I. Objectives Phase 2, Session 1 - Introduction

1. Explain that in the second phase there will be more interaction during our two hour sessions. We will also place greater emphasis and spend more time on practicing what we say that we believe from the Scriptures. This is because the goal of discipleship is the transformation of our lives into the abundant life Jesus came to give us. John 16:33, 10:10; 1 John 5:4-5; 2 Peter 1:1-13. It is through our putting into practice what the Lord says that we "*may prove what is that good and acceptable and perfect will of God*." Romans 12:2b.

2. Demonstrate that it is precisely this transformation, which only happens when we accept the complete dependence on the Holy Spirit, which leads us to proclaim His name wherever we go. 1 Peter 3:15.

3. Confirm the multitude of occasions in which the scriptures call us to hear and obey. James 1:22, Matthew 7:24, Deuteronomy 6:5, Proverbs 9:10, Psalm 111:10.

4. Explain the meaning of "Lordship". Luke 6:46-49

5. Invite participants to eliminate sin in their lives, through putting into practice during the next 13 weeks, what the scriptures say about it. Romans 6:6,11,14, John 8:34-36, Ephesians 5:13, James 5:16, Matthew 4:4, John 14:26, John 16:7, 2 Corinthians 3:17-18.

6. Explain the difference between temptation and sin and demonstrate how sin is conceived and generates death. James 1:13-15, 1 Corinthians 10:13.

7. Insist on the importance of meditation on the Scriptures and its impact in the transformation of our lives. As the leader of the discipleship group, you can only point the participants in the right direction, since it is only the Lord who transforms our lives. Philippians 2:13 and 1:6, Joshua 1:7-9, Psalm 1:1-3, 1 Timothy 4:14-16, Psalm 119:15-16, Philippians 4:4-10

II. Email to be send to participants before session 1

Dear Brothers and Sisters in Christ,
We will start Part 2 of Receiving His Life Discipling - **Experiencing His Life**. The Introduction to the content is listed below.

I understand that you want to continue on to Part 2 of Discipling -- Experiencing His Life -- the abundant life which comes from hearing and doing what Jesus said to us in Matthew 5, 6 and 7.

There will be more interaction and practice of what we study, including our 30 minute testimonies and the sharing of our personal prayer and worship practices.

In preparation for our first session:

1. Ask the Lord the following questions:
Who are you Lord?
What does it mean that you dwell in me?
What happens to my flesh because You are in me? (Romans 8:11)
Who do you say I am Lord?
Tell us what you heard.

2. Picture (visualize) who you are in Christ.

3. Ponder on how God talks with you.

4. Practice Jesus new commandment to love others as He loves us (John 13:34 and 15:12); start with your family members.
John 13:34 "*A new commandment I give to you, that you love one another; as I have loved you, that you also love one another*."
John 15:12 "*This is My commandment, that you love one another as I have loved you*."

5. Read, Pray and Meditate on John 16:33 and 1 Peter 3:15.

How do we direct discipleship?

Discipleship is a life-changing process that leads the disciple to change his self-centered or self-directed life to a life propelled by the life of Christ. The ability to overcome the world and experience the abundant life (full of love, joy and peace) are expressions of the change of life that occur when we are receiving His life. This is what happens when we deny ourselves, take the cross (die to self) and follow Jesus.

You may have heard or been taught that discipleship is a learning process and that you must go and teach what you have learned. We believe, of course, that this is part of the process; However, the most important aspect of discipleship is to die to yourself and

receive His life to experience the abundant life that Jesus came to give us. It is not enough to simply know the truth, the truth has to be experienced. Likewise, the liberation of His life gives us the opportunity in this world, to lead others to Christ. More than an apprentice, a disciple of Jesus Christ is someone who has an intense desire to be like Him (a Talmid).

Jesus said: "*Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father."* John 14:12. We believe that discipleship is one of these things that we are going to be able to do, because when He went to the Father, Jesus became our Advocate in heaven and we also received the interior presence of the Holy Spirit in us (John 16:7). When we disciple, we disciple those who are believers, in them dwells the Holy Spirit (1 Corinthians 6:19) and consequently have the ability to understand the things of the Spirit (1 Corinthians 2:14-15). This was different when Jesus lived with His disciples.

