

ABOUT NATUROPHORIA'S SKIN WELLNESS ASSESSMENT™



Bio- individuality: Naturophoria's personalized approach distinguishes that each person is unique as the skin concerns that are presented. Our goal is to address the possible cause of any skin condition, and not just address the symptoms.

Through our methods in consultation and evaluation – emphasis is placed on addressing the biological dynamics and arriving at comprehensive program to address individual needs. The protocols that are utilized include both holistic and integrative approach to encourage skin vitality and overall dermal homeostasis. Functional cosmeceuticals, biocompatible skin care products and integrative procedures are also an integral part of naturopathic dermatotherapy.

- Consultations, services and skin assessments are provided by advanced appointment only – We welcome general questions regarding naturopathy and holistic skin care – however, we cannot make specific skin care problem recommendations without an appointment, intake evaluation and Skin Wellness Assessment™.
- Evaluations are an integral part of the naturopathic philosophy taking into consideration: lifestyle, hormones, nutrients, topical products and more. Careful consideration is given to the overall status of general well-being and potential influence on the skin. It is important to note that dermatotherapy adopts a completely non-invasive approach to skin care and often takes time for symptomology and nature to join forces
- **As overall wellness takes its cue from nature – problematic skin may not present “instant gratification” when our recommended program begins. As with any modification – patience must be given for the products and treatments to acclimate, adjust and evolve.**
- **The in - depth Skin Wellness Assessment™ and comprehensive holistic skin evaluation is invaluable in determining individual and specific needs for services, products and programs, and is required at Naturophoria before any esthetic service may be performed.**

- The Skin Wellness Assessment™ is designed for first time clients who are seeking guidance for overall skin wellness or specific skin concerns or conditions: acne, rosacea, hyperpigmentation, etc.; follow up screenings may be done as well and are recommended yearly.
- This service includes an in-depth skin 60 - point skin assessment evaluation and skin scanning with the Observe 520 device, fundamental skin wellness coaching, skincare service recommendations and product recommendations.
- Additional skin care services products and evaluations are not included in this session. Please plan one to 1.2 hours for the initial Skin Wellness Evaluation & Assessment™. A follow up email and report will be provided to you with the photos, skin evaluation, interpretation, findings and recommendations.
- **For TeleEsthetic Skin Wellness Assessment™: We will need the following from you prior to our Zoom meeting:**
 - Due to technicalities - we are not able to offer the Observe 520 photo analysis over the internet – however, we may still conduct a very comprehensive assessment via zoom face to face consultation and collective information that you may supply us with.
 - “Selfie pictures” taken in outdoor lighting to show detail up close of your skin. (especially problem areas) as well as front view and both sides of face. These photos must be clear resolution with no shadows or glare.
 - Front and back side photos of all of your skin care products, supplements and any medication information. We need to see a detail of the ingredients of the products that you are using. They may be in a grouping – it is not necessary to send individual photos.
 - Completed client intake form. We will email you with this form and other information needed when your appointment is booked and confirmed with payment.
 - When we receive confirmation and payment – we will email you with a Zoom link for your consultation appointment. Your initial consult session does not include any additional consults, services or products.
 - You will receive a follow up email and in depth 60- point report, assessment and evaluation findings following the consultation. Generally, at least one or two short consultation sessions are required afterwards.

- Follow up consults may range from no charge (for short information conversations) to 1/2- or 1-hour sessions for additional assessment and information requested, you will be advised of an additional billing time if applicable in advance.
 - Any lab work, further testing or visits with another practitioner are not included in the assessment.
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- Please contact us at naturophoria@gmail.com for any questions you may have- Thank You!