

ABOUT NATUROPHORIA'S TELE ESTHETICS CONSULTATIONS
What to Expect at Your First Appointment
PLEASE READ BEFORE SCHEDULING



Our concept is bio-**individuality**. Naturophoria's personalized approach distinguishes each person as unique as the skin concerns that are presented. Our goal is to address the possible root causes and influences of any skin condition, rather than just its symptoms.

About the Approach

- Evaluations are an integral part of the naturopathic philosophy taking into consideration: lifestyle, nutritional balance, topical products and more. Careful consideration is given to the overall status of general well-being and potential influence on the skin.
- It is important to note that naturopathic dermatotherapy adopts a completely non-invasive approach to skin care and takes time for symptomology and nature to join forces. We advise clients to understand not to expect rapid results or “instant gratification” from their first visit.
- As overall wellness takes its cue from nature – the skin as an organ of the body, must be given consideration as such. As with any type of routine modification (exercise, sports, nutrition) – patience must be given for the products and treatments to acclimate, adjust and evolve. Additionally, each skin condition is individual - and presents various healing potentials and requires **time**. As your natural healing potential predicts – we are unable to quote a *specific* time frame that your concerns to resolve. We can make general observations and advise based on our experience with our programs.
- For dermatological health concerns (cancer, infection, etc.;;) – please schedule an appointment with your primary care physician, dermatologist, or urgent care facility.

TeleEsthetics

For TeleEsthetic Assessment™: We will need the following from you prior to our Zoom meeting:

- Due to technical limitations, we cannot offer the Observe 520 photo analysis over the internet. However, we can conduct a comprehensive assessment through a Zoom face-to-face consultation, utilizing the collective information you provide.
 - We will need “selfie pictures” taken in outdoor lighting to show the detail up close of your skin. (especially problem areas) as well as the front view and both sides of the face. These photos must be clear resolution with no shadows or glare.
 - We will need front and back side photos of all your skin care products, supplements, and any medication information. We need to see the details of the ingredients of the products that you are using. They may be in a grouping – it is not necessary to send individual photos. Please email these to us.
 - Completed client intake forms. You may download these forms directly from the website forms. We must receive these forms via email and your payment prior to scheduling an appointment.
 - Once we receive confirmation of payment and your forms, we will contact you to schedule a Zoom meeting appointment. Virtual appointments are available only on Mondays due to our clinic scheduling. We will email you a Zoom link for your consultation appointment a few days in advance. Your initial consult session does not include any additional consults, services, or products unless you are scheduling the dermaviduals® consultation, where starter products are included.
 - Non-dermaviduals® consultations: You will receive a follow-up email evaluation finding following the consultation. Generally, at least one or two short consultation sessions are required afterwards, and these will be discussed or advised.
 - Follow-up consults may be booked for 1/2- or 1-hour sessions to provide additional assessment and information and can be scheduled in the appointment section.
 - Any lab work, further testing, or visits with another practitioner are not included in the assessment.
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- Please contact us at naturophoria@gmail.com for any questions you may have- Thank You!