Our work in discipleship is to lead the believer to acquire and experience his true identity in Christ and to surrender and be guided by the Holy Spirit. When this happens, the disciple becomes a disciple-maker; It is a job with almost no effort, because His yoke is light.
We lead others to fully rely on our true teacher, the Holy Spirit, not in ourselves.

John 14:26 "*But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you*."

John 16:13 "*However, when He, the Spirit of truth, has come, He will guide you into all truth; for He will not speak on His own authority, but whatever He hears He will speak; and He will tell you things to come*."

1 John 2:26-27 "*These things I have written to you concerning those who try to deceive you. But the anointing which you have received from Him abides in you, and you do not need that anyone teach you; but as the same anointing teaches you concerning all things, and is true, and is not a lie, and just as it has taught you, you will abide in Him*."

What Jesus says about discipleship and how He defines who is His disciple?

John 13:34-35 Love
John 8:31-32 Abide
John 15:8 Fruit - Glorify God
Luke 14:27 Die to self

John 15:20 Persecution
John 15:27 Witness (Romans 8:19)
Acts 1:8 and Luke 24:49 Power
John 17:20-23 One (Romans 8:28-29)
Matthew 5:14-16 Light Glorify God
Luke 9:23
Matthew 4:19 and Mark 1:17
John 12:24-25
2 Corinthians 5:14-15 Live for Him
Luke 14:26 Hate parents and his own life
Genesis 1:28

Luke 14:26-27 "*If anyone comes to Me and does not hate his father and mother, wife and children, brothers and sisters, yes, and his own life also, he cannot be My disciple. And whoever does not bear his cross and come after Me cannot be My disciple*.

We have divided our discipleship training into 4 phases:

1. Receiving His life, which is the exchange of the life of the self for the life of Christ. This is the process of dying to Himself until we are guided by the Holy Spirit.
2. Experiencing His Life, the abundant life that Jesus came to give us and overcome the world.
3. Preparing to Release His life
4. Releasing His Life-The Great Commission

Each of the first 3 phases is done as a combination of learning and experiencing the Scriptures. Each week we will listen and do His sayings (see Matthew 7:24-27). The fourth phase is offered, as needed, as consultative support for those who have begun to disciple their own groups or individuals. Discipleship groups will meet 2 hours per week to review the scriptures and define the tasks they will experience during the week. **There will also be individual meetings of 1 hour, at least once every 2 weeks**.

We have provided a list of the content that will be studied during each of the phases, but the content will be adapted to the needs of each group. The basic Scriptures for each session will be given to the participants one week before each meeting. All other Scriptures discussed in each session will be sent after each meeting.

We learned that we shouldn't force anyone to disciple others or memorize Scriptures. The desire to do these things should come from within, as a result of the transformation

the Lord has made in our lives. The following Scriptures explain why:
2 Corinthians 5:14-15
Romans 1:14-17
Acts 4:20
Daniel 12:3
I Thessalonians 4:11-12
1 Corinthians 9:16-23

We measure the quality of our work by what was said to the woman at the well in John 4:42. *Then they said to the woman, "Now we believe, not because of what you said, for we ourselves have heard Him and we know that this is indeed the Christ, the Savior of the world*."

During the first phase we learned and practiced the gift of receiving, which included the following actions:

1. Experience the presence and know the character of God
2. Understand that we have been made righteous and train ourselves in righteousness
3. Give our cares to Him so He will heal our hearts (1 Peter 5:7, Mark 4:18)
4. Forgive (Matthew 6:14-15)
5. Have Faith
6. Be Humble
7. Hear and Obey
8. Abide in Him and He in us

We will of course continue to practice these actions, but we will also learn how our carnal mind and mammon (the love of money) affect our capacity to receive the gifts of God.

