



# ZAVA CAFE

HEALTHY BREAKFAST & LUNCH

MILTON, DE

## BREAKFAST

### BEGINNINGS

SIMPLE LOCALLY GROWN

#### HEALTHY YOGHURT BOWL

SEVEN STARS FARM YOGHURT, STRAWBERRIES, BLACKBERRIES, GRANOLA, HONEY | \$12

#### HONEY SURFACE WAFFLE

HONEY FARM DE, STRAWBERRIES, BLACKBERRIES | \$11

#### RAINBOWL FARM FRUIT BOWL

RED APPLE, KIWI, PINEAPPLE, ORANGES, STARFRUIT, STRAWBERRIES, BLACKBERRIES | \$12

#### BLUEBERRY STUFFED FRENCH TOAST

BRIOCHE BREAD, BLUEBERRY MAPLE SYRUP, SWEET MINT MASCARPONE CREAM | \$14

### EAT SIMPLE BREAKFAST

LOCAL HARVEST

#### FARM EGGS

2 EGGS YOUR WAY, BACON, PEWEE POTATOES HASH | \$15

#### FRESCO BREAKFAST BOWL

2 SUNNY SIDE UP EGG, BACON, AVOCADO, QUESO FRESCO, PEWEE POTATOES HASH | \$16

#### OPEN-FACED AVOCADO EGG

WHOLE GRAIN, ALFALA SPROUTS, HEIRLOOM TOMATO, POACHED EGG | \$17

#### BLUE CRAB EGG BENEDICT

CRAB MEAT, HAIRLOOM TOMATO, ENGLISH MUFFIN, HOLANDAISE SAUCE, PEWEE POTATOES HASH | \$22

#### PRIME USDA FILET MIGNON

2 SUNNY SIDE UP EGG, HOLANDAISE SAUCE, PEWEE POTATOES HASH | \$25

#### THE DENVER OMELETTE

YELLOW ONION, BELL PEPPERS, BACON, EGG, AMERICAN CHEESE | \$17

#### SMOKED SALMON TARTINE

WHOLE GAIN BREAD, HEIRLOOM TOMATO, BRUSCHETTA CAPERS, BASIL GOAT CHEESE, RED PICKLED ONION | \$18

### BREAKFAST SANDWICHES

LOCAL HARVEST

#### BREAKFAST BURRITO

AVOCADO, EGG, PICO DE GALLO, AMERICAN CHEESE, BACON | \$15

#### NEW YORK STYLE BAGEL

SMOKED BACON, FRIED EGG, BURRATA CHEESE, AVOCADO, HEIRLOOM TOMATO | \$16

#### FORAGER SANDWICH

BRIOCHE BUN, HEIRLOOM TOMATO, KALE, OYSTER MUSHROOM MAYO, FRIED EGG | \$15

#### EGG FLORENTINE SMOKED SALMON

FRIED EGG, NEW YORK STYLE BAGEL, BASIL CREAM CHEESE, CUCUMBER, ARUGULA, PICKLED ONIONS | \$18

#### ULTIMATE BLT PANINI

BACON, SMOKED GOUDA CHEESE, WHOLE GRAIN BREAD, HEIRLOOM TOMATO, AVOCADO, ARUGULA | \$15

\*Consuming raw or undercooked meat, seafood, shellfish, or eggs may increase your risk of food borne illnesses

## SMOOTHIES

16OZ

### SUPER BERRY

ACAI, BLUEBERRIES, RASPBERRIES, MINT, HONEY

\$15

### VANILLA BEAN DRAGON FRUIT

RED APPLE, BASIL, ASIAN PEAR

\$13

### GREEN BEAUTY

STARFRUIT, SPINACH, KIWI, BANANA, ORANGE

\$13



## CRAFTED JUICES

16OZ

### ENERGY BOOSTER

CARROTS, APPLES, ORANGE, GINGER, LIME AND HONEY

\$13

### THE POPEYE SPECIAL

KIWI, SPINACH, APPLE, STRAWBERRY, LIME

\$13

### WOKE UP IN PARADISE (SEASONAL)

WATERMELON, PINEAPPLE, MINT, LIME

\$13

### BEET THE ODDS

BEET, APPLES, CARROTS, LIME

\$12

### OJ

FRESH SQUEEZED VALENCIA ORANGES

\$10

### MAKE YOUR OWN CHOICE 4 INGREDIENTS

\$13

## TEAS

### HOT

BLACK

\$4

MINT

\$4

### ICED

HIBISCUS

\$4

BLACK

\$4

PASSION FRUIT

\$4

FRESH GARDEN MINT

\$4



## COFFEE

### ESPRESSO

1.5 oz short

\$3

### LATTE

Espresso with steamed milk

\$4

### CAPPUCCINO

Espresso with steamed milk and frothed milk

\$5

### CAPPUCCINO BRULÉ

Espresso with steamed milk and frothed milk topped with caramelized raw sugar

\$6

### GREEN LATTE

Match powder with steamed whole milk

\$5

### BEET LATTE

Beet powder with steamed whole milk

\$5

### CHAI LATTE

Steamed milk with black tea infused with spices topped with cinnamon

\$5

### AMERICANO (HOT/ICED)

Espresso and water

\$4

### CARAMEL MACCHIATO

Espresso, steamed milk, milk foam, caramel drizzle

\$5

### MEXICAN HOT CHOCOLATE

Abuelita chocolate var, vanilla extract, cinnamon, milk topped with whipped cream

\$5

## DESSERT COFFEE

### TOASTED MARSHMALLOW LATTE

Espresso, milk, chocolate syrup, graham crackers, marshmallows cream

\$7

### AFFOGATO

Scoop of vanilla ice cream covered in a warm shot of espresso topped with caramel drizzle

\$7

### ICED TIRAMISU COFFEE

Milk, cold brew, condensed sweet mascarpone, cocoa powder, savoiardi biscuit

\$9