

NEWSLETTER

# J CONNECT *Journeys & Connections..*

*J Connect wishes you all a radiant Makar Sankranti and Pongal, May your spirits rise like kites and your homes be filled with warmth, prosperity and joy. Let this festive season bring together hearts, harvests, and happiness in every direction!*

## Kenzo Hospital: Excellence Across Specialties!

Kenzo Ortho & Women Care Centre is your trusted destination for compassionate, cutting-edge healthcare. With 25+ specialties under one roof, this facility blends expertise and empathy to serve every generation, ensuring wellness, comfort, and excellence in every step of your journey, guided by innovation, integrity, and personalized care.

*Experience trust, technology, teamwork, and total care : Only at Kenzo Hospital.*

**Kenzo**  
ORTHO & WOMEN CARE CENTRE  
A MULTISPECIALTY HOSPITAL

**WELCOME TO OUR MULTI-SPECIALTY HOSPITAL**

At Kenzo Hospital, we stand as a beacon of compassionate care and medical excellence, dedicated to serving our community with unwavering commitment.

### Specialties at Kenzo Hospital

- 👤 Family Physician
- 👤 Pulmonology
- 👤 Medical Gastroenterology
- 🦴 Orthopaedics
- 👤 Urology
- 👤 Surgical Gastroenterology
- 👤 Obstetrics & Gynaecology
- 👤 Fetal Medicine
- 👤 Vascular Surgery
- 👤 Pediatrics
- 👤 Plastic Surgery
- 👤 Ophthalmology
- 🧠 Neurology
- 👤 General Medicine
- 👤 Nephrology
- 👤 Neuro Surgery
- 👤 Cardiology
- 👤 Digital X-ray
- 👤 Physiotherapy
- 👤 Pathology
- 👤 Laparoscopy
- 👤 General Surgery
- 👤 Radiology
- 👤 Psychiatry
- 👤 Ent
- 👤 Anaesthesiology
- 👤 Dialysis

### Contact Us

📍 Kenzo Ortho and Women Care Centre Private Limited 11A, Devarajanar Street, Vedachala Nagar, Chengalpattu - 603001.

☎️ 044-27430000  
+91 7550012550

✉️ [info@kenzohospital.in](mailto:info@kenzohospital.in)

🌐 [www.kenzohospital.in](http://www.kenzohospital.in)



**Contact :**  
**Kenzo Ortho and Women Care Center**  
**Chenagalpattu**

**044-27430000**  
**+91 7550012550**

## Sip, Savor, Socialize at Dt Café, Downtown, MWC!

Craving comfort, style, and flavor? Step into Dt Cafe where handcrafted coffees, buttery croissants, and gourmet bites meet cozy vibes and great company. From rich desserts to sizzling pizzas, every dish is a delight. Visit Dt Cafe, Downtown MWC or order now. Good Food. Great Vibes. Always.



**Good Food**

**Great Vibes**



*Dt Cafe*



A warm, inviting café where handcrafted coffees meet buttery croissants, decadent desserts, and comforting classics like burgers and pizzas, all made to satisfy every craving.

Visit us today or order online!



7550055015



Dt Cafe, Downtown, MWC

# Ela Green School - Holistic Learning

At Ela Green School, academics are designed to help students understand, question, and apply learning in meaningful ways. Through the Primary Years Programme (PYP), Middle Years Programme (MYP), and Diploma Programme (DP), learners experience a seamless journey of growth. In the early years, education is hands-on and inquiry-based, encouraging children to explore the world with curiosity. As they advance, they develop strong **thinking, research, communication, and problem-solving skills**, connecting classroom learning to real-life situations. By the senior years, students are prepared to think independently, manage responsibilities, and make informed choices about their future. This approach goes beyond textbooks, building confidence, character, and a lifelong love for learning.

**ELA GREEN SCHOOL**  
AN IB CONTINUUM WORLD SCHOOL

Not sure one stream fits you?  
CHOOSE IB. CHOOSE FLEXIBILITY.

Not Science or Commerce. A personalised subject combination

**Rs 60,000/- DISCOUNT**

**ADMISSIONS OPEN!**  
2026-27

We help from start to finish!

- One curriculum. Multiple pathways
- Guided by structured career counselling
- Aligned with university options in India and abroad
- Designed for students who don't fit into boxes.

**ENROLL NOW!**  
8939958989

www.elagreenschool.org    MARAIMALAI NAGAR



## Venturing into Victory: Sports at Ela Green!

**PROUD MOMENT FOR ELA GREEN SCHOOL!**

Tarun Praneeth P - Gold  
Hithesh V - Silver

MYP-1 students  
Shines in Archery  
at ISSO National  
Tournament.

With precision, courage, and determination, our students have soared to victory; claiming **Gold and Silver in Archery**. Their achievement reflects not only sporting brilliance, but strength of character and spirit. Hours of perseverance have shaped this remarkable success story. They stand as shining role models for every learner in our school.

📍 Karambur Village, Near Maraimalai Nagar, Chengalpattu Taluk, Chengalpattu District, 603209.

Phone: **+91 89399 58989**

Email: [admissions@elagreenschool.org](mailto:admissions@elagreenschool.org)  
[info@elagreenschool.org](mailto:info@elagreenschool.org)

# Memories on Miles: Turning Journeys into Lifelong Stories

Memories on Miles is a travel venture committed to turning journeys into lasting stories. With access to 500+ suppliers and 1.2 million hotels across more than 200 countries, it ensures seamless planning and competitive pricing for every traveler. From adventure tours and pilgrimages to international holidays, each package is thoughtfully curated to deliver comfort, joy, and hassle-free experiences. Supported by 24/7 assistance and a passion for exploration, Memories on Miles helps people discover the world with ease. Their mission is to transform miles into cherished memories, making every trip an enriching and unforgettable experience.



**Praveen**

Founder – Memories on Miles

**+91 9150596555**

**+91 9884817000**

**Chengalpattu**

*Their aim is to create seamless, joyful, and unforgettable travel experiences by curating personalized journeys that transform miles into cherished memories*

**Connect For**

**Tour Packages**  
(International and Domestic)



<https://memoriesonmiles.com>

Email: [info@memoriesonmiles.com](mailto:info@memoriesonmiles.com)