Part 2 — Experiencing His Life
Base Scriptures:

John 16:33 "*These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world*."

1 Peter 3:15 "*But in your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect*."
Content:

1. Introduction
2. The Spiritual Man
3. Being Led by the Spirit
4. Forgiveness and the Healing Your Heart
5. Faith
6. Humility
7. Romans 8:1-17
8. Romans 8:18-36
9. Romans 12:1-8 and About the Mind
10. Romans 12:9-21
11. Obeying the Spirit and God or Mammon
12. Prayer, Fasting and Resting
13. Experiencing Our True Identity

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III. Email to be sent to participants after Session 1

How should we, the people of the New Covenant, deal with sin? - Receiving His Life Discipling

During the first phase, we have been practicing how not to sin according to the teachings found in the Scriptures. During the second phase, we are now going to intensify our works of faith by becoming even more aware and sensitive to hearing and obeying the Lord and to abiding in Him and He in us. We are also to gain greater understanding about the fact that we have been sealed by the Holy Spirit (Ephesians 1:13) and that sin is repugnant to the believer. We will abide in Jesus' words and confess that "... *whoever commits sin is a slave of sin. And a slave does not abide in the house forever, but a son abides forever. Therefore if the Son makes you free, you shall be free indeed*. (John 8:34-36). We declare that we are free from the slavery of sin (Romans 6:6,11,14) and that the Lord has given us the power to defeat any temptation that comes our way (1 Corinthians 10:13). Let me know if you have any questions about this material, or give me a call anytime.
We will use the content of this email as a guide to put into practice our belief that we are no longer slaves of sin (Romans 6:6). This is the main exercise to be completed during the next few weeks.

Do not be concerned about the length of this message, take your time to review. Read, pray and meditate on one verse a day. There is no hurry, **let His word do the work in you** (Philippians 2:13, 1 Thessalonians 2:13).

How to deal with sin under the New Covenant

Exercises
Read, pray and meditate on Romans 5:19, Romans 6:19 and John 8:34-36.

Paul cautions us about the ministry of the law and sin, which is the ministry of death.

2 Corinthians 3:4-9 "*And we have such trust through Christ toward God. Not that we are sufficient of ourselves to think of anything as being from ourselves, but our sufficiency is from God, who also made us sufficient as ministers of the new covenant, not of the letter but of the Spirit; for the letter kills, but the Spirit gives life.* ***But if the ministry of death, written and engraved on stones, was glorious, so that the children of Israel could not look steadily at the face of Moses because of the glory of his countenance, which glory was passing away, how will the ministry of the Spirit not be more glorious?*** *For if the ministry of condemnation had glory, the ministry of righteousness exceeds much more in glory*."

All Scripture references provided are from NKJV unless otherwise noted.

How to deal with sin under the New Covenant:

"*In Him was life, and the life was the light of men. And the light shines in the darkness, and the darkness did not comprehend it.*" John 1:4-5

Sin is no match for the Spirit of God; He dissolves it.

Select a sin that keeps coming back and that you can't control, or one that you feel is very serious and damaging, or better, to get started, select one that you think is simple and just a nuisance (see Luke 16:10).

We are going to put into practice what we say that we believe.
This is what we believe:
— We are not slaves of sin
Romans 6:6,11,14

John 8:34-36

— The Lord doesn't tempt us
James 1:13

— The Lord won't allow a temptation greater than we can handle and will provide the way out.
1 Corinthians 10:13

— We can walk in the Spirit and when we walk in the Spirit we won't gratify the desires of the flesh.
Galatians 5:16

Read, Pray and Meditate on

Romans 6:6, 11, 14
6 knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin.
11 Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord.
14 For sin shall not have dominion over you, for you are not under law but under grace.

And in the words of Jesus:

John 8:34-36 "*Jesus answered them, "Most assuredly, I say to you, whoever commits sin is a slave of sin. And a slave does not abide in the house forever, but a son abides forever. Therefore if the Son makes you free, you shall be free indeed*."

To learn how much power is in us read, pray and meditate on Romans 8:11 "*But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you*."

