

VCOPPA

Virginia Coalition of Private Provider Associations

19th ANNUAL CRITICAL ISSUES SYMPOSIUM

December 2-3, 2020

Held Virtually

THE VIRGINIA COALITION OF PRIVATE PROVIDER ASSOCIATIONS

Presents the

19th ANNUAL CRITICAL ISSUES SYMPOSIUM

December 2-3, 2020

Schedule

Wednesday, December 2nd

- 9:00 a.m. **Welcome / Call to Order** – Gary L. Jones, Ph.D, VCOPPA President

 MODULE A: *Update on Behavioral Health Enhancement*
 Alexis Aplasca, MD, DBHDS Chief Clinical Officer
 Alyssa Ward, Ph.D, LCP, DMAS Behavioral Health Clinical Director
 Laura Reed, LCSW, DMAS Behavioral Health Senior Program Advisor
 (acting)
- 10:00 a.m. **MODULE B: *Results of the JLARC CSA Study / VCOPPA Response***
 Bill Elwood, Executive Director VAISEF/VCOPPA
- 11:00 a.m. **MODULE C: *Update from the Virginia Department of Education***
 Hank Millward, VDOE Director, Office of Specialized Education Facilities
 and Family Engagement
- 12:00 noon **MODULE D: *An Update on the Children's Services Act***
 Scott Reiner, Executive Director, Office of Children's Services
- 1:00 p.m. **MODULE E: *Managed Care Update - DMAS***
 Cheryl Roberts, JD, DMAS Deputy Director for Programs and Operations
 Tammy Whitlock, MSHA, DMAS Deputy Director for Complex Care
 Services

Schedule

Thursday, December 3rd

- 9:00 a.m. **MODULE F: *Resources for Dealing with COVID-19***
Heidi Dix, DBHDS Deputy Commissioner, Regulatory and Legislative Affairs
- 10:00 a.m. **MODULE G: *Critical State Budget Issues Facing Virginia, Now and in the Future***
James J. Regimbal, Jr., Fiscal Analytics, Ltd.
- 11:00 a.m. **MODULE H: *Panel: Local Government CSA Perspectives***
Jessica Webb, Assistant Director of Social Services, Children's Services Act, Prince William County
Julie Payne, CSA Coordinator, City of Roanoke
Brady Nemeyer, CSA Program Administrator, City of Richmond
- 12:00 noon **Guest Speaker: *Virginia General Assembly Perspective: FFPSA and Behavioral Health Issues***
The Honorable T. Montgomery "Monty" Mason, Senate of Virginia
Senate Representative to the CSA State Executive Council
- 12:30 p.m. **MODULE I: *Developing the VCOPPA Advocacy Agenda for the 2021 Virginia General Assembly***
Bill Elwood, VCOPPA Executive Director
- **CONCLUSIONS: *Where Do We Go From Here?***
Moderated by Bill Elwood, VCOPPA Executive Director
- 1:30 p.m. ***Adjournment***

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VCOPPA

VIRGINIA COALITION OF PRIVATE PROVIDER ASSOCIATIONS

919 East Main Street, Suite 1150 ♦ Richmond, Virginia 23219 ♦ (804) 643-2776

Dear Symposium Attendees,

Welcome to the Virginia Coalition of Private Provider Associations (VCOPPA) 19th Annual Critical Issues Symposium and Conference. Your attendance and participation is appreciated and considered vital to our success, especially during these most trying times! The ongoing environment for private providers is dynamic; challenging us constantly to advocate for children and families and the integrity of the system that serves them.

VCOPPA continues to make progress in fulfilling the Coalition's mission of *serving as the unified voice for private providers to advocate for a quality system of services for children and families with special needs and challenges*. We appreciate your leadership in contributing to that mission through your membership, whether as one of the pillars of the Coalition through association membership or as one of our sustaining members – individual private provider organizations committed to advocating for the best interests of children and families.

There are several opportunities for your continued involvement – on one of our standing committees or on the many various work groups in which VCOPPA is routinely asked to participate. Additionally, we are now into the fourth full year of Shared Interest Groups (SIGs) that enable our members to meet and dialogue within specific service areas; Residential Services, Community Based Services, Child Placement, and Special Education. We hope to further engage our members in the SIGs and will work with our leadership to evaluate changes to their scope and format. These SIGs are open to any VCOPPA member and usually meet on the same dates as our Board meetings. To be added to the SIG rosters, please contact the VCOPPA staff at kids@vcoppa.org.