<https://share.google/fhkBmPPdqIB96IMrW>

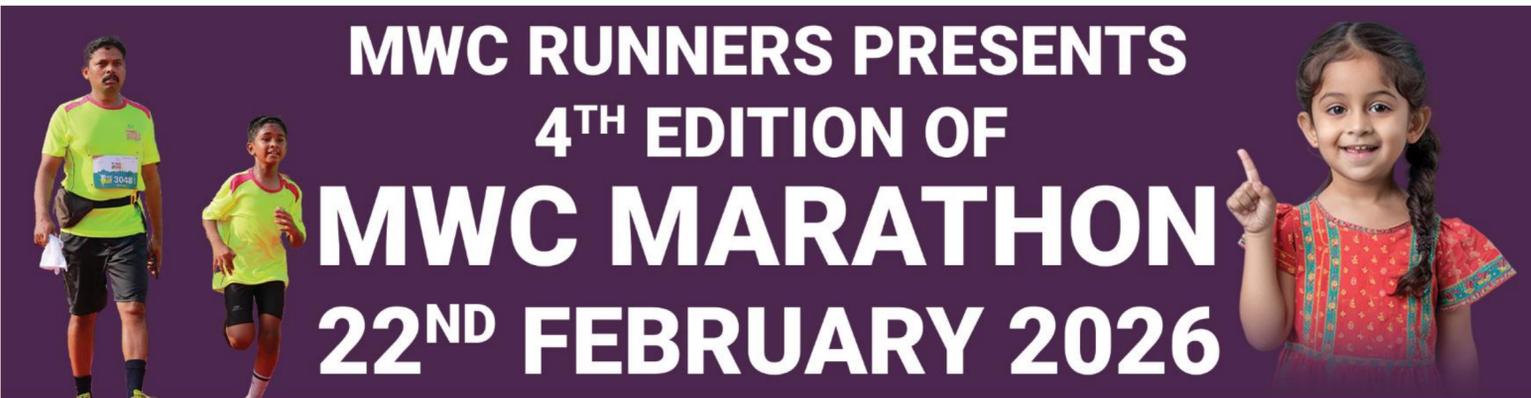
JANUARY 11, 2026

# Let's run with heart, Let's run for the purpose

Registrations closing soon for MWC Marathon 2026! Scan the QR code or visit [www.mwcrunners.com](http://www.mwcrunners.com) to sign up and secure your spot for the run on 22nd February at Mahindra World City. Don't miss it, Be part of the movement!



## MWC MARATHON 2026



IN COLLABORATION WITH **mahindra World City Chennai** & **MG YOUR WEB PARTNER**

POWERED BY **NAMMA FAMILY GROUP**

### RACE CATEGORIES

1 km | 3 km | 5 km | 10 km | 21.1 km



SCAN TO REGISTER

Register online [www.mwcrunners.com](http://www.mwcrunners.com)

Group Registrations [info@mwcrunners.in](mailto:info@mwcrunners.in) | +91 99949 93020

RACE DAY  
**SUNDAY 22<sup>ND</sup> FEB 2026**  
MOVE | WIN | CONTINUE

VENUE : MAHINDRA WORLD CITY,  
CHENGALPATTU



# Aaptherbs: Nature's Touch for Everyday Wellness

Founded by Ramya Badri in 2018, Apt Herbs continues to champion natural living through preservative-free skincare, haircare, and traditional foods. The brand's latest offerings, **Age Revive Serum, Herbal Shampoo Bar, Herbal Hair Dye, and** traditional sweets like **Kaju Katli**, reflect its commitment to blending wellness with tradition. Every product is handmade using ingredients like groundnut oil, jaggery, millets, and native rice, free from synthetic enhancers. Apt Herbs also curates festive packs and personalized gifts, empowering young entrepreneurs through wholesale opportunities while serving parlours, boutiques, and conscious communities with the warmth of motherly care and cultural pride.



Ramya Badri

Founder of **Aapt Herbs**

+91 9965320776

Salem, TN

*Her Mission is to provide natural and friendly products for everyone, while creating awareness about traditional herbs and their importance*



## Connect For

**Personal Care & Wellness : Age revive serum, Herbal Shampoo**

**Traditional Foods like Kaju Katli, Millet Mixtures etc**

**Natural Powders like Betel Leaf powder**

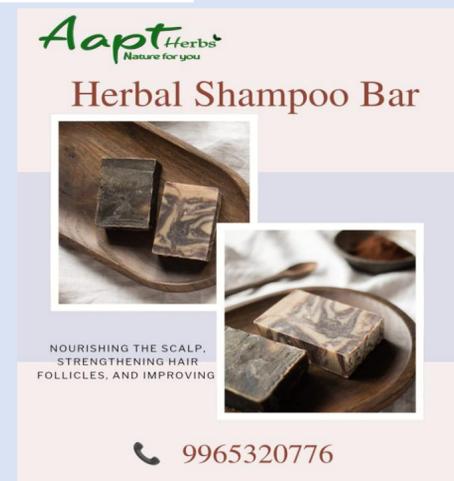
**Festive & Lifestyle Additions: Designer Sarees, Bags**

Online Orders delivered, Contact : 9965320776

<https://www.instagram.com/aaptherbs?igsh=em9zbm02cGJnaGZl>

<https://share.google/34Gkd0JD4ciZjuMr7>

<https://aaptherbs.com/>



## Extend a Hand, Transform a Life

Sarada Sakthi Peetam uplifts underprivileged children by nurturing their education, values, and well-being. Every contribution helps shape a child's future, turning compassion into lasting impact.



FOLLOW US ON SOCIAL MEDIA...

### சாரதா சக்தி பீடம் SARADA SAKTHI PEETAM

(An ISO 9001-2008 Certified Organisation Regn. No. CCPL/QMS/D1744)

No.72, Kamarajar Highways, Old Perungalathur, (Via) Tambaram, Chennai - 600 063. Phone : 044-22762299, 044-35756638  
City Office : 044-23714942, Cell : 8807000510, 8807000518 | E-Mail : ssspeetam@gmail.com | Website : www.sspeetam.in

#### இனிய புத்தாண்டு மற்றும் பொங்கல் நல்வாழ்த்துகள்

**SEASONS GREETINGS AND THANKS** For Your Continued Support. We pray to Bhagawan Sri Ramakrishna to bestow all the good things in life on you, your family and friends.

அன்புள்ளம் கொண்டோரே!

நாங்கள் தொடர்ந்து அளித்து வரும் மனப்பூர்வமான உதவிகளுக்கு எங்களின் நன்றியும் நல்வாழ்த்துக்களும், பகவான் ஸ்ரீ ராமகிருஷ்ணர் தங்களுக்கும் நங்கள் குடும்பத்தாருக்கும் அனைத்து நலன்களும் தந்தருளுமாறு பிரார்த்திக்கின்றோம்.

சாரதா சக்தி பீடம் நிர்வாகம்  
இறைவர் தொடர்பும்  
நிர்வாகம்

#### AN APPEAL

Sarada Sakthi Peetam (SSP) Perungalathur, Chennai earlier known as Shiri Ramakrishna Seva Gurukulam started in 1988 is doing spiritual, Medical, Education and orphanage services to the poor and downtrodden people. The second branch of SSP was started in 2004 at Karaikal to help the children of Tsunami Victims. In addition, the girls are accommodated in separate own house in Perungalathur, Chennai. Around 150 Children are accommodated in all the above institutions.

The ashram aims at bringing the children to a level where in they can stand on their own legs. For this they are sent to good schools to study minimum of upto 10th or 12th Std. Children who are good in studies are sent to college.

