

NEWSLETTER

J CONNECT

Journeys & Connections..

*As Ram roars in triumph, we ride the wave of celebration into the second edition of **J-Connect** ; a space where fresh journeys unfold and bold dreams take flight.*

This issue salutes the spirit of champions, spotlighting entrepreneurs and influencers who are rewriting the rules and rising with resilience. Let their stories inspire your next move, your next idea, your next leap. And as the festive season fills the air with joy and togetherness, may this edition spark celebration in your heart and ambition in your soul.



In this Edition

Spices and Herbs

Health mix products

Fashion and Ornaments

Confectionery

Health Care

Education and Art

Women health and Ayurveda

Hair, Beauty, Mehendi

Sweets and Snacks

Organic Products

Miscellaneous



Elevate your Visibility

Are you an aspiring or established entrepreneur or someone who has a story to share?

Come forward and be part of our next edition!

Book your slot today and let's celebrate your journey.

Call: 8610564907

Email: jagryty@gmail.com

Together, let's build a stronger, entrepreneur community.

A Spice Artisan with a mission

Joitri Chowdhury, founder of SPICEBLEND, turned her passion for purity and tradition into a thriving spice brand. Since 2022, she's championed authentic, preservative-free masalas crafted through sun-drying, slow roasting, and stone-grinding. Despite early challenges, her commitment to quality earned SPICEBLEND FSSAI certification and PAN India reach. From sourcing South Indian spices to fulfilling bulk orders, Joitri's journey reflects resilience, trust, and a deep love for flavor. She now expands into instant premixes for today's fast-paced kitchens.



Joitri Chowdhury

Joitri lives by the principle: "If we can't eat it ourselves, we'll never serve it to others." She believes that, Purity is not just our promise, it's our pride."

Connect For

All kind of Spices

Special Masala mix for various Cuisines

Variety of Mix Combo Spices

Instant Mix

Explore Products at
www.spiceblendmasala.com



Contact : 9952065237

Iris Court, MWC

Where Style Meets Affordability

Krivira Collections is go-to online store for stunning imitation Jewellery and stylish women's and kids' wear. What sets them apart is their direct sourcing from trusted weavers and manufacturers across India, offering incredible variety at budget-friendly prices. From everyday elegance to festive sparkle, Krivira makes shopping joyful, affordable, and exciting. I love staying updated through their WhatsApp group and exploring new arrivals. it's a great way to discover fresh styles and enjoy a seamless shopping experience.



Krivira Collections brings joyful, affordable fashion to life with curated jewellery and apparel sourced directly from trusted Indian artisans

Connect For

Imitation Jewellery Sets
(necklace, earrings, bangles)

Women's Ethnic Wear
(sarees, kurtis, gowns)

Kids' Festive & Casual Wear

Seasonal Combo Offers & Gift Pack

Must Grab festive Dussehra-Diwali offers—spend ₹3000 and receive a free product worth ₹500!

<https://www.facebook.com/61553684391698>

<https://wa.me/9398639758>

https://www.instagram.com/kriviracollections?utm_source=qr&igsh=NWRt



Contact : 9398639758/9291304053
Hyderabad

Weaving Wellness Through Ayurveda and Yoga

Dr. Suhasini is a qualified Ayurveda Practitioner. She has done her M.D. (Ayurveda) from Maharashtra University of Health Sciences. She is certified yoga wellness instructor, certified by Yoga certification Board. She has completed Certificate programme in advanced clinical skills in Ayurveda (CACS) from Kottakkal Ayurveda school of Excellence. More than 10 years she is practicing Ayurveda for wellness. She is also engaged in daily Yoga wellness activities.



Dr. Suhasini

She believes in holistic healthcare management and hence each treatment is personalised

Connect For

Yoga and Diet for All

Personalized Ayurvedic consultation

Swarnaprashan

Ayurveda Medicines

Diwali Special UBTAN and Abhyang Oil
Available with Pre-order

AWNTM
Ayursatmya Wellness Nest

Online store for
Ayurveda Products and Medicines
Pre-book your orders

Skin care

Mind care

Gut Care

Child Care

Hair care

Women care

Eye Care

Products Like

Chavanprash
Darunaka Oil
Ayush Kwath
Castor Oil
Nilibhringadi Oil
Anu Tail
Yastimadhu Churna
Triphala Churna

Products Like

Ayurveda Antacids
Herbal Bath powder
Cough Syrup
Shatavari kalp
Asthiposhak Kalp
Panchendriya Vardhan Oil
Suntha Churna
Aswagandha

7083880857

**Pre book before
07th October**

DIWALI SPECIAL UBTAN
(AYURVEDIC NATURAL HERBAL POWDER)
AND
ABHYANGA OIL

AVAILABLE WITH PRE ORDER

7083880857
Dr. Suhasini - M.D. Ayurveda



||सुवर्णप्राशन||
Suvarna Prashan

Improves Immunity
Improves Digestion
Increases concentration and memory
Enhance response to Allergy.

Age : 0 to 12 years
Contact : Dr. Suhasini
7083880857

Contact : 7083880857

Iris Court, MWC

Grandmother's Touch — Pure Nutrition with Love

Padmapriya ji is a proud grandmother whose love for her family sparked a beautiful entrepreneurial journey. What began as preparing nutritious, homemade snacks for her children—like sprouted green gram balls, horse gram bars, and millet powders—soon evolved into crafting wholesome products for her grandchildren. Her dedication to purity, with no preservatives or additives, reflects her deep care and commitment. Based in Thoetti Thanjavur, Coimbatore (R.S. Puram), Padmapriya ji now offers healthy, handmade food products for all age groups, proving that passion and purpose can bloom at any stage of life.



