How you can Help

• Join SSEEO and the AHA You’re the Cure Advocacy Network
• Volunteer and be trained as a member of the SS2S telephone support program and help others through their stroke journey
• Represent SSEEO at health fair, events or stroke support groups
• Be an expert speaker sharing your expertise or stroke story
• Fundraise and host a third-party event or make a donation
• Share the FAST or BEFAST message!