

Northside Prep Learning Center

5-Week Rotating Menu

Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 Breakfast: Whole Wheat French Toast Sticks, Applesauce & Milk Lunch: Shepard's Pie, Green Beans, Applesauce & Milk P.M. Snack: Cheddar Cheese Goldfish & Wate	WEEK 1 Breakfast: Blueberry Muffins, Peaches & Milk Lunch: Cheese Quesadilla, Pinto Beans, Peaches & Milk P.M. Snack: Animal Crackers & Wate	WEEK 1 Breakfast: Sausage Biscuits, Fruit Cocktail & Milk Lunch: Beef-a-Roni, Sweet Peas, Fruit Cocktail & Milk P.M. Snack: Graham Crackers & Wate	WEEK 1 Breakfast: Cereal, Mixed Fruit & Milk Lunch: Meatballs w/Gravy and Rice, Pears & Milk P.M. Snack: Vanilla Wafers & Wate	WEEK 1 Breakfast: Cereal, Bananas & Milk Lunch: Hot Ham and Cheese on a Bun, Tater Tots, Pineapples & Milk P.M. Snack: Graham Crackers & Wate
WEEK 2 Breakfast: Whole Wheat French Toast, Applesauce & Milk Lunch: Tater Tot Casserole, Sweet Peas, Applesauce & Milk P.M. Snack: Cheddar Cheese Crackers & Wate	WEEK 2 Breakfast: Blueberry Muffins, Peaches & Milk Lunch: Waffles and Eggs, Peaches & Milk P.M. Snack: Animal Crackers & Wate	WEEK 2 Breakfast: Bacon Biscuits, Fruit Cocktail & Milk Lunch: Macaroni and Cheese, Lima Beans, Fruit Cocktail & Milk P.M. Snack: Graham Crackers & Wate	WEEK 2 Breakfast: Yogurt, Strawberries & Milk Lunch: Fish Sticks, Green Beans, Pears, Wheat Bread & Milk P.M. Snack: Vanilla Wafers & Wate	WEEK 2 Breakfast: Cereal, Bananas & Milk Lunch: Hamburger on a Bun, Baked Beans, Tater Tots & Milk P.M. Snack: Graham Crackers & Wate
WEEK 3 Breakfast: Whole Wheat French Toast, Applesauce & Milk Lunch: Beef Burrito, Pinto Beans, Applesauce & Milk P.M. Snack: Cheddar Cheese Goldfish & Wate	WEEK 3 Breakfast: Blueberry Muffins, Peaches & Milk Lunch: Chicken and Rice, Black Eyed Peas, Peaches & Milk P.M. Snack: Animal Crackers & Wate	WEEK 3 Breakfast: Sausage Biscuits, Fruit Cocktail & Milk Lunch: Chicken Parmesan, Sweet Peas, Fruit Cocktail & Milk P.M. Snack: Graham Crackers & Wate	WEEK 3 Breakfast: Yogurt, Strawberries & Milk Lunch: BBQ Meatballs, Carrots, Pears & Milk P.M. Snack: Vanilla Wafers & Wate	WEEK 3 Breakfast: Cereal, Bananas & Milk Lunch: Cheese Pizza on a Bun, Mixed Vegetables, Pineapples & Milk P.M. Snack: Graham Crackers & Wate
WEEK 4 Breakfast: Whole Wheat French Toast Sticks, Applesauce & Milk Lunch: Chicken Nuggets, Lima Beans, Wheat Bread, Applesauce & Milk P.M. Snack: Cheddar Cheez-It Crackers & Wate	WEEK 4 Breakfast: Blueberry Muffins, Peaches & Milk Lunch: Grilled Cheese on Wheat, Corn, Peaches & Milk P.M. Snack: Animal Crackers & Wate	WEEK 4 Breakfast: Bacon Biscuits, Fruit Cocktail & Milk Lunch: Cheeseburger Macaroni, Carrots, Fruit Cocktail & Milk P.M. Snack: Graham Crackers & Wate	WEEK 4 Breakfast: Yogurt, Strawberries & Milk Lunch: Beef Patty, Mash Potatoes, Green Beans, Pears & Milk P.M. Snack: Vanilla Wafers & Wate	WEEK 4 Breakfast: Cereal, Bananas & Milk Lunch: Chicken Patty on a Bun, Mixed Veggies, Pineapples & Milk P.M. Snack: Graham Crackers & Wate
WEEK 5 Breakfast: Whole Wheat French Toast Sticks, Applesauce & Milk Lunch: Pizza Rolls, Sweet Peas, Applesauce & Milk P.M. Snack: Cheddar Cheese Goldfish & Wate	WEEK 5 Breakfast: Blueberry Muffins, Peaches & Milk Lunch: Chicken and Cheese, Lima Beans, Peaches & Milk P.M. Snack: Animal Crackers & Wate	WEEK 5 Breakfast: Sausage Biscuits, Fruit Cocktail & Milk Lunch: Spaghetti w/Meat Sauce, Mixed Veggies, Fruit Cocktail & Milk P.M. Snack: Graham Crackers & Wate	WEEK 5 Breakfast: Yogurt, Strawberries & Milk Lunch: Country Fried Beef Fingers, Black-eyed Peas, Pears & Milk P.M. Snack: Vanilla Wafers & Wate	WEEK 5 Breakfast: Cereal, Bananas & Milk Lunch: Turkey & Cheese on Wheat, Corn, Pineapples & Milk P.M. Snack: Graham Crackers & Wate