Padmapriya

She is on a mission to nourish every generation with pure, handcrafted food products made from traditional wisdom and natural ingredients.

Connect For

**Sprouted Ragi Cereal
(6+ Months)**

**Dry Fruits Mix / Powder
(8+ Months)**

Sathumaavu Health Mix

Marundhuvidhai Kuzhambu Mix

https://www.instagram.com/tho.ttil_thaniyam?utm_source=qr&igsh=NGNIN3d0aHAYYm0=



THOTTIL THANIYAM
R.S. Puram, Coimbatore - 641002.
Cell : 98428 48062

சீனல் (6+ மாத குழந்தைகள் மட்டும்)

- கிளசிக் சீனல் (கனசென், கனல், எல்ட்ரீட் பூட்(கனசென்)) - ரூ. 200
- புரோட்டீன் ரிச் சீனல் (15+ வார, வயதான குழந்தைகள் மட்டும்) - ரூ. 250
- ஸ்பிரவுட்டெட் ராஜி சீனல் - ரூ. 150
- ஸ்வீட் டீப்ஸெட் ராஜி சீனல் - ரூ. 150

ரஜி சீனல் (6+ மாத குழந்தைகள் மட்டும்)

- ராஜி சீனல் - ரூ. 140
- (ரஜி + எல்ட்ரீட், கனல், கனல், கனல், கனல், கனல்) - ரூ. 170
- கனல் கனல் சீனல் - ரூ. 170
- (15 வார, வயதான குழந்தைகள் மட்டும், கனல், கனல், கனல், கனல், கனல், கனல்) - ரூ. 170
- கனல் கனல் கனல் (கனல், கனல், கனல், கனல், கனல், கனல்) - ரூ. 200
- கனல் கனல் கனல் (15 வார, வயதான குழந்தைகள் மட்டும், கனல், கனல், கனல், கனல், கனல், கனல்) - ரூ. 200

புரோட்டீன் ரிச் சீனல் (15+ வார, வயதான குழந்தைகள் மட்டும்)

- புரோட்டீன் ரிச் சீனல் - ரூ. 250
- (புரோட்டீன் ரிச் சீனல், கனல், கனல், கனல், கனல், கனல்) - ரூ. 250

புரோட்டீன் ரிச் சீனல் (15+ வார, வயதான குழந்தைகள் மட்டும்)

- புரோட்டீன் ரிச் சீனல் - ரூ. 250
- (புரோட்டீன் ரிச் சீனல், கனல், கனல், கனல், கனல், கனல்) - ரூ. 250

THOTTIL THANIYAM
R.S. Puram, Coimbatore - 641002.
Cell : 98428 48062

CEREAL (6+ Months Babies)

- Classic Cereal - Rs. 200
- (Banana, Pine, Roasted Dates)
- Protein Rich Cereal - Rs. 250
- (15+ Versatile Herbs & Roots)
- (Suitable for New Moms)
- Sprouted Ragi Powder - Rs. 150
- Raw Northstar Banana Powder - Rs. 150
- Sweet Potato Powder - Rs. 150

POWDERS & MIXES (6+ Months Babies)

- Black Urad Dal Powder - Rs. 140
- (Black Urad Dal, Black Kandi Rice, Masala Sambar Rice)
- Multigrain Powder - Rs. 170
- (15+ Versatile Herbs, Spices, and more)
- Wheat Ragi, 4-Grain varieties and more
- Sathumaavu - Rs. 170
- (15+ Ingredients, Pulses, Nuts, Spices, and more)
- Wheat and Mahana Malt - Rs. 225
- (Sprouted Wheat, Malt, and more)
- Protein Milk Shake - Rs. 285
- (15+ Dates & Nuts, 6+ Seeds, Dry Dates)

TRADITIONAL MIXES

- Marundhu Kuzhambu Mix - Rs. 200
- (15+ Versatile Herbs & Roots)
- (Suitable for New Moms)
- Garlic Elachi Malt - Rs. 200
- (Suitable for New Moms to Boost Milk Supply)
- Sathava Rasam Mix - Rs. 250
- (Cold & Cough)

SADHAPODI VARIETIES

- Paruppu Sathapodi - Rs. 150
- Pongu Sathapodi - Rs. 180
- Murungaiyeri Sathapodi - Rs. 180
- Kuruvaiyeri Sathapodi - Rs. 180
- Kollu Sathapodi - Rs. 180

Cost of 200grams are mentioned

Freely prepared with Natural Ingredients Suitable for Babies, Mothers and the Whole Family

Contact : 9487222191/9842848062

Nova, MWC/ Coimbatore

Hearing, Balance & ENT Solutions

Dr. Sheetal K, M.S. ENT and Certified Vertigo Specialist, is a leading expert in diagnosing and treating vestibular and ENT disorders in Chengalpattu. With decades of hands-on experience in academics and clinical care, she founded the Hearing and Balance Clinic at Sumyuktha Polyclinic to offer advanced, non-invasive diagnostics and personalized rehabilitation. Her passion for restoring balance and hearing health is matched by her precision and empathy. From vertigo evaluations to neonatal hearing screening, Dr. Sheetal's clinic is a trusted destination for holistic ENT care, empowering patients to regain clarity, confidence, and comfort in their daily lives.



