

Listed are agencies, organizations and community resources. Please check with the post-stroke rehabilitation team about additional sources for assistance and support. Your local library, hospital, senior/community center, health departments and support groups also can help you to locate the resources you need. You can also access these resources at the SSEEO website at www.sseeo.org or call 888-988-8047.

Programs and Services

Chicago Family Support Services & **Dept. of Aging** – Senior services and centers throughout Chicago provide: legal, counseling, caregivers assistance, respite, and disability ride free cards 312-744-4016 www.ci.chi.il.us

Illinois Dept. on Aging – IL senior helpline for people with disabilities & for seniors over age 60 resources for medical, prescription, home maker services & transportation 800-252-8966 www.state.il.us/aging

Community Care Program –Services for IL seniors who need nursing or home health care 800-252-8966 www.state.il.us/aging/1athome/ccp.htm

Medicare – Federal health care plans and prescription coverage 800-633-4227 www.medicare.gov

Social Security and Disability Resource Center –Information on social security and disability benefits, applications and appeals www.ssdrc.com

Senior Living Map – Help in finding senior and assisted living www.seniorlivingmap.org

Stroke Education and Support

Stroke Survivors Empowering Each Other, Inc., SSEEO – stroke advocacy and support, lists of local support groups, telephone peer support phone calls and other stroke resources 888-988-8047 www.sseeo.org



Independent Living

Eldercare Locator – Seniors to live independently & safely in their homes 800-677- 1116 www.eldercare.gov

Illinois Dept. on Aging – IL senior helpline for people with disabilities & for seniors over age 60 resources for medical, prescription, home maker services & transportation 800-252-8966 www.state.il.us/aging

Elderwerks – Resources Directory 855-462-855 <u>www.elderwerks.com</u>

Suburban Resource Guide – Community resources for active seniors www.suburbanresourceguide.com

Transportation

Chicago Family Support Services & Dept. of Aging – senior services & senior centers throughout Chicago provide: legal help, counseling, caregiving assistance and disability ride free cards 312-744-4016 www.ci.chi.il.us

Metra – 163 accessible stations, 312-322-6777, www.metrarail.com

Uber Health – transport 847-374-8400 <u>www.rightathomensc.com</u>

PACE – Pace buses are wheel chair accessible offering door to door service in Chicago & suburbs 847-364-7223 www.pacebus.com.City of Chicago Pace 800-606- 1282 or Suburban Pace services 847-364-5093

Midway International Airport – Wheelchair escorts, 773-838-0600 O'Hare International Airport – Wheelchair escorts, 773-686-2200

Driver's License Rehabilitation Programs - requires a physician's order

Advocate/Aurora Health Christ Medical Ct.

Oak Lawn 708-684-5425

Amita Alexian Brothers Rehabilitation Hospital

Elk Grove 847-640-3119

Centegra Health System/Northwestern Medicine

Crystal Lake 815-356-2700

Chicago Lighthouse

Chicago 312-447-3236

Ingalls Health System

S. Holland 708-862-5500

Loyola University Medical Center

Maywood 708-216-9000



Marian Joy Rehabilitation

Wheaton 630-909-8003

North Shore University Health System

Evanston 847-570-1260

Amita Presence Health St. Joseph MC

Joliet 815-741-7416

Palos Heights Rehabilitation Hospital

Palos Heights 708-597-1000

Rush University Medical Center

Chicago 312-563-2454