

TRAUMA AND YOUNG CHILDREN

APPENDIX One

Resources for Educators

Print Resources

Culturally Responsive Self-Care Practices for Early Childhood Educators, by Julie Nicholson, Priya Shimpi Driscoll, Julie Kurtz, Doménica Márquez, and Lawanda Wesley. 2020. Routledge.

The Deepest Well: Healing the Long-Term Effects of Childhood Adversity, by Nadine Burke Harris. 2018. Houghton Mifflin Harcourt.

Fostering Resilient Learners: Strategies for Creating a Trauma-Sensitive Classroom, by Kristin Souers, with Pete Hall. 2016. ASCD.

High-Quality Early Childhood Programs: The What, Why, and How, by Laura J. Colker and Derry Koralek. 2018. Redleaf Press.

Reaching and Teaching Children Exposed to Trauma, by Barbara Sorrels. 2015. Gryphon House.

Reaching and Teaching Children Who Hurt: Strategies for Your Classroom, by Susan E. Craig. 2008. Brookes Publishing.

Teaching to Strengths: Supporting Students Living with Trauma, Violence, and Chronic Stress, by Debbie Zacarian, Lourdes Alvarez-Ortiz, and Judie Haynes. 2017. ASCD.

Trauma-Informed Practices for Early Childhood Educators: Relationship-Based Approaches that Support Healing and Build Resilience in Young Children, by Julie Nicholson, Linda Perez, and Julie Kurtz. 2019. Routledge.

Trauma-Sensitive Mindfulness: Practices for Safe and Transformative Healing, by David T. Treleaven. 2018. W.W. Norton & Co.

Digital Resources

Asking the Question that Counts: Educators and Early Childhood Trauma, by