Dr. Sheetal K

Her mission is to restore balance, hearing, and confidence through compassionate care and cutting-edge diagnostics—empowering every patient to live with clarity, comfort, and renewed vitality

Connect For

Vestibular Rehabilitation & Vertigo Diagnosis (VNG, FHIT, VEMP/ECOCG)

Advanced Hearing Lab (Audiometry, OAE, BERA, Hearing Aid Trials)

Allergy, Snoring & Swallowing Diagnostics

Speech Therapy & Voice Evaluation

<https://drsheelalentchengalpattu.com/>

<https://maps.app.goo.gl/ynrKjoVykJ3KLhRj7>



Contact : 9894136363/9500550602

Chengalpattu

Weaving Fashion into Everyday Life

With a flair for fashion and a passion for celebrating everyday elegance, Nithiya Balamurugan curates Vaniba Collections—a vibrant boutique offering stylish ethnic and casual wear for all ages. From chic Sudi tops and Plazzo pants to graceful straight-cut materials and statement jewelry, her collection blends comfort with charm. Whether you're dressing up for a festive occasion or adding flair to your daily wardrobe, Vaniba Collections brings you handpicked pieces that speak style with soul.



Nithiya aims to provide individuals with fashion that blends tradition, comfort, and everyday elegance

Connect For

Sarees

**Sudi Tops, Materials, Plazzo,
Straight Pants**

Kids wear

Jewelery

*Diwali Special – RETURN GIFTS
available*

WhatsApp community:

https://chat.whatsapp.com/DxuqakaVGR93Y8RAQwMzSV?mode=ems_wa_t

Contact : 8056146753

Avigna, MWC

Aaptherbs: Nature's Touch for Everyday Wellness

Founded by Ramya Badri in 2018, Aaptherbs is a natural skincare, haircare, and traditional food products brand based at Sixer Complex, Saradha College Main Road, Salem. She offers preservative-free products like Age Revive Serum, Shikakai Shampoo Bar, Herbal Jaggery Powder, and Instant Sprouty Ragi Milkshake. Her air is to promote natural living and traditional herbs while empowering young entrepreneurs through wholesale opportunities. Aaptherbs caters to parlours, boutiques, organic shops, and return gift segments, blending wellness with entrepreneurship.



Ramya Badri

Her Mission is To provide natural and friendly products for everyone, while creating awareness about traditional herbs and their importance

Connect For

Herbal Hair Dye

Age Revive Serum

Shikakai Shampoo Bar

Herbal Jaggery Powder, and Instant Sprouty Ragi Milkshake

Online Orders delivered, Contact :
9965320776

<https://www.instagram.com/aaptherbs?igsh=em9zbm02cGJnaGZl>

<https://share.google/34Gkd0JD4ciZjuMr7>

<https://aaptherbs.com/>

AaptHerbs
Nature for you



Contact : 9965320776

Erode



Jayeeta Das

Her mission is to light up homes around the world with candles that spark joy, serenity, and connection—crafted with care, inspired by dreams.

Connect For

Custom Candle Orders

Event gifting solutions

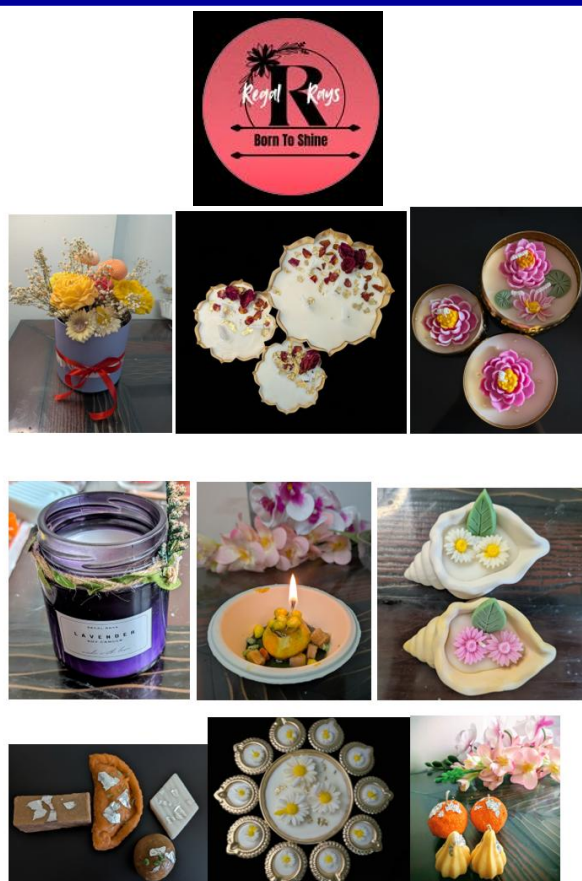
Workshop and Demos

Bulk and Corporate Orders

<https://www.instagram.com/regal.rays?igsh=dGQ0aGJzcXpmaDc1>



www.shubhiva.com



Contact : 9940104663

Iris Court, MWC

From Passion to Pastries

Pallavi is a dedicated working professional whose love for baking began with a simple wish—to serve healthy, homemade snacks to her kids. What started as a joyful experiment soon blossomed into a heartfelt passion. The aroma of freshly baked treats filling her home became a source of happiness, especially when shared and savored by others.

