

**Learn How To  
Help All Students:**

- Answer seven major questions (A7MQ®) that prepare them to transition from adolescents to adults.
- Voice the ideal characteristics of their foreseeable futures.
- Identify the driving forces that compel them to act.
- Inventory their capacity to attain their aspirations.
- Formulate AEIOU goals that bridge gaps in their inventories.
- Design a strategic plan of action for accomplishing their goals.
- Identify the obstacles they predict will interfere with the implementation of their strategic plans.
- Brainstorm viable alternatives to abandoning their plans when faced with adversity.

**Register today at:  
HigherEd.Life/  
Calendar or call  
(954) 558-2818**



PRESENTS

**A One-Day  
Training**

# **How to Counsel College & Corporate- Bound Students**

## **2026 Training Schedule**

**January 22  
March 12  
April 30  
June 18  
August 27  
October 15  
December 3**

*8:30 am to 5:00 pm*

*Nova Southeastern University  
Alvin Sherman Library - Levan Center, Fifth Floor  
3100 Ray Ferrero Jr. Boulevard  
Fort Lauderdale, FL 33314.*



# *A One-Day Training for Professional Counselors*

## **REGISTER TODAY!**

If you are responsible for preparing high school students for life after high school, make plans to attend the ***How to Counsel College & Corporate-Bound Students*** training. The purpose of this training is to teach busy counselors how to make the best use of the limited time they have to meet with all students and feel confident that they are giving unbiased advice to the whole student; regardless of whether the student chooses to work in the home, earn a badge, license, industry certification, certificate or degree.

**Who Should Attend:** This training is designed for counseling practitioners who do not have an academic background in aspirational attainment theory or college student development theory. Participants will be introduced to an innovative holistic conceptual framework crosswalked with the professional standards of the American School Counselor Association (ASCA), and the Council for the Advancement of Standards (CAS) in Higher Education.

**Topics Covered:** You will be taught how to help students:

- Answer seven major questions (A7MQ) that prepare them to transition from adolescents to adults;
- Describe the ideal characteristics of their foreseeable futures in their own voices;
- Examine the intrinsic driving forces that compel them to act;
- Take inventory of their capacity to attain their aspirations;
- Write relevant goals that are aligned with their foreseeable futures;
- Design a detailed strategic plan;
- Identify the intrinsic parking forces that interfere with the implementation of their plans; and
- Brainstorm viable alternatives to abandoning their plans when faced with adversity.

**About the Instructor:** Dr. Rozalia Williams earned an Ed.D. from the Harvard University Graduate School of Education in Administration, Planning and Social Policy; and an M.S. in Counselor Education from Florida International University. She has over four decades of experience counseling and teaching high school and college students, and has dedicated her professional career to creating, implementing and evaluating student development programs. Dr. Williams is the author of the *College FAQ Book: Over 5,000 Not Frequently Asked Questions About College!* and *Life Management: What's Your A7MQ?* She invented the *A7MQ Life Management Wheel* and the *What's Your A7MQubes?*

**Registration Information:** Select a training date and register online at [www.HigherEd.Life](http://www.HigherEd.Life) or call (954) 558-2818. The \$439 registration fee includes instruction, lunch, the *Art & Science of Life Management Practitioner's Guide*, the *Life Management: What's Your A7MQ?* worktext, the *A7MQ Life Management Wheel* and a set of *What's Your A7MQubes?* Travel, lodging, and parking are not included. Contact us to inquire about group rates and suggested hotel accommodations.