The entire expenditure of the ashram is met from the donations of philanthropists. We request you to donate liberally to the destitute children who are in need of your benevolent helping hands. For this purpose we have various donation schemes to cover each and every donor.

a) **Permanent Endowment Schemes** are given below, Wherein the donation is kept as a deposit in a bank and only the interest is used

i) Adoption of one student permanently till he / she completes his / her education (Providing Food, Cloth & Yearly Education Expenses)	₹	50,000	<input type="checkbox"/>
ii) Providing Breakfast, Lunch & Dinner, once in a year on a particular day	₹	35,000	<input type="checkbox"/>
iii) Providing Lunch, once in a year, on a particular day	₹	15,000	<input type="checkbox"/>
iv) Providing Breakfast, once in a year, on a particular day	₹	10,000	<input type="checkbox"/>
v) Providing Dinner, once in a year, on a particular day	₹	10,000	<input type="checkbox"/>
vi) Yearly Education Expenses for one student	₹	20,000	<input type="checkbox"/>
vii) Baghawan Sri Ramakrishna Pooja once in a year on a particular day	₹	5,000	<input type="checkbox"/>
b) i) To cater for higher education under "SSP Higher Education Endowment Scheme"	₹	2,000 and above	<input type="checkbox"/>
ii) Yearly Maintenance Expenses for a student	₹	24,000	<input type="checkbox"/>

(ஓராண்டிற்கான (குறைந்தபட்ச) கல்விச் செலவுகள், உணவு, மருத்துவ செலவுகள், புத்தகப்பை, ஒரு ஜோடி காலணிகள், புத்தாடை மற்றும் பள்ளி சீருடைகள்)

Total Number of children in the Ashram is 150. The Children are fed either Normal or Special Food depending on the donations Received. The Details are given below.

Time	Normal Food For 50 Children	Extra charges will be collected for special food.
Breakfast	1,000	
Lunch	2,000	
Evening Tiffin / Snacks	1,000	
Dinner	1,000	
Full Day Feeding	5,000	



Scan and Donate



c) Donation to meet yearly requirements of a child		
1. School bag for a child	₹	500 <input type="checkbox"/>
2. A pair of Shoes for a child	₹	500 <input type="checkbox"/>
3. 2 Sets of New Dress & Uniform for one child	₹	1,500 <input type="checkbox"/>
4. Complete set of books for a child	₹	500 <input type="checkbox"/>
5. One Year education expenses for a child	₹	2,000 <input type="checkbox"/>
6. Medical Insurance for a child	₹	3,000 <input type="checkbox"/>

d) **Monthly Running Expenditure** for SSP Works out to nearly Rs.8,50,000/- To meet this expenses any donor donating any amount is whole heartedly welcome.

City Office:  
No.7/4, Velu Street, West Mambalam,  
Chennai - 600033. Ph:044-23714942



**Whatsapp**  
88070 00510

**ANY CONTRIBUTION MADE IN ANY SCHEME IS EXEMPTED FROM TAX UNDER SEC 80G**

## Your Journey with LIC and Career Opportunities Begins Here

Mr. Sakthivel KN, Senior Business Associate at LIC of India, Chengalpattu, leads with trust and dedication from his service centre at Mahindra World City. Through his venture, LIFE PLUS Agents Recruitment, he empowers aspiring professionals to build rewarding careers in insurance. Through his platform [www.jobslc.in](http://www.jobslc.in), he specializes in recruiting and mentoring insurance agents, with a strong emphasis on **female empowerment** and career growth. His commitment to financial literacy and long-term security makes him a reliable partner for both clients and agents. Connect with Sakthivel to explore LIC plans or launch your journey as a Life Insurance Advisor.



**KN Sakthivel**

**+91 9944055277**

*Aqualily, MWC*

*His mission is to empower individuals, especially women, with career opportunities in insurance through trusted LIC guidance.*

### Connect For

Recruitment of LIC Agents

Life Insurance Advisory Services

Agent Training & Mentorship

Workshops & Knowledge Sharing

Can your **Second Income** be more than **₹ 10 Lacs**

Join **LIC** as an Advisor  
Full Time | Part Time

You can also become LIC Agent

**Benefits**

- Own Business, Independent Career
- Attractive Commission, Renewal Commission
- Flexible Working Hours as per Conveyance
- Expert Guidance & Special Training
- Medclaim, Gratuity & Many more..
- Housing Loan (as low 5% - 7.5% Interest)
- Two / Four Wheeler, Computer, Laptop, Loan (0%)

ELIGIBILITY: Min. 12th Pass, Age - 18 Years & Above

for more information please contact **KN SAKTHIVEL** (Senior Business Associate)  
**9944055277**

**LIC's JEEVAN UTSAV - Plan**

★ Single Premium | Guaranteed | Whole Life Income

**Pay ONCE. Earn FOREVER.**

**Single Premium:**  
₹ 4,94,850/- (One Time Investment)

**Guaranteed Benefits**

- ✓ Guaranteed Life-Long Income ₹ 50,000 every year Starting from 8<sup>th</sup> year - for lifetime
- ✓ Guaranteed Additions + ₹ 20,000 every year for 7 years Total GA: ₹ 1,40,000

**Family Protection**  
Fund payable to nominee: **₹ 7,58,000/-** (Guaranteed benefits + protection)

**Liquidity & Flexibility**

- ✓ Loan available after just 3 months
- ✓ Easy exit option through surrender
- ✓ Ideal for retirement income & legacy planning

**CALL ME NOW**

To secure **guaranteed lifelong income** before interest rates move further down

**Why Choose**

- ◆ Guaranteed income
- ◆ No market risk
- ◆ Government-backed LIC assurance
- ◆ Returns far superior to bank FDs

\*Terms & Conditions apply. Name dependent on age & option selected.

[www.jobslc.in](http://www.jobslc.in)

**JANUARY 11, 2026**

## A Journey Within: The WISE Retreat with Dr. Sankaran

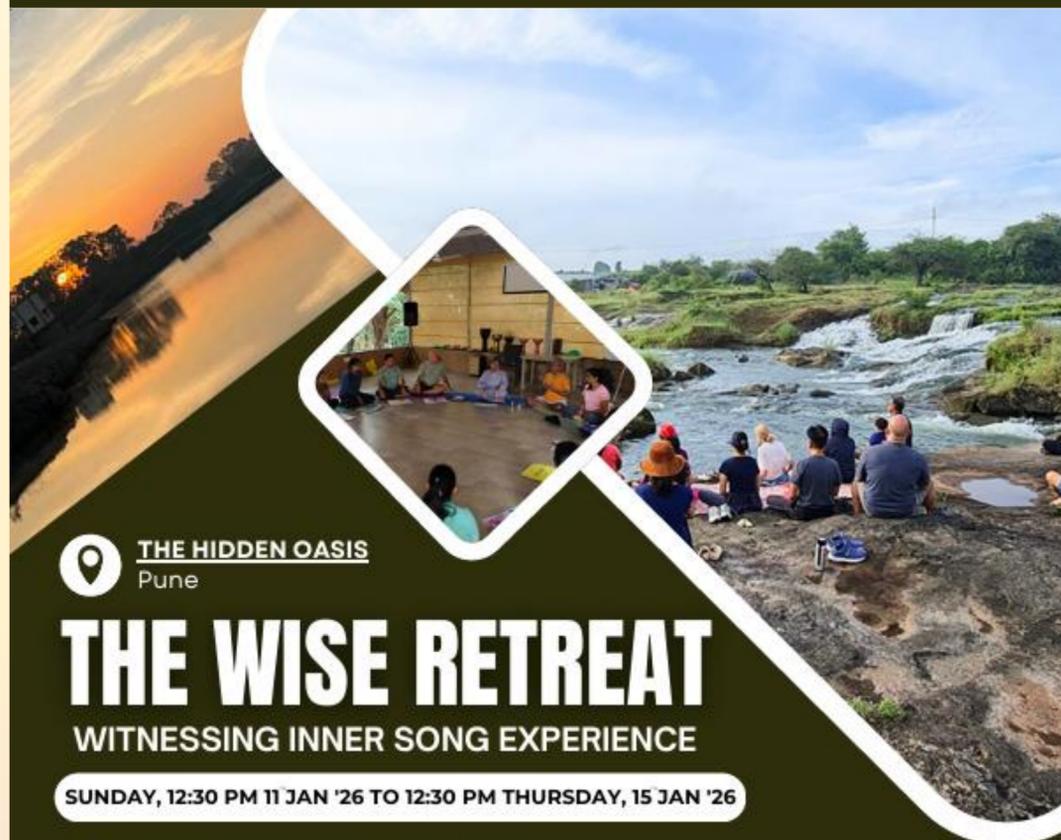
Dr. Rajan Sankaran, a globally renowned homeopath and Gold Medalist from Bombay Homeopathic Medical College, has transformed modern practice through his pioneering Sensation Method. As founder of the other song International Academy and WISH network, he continues to advance holistic healing by integrating homeopathy, meditation, and innovative Raga therapy. A prolific author, his landmark books; The Spirit of Homoeopathy, The Soul of Remedies, Structure: Experiences with the Mineral Kingdom, and Homeopathy for Today's World; document decades of clinical insights. His groundbreaking research, including the Witnessing Inner Song Experience (WISE), equips practitioners worldwide with deeper tools to understand patients and inspire lasting healing across cultures



