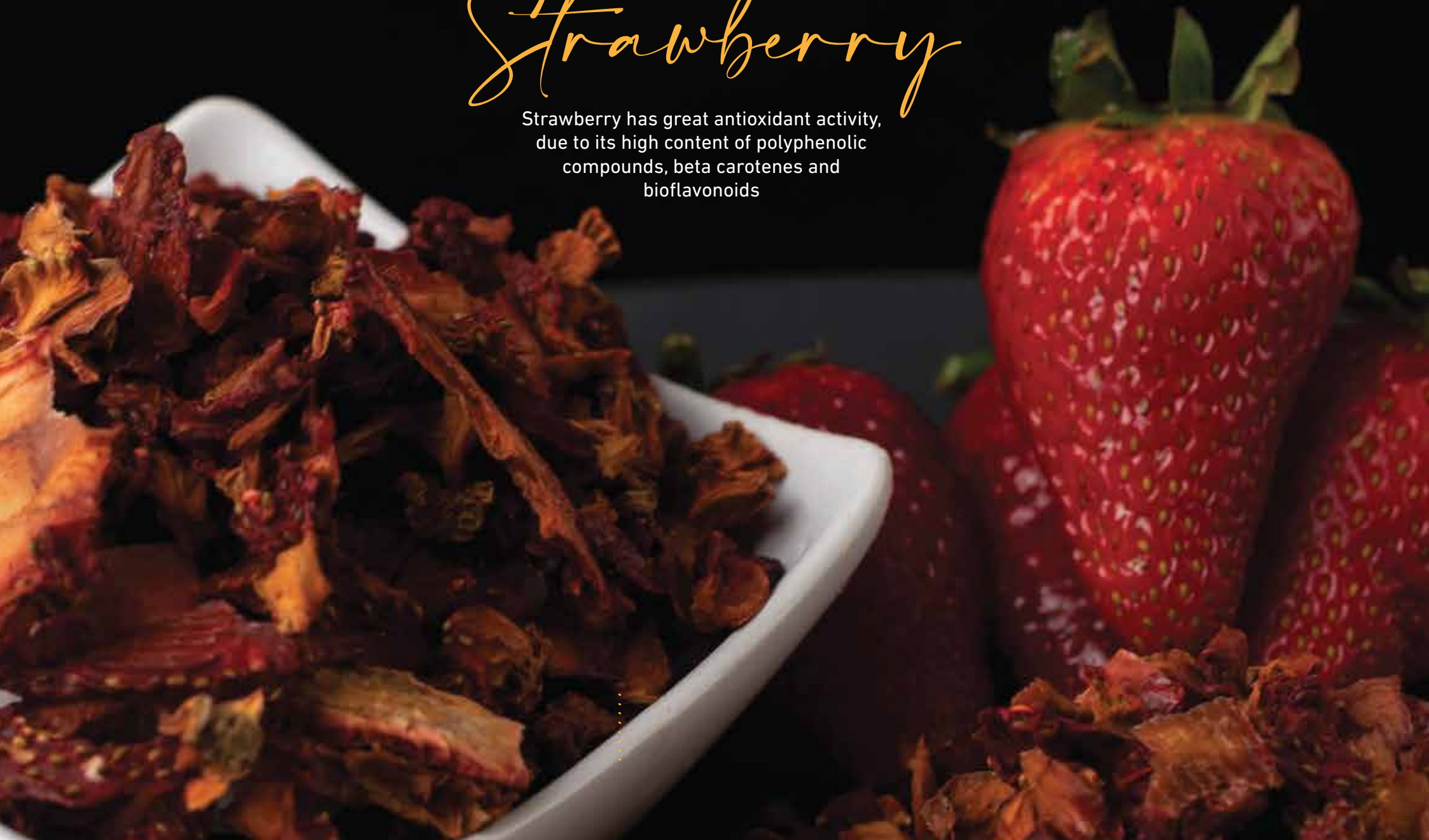


POWDER
Orange

Nutrition Facts	
11 servings per container	
Serving size	(40g)
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 33g	12%
Dietary Fiber 8g	23%
Total Sugars 17g	
Includes 0g Added Sugars	0%
Protein 2g	

DRIED *Strawberry*

Strawberry has great antioxidant activity,
due to its high content of polyphenolic
compounds, beta carotenes and
bioflavonoids





POWDER
Strawberry

Nutrition Facts	
1 servings per container	
Serving size	(40g)
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 35g	13%
Dietary Fiber 3g	11%
Total Sugars 31g	
Includes 20g Added Sugars	40%
Sugar Alcohol 0g	
Protein 0g	0%

DRIED *Passion fruit*

Passion Fruit has an important source of iron, phosphorus, vitamin "A", vitamin "B", vitamin "C"



POWDER

Passion fruit

Nutrition Facts	
servings per container	
Serving size	(28g)
Amount Per Serving	
Calories	100
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars 22g	
Includes 4g Added Sugars	8%
Sugar Alcohol 0g	
Protein 0g	0%



DRIED *Dragon Fruit*

Pitahaya low in calories and rich in vitamins C, B1, B2 and B3, minerals such as iron, calcium and phosphorus, and it is packed with antioxidants with anti-aging properties.