Let's learn how to experience the power over sin given to us by the finished works of Jesus.

Even though we have been made righteous by the blood of Jesus, we heard several comments regarding the presence of sin in our lives. We know by faith that our sins have been forgiven (Hebrews 8:6-13), that we have been reconciled to God and that we are the righteousness of God (2 Corinthians 5:18,21). We discussed the effect that sin

has on the quality of our lives as we understand that sin comes together with a penalty attached; something dies when we sin (Genesis 2:17, Romans 6:23). By becoming aware that by faith we believers in Jesus Christ are not sinners but saints (Ephesians 1:1, 1 Corinthians 1:2), that we are children of God (John 1:11-13, Romans 8:14-16), that we are new creatures (2 Corinthians 5:17), that we are no longer slaves of sin (Romans 6:6,11,14), and that we have been set free (John 8:34-36), we know -- we are certain by faith -- that we no longer have to sin. Sin is foreign to us now, for we have been sealed by the Holy Spirit (Ephesians 1:13), and we are now empowered to get rid of sin, get it out of our lives. There is no abundant life under the slavery of sin (John 10:10).

Under the promises of the New Covenant, and given our understanding of what Jesus has done and does for us, we are not to continue to live in sin. We have been given the power to not sin, "*For the kingdom of God is not a matter of talk but of power*" (1 Corinthians 4:20 NIV). The issue, however, is how do we get there; how do we exercise the power given to us.

There is much more that we all can accomplish when we rely on the Holy Spirit and let His power in us dissolve sin. His light dissolves darkness. Please read, pray and meditate on John 1:4-5.

Sometime ago, I wrote a message regarding the way in which we the people of the New Covenant should be dealing with sin. I have included that message at the end following my signature. This time, however, I reversed the order and began with observing or acknowledging sin.

My expectation in doing this is that the Scriptures below would have the effect of encouraging you to do what the Lord says: to hear and obey Him, and to set your eyes on Him, not on your sin (2 Corinthians 3:7-9 and 3:17-18).

This is a summary of what I use to rely on Him and, as a result, to enjoy some of the fruit of the abundant life that Jesus came to give us. I hope that this "list" is helpful to you.

1. Observe and Acknowledge the presence of the sin in your life to bring it into the open, into the light (Ephesians 5:13, James 5:16) and determine or assess what "dies" in your life when sin prevails. We know that something dies when we sin, because the wages of sin is death (Romans 6:23). Relationships . . . joy . . . peace . . . and physical health and well-being are just a few of the things that die when we sin.

Becoming keenly aware of the presence and impact of sin is already a wonderful achievement, because, when we shed the light on sin, it begins to lose its power over us. Learning about and living the consequences that sin brings teaches us to develop a repulsion towards it and leads us to reject it. Sin doesn't belong to the children of light (Ephesians 5:8).

2. Meditate on and then declare the Scriptures that talk about embracing our capacity not to sin when we rely on the Lord (Romans 6:6,11,14, John 8:34-36, 1 John 3:9).
Pride -- Matthew 11:28-30, Proverbs 13:10, and James 4:6
Anxiety -- Philippians 4:4-8
Doubt -- James 1:5-8
Lust of the flesh -- Ephesians 4:22-24 and Galatians 5:16
Impatience, lack of self control, or unkindness -- Galatians 5:22-23
These are just a few examples. Search for the Scriptures that better speak to you regarding the sin that afflicts you.

You might ask, "What is the point of meditating on and declaring Scripture; what will that do for me?"

First, let's look at the verses which support and call for meditation on the Scriptures:
Don't let His words depart from your mouth day and night (Joshua 1:8);
Let the word of Christ dwell in you richly in all wisdom (Colossians 3:16);
Understand, "*If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free*." (John 8:31-32);
Know in your heart, "*if the Son makes you free, you shall be free indeed*." (John 8:36);
Truly believe that He liberated us from the slavery of sin (Romans 6:6,11,14; John 8:34-36) and exercise the power that has been given to you by the blood of Jesus.