As the issues expand and challenges grow, the need for commitment and cooperation increases. VCOPPA's successful history lies in the involvement of many individuals from various associations and private agencies across the state. Our successful future will require continued commitment and support. If your agency is not already a sustaining member of VCOPPA, we urge you to consider membership in this coalition and help us in our advocacy for Virginia's at-risk children and families. Now, more than ever, many critical issues demand our collegial, collective and collaborative attention!

Sincerely,



Dr. Gary L. Jones
President, VCOPPA



Speaker Biographies

Alexis Aplasca, MD, FAAP, FAPA

Chief Clinical Officer

Virginia Department of Behavioral Health and Developmental Services



Dr. Alexis Aplasca is the Chief Clinical Officer for the Virginia Department of Behavioral Health and Developmental Services. This role which focuses on the development of high quality, evidence based, system wide behavioral health and developmental services across the lifespan.

Dr. Aplasca is a graduate of the University of Hawaii Triple Board Program, a unique integrated training program aimed to address system of care gaps, and is board certified in pediatrics, child and adolescent psychiatry, and adult psychiatry and a Fellow of both the American Academy of Pediatrics and the American Psychiatric Association. She has experience in global health policy working on multiple assignments with the World Health Organization on the Mental Health Gap Action Programme, aimed at scaling up behavioral health provider competency and capacity in low-middle income countries, and is the author of several book chapters on primary care-mental health integration.

In Virginia, she has previously served as the Director of Psychiatric Services for Pediatrics at the Children's Hospital of Richmond at VCU. Her specific areas of specialty focus on emergency psychiatric services, the interface of medical and psychiatric care, substance use disorder services, and integration of mental health into medical services. Additionally, she served as a consultant for the Department of Medical Assistance Services for the ARTS and EPSDT programs, CCC Plus and Medallion 4.0, and is the immediate past Medical Director of Magellan of Virginia and Magellan Complete Care, possessing critical knowledge and understanding of our changing Medicaid health care landscape. Her career has a consistent theme of "integration through innovation" that serves Virginia to transform behavioral health services in the Commonwealth.

Alyssa M. Ward, Ph.D., LCP

Behavioral Health Clinical Director, Office of the Chief Medical Officer Department of Medical Assistance Services (DMAS)



Alyssa Ward, Ph.D., LCP is the Behavioral Health Clinical Director at the Department of Medical Assistance Services and serves as the agency lead for system redesign and enhancement. Dr. Ward is a Licensed Clinical Psychologist with experiences as a clinician, supervisor, trainer, administrator and implementation researcher in the areas of evidence-based practice (EBP) and trauma-informed care. Dr. Ward received her Ph.D. from Virginia Commonwealth University (VCU). Most recently, Dr. Ward was an Assistant Professor of Pediatrics at VCU and she continues to be affiliate faculty and maintain one afternoon of clinical practice at the Children's Hospital of Richmond serving youth with medical and psychological challenges. Dr. Ward has a deep appreciation for the power of teamwork and alignment in the work for system change. She is looking forward to continued development of relationships with stakeholders by listening, learning and sharing experience and ideas to improve behavioral health care access and outcomes for the Commonwealth.



Laura Reed, LCSW

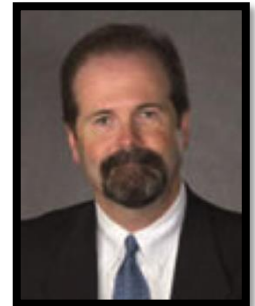
Behavioral Health Senior Program Advisor (Acting), DMAS

Laura Reed is the Acting Behavioral Health Senior Program Advisor in the Behavioral Health Division at the Virginia Department of Medical Assistance Services. Laura's role within the Department is to lead the implementation of the Behavioral Health Enhancement initiative. Laura has more than 15 years' experience in child and family clinical social work practice and program management. Laura holds a Bachelors of Sociology (BA) from the University of Virginia and a Master of Social Work (MSW) degree from Virginia Commonwealth University. She has held her Virginia LCSW license since 2008.

William P. Elwood

**Executive Director
VCOPPA**

Bill Elwood is President and CEO of Elwood Consulting, LLC, a Richmond-based lobbying, association management and business to government consulting firm and has extensive association management and government relations experience, with 40 years working in Virginia government, the last 37 as a registered lobbyist. In particular, he has developed an expertise in the Virginia state budget. He has also enjoyed close bipartisan relationships in the executive and legislative branches, along the way earning a reputation for professionalism, integrity and expertise in the government relations community.



Elwood has been deeply involved in the association management community, where he is a past President of the Virginia Society of Association Executives (VSAE) and a member of the American Society of Association Executives (ASAE) for the last twenty-three years. In 2002, Elwood was presented by his peers the VSAE Award of Excellence in honor of his accomplishments in the association management profession. As an independent contractor, Elwood currently serves as Executive Director of two associations, the Virginia Coalition of Private Provider Associations and the Virginia Association of Independent Specialized Education Facilities.

