



Join Us!

Walk with SSEEO

What?: A virtual walking event where participants can walk, run or bike to help raise funds

When?: October 29th, in tandem with World Stroke Day, from anywhere & at anytime

Why?: To raise funds for SSEEO so we can support our mission and educate others on the warnings signs of stroke

What Will The Donations Pay For?

- Resources & support (technology, subscriptions, etc.)
- Educational programs (peer support, therapy, etc.)
- Educational events (both virtual & in-person)

For more information, please visit www.sseeo.org or contact christine@sseeo.org

Who We Are

Founded in 2004, Stroke Survivors Empowering Each Other, Inc. (SSEEO) is a grassroots volunteer-led 501(C)(3) non-profit organization dedicated to providing stroke advocacy, support, education, and resources. SSEEO strives to improve the quality of life for stroke survivors and their families through program development, design, and outcomes by using a patient-based data driven approach.

WHEN IT COMES TO STROKE

B E F A S T

 **BALANCE** unsteady

 **EYES** blurry

 **FACE** drooping

 **ARM** weakness

 **SPEECH** difficulty

 **TIME** to call 911