Today, Pallavi runs a growing home-based baking venture. Her menu features an irresistible range: assorted brownies, cheesecakes, millet tea cakes (ragi, wheat, kambu, banana, walnut), jar cakes, Korean cheese buns, tres leches cakes, and pastries. She also takes birthday party and return gift orders, blending health, taste, and creativity in every bite



Pallavi

Her journey is a beautiful reminder that with love, dedication, and a dash of courage, a passion can rise into a purposeful business.

Connect For

Brownies and Blondies

Cupcakes and Cookies

Korean Cheese Bun

Tres Leches Cake

https://www.instagram.com/brownies_bakz?igsh=MXNtaDQxY2cxajEwNw==



Contact : 9677122761

DRA Pristine Pavalion, MWC

Dresses designed to celebrate you

Neethimozhi is a passionate boutique entrepreneur who turned her dream into reality through hard work and creativity. She owns Neethimozhi Boutique, specializing in elegant ladies' wear such as kurtis, sarees, gowns, and trendy ethnic outfits. Selling actively on Instagram, Meesho, and Amazon, she has built a strong presence among fashion-loving women. Starting small, she grew her brand step by step with sheer dedication and attention to detail. Every outfit reflects her unique sense of style and commitment to quality. Managing everything from design to delivery on her own, she stands as a true example of self-motivation. Today, Neethimozhi continues to empower and inspire women entrepreneurs through her journey of style, confidence, and success



Neethimozhi

Her inspiring journey proves that with determination, passion can become a profession

Connect For

Designer Sarees

Kurtis

Gowns

Ethnic Outfits

https://www.instagram.com/neethimozhi_boutique?utm_source=qr&igsh=MXVvY2Z1bzdZOGZncQ==



Contact : 9626312807

Kelambakkam OMR, Chennai

Authentic South Indian Food

Tamizhan Mess in Chengalpattu is a well-loved spot run by Mr. Tamil Prabhakaran, known for serving authentic South Indian meals with care and consistency. The place has built a quiet reputation over the years for its fresh ingredients, traditional recipes, and homely atmosphere. From soft idlis and crispy vadas to flavorful biryanis and curries, every dish reflects the local taste and cooking style. The spices are ground in-house, and the food is made with attention to detail. It's a simple, welcoming mess where people come for honest food and leave with satisfied hearts



Tamil Prabhakaran

Tamizhan Mess is preserving the rich flavors of South Indian cuisine by serving traditional, home-style meals made with fresh, local ingredients

Connect For

Biryani

South Meals

Rice/ noodles

Special Egg Items

For Online order, dial 90034 80034

TAMIZHAN MESS MENU	
BIRYANI	MEALS
CHICKEN BIRYANI 200	VEG MEALS 130
CHICKEN AS BIRYANI 220	NON VEG MEALS 160
MUTTON BIRYANI 230	
CHICKEN THOKKU BIRYANI 230	GHEE RICE COMBO
MUTTON THOKKU BIRYANI 330	GHEE RICE + CHICKEN GRVY 240
PRABHU THOKKU BIRYANI 330	GHEE RICE + MUTTON GRVY 300
EGG BIRYANI 140	GHEE RICE + BENDAL GRVY 330
KUSKA 120	
RICE/NOODLES	EGG SPECIAL
CHICKEN RICE/NOODLES 160	CHICKEN CHEESE OMELETTE 120
MUTTON RICE/NOODLES 200	CHICKEN OMELETTE 200
PRABHU RICE/NOODLES 160	CHEESE OMELETTE 80
MIXED N/V RICE/NOODLES 140	VEGETABLE OMELETTE 70
EGG RICE/NOODLES 120	CHILLA EGG 80
VEG RICE/NOODLES 120	EGG PODIRASIGE 50
MUSHROOM RICE/NOODLES 140	OMELETTE(S) 25
GHEE RICE/NOODLES 140	OMELETTE(S) 30
PANNER RICE/NOODLES 140	KALAKI 50
	MILK ROLL 20
	PAUL ROLL 20
	BOILED EGG 20
SOUP	VEG STARTERS
CHICKEN SOUP 70	GHEE 65 150
MUTTON SOUP 90	PANNER 65 150
VEG CLEAR SOUP 50	MUSHROOM 65 150
MUSHROOM SOUP 40	MILK CURRY 360
	GHEE MANCHURIAN 150
	MUSHROOM MANCHURIAN 150
	MUSHROOM PEPPER FRY 250



Contact : 9003480034, 6383914545

Chengalpattu

A Living Legacy of Regenerative Farming

Air Marshal Subramanya Sukumar (Retd) and Dr. Sadhana Sukumar have transformed their ancestral land in Kayapakkam into a 25-acre certified organic farm. **SONGs** is a self-sustaining ecosystem with coconut, mango, turmeric, dairy, bees, biochar, and solar-powered infrastructure. Every input is farm-made—from Panchagavya to vermicompost—ensuring carbon-conscious, chemical-free cultivation. Their mission: to rejuvenate soil, water, and community through regenerative agriculture. They host training sessions for farmers and students, inspiring sustainable living & environmental stewardship



Dr. Sadhana Sukumar & Air Marshal Subramanya Sukumar (Retd)

Their vision is to nurture a self-sustaining, regenerative ecosystem where soil breathes, water flows with purpose, biodiversity thrives, and communities reconnect with nature—through mindful, organic farming rooted in Tradition and Innovation

