
BOTOX

POST-TREATMENT INSTRUCTIONS

IN ORDER TO MINIMIZE THE RISK OF POSSIBLE SIDE EFFECTS AND COMPLICATIONS OF INJECTIONS PLEASE FOLLOW THESE SIMPLE STEPS:



WHAT TO EXPECT AFTERWARDS:

Bruising varies between patients. Usually minimum bruising occurs and resolves within 2-3 days. On occasion, bruising may be more significant and last up to 7-10 days.

It is normal to feel "firmness" in the injection area (s) for the first few days after treatment. Over time, the area will soften, leaving you with a natural looking result.



POST-TREATMENT BOTOX

- Do NOT manipulate the treated area for 3 hours following treatment. Do NOT receive facial/laser treatments or microdermabrasion after Botox injections for at least 10 days.
 - Some providers believe that smiling and frowning right after Botox treatments helps the Botox find its way to the muscle into which it was injected after treated.
 - Do NOT lie down for 4 hours after your Botox treatment. This will prevent the Botox from tracking into the orbit of your eye and causing drooping eyelid.
 - It can take approximately 4 to 7 days for results to be seen.
 - Do NOT perform activities involving straining, heavy lifting, or vigorous exercise for 6 hours after treatment. This will keep the Botox in the injected area and not elsewhere
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