

ABOUT NATUROPHORIA'S SKIN WELLNESS ASSESSMENT™



Bio- individuality: Naturophoria's personalized approach distinguishes that each person is unique as the skin concerns that are presented. Our goal is to address the possible cause of any skin condition, and not just address the symptoms.

Through our methods in consultation and evaluation – emphasis is placed on addressing the biological dynamics and arriving at comprehensive program to address individual needs. The protocols that are utilized include both holistic and integrative approach to encourage skin vitality and overall dermal homeostasis. Functional cosmeceuticals, biocompatible skin care products and integrative procedures are also an integral part of naturopathic dermatotherapy.

- The Skin Wellness Assessment™ is designed for first time clients who are seeking guidance for overall skin wellness or specific skin concerns or conditions: acne, rosacea, hyperpigmentation, etc.; This service includes an in-depth skin assessment and skin scanning, fundamental skin wellness coaching, skincare service and product recommendations.
- Additional skin care services products and evaluations are not included in this session. Please plan one hour for the Skin Wellness Evaluation & Assessment™.
- Evaluations are an integral part of the naturopathic philosophy taking into consideration: lifestyle, hormones, nutrients, topical products and more. Careful consideration is given to the overall status of general well-being and potential influence on the skin. It is important to note that dermatotherapy adopts a completely non-invasive approach to skin care and often takes time for symptomology and nature to join forces.
- As overall wellness takes it cue from nature – problematic skin may not present “instant gratification” when our recommended program begins. As with any modification – patience must be given for the products and treatments to acclimate, adjust and evolve.

- Preventative skin script programs encourage health skin through balance, attentive care, product & regime and treatments - Give time for nature to take its cue - from you!
- The in - depth Skin Wellness Assessment™ and comprehensive holistic skin evaluation is invaluable in determining individual and specific needs for services, products and programs, and is required at Naturophoria before any esthetic service may be performed.
- Consultations, services and skin assessments are provided by advanced appointment only – We welcome general questions regarding naturopathy and holistic skin care – however, we cannot make specific skin care problem recommendations without an appointment, intake evaluation and Skin Wellness Assessment™.
- For TeleEsthetic Skin Wellness Assessment™: We will need the following from you prior to our Zoom meeting:
 1. Selfie pictures taken in outdoor lighting to show detail up close of your skin. (especially problem areas) as well as front view and both sides of face.
 2. Front and back side photos of all of your skin care products, supplements and any medication information. We need to see a detail of the ingredients of the products that you are using.
 3. Completed client intake form (will be emailed to you when appointment is booked and conformed with payment.
- Please contact us at naturophoria@gmail.com for any questions you may have- Thank You!