Connect For

Organic Wellness Powders

Leaf-Based Herbal Powders

Natural Hair & Skin Care powders

Farm & Soil Enhancers

<https://share.google/u8lsCCUU7YXOvo678>

<https://youtube.com/@sadhanaorganicnat uregarden5137?si=gvxU6y8iH2SRrajW>

<https://share.google/XljAlz4X9FycPDiw4>



SONGs Prices

04 Oct 25

Following items available at *Farm gate prices*:

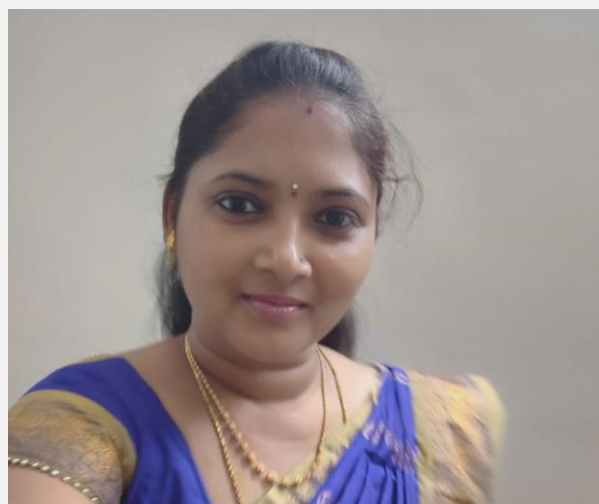
1. Organic Turmeric Powder	100 gm	
	Rs 40	
	500 gm	
	1 kg	320
2. Organic Sprouted Ragi powder	Rs 40	
	Rs 85	
3. Organic Vallarai Leaf Powder	100 gm	
	Rs 125	
6. Organic Amla powder	Organic	Rs 80
7. Organic Moringa leaf	150 g	250 gm
		Rs 310
8. Organic Amla powder	Rs 80 / 10g	
	Rs 100 g	250 gm
9. Organic Amla	Rs 100 / kg	
	Rs 410 / 300 gm	
10. Vermicompost	Rs 30 / 2 kg	
11. Enriched Vermicompost	Rs 300/ 25 kg	bag
12. Panchagavya	Rs 140 / lit	
	(Usage 40 ml / lit wate)	
13. Fish Amino Acid	Rs 300/ kg	
	(5 ml / lit)	
14. Biochar	Rs 300/4 kg	bag

Contact : 9868396201/8860992033

Kayappakkam

Touch of Elegance: Anarva Beauty Salon at Lakewood

In the heart of Lakewood, Mahindra World City, Divya has beautifully blended passion and professionalism to create Anarva Beauty Salon—a cozy, home-based haven for self-care. With a warm smile and skilled hands, she offers a wide range of affordable beauty services, from rejuvenating facials and stylish haircuts to organic hair treatments and precision threading. Her thoughtfully curated menu reflects both quality and care, making Anarva a trusted choice for women seeking elegance, comfort, and personal attention right in their neighborhood.



Divya

Divya's mission is to offer elegant, affordable self-care through personalized beauty services in a warm, home-based setting

Connect For

Facials

Hair Cut and Hair Dressing

Threading, Bleach, D-TAN

Waxing



ANARVA BEAUTY SALON

Threading

- Eyebrows 30
- Upper lip 20
- Forehead 20
- Full face 100
- Chin 20

Bleach/D-Tan

- Face & neck 200/250
- Hands 150/200
- Feet 150/200
- Back neck 100/150

Waxing(Rica)

- Full arms 300
- Half legs 350
- Full legs 450
- Underarms 100
- Full face 100
- Upper lip 50
- Chin 30

Hair Treatment

- Hair spa 500
- Split Ends 200
- Head Massage 250
- Hair Fall 600
- Dandruff 600

Facials

- Clean up 240
- Herbal facial 400
- Fruit facial 340
- Green facial 550
- Wine facial 650
- Papaya facial 650
- Gold facial 750
- Diamond facial 950
- (Advance facial)
- Salingaw facial 1099
- Skin lightening 1199
- Vitamin -C facial 1299
- Bristle facial 1499

Hair cut

- Straight cut 150
- wavy cut 200
- advanced hair cut (350-700)

Hair Colouring

- (Dye)
- Root touch-up 150
- Full hair 500
- (Stems)
- Half hair 350
- Burgundy 350

Contact:
Divya
Lakewoods
A -1005
M.no 9940682137



Contact : 9940682137

Lakewood, MWC

A Journey of Grace, Grit, and Glamour

Priya is a vibrant mom of two beautiful girls, whose life story is a blend of passion, performance, and perseverance. A former actor, dancer, and singer, she spent over a decade lighting up the Tamil entertainment industry. Her professional dance career began in 2007 with Maanada Mayilada Season 3, choreographed by the legendary Kala Master. From there, she rose to fame through numerous shows on Vijay TV and memorable roles in popular serials like Saravanan Meenakshi, Kalyanam Mudhal Kadhal Varai, and many more.

After years in the spotlight, Priya embraced a new chapter—marriage, motherhood, and a digital renaissance. Today, she's a thriving influencer, YouTuber, mom blogger, and social media personality, inspiring thousands with her authenticity, creativity, and charm.



Priya

Her journey is a testament to how dreams evolve, and how passion never fades—it simply finds new stages to shine on.