Nutritlon Facts	
Serving Size	
Servings per container about 10	
Amount per serving	
Calories	45
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrates 10g	4%
Dietary Fiber 3g	11%
Total Sugars 6g	
Protein 1g	

DRIED FRUIT
& POWDER FRUIT

FAB
BAL
ALIMENTARIA



POWDER
Dragon Fruit

DRIED

Blackberry

Dried Blackberry is of low caloric value, due to its scarce contribution of carbohydrates, which makes it a beneficial food for the metabolism





POWDER

Blackberry

Nutrition Facts	
servings per container	
Serving size	
Amount Per Serving	
Calories	35
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Sodium 0mg	0%
Total Carbohydrate 9g	3%
Dietary Fiber 4g	14%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 0g	0%

DRIED *Coconut*

Coconut has many culinary and nonculinary uses, its micronutrients hasignificant content (more than 10% of the Daily Value) include the dietary minerals, manganese, copper, iron,



POWDER *Coconut*

Nutrition Facts	
11 servings per container	
Serving size	1/3 cup (40g)
Amount Per Serving	
Calories	288
% Daily Value*	
Total Fat 27g	0%
Saturated Fat 25g	125%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 23mg	1%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 3g	

DRIED POWDER

Cacao pulp

Consumption of Sacha Inchi helps
reduce high cholesterol

Nutrition Facts

20 Servings per container

Serving size 1 tbsp (5g)

Amount Per Serving

Calories 20

% Daily Value*

Total Fat 0g 0 %

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0 mg 0 %

Total Carbohydrate 5g 2 %

Dietary Fiber 1g 4%

Total Sugars 4g

Includes 0g Added Sugars 0%

Protein 0g



DRIED *Tomatoe*

The most important active ingredients of the dried tomatoe are vitamins A, B and C. In fact, it has a great richness in these vitamins, so it is a great nutritional supplement for all people who want to maintain a rich and healthy diet.



POWDER
Tomatoe

Nutrition Facts	
Serving Size 1 tbsp (9.2 g)	
Servings Per Container 49	
Amount Per Serving	
Calories 28	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 12mg	1%
Potassium 91mg	2%
Total Carbohydrate 7g	2%
Dietary Fiber 1g	6%
Sugars 3g	
Protein 1g	



DRIED *Beet*

Beets are an excellent source of nitrates, which when consumed, are converted to nitrites and a gas called nitric oxide.

Nutrition Facts	
servings per container	
Serving size 1 tbsp (7.6g)	
Amount Per Serving	
Calories	30
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 49mg	2%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 1g	



DRIED *Broccoli*

Broccoli contains vitamin K, B
vitamins, vitamin A,
magnesium, iron, zinc

Nutrition Facts	
Serving Size 1 tbsp (8.6 g)	
Servings Per Container 52	
Amount Per Serving	
Calories 22	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 9mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	6%
Sugars 2g	
Protein 2g	

DRIED *Spinach*

Dried Spinach provides energy and fights anemia, helps prevent cancer, prevents cell damage.



Nutrition Facts	
Serving Size 1 tbsp (4.8 g)	
Servings Per Container 94	
Amount Per Serving	
Calories 11	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 38mg	2%
Potassium 268mg	6%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

POWDER *Kale*

It is one of the foods with the highest concentration of vitamin K, necessary for blood clotting and effective in promoting the fixation of calcium in the bones

Nutrition Facts	
Serving Size 1 tbsp (5.0 g)	
Servings Per Container 90	
Amount Per Serving	
Calories 18	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 16mg	1%
Potassium 25mg	1%
Total Carbohydrate 4g	1%
Dietary Fiber 1g	3%
Sugars 0g	
Protein 1g	



Matcha

Nutrition Facts

About 8 servings per container

Serving size ~1/4 cup/4 tbsp (28g)

Amount per serving

Calories 150

% Daily Value*

Total Fat 8g 10%

Saturated Fat 7g 35%

Sodium 30mg 1%

Total Carbohydrate 16g 6%

Dietary Fiber 1g 4%

Total Sugars 10g

Protein 2g



DRIED FRUIT
& POWDER FRUIT



DRIED *Yellow Carrots*

Rich in potassium and phosphorus, carrots
are a remedy for tired minds and
unleashed nerves

Nutrition Facts

Serving Size 1 tbsp (10.2 g)
Servings Per Container 44

Amount Per Serving

Calories 35 **Calories from Fat** 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 28mg **1%**

Potassium 259mg **6%**

Total Carbohydrate 8g **3%**

Dietary Fiber 2g **10%**

Sugars 4g

Protein 1g