

Got results... Now need advice?

Consider our REVIEW-AND-RELEASE appointment type (\$195). This “one-and-done” appointment is a great option for self-ordered testing that you hoped would be more self-explanatory than it turned out to be. Or when your amazing provider simply isn’t well-versed with the specific panel you completed.

When you don’t need to fully establish care, you just need to get MORE out of the testing you have invested in - this is the option for you!

Dr. Stephanie Nishek has been ordering, reviewing and developing personalized nutrition and lifestyle-based recommendations for *nearly 15 years*.

She has expertise in the following (and more!):

- DUTCH Complete, Adrenal, NOAT
- Food Sensitivity Testing (IgG, IgA, IgG4)
- Full Thyroid Panels
- Functional STOOL TESTING (Doctor’s Data, GI Map, etc.)
- Lipoprotein Fraction & Cardiovascular Health Markers
- Maximized Genetics/MaxGen Lab Panels
- Mediator Release Testing/MRT
- Organic Acid Test/OAT
- “Standard” or “Conventional” blood work
- Vibrant America Gut Zoomer & Wheat Zoomer
- ZRT Laboratory Salivary Hormone and Urine Neurotransmitter panels



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