

Vision Board

BY JANIKA ALEXANDER
LIFE COACH & HOLISTIC WELLNESS AMBASSADOR

date:

TIP: CULTIVATING GRATITUDE IS A POWERFUL PRACTICE THAT CAN POSITIVELY IMPACT YOUR MINDSET AND OVERALL WELL-BEING.
ENJOY THIS RITUAL, AND WATCH HOW FEELING GRATITUDE FOR WHAT YOU ALREADY HAVE CONTRIBUTES TO MANIFESTING YOUR FULFILLED LIFE.

HEALTH & PERSONAL
GROWTH

TRAVEL

CAREER

FINANCES

RELATIONSHIPS

SPIRITUALITY