Hank Millward

VDOE Director

Office of Specialized Education Facilities and Family Engagement

Hank Millward is currently employed by the Virginia Department of Education (VDOE) as the Director of the Office of Specialized Education Facilities and Family Engagement (SEFFE) in the Department of Special Education and Student Services (SESS). Prior to this assignment, Mr. Millward served as the Associate Director for the Office of Dispute Resolution and Administrative Services (ODRAS). Mr. Millward is responsible for providing leadership to the state operated program (SOP) personnel, the private school licensing specialists, the VDOE parent ombudsman



and family engagement specialist; who provide oversight of all of VDOE's activities related to family engagement for families with students with disabilities.

Prior to coming to the VDOE, Mr. Millward held various positions within the public school, private school, and correctional education settings: most notably as a special education teacher, special education director, Assistant Principal and Principal. He is a sibling, a parent, and a grandparent of individuals with a disability. Mr. Millward holds a Master of Science in Education with a concentration in Special Education from Old Dominion University and an Educational Specialist degree in School Administration from the University of Virginia. He most enjoys working with students who have emotional disabilities and/or behavioral difficulties and getting out in the communities throughout the Commonwealth to speak with parents and educators about how increasing their knowledge of and becoming more actively engaged in the special education process will enhance outcomes for children throughout the Commonwealth.

Scott Reiner
Executive Director
Office of Children's Services

Scott Reiner is the Executive Director at the Office of Children's Services where he is responsible for all activities of the Office in implementing and administering the statewide Children's Services Act program. He has been at OCS for five years and was been Director since June of 2015. He came to OCS after 26 years at the Virginia Department of Juvenile Justice.



Scott has a master's degree in clinical psychology and been closely involved in improving practices for children and adolescents with behavioral health issues across child serving agencies. As the father of three young adults, he has a special appreciation for the challenges of guiding young people successfully to adulthood.

Cheryl J. Roberts
DMAS Deputy Director of Programs

Cheryl J. Roberts is Deputy Director of Programs for the Department of Medical Assistance Services in the Commonwealth of Virginia which provides Medicaid and SCHIP services for over 1,000,000 clients in the Commonwealth expending \$9 billion a year. In her current position, she is responsible for the program development and executive oversight of non LTSS Medicaid managed care delivery system which covers 700,000 members, dental services, quality management, service, claims and provider operations, and program integrity operations for the agency. Previous responsibilities included oversight long term care, pharmacy services and behavioral health. Prior to working with the Department, Ms. Roberts served as the Chief Operations Officer of a Virginia based Medicaid health plan and was the Assistant Vice President of Operations for a large health insurance company in New York City. Ms. Roberts received her Juris Doctorate from Rutgers's State University of New Jersey Law School. She serves as an executive committee chair for NASHP and also works on various national health care projects, collaborative and committees.



Tammy Whitlock

Deputy Director for Complex Care Services, DMAS

Tammy Whitlock received her Bachelor's from Longwood University and her Master's in Health Administration from Virginia Commonwealth University. Prior to coming to the Department of Medical Assistance Services (DMAS) Tammy worked in the areas of physical rehabilitation, mental health, and juvenile justice. Tammy started working with DMAS in 1994 as a Rehabilitation Analyst and has held various positions in Long Term Care and Maternal & Child Health. Tammy currently serves as the Deputy Director for Complex Care Services.



Heidi Dix

DBHDS Deputy Commissioner Regulatory and Legislative Affairs

Heidi Dix serves as Deputy Commissioner for Quality Assurance and Government Relations at the Virginia Department of Behavioral Health and Developmental Services, where she oversees legislative and budget strategy and provides oversight for the Offices of Regulatory Affairs, Licensing, and Human Rights. She has served in several roles at the Department over the past decade, including as Assistant Commissioner for Developmental Services, where she was

responsible for monitoring and overseeing the implementation of Virginia's settlement agreement with the U.S. Department of Justice.

Heidi has worked with Virginia health care policy matters since 2006, when she was the Deputy Secretary of Health and Human Resources under then- Gov. Timothy Kaine (D-Va). She also has experience as a state affairs lobbyist representing managed care organizations and as a policy director for a major health insurance company. She attended Cornell University as an undergraduate and holds a Master of Public Health degree from the University of Albany. If she is not spending time with her amazing family or working, she is probably out running somewhere.

James J. Regimbal, Jr.

Fiscal Analytics, Ltd.