When you meditate: (a) you may just be still and experience the presence of God, (b) you may ask Him a question about a Scripture, or anything else, or (c) you may visualize or picture a passage of Scripture until it dwells in you, until it becomes a part of you.

Next, let's look at some verses that tell us what we should understand about His words and the power that comes from declaring them:
Those words are Spirit and they are life (John 6:63);
They won't return to Him void (Isaiah 55:11);
The angels of the Lord get into action when they heed His words (Psalm 103:3). In

Matthew 4:3-11, Jesus showed us how He dealt with temptation by the power of the declared word of God. In verse 4, He quoted Deuteronomy 8:3. In verse 7, it was Deuteronomy 6:16. And in verse 10, He spoke Deuteronomy 6:13. This is not name it and claim it; this is defeating temptation with the power of the word of God, . . . and the Word of God is Jesus (John 1:1-2,14; Revelation 19:13).

Meditate on and Declare His words, and you will be able to defeat the temptation to act sinfully.

3. Ask the Holy Spirit to reveal to you the capacity of Jesus to not sin and to overcome the world (2 Corinthians 5:21, John 14:26,30; 16:13,33; Ezekiel 36:27; Galatians 2:20), even though He was tempted in everything possible (Hebrews 4:15; 2:18).

Do not try to not sin; this would be like trying to get into the room in which you already are (1 John 4:17, 1 Corinthians 6:17, John 15:5). Let Him do the work in you. He is sinless and He lives IN you. Delight in Jesus' character, mind, will and emotions, and He will grant you the desires of your heart (Psalm 37:3-4). Set your eyes on Him (2 Corinthians 3:17-18). "*In Him was life, and the life was the light of men. And the light shines in the darkness, and the darkness did not comprehend it.*" (John 1:4-5)

Remember that you already have everything that you need to overcome the world (1 John 5:4-5, 2 Peter 1:3-4, John 16:33), so work it out (Philippians 2:12-13) with fear and trembling (Jeremiah 33:9), "for it is God who works in you both to will and to do for His good pleasure."

4. Act in faith and without doubt (James 1:5-8, Mark 11:23-24). Walk in Him (Colossians 2:6). Be like the centurion (Matthew 8:5-13) or the woman with the flow of blood (Luke 8:43-48).
If you think that the above sounds simplistic, yet very difficult to do, let's look at these other sayings in the Scriptures:
Don't worry about your life (Matthew 6:25)
Be anxious for nothing (Philippians 4:6)
Let not your heart be troubled (John 14:1)
"Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice." (Ephesians 4:31 NIV)
“These things I have spoken to you, that you should not be made to stumble. (John 16:1)
Fear not (Isaiah 41:10)

Don't sin (1 John 3:4-9, John 8:34-36)

Could it be that all of these are easy when we exercise the rights that He, through His death and resurrection, gave to us? Are they easy when we act according to our new identity?

Is it possible that the answer, the ease, lies in humility and consciousness of righteousness -- in receiving and accepting what He has given to us?

Could it be that the Lord says all of this because it IS possible for us to do what He says?

5. Give your cares to Jesus because He cares for you (1 Peter 5:7). When our hearts are broken, this becomes fuel for sin to take over. Jesus came to heal the broken-hearted (Isaiah 61:1; Luke 4:18 NKJV). A healed heart can easily exercise power over sin. Cast your cares to Him and don't pick them up again. Once you give them to Him, they are gone forever; He has them. Write them down and nail them to the cross. In the place where those cares were in your heart, ask Him to fill the empty space with His love for you and let His love heal your heart.

Every time that you acted in pride, impatience, lust, unkindness, anger, revenge or self condemnation, you sinned and something died. Even though our sins have already been forgiven in the spiritual realm, in the natural world, there is always this negative consequence of sin. So, what should we do? Give thanks to the Lord, for your sins have already been forgiven (Hebrews 8:12-13); repent; cast out your care (the natural-world consequence of the sin) onto Him; and let His love heal your heart.