**Dr. Rajan Sankaran**

*He is on a mission to guide people toward true healing and happiness by helping them rediscover their inner song through homeopathy, holistic practices, and transformative retreats*

### Come join "The Wise Retreat" - Witnessing Inner Song Experience



**THE HIDDEN OASIS**  
Pune

## THE WISE RETREAT

WITNESSING INNER SONG EXPERIENCE

SUNDAY, 12:30 PM 11 JAN '26 TO 12:30 PM THURSDAY, 15 JAN '26

**FEES: INR 50,000/- (INDIANS)**  
EARLY BIRD OFFER - INR 45,000

**FEES: USD 700/- (FOREIGNERS)**  
EARLY BIRD OFFER - USD 650

SCAN THE QR CODE FOR PAYMENT LINK:

**REGISTER NOW**

Early bird offer ends Dec 1, 2025

Cancellation policy: 100% refund before Dec 6, 2025  
50% refund before Dec 20, 2025 & No refund after Dec 20, 2025

The 5-day residential WISE retreat is meant to kick-start your journey to a healthy life. It focuses on the physical, mental, social, and spiritual aspects of health. Central to the retreat are the WISE (Witnessing Inner Song Experience) processes developed by Dr. Rajan Sankaran which are tools to become aware of the deep patterns within us that lead to disease, such an awareness itself has a deep healing effect.

**KINDLY NOTE: Dr. Rajan Sankaran will be present for one entire day during the course of the retreat**

For program related queries, please

**Contact - REEMA SHAH : +91 9920787776**

The Wise Retreat is an upcoming 5-day residential program designed to bring emotional, mental, and spiritual balance. Guided by Dr. Rajan Sankaran's unique WISE (Witnessing Inner Song Experience) method, it helps participants reconnect with their inner self and begin a journey of true healing. Dr. Sankaran will be present for a full day, guiding participants personally

#### Dates:

**Sunday, 11 Jan 2026 (12:30 PM) to Thursday, 15 Jan 2026 (12:30 PM)**

#### Venue:

**The Hidden Oasis, Pune**

<https://g.co/kgs/xjer8da>

#### Contact

**Reema Shah +91 9920787776**

**Email: [hello@rajansankaran.com](mailto:hello@rajansankaran.com)**

<https://rajansankaran.com/>

# Mahindra Blossom: A Sanctuary of Vibrant Living

Immerse yourself in vibrant living at Mahindra Blossom, where bougainvillea canopies and world-class amenities create a sanctuary of joy. From badminton courts to a half-Olympic pool, explore 97,000 sq. ft. of pure lifestyle magic at Hopefarm Junction, Whitefield, **Bangalore**



**Aravind S**  
**+91 85262 15317**



- 97,000 sq. ft. of amenities & clubhouse
- Bougainvillea canopies
- 2 badminton courts
- Half-Olympic size swimming pool

Launching 2, 3 & 4 BHK at Hopefarm Jn., Whitefield  
starting ₹1.90 Cr+\*

**mahindra Blossom**  
HOME of POSITIVE ENERGY

*Exclusive 1.5% benefit for Corporates Employees*

Aravind S ☎+91 85262 15317 | [subramaniayan.aravind@mahindra.com](mailto:subramaniayan.aravind@mahindra.com)  
Satyam Tiwari ☎+91 8867 485479 | [tiwari.satyam2@mahindra.com](mailto:tiwari.satyam2@mahindra.com)

\*T&C Apply. This Project is registered with Karnataka RERA having registration no. PRM/KA/RERA/1251/446/PR/171225/008348 dated 17-12-2025 valid upto 31-10-2030 available on <http://rera.karnataka.gov.in/>. The information contained herein is indicative of the kind of development that is proposed. All specifications of the Project will be as per the agreement to be executed between the parties. Buyer Discretion advised. For more information, please contact our sales office/show at Mahindra Blossom, Pattandur Agrahara Village, K R Puram 2 Hddl, Bangalore East, Taluk, Bangalore or visit [www.mahindrablossom.com](http://www.mahindrablossom.com).

## Crafting Homes with Heart and Sophistication

Sonam Kumari, founder of *Blue Honey*, brings creativity and sophistication to **home and lifestyle décor**. Based in Gami Industrial Park, Pawne MIDC, Navi Mumbai, her venture curates unique, handcrafted pieces that blend artistry with functionality. Through *Bluehoney.store* and vibrant social media platforms, Sonam connects with design-lovers seeking timeless style. With a vision to enrich everyday spaces, *Blue Honey* offers décor that celebrates individuality and elegance, making homes warmer and more inspiring. Sonam's journey reflects passion, innovation, and a commitment to accessible luxury



**Sonam Kumari**

Founder – *Blue Honey*

**+91 9004844264**

**Navi Mumbai**

*Her aim is to enrich everyday living with handcrafted décor that blends artistry, functionality, and timeless style.*

### Connect For

Beautifully designed Candles for Home Decor

Decorative Accessories – Stylish trays, holders, and table accents

Lifestyle Décor Pieces – Unique handcrafted items

Seasonal Collections

Website: <https://bluehoney.store/>

<https://www.linkedin.com/company/blue-honey-retail/>

<https://www.instagram.com/bluehoneydecor?igsh=MWVqdnh2c3Y1bThxcw==>

<https://www.facebook.com/share/17qUKW4wju/>



## Learning Beyond Books: A Hub for Minds & Play

Anjali Joshi, certified career counsellor and mentor at Mahindra World City, has expanded her vision of holistic education with the **Achiever's Hub Toy, Games & Books Library**. Alongside academic coaching, Olympiad prep, and skill-building workshops, she now champions purposeful play as a vital part of child development. Toy libraries also benefit parents by offering a cost-effective alternative to purchasing toys that children quickly outgrow. With fresh toys in rotation, children naturally spend **less time on screens** and more time in creative play. Through age-appropriate toys, books, and games, she empowers families to reduce screen time, embrace sustainability, and inspire lifelong learning.



