Solicit feedback on your performance at any time during the year.

ΜΥ ΝΑΜΕ	
FEEDBACK PROVIDER'S NAME	
PROJECT/WORK EFFORT	
INSTRUCTIONS	You have witnessed my work first-hand and I believe you can help me understand and improve my performance at work. Your thoughts to these questions will help me as I reflect on my performance and continue to improve. Please be specific, open, and honest. Return the completed form to me. I may request time to discuss your responses if I need clarity. Thank you for helping me grow as a professional.
1. What are my strengths? What would you say is my signature strength – meaning what do I do best?	
2. What behaviors or actions did I perform that led you to list the strengths above?	
3. What are the one or two areas where I have an opportunity to improve?	
4. What behaviors or actions did I perform that led you to list the opportunities above?	