Connect For

Creative Campaigns with Star Power

Collaborate on YouTube videos, reels, and blogs

Performance-Driven Promotions

Empowerment & Authenticity

<https://youtube.com/@priyamanjunathan5774?si=xPNhP1e6Rczeeb3E>

https://www.instagram.com/priya_the_mom?igsh=NTMwaGY2MXp0ZDIq&utm_source=qr



Contact : 9884385053

Aqualily, MWC

Knead to Know the joy of baking

Ritu Bokaria is a dedicated homemaker and passionate home baker whose love for cooking blossomed into a heartfelt journey. Baking became her sweetest escape, and sharing dishes with friends and family sparked a deeper purpose—teaching. When her children left for higher studies, she found new meaning in the quiet and launched ***Knead to Know***, her baking classes. Through them, she transforms her love for food into joyful moments, inspiring others to create, share, and celebrate the art of baking.



Ritu Bokaria

"Knead to Know is Ritu Bokaria's heartfelt mission to inspire joy, creativity, and connection through the art of home baking."

Connect For

Signature Eggless Cakes

Artisan Breads

Festive Cookie Hampers

Hands-On Baking Classes

https://www.instagram.com/kneadtoknowbyritu?igsh=MWs3dWtzdHNzaW5pcA%3D%3D&utm_source=qr



Contact : 9444488104

Aqualily, MWC /Anna Nagar

CraftyCharu – Creativity through Curiosity

Charu Gupta, known to thousands as **CraftyCharu** is a self-taught artist who began her journey during lockdown with zero art experience—but endless curiosity. From clay experiments to viral DIY reels, she built a vibrant creative community across Instagram, Facebook, and YouTube.

Her work inspires everyday people to explore art fearlessly and joyfully. Charu's story proves that consistency and passion can turn a spark into a movement.



Charu Gupta

Charu believes in the power of curiosity, consistency, and creativity. Her journey reflects a deep faith in starting small, learning along the way, and staying true to one's passion

Connect For

DIY Art Tutorials

Collaborations & Workshops

Brand Campaigns

Building Creative Community

<https://www.instagram.com/craftycharu/?igsh=ZXRhM3lqOW9yOWxy#>

<https://www.facebook.com/share/1G1QqY1Sqz/>

<https://www.youtube.com/@craftycharu>



Contact : 7875587867

Jain Sudarsana, Tambaram

Healthy Sweets – From Her Home to Yours

What began as her small kitchen experiment to create guilt-free sweets for her family has grown into Iniyazh Healthy Sweets — a heartfelt venture where she crafts traditional ladoos with a healthy twist. She believes taste and health should go hand in hand, so every batch is freshly prepared using natural ingredients like millets, jaggery, ghee, and seeds — with no preservatives or refined sugar. Each sweet she makes carries the warmth of homemade love and the promise of wellness, beautifully bridging tradition with today's health-conscious lifestyle.



Sathya Viknesh

As the founder of Iniyazh Healthy Sweets, she loves exploring new and innovative ways to make our age-old ladoos both nutritious and delicious.

Connect For

Ragi Millet Ladoos

Black Gram Ladoos

Hemoglobin Ladoos

Health Drinks

<http://www.theiniyazhsweets.com/>

Iniyazh Healthy Sweets



Contact : 8610072184

DRA Pristine Pavilion, MWC

Annam Creations : Raw Farm Honey

Annalakshmi Ananth is a passionate entrepreneur behind Annam Creations Raw Farm Honey, offering pure, handcrafted honey infused with traditional wellness. Her products are rooted in nature and crafted with care, using ingredients like Thirikadugam, ginger, long pepper, and black pepper to enhance immunity and healing. With a focus on raw, unprocessed honey, she promotes natural living and holistic health. Annalakshmi's dedication shines through every drop—bringing age-old remedies to modern homes with warmth, authenticity, and purpose.

<https://www.instagram.com/reel/C99cl95xvMu?igsh=MWRrY3dzcTg1MWMZeg==>

<https://youtube.com/shorts/0GVy9xIJscs?si=vzSwY201PwclG4lr>

Connect with her at **9486043736**
Hallmark Sapphire, MWC



Annalakshmi Ananth



Mehendi by Sway: Swetha's Artistic Journey

Swetha S M, a spirited 3rd-year Engineering student, channels her boundless creativity into the art of mehendi. What began as a fascination blossomed into a passion, leading her to pursue advanced training. Under the name *Mehandi by Sway*, she offers elegant, affordable designs—from festive poojas to grand, customized bridal and baby shower mehendi patterns. Using 100% organic cones, her work is safe, fragrant, and deeply personal. Each design reflects stories, emotions, and artistry that linger beautifully on the skin.

Instagram – @mehendi_by_sway

Connect with her at **98403 92017**
Iris Court, MWC



Swetha SM

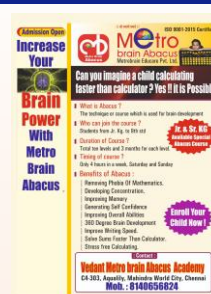


Unlocking Young Minds with Abacus

Metro Brain Abacus Academy offers transformative abacus training for children from Jr. KG to 9th grade, helping them calculate faster than a calculator! Through this proven technique, kids develop sharper concentration, memory, listening skills, and creativity. The academy also provides handwriting courses, Vedic Math, and mid-brain memory programs. With certified instructor and engaging methods, Metro Brain Abacus empowers young minds to think faster, smarter, and brighter.