**Anjali Joshi**

Founder – Achievers Hub

Contact : 8754421412

Iris Court, MWC

*Her mission is to nurture confident, curious, and well-rounded children through purposeful play and holistic learning.*

### Connect For

Career Counselling

Mathematics Tutorials

Leadership Workshops

Toys and Games Library



Email id: [anjalitutorials1980@gmail.com](mailto:anjalitutorials1980@gmail.com)

Web-site: [achievershub.edumilestones.com](http://achievershub.edumilestones.com)



**Achiever's Hub**

Empowering students beyond the classroom!

## achiever's hub TOY LIBRARY

Why buy toys when you can RENT them.

Obtain a subscription NOW!

**SAVE BIG!**

A toy costs anywhere between Rs. 800 to Rs. 2000 . Today, obtain a subscription at our toy library in less than **HALF** that price and take away **twice** the amount of toys home!



Subscriptions:

1 month : Rs. 300  
3 months : Rs. 800  
6 months : Rs. 1500  
Yearly : Rs. 3200

Rent a game for:

Kitty Party  
Family Get-together  
Birthday Party

Contact :  
8754421412

AT AMAZING RATES!

No membership needed!

Location: B-129, Iris Court  
Over 30 different types of toys and games  
and 300+ books for all age groups

## SiddhVi Jewels & Sparkles: Tradition Meets Timeless Beauty

Lakshmi Reddy, founder of **SiddhVi Jewels** and **SiddhVi Sparkles**, is a mother of two, whose passion for jewellery has grown into a trusted venture. With over 8 years of professional experience, she curates collections that balance elegance, authenticity, and affordability. SiddhVi Jewels offers BIS-hallmarked gold ornaments, 92.5 silver jewellery with gold plating, precious beads, Swarovski pearls, and Panchaloham designs. SiddhVi Sparkles complements this with premium imitation jewellery, bridal sets, and vibrant bangles. Her mission is to bring quality, creativity, and timeless beauty to every piece, making jewellery accessible for every occasion.



**Lakshmi Reddy**

Founder – **SiddhVi Jewels and SiddhVi Sparkles**

**+91 9123580164**

**Lakewood, MWC**

*Her mission is to craft elegant, authentic jewellery that blends tradition with timeless beauty, making it accessible for every occasion.*

### Connect For

**Gold Ornaments (14K, 18K, 22K - BIS HUID Hallmarked)**

**92.5 Silver Jewellery with 22Kt Gold Plating**

**Premium Imitation Jewellery (Kundan, Jadau, Kemp, Diamond Replica) Bridal & Rajwadi Bangles Collections**

**Return Gift for Pooja /House Warming, German Silver, Brass Items**

[https://chat.whatsapp.com/lyvqhppb\\_cfhI3Of7ZO6bzY](https://chat.whatsapp.com/lyvqhppb_cfhI3Of7ZO6bzY)

[https://chat.whatsapp.com/FiuawrLZqsV7\\_x7jUbmw8jv](https://chat.whatsapp.com/FiuawrLZqsV7_x7jUbmw8jv)

**All Jewellery BIS HUID Hallmarked Certified**



### Sankranti Special Jewellery Showcase



*This Sankranti, SiddhVi Jewels & Sparkles by Lakshmi are delighted to host a Jewellery Stall at Lakewoods.*

- **14 Carat Gold Jewellery**
- **Limited pieces on physical display.**
- **Extended collection available to view on laptop**



**Exchange and Cashback of 14kt Gold on Current Gold Rate**

*Step into the world of gold - experience the pure magic.*

So what are you still thinking about!?!  
**BIS HUID Certified**  
 Hurry!! Shop now

80% EXCHANGE VALUE ON GRAM MENTIONED ON BILL MULTIPLIED BY CURRENT 14K GOLD RATE  
 70% CASH BACK VALUE ON GRAM MENTIONED ON BILL MULTIPLIED BY CURRENT 14K GOLD RATE

### Pre-Order Facility Available

Book your preferred designs in advance, check availability, and collect your order directly at the stall.

**Delivery & Collection Dates: 14th & 15th Jan**

Lakewoods Apartment.

## From Recipes to Enterprises: Sathiyavathy's Classes

Mrs M. Sathiyavathy, founder of ADDONS, living at Villa 52, Avigna Celeste, MWC, has dedicated over 15 years to mastering **certified cooking** and empowering women through **online Tamil classes**. Her journey reflects a passion for helping women start small businesses from scratch. For the past four years, her cloud kitchen has delivered wholesome home food across MWC, while her **MSME Guindy training nurtures entrepreneurs** in ready mixes, soups, and masalas. **Specializing in traditional sweets, snacks, and millet cookies**, ADDONS champions preservative-free, guilt-free, and culturally rooted food



**M. Sathiyavathy**

*Founder of ADD-ONS  
Home made Food*

**+91 9500035042**

**Avigna, MWC**

*Sathiyavathy's mission is to empower women through cooking, creating entrepreneurs with healthy, traditional foods*

### Connect For

**Sweets, Snacks, and Healthy millet cookies**

**Cooking & Entrepreneurial Training**

**Cloud Kitchen Services**

**Delivering wholesome, home-style food in MWC**

[https://www.instagram.com/add\\_ons\\_food\\_products?utm\\_source=qr&igsh=NDBhZ3BqaTFjcm5w](https://www.instagram.com/add_ons_food_products?utm_source=qr&igsh=NDBhZ3BqaTFjcm5w)

[https://www.instagram.com/nouri.shandflourish?utm\\_source=qr&igsh=MTduN3JyeDI4d2loNg%3D%3D](https://www.instagram.com/nouri.shandflourish?utm_source=qr&igsh=MTduN3JyeDI4d2loNg%3D%3D)



# Compassionate Care Through Homoeopathy

Dr. M. Arulmozhi, BHMS, is a dedicated Homoeopathic consultant and founder of *Dr. Arul's Homoeocare*. Her journey, shaped by curiosity, perseverance, and a passion for growth, reflects a deep commitment to holistic, patient-centered healing. With expertise in treating acute and chronic conditions, she focuses on addressing root causes through individualized remedies that promote natural recovery and long-term well-being. Known for her ethical practice and compassionate approach, she has counselled countless patients with care and integrity. **Honored with the Exemplary Women Award**, she continues to inspire through service and learning.



**Dr. M. Arulmozhi**  
**+91 9790559959**  
**MWC, Chengalpattu**

*Her mission is to provide compassionate, ethical, and holistic homoeopathic care that treats the root cause of illness, while promoting natural healing and long-term well-being through individualized remedies and continuous learning*

## Connect For

**Homoeopathic Consultation - Remedies for acute and chronic conditions**

**Holistic Treatment Plans - Focused on addressing root causes**

**Preventive & Wellness Care - Strengthening immunity**

**Patient-Centered Guidance**

**IWA**  
**International Women Achiever Award**  
 (Women Icon 2024)

**Dr. M. ARULMOZHI**  
 Title : EXEMPLARY WOMEN  
 Location : Mahindra World City, Chengalpattu.

Kudos to super woman like you, Who has been spreading the light of optimism for every Women. Woman like you make this world better place and your limitless attitude makes an enormous difference in the Society.