Jim Regimbal has over 35 years of experience in state and local budget and tax policy analysis. He served for 13 years on the staff of the Virginia Senate Finance Committee from 1987-1999, where he provided the Committee with expertise in tax policy, economic and revenue forecasting and transportation and finance agency budgets.

In 1999, he co-founded Fiscal Analytics Ltd. where his expertise in state and local budget and tax policy issues have been provided to local governments, business groups, trade associations, and nonprofit organizations. His local government clients currently include the Virginia Association of Counties, the Virginia Municipal League, and the Virginia First Cities Coalition. Past clients have included the Virginia Hospital & Healthcare Association (VHHA) and the Virginia Health Care Association (VHCA). Mr. Regimbal holds a B.S. in Economics from the University of Pacific, and an MBA from Virginia Commonwealth University. Jim has been married for 33 years and has three sons.





Jessica Webb

**Assistant Director of Social Services, Children's Services Act
Prince William County**

Jessica Webb currently serves as the Assistant Director of Social Services, Children's Services Act, for the Prince William County Department of Social Services. She has 13 years of direct CSA experience in several localities throughout the Commonwealth. She has a Bachelor of Arts in Sociology and Criminal Justice, a Master's of Business Administration and a Certificate in Local Government Management.

Julie Payne

**Children's Services Act Coordinator
City of Roanoke**

Julie Payne has served as the Children's Services Act Coordinator for the City of Roanoke since 2014. She has a Bachelor of Art degree in Psychology from Hollins University, a Master of Arts degree in Criminal Justice from Radford University, a Certificate in LEAN Program Management from Virginia Tech and a Certificate in Multi-System Integration from Georgetown University.



Brady Nemeyer

**CSA Program Administrator
City of Richmond**

Brady Nemeyer has been the CSA Program Administrator for the City of Richmond since January of 2016. Prior to this he worked for the Office of Children's Services (OCS) for over 8 years where he provided technical assistance on CSA policy as well as training to local CSA systems. He also served as the liaison to the private provider community and Magellan.

Prior to OCS, Brady held various roles in the private sector working for a private day school and with companies that provide TFC and community-based services. Brady has a degree in Child Life-Psychology from Syracuse University. He also met his wife while at Syracuse University. In 2001 they moved from New York to Virginia and now along with their two daughters call Virginia their home.



Special Guest Speaker



The Honorable T. Montgomery “Monty” Mason
Senate of Virginia, 1st Senate District

Senator Monty Mason represents the Virginia Peninsula’s 1st State Senate district, including the City of Williamsburg and parts of Newport News, James City County, Hampton, York County and Suffolk. Monty was twice elected to the House of Delegates in the 93rd District in 2013 and 2015 before winning his race for State Senate in a special election in November of 2016.

During his tenure in the legislature Monty has worked to improve the child welfare system, protect seniors, serve our veterans, create opportunities for small businesses and improve education for Virginia’s children. He has worked to better the Foster Care system in Virginia by carrying legislation to implement the Families First Prevention Services Act, bringing federal

dollars to the Commonwealth for prevention services. He has also been pivotal in advocating for the expansion of offshore wind in Hampton Roads, carrying standalone legislation in 2020 to bring this emerging industry to the region with the expectation of new jobs, businesses and skilled trades to further diversify our economy. No stranger to community service before he took office, Monty has been volunteering and supporting the community for nearly two decades. He is a strong supporter of the College of William and Mary and was honored with the Alumni Service Award in 2018. He was formerly Chairman of the William and Mary Athletic Educational Foundation and Williamsburg Economic Development Authority. He sponsors an annual College Creek cleanup to remove debris and trash from a part of a local creek every April.

His legislative appointments include serving on the Commerce and Labor committee, Privileges and Elections committee, Rehabilitation and Social Services committee, Agriculture, Conservation, and Natural Resources committee, and the General Laws and Technology committee. Additionally, he serves as Virginia’s legislative representative to the Atlantic States Marine Fisheries Commission and was recently appointed to the Jamestown Yorktown Foundation, and the Frontier Culture Museum while being reappointed to the Hampton Roads Transportation Accountability Commission, the State Executive Council to the Office of Children’s Services, and the State Water Commission for the length of his Senate term.

Monty’s career in business spans more than 25 years and includes working in real estate with Land America Financial Group and the financial sector with more than a decade at VISA Inc. in fraud and risk management. Monty is a 1989 graduate of William and Mary where he earned a BA in government. He lives in Williamsburg with his wife, Pamela, who works at the College of William and Mary. They have two daughters, Taylor Anne and Hawley.

VCOPPA would like to thank our Sustaining Members for their ongoing support of the Coalition.

For details on membership, please visit the Coalition website:

WWW.VCOPPA.ORG

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