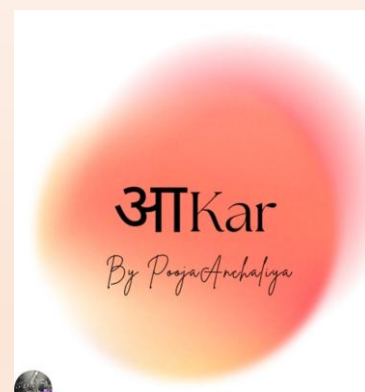
Nikita Joshi



Connect with her at **8140656824**
Aqualily, MWC

Personalized Art that connects

Aakar is Pooja's beautiful venture into handcrafted elegance. From customized name plates and magnet frames to trays, coasters, and bookmarks, each piece reflects her love for detail and creativity. Whether you're looking for wedding or corporate souvenirs or a thoughtful gift, Pooja's creations add a personal, artistic touch. I'm so proud to support her journey—she's turning everyday items into keepsakes that speak from the heart



Pooja Anchaliya

**Customized Name Plates & Magnet Frames,
Wedding & Corporate Souvenirs**

Connect with her at **8220482280**
Chengalpattu



Empowering Cricket Dreams in Chengalpattu

From world-class gear to elite coaching, cricket enthusiasts in Chengalpattu have a winning edge thanks to S.A. SPORTS and AKTIV Cricket Academy. S.A. SPORTS, a trusted wholesale and retail dealer, brings top-branded cricket accessories—SS, SG, MRF, CEAT, and more—directly to players and teams, ensuring quality and affordability. AKTIV is more than an academy—it's a launchpad for future champions.

Adding to this momentum, Sreekanth R's BCCI Level-1 Certification marks a proud milestone. His achievement reflects the academy's commitment to excellence and its role in shaping skilled, confident coaches.



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96000 04723 |

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Facilities:

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- Group Coaching
- Personal Coaching
- Nets Under Lights
- Tournaments
- Practice Matches
- Bowling machine
- Nets For Corporate Renting

Friday | Saturday And Sundays Coaching Start For Boys and Girls From Age 6

Venue: Aktiv Sports Park, #62, Parannur, (Downtown Road), Mahindra World City

Contact: 96000 04723

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Now With Advanced Coaching Modules

ADMISSIONS OPEN!!
Coaching Starts For Boys & Girls from Age 6 and above

Coaching Details

- Cricket Fitness Sessions
- Batting & Bowling Skill Sessions
- Fielding & W.Keeping Skill Sessions
- Mental Conditioning
- Tactical Sessions

Facilities

- Astro Turf Pitches
- Bowling Machine
- Practice Matches
- Nets Under Lights
- Group Coaching
- Personal Coaching
- Corporate Net Bookings

AKTIV SPORTS PARK
#62, Parannur, Downtown Road, Mahindra World City

Map Location

Official Partner **S.A.SPORTS**

96000 04723 |

ICC NIS CERTIFIED COACHES

R.Sreekanth S.Pramod K.M. Anbu

Writers Column

एक लेखिका

उन्होंने एक सवाल पूछा, "मैं करती क्या हूँ?"

मैंने कहा...

शब्दों के ताने-बाने में मैं खोयी-खोयी रहती हूँ,
शब्दों से खेला करती हूँ, शब्दों से बातें करती हूँ,
कभी बचपन की गलियों से कुछ किस्से कागज़ पर लिखती हूँ,
जब मन बोझिल हो जाता है, लिख कर हल्का कर लेती हूँ
कुछ ऐसे ही ताने-बाने से मैं बुनती रहती हूँ,
एक लेखिका हूँ और दिल से कागज़ पर लिखती हूँ।

— ईशा पुरी

भारतीय नारी

Isha Puri

अपने आप में परिपूर्ण है एक भारतीय नारी,
वो बहु के रूप में घर के बुजुर्गों की देखभाल करती है,
पत्नी और प्रेयसी के रूप में पति की ज़रूरतों का ध्यान रखती है,
माँ के रूप में बच्चों की सखी बन शरारत भरे खेल खेलती है और एक अध्यापिका
बन उन्हें व्यावहारिक ज्ञान और अनुशासन सिखाती है,
बेटी के रूप में ब्याह के पराये घर जाने के बाद भी मोह के अटूट दागे से हमेशा
मायके से बंधी रहती है,
जीवन रूपी रंगमंच में अपनी हर भूमिका को वो बखूबी निभाती है
मोम सा दिल रखने वाली वो ज़रूरत पड़ने पर फौलाद बनने का हौसला भी
दर्शाती है,
इसी लिए तो दुनिया की भीड़ में अपनी एक अलग पहचान बनाती है
और अप्रतिम कहलाती है



तेज

इस तेज़ रफ़्तार ज़िंदगी से कुछ लम्हें चुरा लिए हैं मैंने अपने लिए,
अपनी इच्छाओं को पूरा करने के लिए,
कुछ लिखने के लिए और कुछ मनपसंद पढ़ने के लिए,

उम्र के इस पड़ाव पर अपनी खुशियाँ चुनने लगी हूँ मैं
समझ गयी हूँ ज़िंदगी की क्षणभंगुरता और
खुल के ज़िंदगी जीने लगी हूँ मैं।

Isha Puri



Isha Puri

Hiranandani, OMR

Ms Isha Puri holds a Master's degree in English Literature along with a B.Ed., and teaching has always been her passion. After marriage, she devoted several years to raising her children, temporarily pausing her career—but the dream of returning to the classroom never left her heart. Fifteen years later, she embraced the opportunity to teach again with wholehearted joy. She has taught in both India and Japan, enriching her perspective through cross-cultural connections with students.