Thank you for putting in such marvelous efforts for our society and inspiring women across the world.

IWAA 2024 is now in the hands of right person.

*Farhan*  
 Founder & Chairman  
 Jackhi Book of World Records



<https://g.page/r/CVQRXSEeU8-GEA0>

Dr. Arul's Homoeocare  
 Dr. M. Arulmozhi BHMS - Homoeopathic consultant  
 Address:  
 Second avenue, Mahindra world city,  
 Near Paranur railway station,  
 Chengalpattu 603004

**Dr. ARUL'S HOMOEOPATHIC CARE**

**WE ARE GIVING EXCELLENT CARE FOR :**

- DIABETES
- HYPERTENSION
- ANAEMIA
- SKIN DISEASES
- FEMALE DISEASES
- FERTILITY
- INSOMNIA
- PSYCHIATRIC DISEASES
- PAEDIATRICS
- ALL JOINT PAINS
- HAIR FALL
- OBESITY (DIET CHART FOR WEIGHT LOSS)
- ALL COMMON DISEASES

- நீரிழிவு நோய் (சர்க்கரை)
- இரத்த அழுத்தம்
- இரத்த சோகை
- நோல் சம்பந்தப்பட்ட வியாதிகள்
- பெண்கள் சம்பந்தப்பட்ட வியாதிகள்
- குழந்தையின்மை
- தூக்கமின்மை
- குழந்தைகளுக்கு
- மனநலம் சம்பந்தப்பட்ட வியாதிகள்
- மூட்டு நொந்தரவுகள்
- முடி உதிர்வு
- உடல் பருமன் குறைக்க
- மற்றும் அனைத்து வியாதிகளுக்கும் மருத்துவம் அளிக்கப்படும்

**Dr. M. ARULMOZHI, BHMS**  
 REG NO : 2331  
**TIME / பார்வை நேரம்**  
**5:00 PM TO 9:00 PM**

**FOR APPOINTMENT**  
**முன்பதிர்விக்கு : 9790 55 99 59**  
 (பார்வை நேரம் போக மற்ற நேரங்களில் APPOINTMENT மடி பார்க்கப்படும்)

# Yadhavi Foundation: Empowering Special Children, Celebrating Abilities

Yadhavi Foundation in Selaiyur, Chennai, is dedicated to empowering children with special needs through holistic development and life skills training. Its Yadhavi Life Skill Development Centre offers structured programs in autism support, vocational training, NIOS education, therapies, dance, music, and fitness, helping every child build independence and confidence. The Foundation also runs Yadhavi Sports Academy, where children have achieved remarkable milestones, including a world record in open-sea swimming and participation in international championships. With compassion and innovation, Yadhavi nurtures potential and celebrates abilities.



**Sathish Sivakumar**

*Founder of Yadhavi Foundation*

**+91 9940922337**

**+91 917625201**

**Selaiyur, Chennai**

*Empowering children with special needs through life skills, education, sports, and therapies to build confident, independent futures*

## Connect For

**Life Skill Development Centre (YLDC)**

**Therapies for Holistic Growth**

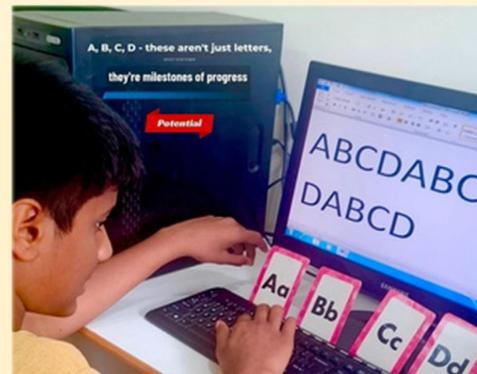
**NIOS Education & Vocational Training**

**Yadhavi Sports Academy for Special Needs**

<https://yadhavisportsacademy.in>

Yadhavi Foundations

Email: [info@yadhavisportsacademy.in](mailto:info@yadhavisportsacademy.in)



## INITIATIVES



### WORLD RECORD

In February 2024, children on the autism spectrum from Yadhavi Sports Academy, Chennai, made history by setting a world record, completing a 165 km open-sea relay swim from Cuddalore to Marina Beach, Chennai.



### ECO FRIENDLY CONNECTIONS

Trip to தமிழ் நிலம் தமிழ்ப் பண்ணை - a farm that would not only allow these children to explore the wonders of nature but also foster joy, connection, and learning.



### REACHING HEIGHTS

OCEANMAN World Final Championship held in Dubai (Dec 5-7, 2025), L. Nikhil, a 15-year-old swimmer from Chennai on the autism spectrum, competed in the Inspiration category and successfully completed a 5 km open-water swim in 1:40.51.

## Writer's Column



Ms. Vijaya Nirmala Ramkumar from Chennai is a spirited 53-year-old with a finance background and a heart full of resilience. After corporate stints and family commitments, she embraced change, learning Chinese in China, teaching languages back home, and earning her MBA in 2025. Now a dynamic freelancer in Spoken Chinese, English, and Tamil, she's launching Accountancy classes in 2026. With a doctor and an engineer as children, she proves that reinvention has no age. Her mantra: Never Give Up.

Vijaya Nirmala Ramkumar

### பொங்கல் திருநாள்

பொங்கல் பண்டிகை என்பது உழவர்கள் இயற்கைக்கும் கால்நடைக்கும் நன்றி கூறும் அறுவடைத் திருவிழா. தை மாதம் முதல்நாளில் பொங்கல் திருவிழா கொண்டாடப்படுகிறது. புதிய பாணையில் புது அரிசி, வெல்லம் பால் ஆகியவற்றைக் கலந்து அது வெப்பத்தில் பொங்கும்போது "பொங்கலோ பொங்கல்" என்று கூறி வரவேற்று மகிழ்கின்றனர், மகிழ்ச்சியையும் செழிப்பையும் கொண்டு வரும் பண்டிகை பொங்கல் பண்டிகை..



பொங்கல் திருவிழா நான்கு நாட்களுக்கு கொண்டாடப்படுகிறது.

போகி - பழையதை கழித்து புதுப்பொலிவு செய்தல்.

தைப்பொங்கல் - சூரியனுக்கு நன்றி செலுத்துதல்.

மாட்டுப்பொங்கல் - உழவனுக்கு உதவிய மாடுகளை கௌரவித்தல்.

காணும் பொங்கல் - உறவினர்களையும் நண்பர்களையும் கண்டு களித்தல்.

இன்றைய காலத்திற்கேற்ப கூறுவதென்றால் கீழ்வரும் சொற்றொடர்களையே பொங்கல் திருநாள் நமக்கு நினைவுபடுத்துகிறது.

எதிர்மறை எண்ணங்களை நீக்குங்கள்  
நன்றியுணர்வுடன் வாழுங்கள்  
தொடர்பில் இருங்கள்

REMOVE NEGATIVITY  
LIVE WITH GRATITUDE  
STAY CONNECTED

தை பிறந்தால் வழி பிறக்கும் ; மனதை திறந்தால் வழி கிடைக்கும்.

ஆதவனை வழிபடுவோம் ; அறுவடைக்கு விழா எடுப்போம்.

