



April is Volunteer Month!

Thank you to our SSEEO volunteers and Board of Directors. Even though you may not be in the spotlight, you are the backbone of this organization. Please know SSEEO could not do this without your hard work.

A special thank you to the SS2S (Stroke Survivor 2 Survivor) hospitals and volunteers who were committed to continue the telephone peer-support calls during the pandemic.

Additionally, thank you to the Young Stroke Learning Group who connected on a monthly basis with special guest speakers, support and resources.

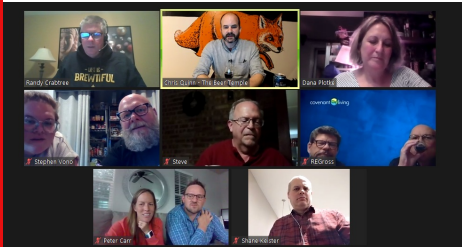
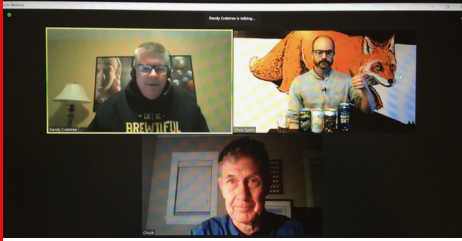
SSEEO is forever thankful for all of our volunteers and together we can make a difference in the lives of stroke survivors and their families.

SSEEO Virtual Beer Tasting Fundraiser

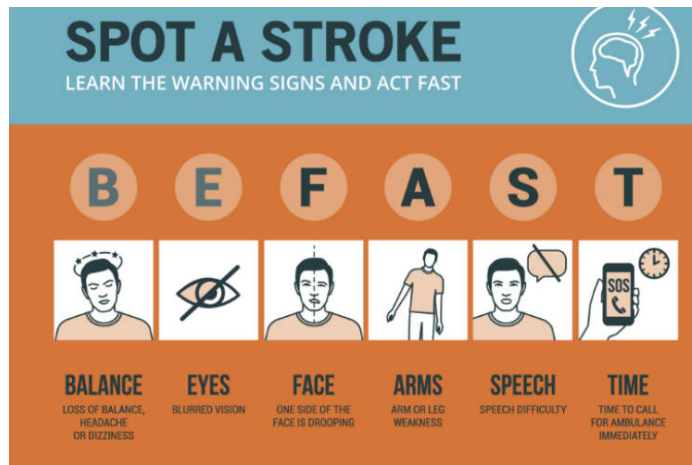
SSEEO would like to express our sincere gratitude to all who donated or participated in the fundraiser event! More than 140 beer tasting kits were purchased! The kits along with donations raised over \$7,000! This generosity allows SSEEO to continue to provide programming and support to stroke survivors and their families.

“I am currently the president of SSEEO and a stroke survivor. The beer tasting event started 7 years ago as a celebration of life and being a survivor. I personally am a big craft beer fan so combining my passion for supporting stroke survivors and craft beer was an obvious choice, for me personally, to do fundraising. The event has been held at my house annually and grown every year. With our current pandemic environment, and the growth of the event, it made going virtual the only choice this year. With the event going virtual I personally was able promote it more widely, and invite more businesses and individuals willing to support SSEEO. This will be by far the largest fundraising event I have coordinated and I am very excited about the programs, that SSEEO puts out, that this money will support.” *Randy Crabtree, SSEEO President*

A special thank you to Tri-Merit, Sierra Nevada and The Beer Temple for sponsoring this event. All three of these businesses have had family members or employees affected by stroke.



Spread the Word! May is Stroke Awareness Month!



Interested in learning more about stroke?

FREE virtual education presentations are 20 minutes long and available for hospitals, libraries or community organizations to use!

SSEE has created **Stroke Talks 2 Go (ST2G)**, a series of stroke prevention/treatment presentations designed to increase stroke awareness.

Presentations include audio recordings, PowerPoint (PPT) presentations, TED talk and video recordings of stroke survivors and caregivers.

Click [here](#) to visit the SSEE website for these presentations and other resources.

Terry Guymon (pictured right) volunteers as SSEE's Stroke Prevention Educator. Terry spent over 30 years as a healthcare administrator and nurse, providing leadership and operational management experience in neuroscience related programs and stroke.





David Bowman, SSEEO Board Member

SSEEO is pleased to announce a new Board member, David Bowman.

David is a Senior Manager at ORBA, a top public accounting and advisory firm in Chicago, IL.

David and his family encountered stroke in January 2016 when his mother suffered a very severe stroke. Since then, he and his family have navigated the many complexities of life after stroke and have been passionate about stroke advocacy.

To hear more about David's story, visit [Stroke Chat - David Bowman Podcast](#)



Young Stroke Learning Group

The Young Stroke Learning Group has been having great success in their first few months of hosting meetings! The group started getting together in January, discussed topics were aphasia, exploring disability, reflection & journal writing and a research study about interactive web based home therapy programs.

In May, the group will be hosting a Stroke Awareness Month webinar, topics include corporate diversity inclusion, occupational therapy and yoga.

For more information or to join a future meeting, contact: angiekeister@gmail.com or christine@sseeo.org

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Stay Connected



Together WE can make a difference.