For her, teaching is far more than a profession—it's a source of joy and deep self-fulfillment. Alongside her teaching journey, she nurtures a profound love for writing. Many of her blogs and short stories have been published on various platforms, where she uses writing as a beautiful medium of self-expression.

Currently, she also conducts public speaking classes from home, empowering learners to express themselves with confidence and clarity. Teaching, writing, and mentoring together form the very essence of who she is.

https://drive.google.com/drive/folders/1zAcpyUo8HlfkzVPBAdUxB-Yod92Y8tJc?usp=share_link

Writers Column

करवाचौथ



सजने-सँवरने का दिन आया है, प्यार का पैगाम लाया है,
हाथ पर मेहंदी, माँग में सिंदूर सजाया है,
आ जाओ चाँद — करवा चौथ का त्योहार आया है।
करवा चौथ भारतीय संस्कृति का एक महत्वपूर्ण हिस्सा है,
जो महिलाओं के अखंड सौभाग्य की कामना को पूरा करता है।
इस त्योहार में सोलह श्रृंगार करने और चंद्रमा की पूजा करने जैसी परंपरा है।
आज की महिलाएँ इस व्रत को पारंपरिक भूमिकाओं के साथ एक ऐसे पर्व के रूप में देखती हैं जहाँ वे अपनी इच्छा से त्याग करती हैं और प्रेम व्यक्त करती हैं।
महिलाओं के लिए यह एक सशक्त और लोकप्रिय पर्व है, जहाँ वे अपने जीवनसाथी और इस पवित्र रिश्ते के प्रति अपनी भावनाओं को व्यक्त करती हैं।
यह त्योहार पारंपरिक मान्यताओं के साथ आधुनिक रिश्तों में भी प्यार और समर्पण का प्रतीक है।
— दीपमाला

Ms. Deepmala Sati is a passionate Physics teacher with infectious enthusiasm for Science and a deep love for teaching. She holds a Master's degree in Physics and a B.Ed., and has taught across CBSE, ICSE, and IB schools in Mumbai and Chennai. Her diverse experience reflects her adaptability and dedication to student growth. Currently, she conducts Math and Science coaching classes, continuing to inspire young minds with clarity, curiosity, and a hands-on approach to learning.



Deepmala

Iris Court, MWC

Writers Column

பெண்களின் வெற்றி

பெண்களின் வெற்றி என்பது தனிப்பட்ட சாதனையை மட்டுமல்ல; அது குடும்பத்தையும் சமூகத்தையும் முன்னேற்றுகிறது. கல்வி, தன்னம்பிக்கை, உழைப்பு, பொறுமை ஆகியவை பெண்களின் வெற்றிக்கான அடிப்படைக் கற்கள். இன்றைய பெண்கள் அரசியல், அறிவியல், விளையாட்டு, தொழில், கலை, சமூக சேவை என பல துறைகளிலும் சாதித்து வருகிறார்கள். “ஒரு பெண் வெற்றி பெற்றால், ஒரு தலைமுறையே வெற்றி பெறுகிறது” என்பதே உண்மை.

Preethi Paventhan, wife of Dr. Paventhan (ENT), is a proud mother to two wonderful children—Gaurav (8) and Zara (2). She is a national swimmer and medalist whose journey in the pool began at the tender age of six. For Preethi, swimming is far more than a sport—it’s her happy place, where every stroke refreshes her mind, strengthens her body, and fills her heart with endless joy. Her dedication to the sport reflects her vibrant spirit and unwavering commitment.

Beyond the pool, Preethi is a passionate and driven individual who thrives on learning, embracing new experiences, and growing each day. Her enthusiasm is contagious, and she brings the same energy to everything she does.



Preethi Paventhan

Aqualily, MWC

J Connect – Journeys and Connections

Your Monthly Dose of Inspiration, Visibility & Growth

Are you ready to be seen, celebrated, and supported?

J Connect is more than a newsletter—it's a movement. We spotlight the journeys of passionate individuals, creative entrepreneurs, changemakers and beyond.

What We Do:

- *Share real stories that inspire*
- *Build meaningful connections across communities*
- *Help you grow your brand with visibility and heart*

Whether you're a budding artist, a bold business owner, or someone with a story that deserves to shine—J Connect is your stage.

Join the circle. Share your journey. Spark your growth.

Follow us, feature with us, and let the world know who you are.

J CONNECT

**Where every story finds its spotlight,
Where every Journey finds its Connections**

As I wrap up this second edition of **J Connect**, I'm filled with gratitude for the vibrant energy and stories that continue to flow through this platform. Each **journey** shared is a reminder of the brilliance that surrounds us—entrepreneurs, artists, and changemakers who simply need the right space to be seen and heard. This newsletter was born out of a desire to offer that space—to amplify voices, spark **connections**, and celebrate the spirit of growth. Thank you to everyone who has read, shared, and contributed. Your support fuels me.



More journeys await. More stories deserve the spotlight. And **J Connect** will be here soon. Until next time, take care and **wish you a great festive season**

With Kind regards,
Jagrity Shrivastava
Aqualily MWC