# From Vision to Legacy: The Success Story of Vikas Surana

Shri Vikas Surana, born in Chennai in 1979, is a visionary educationist whose journey reflects passion, innovation, and social responsibility. Coming from the illustrious Hastimal Surana family, which has a tradition of nurturing institutions with thousands of students, he built on this legacy with remarkable dedication.



**Vikas Surana**

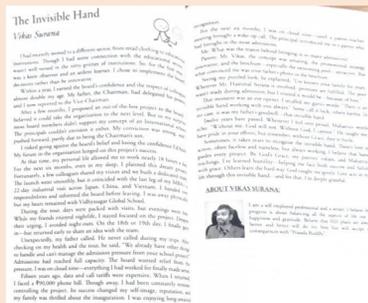
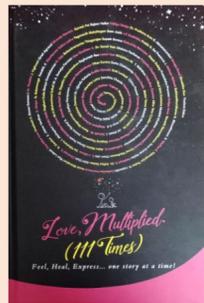
Armed with degrees in commerce, management, and leadership from Loyola College, SP Jain, and IIM Bangalore, and further enriched by completing an advanced leadership program at Harvard, Shri Vikas Surana combined academic excellence with entrepreneurial spirit, ultimately channeling his vision into the establishment of Vidhya Sagar Educational Institutions.



Under his leadership, he founded Vidhyasagar Women's College of Arts and Science, Vidhyasagar Women's College of Education, Vidhyasagar Global School, and the Vidhya Sagar Montessori Women's Teacher Training Institute in Chengalpattu, alongside initiatives like the VS Badminton Academy.

His vision expanded access to quality education, especially for women, empowering thousands to pursue independence and success.

His achievements extend beyond academics. He has represented India in international educational conferences across Portugal, USA, Singapore, and Finland, bringing global insights into local institutions. His philanthropic spirit is evident in contributions to the Adyar Cancer Institute and his advocacy for organ donation. Recognized by Dr. A.P.J. Abdul Kalam for his services in education and women's empowerment, he continues to inspire with initiatives like self-defense training for women students.



Guided by humility and a deep sense of purpose, Shri Vikas Surana embodies the qualities of a leader who blends vision with compassion, creating institutions that stand as beacons of empowerment and social responsibility. His personal reflections in *The Invisible Hand* and *Believe in the Infinite Potential* reveal the grace, grit, and gratitude behind his journey.

## Writer's Column

# प्रभात फेरी (एक संस्मरण)

हमारा पड़ोस बहुत ही व्यावहारिक और पारिवारिक है। सुबह-सुबह सामने के घर से प्रभात फेरी में जाने का बुलावा आया। क्या कभी आपने प्रभात फेरी की आवाज सुनी या इसमें सम्मिलित हुए? प्रभात का मतलब बहुत सुबह-सुबह और फेरी का मतलब आस-पास घूमना। प्रभात फेरी सिख समुदाय की एक ऐसी परंपरा है जो गुरु पूरब यानी गुरु नानक जयंती या गुरु गोबिंद सिंह जयंती के कुछ दिनों पहले मनायी जाती है जिसमें सिख समुदाय के लोग आपस में मिलकर अमृत वेला में भ्रमण करते हैं तथा अपने गुरु की शिक्षाओं का प्रचार करने के साथ लोगों में सकारात्मक ऊर्जा का संचार भी करते हैं। पंजाब में प्रभात फेरी का मेरा पहला अनुभव बहुत ही उत्सुकता भरा था। यह एक ऐसी संस्कृति में डूबने जैसा था, जहाँ सब कुछ गतिशील होते हुए भी स्थिर और शांत है। यह एक समुदाय के रोशनी में एक साथ चलने के लगातार प्रयास, सामुदायिक सेवा और लयबद्ध फेरी लगाने का ऐसा नियम है जिसमें लोग शबद-कीर्तन करते हुए मोहल्लों में घूमते हैं तथा सोये हुए को जागृत करते हैं। यह अनुभव सूरज उगने से बहुत पहले ही शुरू हो गया था। हवा ठंडी थी, जो इस प्रहर की खासियत है, जिसमें साँधी मिट्टी और दूर से आती धुएँ की खुशबू मन और विचारों को शुद्ध कर रही थी। स्थानीय गुरुद्वारे में पहले से ही लोगों की भीड़ थी, हालांकि अभी रात काफी थी, शायद सुबह के 4:00 बजे होंगे। जिस चीज़ ने मुझे तुरंत प्रभावित किया, वह थी इस जमावड़े का व्यवस्थित लेकिन बहुत ही व्यक्तिगत स्वभाव। पुरुष, महिलाएं और बच्चे, शांत भाव से अपने काम में लगे हुए थे। ज्यादातर दिखने वाले पंजाबी शोर-शराबे से बिल्कुल अलग प्रभात फेरी का माहौल शांत था जो आध्यात्मिक ध्यान के लिए नींद एवं भौतिक सुख-सुविधाओं पर काबू पाने का प्रतीक है तथा सिख समुदाय के नैतिक अभ्यास का मुख्य आधार है। कुल मिलाकर यह एक खूबसूरत अनुभव था जिसे मैं हमेशा याद रखूंगी। धन्यवाद

Dr. Mandavi Dwivedi, Ph.D. in Ancient Buddhist Culture and Society, is a dedicated scholar whose interests span ancient culture, civilization, archaeology, and Hindi literature. She has enriched academic dialogue through her participation in national forums, including the Conference on Indian Art, Folk Tradition and Culture (2009, DDU University) and the Seminar on Archaeological Glory of Eastern Uttar Pradesh (2010, DDU University). Her work reflects a commitment to preserving India's heritage and interpreting its cultural wisdom with clarity and depth.



Dr. Mandavi Dwivedi

# Lens of Harmony: Celebrating Nature's Beauty

Dr. Ravi Rishi is a physician and trained plastic surgeon whose passions extend far beyond medicine. A nature conservation enthusiast and certified teacher of spiritual and yogic sciences, he blends artistry with purpose as a wildlife photographer, vocalist, percussionist, dancer, bonsai creator, poet, and fitness devotee. More passionate to infuse the Knowledge and Importance of MOTHER NATURE around us, around our Aqualily too, for the Young Generation to worship and conserve !

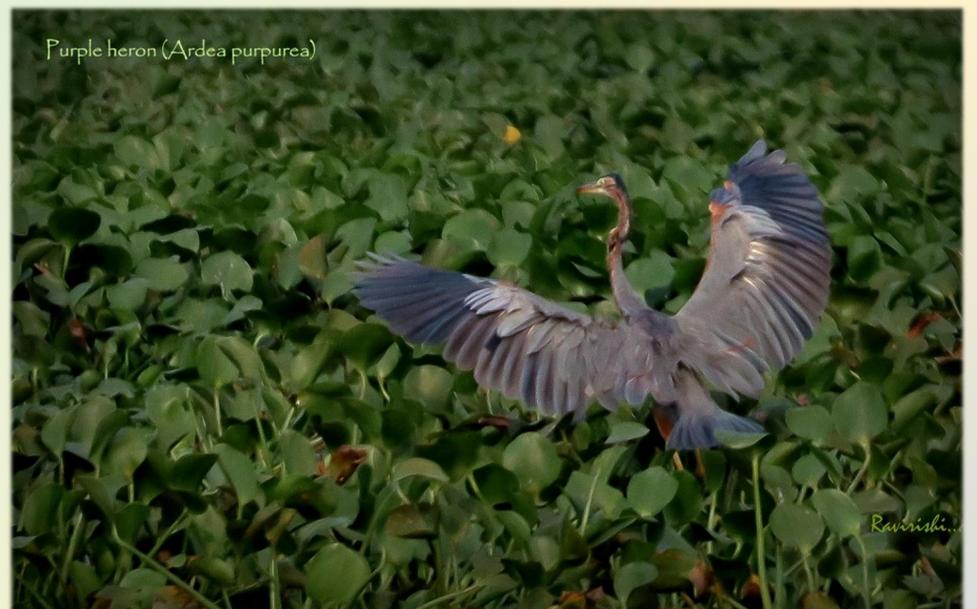


**Dr. Ravi Rishi**

His "Great Indian Birding Expedition" spanned 100 days across India and Bhutan, reflecting his mission to inspire the young generation to honor Mother Nature. Today, we celebrate some of his great photography.