While you do any or all of the above, use the following tools:

A. Don't make any effort; let Him do the work in you (Philippians 1:6 and 2:13). Let His word do the work. If you get angry because it isn't working and you are getting nowhere, chances are that you are relying on your own effort and your ego is getting hurt.

B. Set alarms to spot anything that is not from God. When they go off, then go to either 1, 2, 3 or 4. We have been sealed by the Holy Spirit so we begin to sense that sin doesn't belong in us. That allows us to set alarms.

C. Eliminate the old habit of concentrating on your sins and on the guilt and

shame that we usually attach to them. Do not fix your attention on your sin; that is the ministry of death. Instead, turn to the One who dissolves it, the ministry of the Spirit (2 Corinthians 3:7-9). Put your eyes on Jesus "Now the Lord is the Spirit; and where the Spirit of the Lord is, there is liberty. But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord." (2 Corinthians 3:17-18)

D. Give thanks to the Lord, for He has already forgiven you. "*In everything give thanks; for this is the will of God in Christ Jesus for you.*" 1 Thessalonians 5:18

Optional Additional Explanation
If you would like to have more detail concerning the summary listed above, you may read the following:

Why isn't sin gone? Why hasn't it fallen into subjection? Why is it still lingering in my life? How can I get free from its power? On page 43 of Experiencing the Holy Spirit, Andrew Murray says, "It is because so little of the full blessing of the Spirit is enjoyed or sought..."

Let's see what the scriptures say about this:

Begin by asking The Lord to heal your heart. We all have various degrees of brokenness. A broken heart is a heart that has been violently shattered, splintered, mauled. Rejection, abandonment, shame, guilt, condemnation, illness and the death of a love one, to mention just a few events, can all produce a broken heart.

Forgive others and accept and receive the Lord's forgiveness of yourself. Go back as far as you can remember and forgive everyone who has hurt you; also, accept and receive the Lord's forgiveness of yourself for what you have done to others, or for what you have failed to do. We have no right not to forgive, for Christ has forgiven us, and He has forgiven those who have hurt us. Unforgiveness of others is a poison that remains in our flesh. This poison makes us believe that we separate from God when we sin. This is why The Lord puts so much emphasis on forgiveness (Matthew 6:14-15) and reminds us . . . "*nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord*." (Romans 8:39 KJV). The Holy Spirit is also with us to convict us of righteousness (John 16:10).

A broken heart and unforgiveness are fuel for the flesh; they both serve to feed sin that lives in us (Romans 7:17,20). The Lord's healing of our broken hearts and forgiveness

are the steps that smooth out our path of victory over sin. Look at the sequence that Jesus presents when reading from the book of Isaiah in Luke 4:17-19: "*And He was handed the book of the prophet Isaiah. And when He had opened the book, He found the place where it was written: "The Spirit of the Lord is upon Me, Because He has anointed Me To preach the gospel to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives And recovery of sight to the blind, To set at liberty those who are oppressed; To proclaim the acceptable year of the Lord.*" (Luke 4:17-19 NKJV)

Don't fix your attention on sin, but on Jesus

Eliminate the old habit of fixing your attention on your sin; that is the ministry of death. Instead, turn to the One who dissolves it, the ministry of the Spirit.
2 Corinthians 3:7-9 "*But if the ministry of death, written and engraved on stones, was glorious, so that the children of Israel could not look steadily at the face of Moses because of the glory of his countenance, which glory was passing away, how will the ministry of the Spirit not be more glorious? For if the ministry of condemnation had glory, the ministry of righteousness exceeds much more in glory*."

Don't go back to the law
Galatians 5:1-6 "*Stand fast therefore in the liberty by which Christ has made us free, and do not be entangled again with a yoke of bondage. Indeed I, Paul, say to you that if you become circumcised, Christ will profit you nothing. And I testify again to every man who becomes circumcised that he is a debtor to keep the whole law. You have become estranged from Christ, you who attempt to be justified by law; you have fallen from grace. For we through the Spirit eagerly wait for the hope of righteousness by faith. For in Christ Jesus neither circumcision nor uncircumcision avails anything, but faith working through love*."

