

TEAMBUILDING USING THE MBTI

Poorly functioning teams can derail work quickly and often quietly. Think something is amiss with a team you are a member of? Look for these signals:

- Lack of conflict or unhealthy conflict
- Low engagement in discussions
- Frequent turnover of team members
- Poor decision making
- Challenges coming to a consensus
- Communication impasses
- Members that just don't get along

WHAT IS IT

This workshop examines team strengths and blind spots by leaning on the deep insight of the Myers-Briggs Type Inventory. This tool is the most trusted and widely used inventory in the world for helping teams uncover new ways to work and interact. It improves team relationships by focusing on enhancing communication and respecting decision-making styles.

WHO BENEFITS

Any team with a common goal will benefit from a deeper understanding of how members can work together.

Abeo has worked with:

- Newly formed work teams
- Executive leadership teams
- Short-term project teams
- Volunteer committees
- Boards of Directors

INTRODUCTION TO THE MBTI

A primer on the theory behind this respected instrument.

PREFERENCES AND TYPE

Defines core concepts and terms associated with the MBTI.

THE TEAM TYPE

A custom Team Type report illustrating the team's strengths and blind spots is examined.

INDIVIDUALS AND TEAM

Each team member's contributions to the team are considered.

CUSTOM TEAMBUILDING ACTIVITIES

Activities to address your team's blind spots are conducted.