Scaly-breasted munia  
@Spotted munia (Lonchura punctulata)



Purple heron (Ardea purpurea)



She slowly raised her head out from the bush...





## From Determination to Transformation: The Journey of Rahul Nadh A.R

Rahul Nadh A.R. is an Indian Administrative Service (IAS) officer of the Tamil Nadu cadre, 2012 batch. He hails from Kerala and cleared the UPSC Civil Services Examination in his first attempt, securing an impressive All India Rank (AIR) of 27 in 2011 (results declared around 2012). He holds an engineering degree in Electronics and Communication Technology.



**Rahul Nadh A.R - IAS**

As a Kerala state topper in that year's UPSC results, he has been recognized for emphasizing self-confidence, communication skills, and a genuine commitment to societal service rather than viewing IAS as just a career. He started the career serving as Assistant Collector in Thanjavur and Sub-Collector in Tiruvallur. Subsequent roles included Deputy Secretary in School Education and Additional Collector in Kanyakumari's Rural Development Agency. He was also posted as the Joint Secretary (Protocol) in Public Department. His career highlights include serving as District Collector of Chengalpattu (around 2021–2023/24), during which he was involved in initiatives like addressing encroachments and water body restoration. During his stint in Chengalpattu, many successful initiatives such as the first Blue Flag Beach in Tamil Nadu, International Chess Olympiad etc. were held. He was also instrumental in getting the first Green Destination tag to Mahabalipuram, being the first in the entire country. Currently (as of 2025–2026), he serves as the Director, Department of Environment, Climate Change and Forests, Government of Tamil Nadu. In this role, he has been actively involved in climate action, sustainable development, EV infrastructure roadmaps, carbon-zero initiatives, and events promoting environmental awareness and innovation. He is known for his focus on environmental governance, climate change mitigation, and sustainable policies in Tamil Nadu.



JANUARY 11, 2026

## From Chinnalapatti to the Indian Forest Service: A Journey of Persistence, Purpose, and Faith

Civil Services is not merely an examination; it is a long conversation between a dream and discipline. My journey to the Indian Forest Service (IFS) is one such conversation, spanning over a decade, filled with setbacks, resilience, and an unwavering belief that sincere effort never goes waste.

Born in Chinnalapatti, Dindigul district, my father; an Assistant Agriculture Officer, sowed the seed of this dream early.

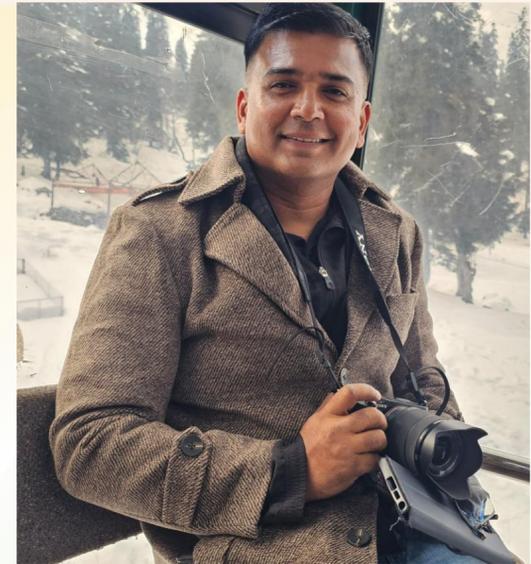
Every inland letter he wrote was addressed to “**My dear son, S. Prabhu, IFS.**” Those words became my compass. I began preparing for the IFS exam from my first year of B.Sc. Forestry at Tamil Nadu Agricultural University. Forestry was not just a subject; it became a calling. I made seven attempts, reached the interview stage five times, and faced repeated rejection. Yet, **every setback only strengthened my commitment.**

In 2008, working as a LIC Development Officer, I was denied leave for my final attempt. I resigned, chose faith over fear, and cleared the exam. Before the interview, my colleague Shri Manikandan and I compiled our preparation into a book, *Indian Forestry*, now a landmark reference for aspirants.

After probation at IGNFA, I was allotted the Tripura cadre. Over 16 years, I’ve served in 17 roles, including DFO, Director of Tribal Welfare, and CEO of Indo-German CREFLAT. I also served in Tamil Nadu and represented India in Japan under a JICA program.

Positions change, but personal standards should not. Discipline, consistency, and integrity have guided my journey.

If a boy from Chinnalapatti, with seven attempts and countless rejections, can become an IFS officer, so can you.



**S Prabhu - IFS**

**Dreams backed by discipline always find their way**



*Journeys and Connections*

***Celebrate Journeys  
Strengthen Connections***

**Now GROW with**

# **J Connect Podcast**



*From Written Words to Spoken Voices:  
Journeys & Connections Go Further in 2026*

In addition to newsletter publishing, you can get your PODCAST done with us. With this new option, entrepreneurs can collaborate with the J Connect team to feature their journey, ideas, and innovations in an engaging Video format

***For Space in upcoming edition of J Connect  
or for a PodCast with J Connect team***

[www.youtube.com/@Jconnect2026](http://www.youtube.com/@Jconnect2026)

**Contact 8610564907**

## J Connect Quiz Challenge - Win & Shine!



**Winner of last Edition**

*Ms. Vishnupriya*

**Gift Sponsor :**

*Ms. Dhurga Ramesh  
(RD Creations)*

### The Two Doors Puzzle



You are in a room with **two doors**. One leads to **freedom**, the other to **certain doom**. Each door is guarded by a person.

One always **tells the truth**, the other always **lies**, but you don't know who is who.

You can ask **only one question to one guard** to figure out which door leads to freedom.

**What do you ask?**

### From the Editor's Desk

As India celebrates its harvest season with diverse traditions, Lohri, Pongal, Uttarayan, Makar Sankranti; J Connect embraces the shared spirit of gratitude, abundance, and connection. With the successful conclusion of our 7th edition, we mark a milestone in storytelling and community celebration. But the journey doesn't pause here.

We've now expanded into the world of podcasts, amplifying voices and enabling growth through powerful conversations. Available on YouTube and Instagram, the J Connect Podcast brings journeys to life, spoken, felt, and celebrated. Thank you for growing with us. The stories continue, and so does the connection.



**Have a great 2026!**

Kind Regards  
Jagrity Shrivastava  
Aqualily, MWC, Chennai