

## Pre-Procedure Care Instructions

To maximize the effects of your Procedure and make it last

Regular Facials will maintain the effects of your treatment. But avoid them for a week before and after your procedure.

Gently cleanse and moisturize your face every day.

Come into your appointment with clean, moisturized skin but no make-up.

Eat something and be wellhydrated to avoid the chance of getting lightheaded during your procedure.

Bring in medical history and consent forms if you completed them on paper ahead of time.