

Who we are

Founded in 2004, SSEEO is a non-profit organization that's building a community that encourages, supports and guides stroke survivors and their families while connecting them to resources that help them meet the challenges of stroke.

Advocacy

We believe it is essential for survivors and caregivers to play a key role. As such, we lobby at the local, state and federal level.

Support

We are committed to providing ongoing support to stroke survivors in ways that are easy to access, understand and apply to their situations.

Education

We understand that education for stroke survivors, their families and caregivers is vital, but also important to the community at large.

Resources

- **Stroke Survivor 2 Survivor (SS2S)** is a telephone peer support program for stroke survivors and their caregivers. It is run by stroke survivors or caregiver volunteers with special training and overseen by a local hospital on-site coordinator. The call encourages stroke survivors to self-manage their own care while offering support, guidance, and resources.
- **Stroke Talks 2 Go (ST2G)** are a series of stroke prevention/treatment presentations designed to increase stroke awareness in communities and available on the website.
- **E-newsletter**, a bi-monthly publication that covers a range of topics including survivor stories, legislative updates and information on events.
- **Audio Podcast series** builds community, provides support and shares information. All calls are recorded and downloaded on the SSEEO website.

Why This is so Important

Stroke is the fifth leading cause of death in the United States, killing about 142,000 Americans annually that's one of every 19 deaths!

- Every year, more than 795,000 people in the U.S. have a stroke.
- Stroke is a leading cause of serious long-term disability.
- There has been a 44% spike in the number of young Americans (under 45 years old) hospitalized due to stroke over the last decade.
- Stroke is the second leading global cause of death.
 - [American Stroke Association](#)

To do its part in addressing the impact of stroke, SSEEO always strives to improve the quality of life for current and future stroke survivors by building a community that encourages, supports and guides stroke survivors and their families through their stroke journey.