"*Then Jesus said to those Jews who believed Him, "If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free." They answered Him, "We are Abraham's descendants, and have never been in bondage to anyone. How can You say, 'You will be made free'?" Jesus answered them, "Most assuredly, I say to you, whoever commits sin is a slave of sin. And a slave does not abide in the house forever, but a son abides forever. Therefore if the Son makes you free, you shall be free indeed*." (John 8:31-36 NKJV)

For we walk by faith, not by sight. (II Corinthians 5:7 NKJV). Romans 6:6, 6:11 and 6:14 say that we are not slaves of sin any longer. Just act upon it "*according to the power*

that works in us" (Ephesians 3:20). When temptation comes, use the words of Jesus and say, "*Get behind me, Satan*." Faith is an action. Have faith in the power of the Holy Spirit who dwells in you and exercise it.

Ask the Holy Spirit for revelation of the power bestowed on you.
Meditate on these two verses:

"***Now the Lord is the Spirit; and where the Spirit of the Lord is, there is liberty. But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord***." (2 Corinthians 3:17-18 NKJV)

Let His words that are spirit and are life (John 6:63) do the work for you (Isaiah 55:11). Just meditate on these words and ask the Lord for revelation and understanding of their meaning. It is He who does the work in us (Philippians 2:13)

The presence of sin is obvious for the believer, for we have been sealed by the Holy Spirit (Ephesians 1:13) . Sin is repugnant to the believer; our new born nature is repulsed by it. Remember that we no longer have a sin nature; the old man died. We have been born again, and we have God's nature by the blood of Jesus (Romans 6:6,11). What remains of the old man in us is the flesh. Just set loud alarms when sin shows its ugly face and act on the power that you have. If you do not yet sense that power, meditate on His words and ask for revelation of His power in your life. Don't try on your own, don't make an effort, because you can't do it. He is the only One who can dissolve the sin in us.

John 1:4-5
In Him was life, and the life was the light of men. And the light shines in the darkness, and the darkness did not comprehend it.

In the first 2 verses of Psalm 32, I see David's clamor for the Savior; our Savior who was prophesied in Jeremiah 31:31-34, also in Psalm 103:11-12 and Ezekiel 36:26-27, and confirmed to us in Hebrews 8:6-13. Our sins He remembers no more... Why should we?

No doubt that He is a good Father. He promised that He would not exercise His wrath against us (Romans 5:9, Revelation 3:10) and removed the curse of the law from us (Galatians 3:13). Jesus also tells us how the Father is with us, how He loves us in Matthew 7:9-12 and John 17:23.

These verses help us interpret how He disciplines us (Hebrews 12:7-9). Again, not His wrath, for His wrath was fully exercised against Jesus (2 Corinthians 5:21).

In addition, a disciple is anyone who deeply Wants in his heart to become like His Master. Our Master is love (1 John 4:8,16). He transforms us (Philippians 1:6 and also 2:13).

Take a look at this beautiful passage:
Hebrews 10:35-39
Therefore do not cast away your confidence, which has great reward*. For you have need of endurance, so that after you have done the will of God, you may receive the promise: "For yet a little while, And He who is coming will come and will not tarry. Now the just shall live by faith; But if anyone draws back, My soul has no pleasure in him." But we are not of those who draw back to perdition, but of those who believe to the saving of the soul*.

This message is all over the book of Hebrews (4:16 and 10:22-25) and Romans 6:16-23 and 12:1.

Romans 5:9 "*Much more then, having now been justified by His blood, we shall be saved from wrath through Him*."

Galatians 3:13-14 "*Christ has redeemed us from the curse of the law, having become a curse for us for it is written, "Cursed is everyone who hangs on a tree", that the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through faith*."

Exercises

Continue to practice point 1 above and expand to practicing points 2-5. Bring your testimony to the group, for what we would hear would be the testimony of Christ (what He did in you).
In Christ,
Hernando
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