



## Medical Form

Full Name of Child: \_\_\_\_\_ Date of Birth\*: \_\_\_\_/\_\_\_\_/\_\_\_\_

Gender: Male/Female Address: \_\_\_\_\_

*\*Please note that our insurance policy only allows us to look after young people aged 6-14 years.*

Do you give permission for photos of your child to appear in promotional material for Alfresco Outdoors (Alfrescooutdoors.co.uk, social media @alfrescooutdoors1 and advertising material)?

Yes/No

### Medical Information

Does your child have any allergies e.g., **Nuts, hay fever, medication, etc.?** (Please provide further information below)

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Does your child have any current or pre-existing injuries which might hinder their ability to participate in certain activities?

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Does your child have any medical conditions e.g., **Asthma, Diabetes, Epilepsy, etc.?** (Please provide further information below)

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Please give details of any medication your child takes and if this will need to be administered while they are at Alfresco Outdoors?

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### Other Relevant Information

Are there any activities your child should not take part in due to phobias, medical, cultural, or religious reasons? (Please provide further information below)

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Does your child have any special dietary requirements? (Please provide further information below)

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Is there any further information which would assist us in caring for your child at Alfresco Outdoors?

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**Emergency Contact 1**

Full Name: \_\_\_\_\_

Relationship to child (e.g. Mother/Father): \_\_\_\_\_

Preferred telephone number: \_\_\_\_\_

Other number(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

**Emergency Contact 2**

Full Name: \_\_\_\_\_

Relationship to child (e.g. Mother/Father): \_\_\_\_\_

Preferred telephone number: \_\_\_\_\_

Other number(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

**Doctor's Information**

Doctor's practice / surgery name: \_\_\_\_\_

Doctor's practice / surgery phone number: \_\_\_\_\_



## **Consent Form**

At Alfresco Outdoors we will always encourage children to actively participate in all activities during their time with us. This is with the exception of a written request from a parent/guardian asking for your child to not participate in a particular activity.

Our full timetable can be found on our website homepage [www.alfrescooutdoors.co.uk](http://www.alfrescooutdoors.co.uk).

*Most activities with Alfresco Outdoors include one or more adventurous activities. Alfresco Outdoors has, and fully accepts, a duty of care to make those activities as safe as is reasonably practical. Alfresco Outdoors is required to adhere to a comprehensive set of safety rules and there is a quality management system to monitor the fact that rules and procedures are adhered to. However, adventurous activities are inherently hazardous and cannot be completely risk free however hard we try. Accidents can happen without any contributory negligence from the centre or its staff. Your son or daughter must therefore help our staff to look after their safety by listening carefully to instructions, by doing what they are asked to do and by not being reckless by trying to do more than they have been briefed to do.*

*Only give your consent if you are confident that they will behave responsibly in this way. Alfresco Outdoors can accept no responsibility for loss of or damage to personal property or for personal injury not arising as a result of its own action or default.*

*I understand and accept the above statements. My son or daughter is fit for the course and will inform Alfresco Outdoors before the course of any special medical conditions that might affect my son's or daughter's safety.*

Full Name: \_\_\_\_\_

Sign: \_\_\_\_\_

Date: \_\_\_\_\_