



## Meet SSEEO President & Board Member *Lisa Wilkerson*

Having worked for nearly 30 years in the pharmaceutical industry and previously as a registered pharmacist, Lisa Wilkerson is passionate about patient care and supporting people living with diseases that impact their quality of life. Her unique multidisciplinary skills, including product sales and marketing, people leadership, contracting, strategic execution, entrepreneurship, and volunteerism, has made her a valuable leader throughout various corporate America roles and her community.

Lisa, who retired from AbbVie Pharmaceuticals after 23 years as a General Manager, is known for leveraging her background and experiences to solve complex problems. Throughout her career, she consistently built and led high performing teams, developed innovative strategic solutions for complex challenges, orchestrated execution of multifaceted parallel tactics, and demonstrated her ability to make difficult decisions amidst uncertainty, all while building cross-functional relationships within a matrix organization. Her strategic acumen, collaborative spirit, and focus on execution resulted in the achievement of numerous awards throughout her career, including the prestigious and coveted Chairman's Award, awarded annually to less than 100 of the more than 50K AbbVie employees.

Having interest in entrepreneurship, Lisa is the owner of two companies. She is the owner of several commercial real-estate properties and the proprietor of a small, casual-dining, seafood restaurant located in the Northwest suburbs of Chicago. Owning businesses and employing multiple individuals provides Lisa with continual opportunities to both lead and learn from others, while ensuring the success of her businesses.

Lisa brings corporate governance experience through previous work on various Lake County, IL area non-profit boards. She served as Board President for Chocolate Chips Association (CCA), focusing on STEaM education for underserved young ladies, a Board Member for Sheila Daniels Christian Academy and a Board Member for Stroke Survivors Empowering Each Other (SSEEO). She is happy to again be affiliated with SSEEO having been introduced to the organization after both her mother and sister suffered strokes.

Lisa earned a BS in Pharmacy from Xavier University of Louisiana, and earned an MS Integrated Marketing Communications and an MBA from Loyola University of



## What is 2-1-1?

Every hour of every day, someone in Illinois needs help locating and connecting with essential community services.

On February 11, 2009, 2-1-1 made its debut in 13 counties to help residents find fast, free and confidential help for health and human services.

In 2017, 2-1-1 has reached over 60 counties and still counting.

2-1-1 is for times of non-emergency crisis as well as for everyday needs. The 2-1-1 call specialists are available to help individuals locate health and human service assistance, on everything from mortgage assistance, EITC tax help and food and shelter, to job counseling services and health resources.

**2-1-1** is an easy to remember telephone number connecting people with important community services, such as:

- Basic Human Needs: such as food shelter, rent and utility assistance
- Physical and Mental Health Resources: such as health insurance programs, Medicaid and Medicare, medical information lines, crisis intervention services
- Employment Supports: such as job training, transportation assistance, education programs
- Support for Older Americans and Persons with Disabilities: such as adult day care, respite care, home health care, independent living programs
- Support for Children, Youth and Families: such as after school programs, family resource centers, mentoring, tutoring, protective services

**SSEEO Program & Service Resources Link**

**Caregiver Tip:  
Be Helpful, but Encourage Independence**

Feeling uncomfortable watching your loved one putting forth high effort and struggle while walking, talking, and thinking is normal. Care providers may jump in early to complete a task due to this discomfort as well as not allow the extra time it takes to accomplish an activity.



Challenging your loved one to work through the restoration of function is what helps the brain rewire; it is important for care providers to be at peace with this approach.

[Survey Link - English](#)

[Survey Link - Spanish](#)

Approximately one-third of stroke survivors develop **post-stroke depression (PSD)** at some point after they experience a stroke.

*Of these cases, over 50% go untreated.*

PSD has been linked with poor cognitive and social functioning, along with an increased risk of stroke mortality.

By identifying the mental health needs of stroke survivors, we can work towards enhancing their quality of life and reducing the risk of further health complications.

*Thank you for your participation in this survey.*

Our research aims to understand the mental health experiences of stroke survivors in order to identify the support needed to improve their well-being.

**How Can You Help SSEEEO?**

SSEEEO is a volunteer-led 501 (C)(3) nonprofit organization dedicated to providing stroke advocacy, support, education and resources.

SSEEEO strives to improve the quality of life for stroke survivors and their families through program development, design and outcomes by using a patient-based data driven approach.

Donations contribute to the success of SSEEEO.  
Please consider making a donation today!

[Make a Donation](#)

## **SSEEO**

P.O. Box 855 Lombard, IL 60148  
(888) 988-8047

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**SSEEO Program Flyer**  
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