

Liability waiver

I am voluntarily participating in physical activities that can be strenuous and subject to the risk of serious injury during North Texas YFL Football events. ALL coaches in the North Texas YFL ensure that you consult with your guardian before participating. You agree that participating in these physical exercise sessions, practices and games, is at your own risk. I recognize that Football is not without some risk to the musculoskeletal system (e.g. sprain, strain) and cardio-respiratory system (e.g. dizziness, fainting, abnormal heartbeat, discomfort in breathing, abnormal blood pressure response, and in rare instances, heart attack or stroke). I acknowledge that not all risks can be known in advance.

I HEREBY, for myself, my heirs, executors, administrators, assigns, or personal representatives (hereinafter collectively, Releasor, I or me, which terms shall also include Releasor/s parents or guardian if Releasor is under 18 years of age), knowingly and voluntarily enter into this WAIVER AND RELEASE OF LIABILITY and hereby waive any and all rights, claims or causes of action of any kind arising out of my participation in the Activity.

I HEREBY release and forever discharge North Texas YFL coaches, their affiliates, managers, members, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors, and assigns (collectively Releases), from any physical or psychological injury that I may suffer as a direct result of my participation in the aforementioned Activity.

I FURTHER AGREE to indemnify, defend and hold harmless the Releases against any and all claims, suits, or actions of any kind whatsoever for liability, damages, compensation, or otherwise brought by me or anyone on my behalf, including attorney fees and any related costs.

I FURTHER ACKNOWLEDGE that Releases are not responsible for errors, omissions, acts, or failures to act of any party or entity conducting a specific event or activity on behalf of Releases. In the event that I should require medical care or treatment, I authorize North Texas YFL and ALL coaches to provide all emergency medical care deemed necessary, including but not limited to, first aid, CPR, the use of AEDS, emergency medical transport, and sharing of medical information with medical personnel.

I further agree to assume all costs involved and agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance. In the event that any damage to equipment,

field, or facilities occurs as a result of my or my family/s or my agent/s willful actions, neglect, or recklessness, I acknowledge and agree to be held liable for any and all costs associated with any such actions of neglect or recklessness. Both participant and North Texas YFL agree that this agreement is clear and unambiguous as to its terms, and that no other evidence shall be used or admitted altering or explaining the terms of this agreement, *but* that it will be interpreted based on the language in accordance with the purposes for which it is entered into.

Waiver of Liability, Assumption of Risk:

By Signing below, I understand and agree that by participating in the North Texas Youth Football League, I am doing so at my own risk. I give up any right to make legal claim against The North Texas Youth Football League, it's coaches and volunteers if my child gets hurt, sick (including death), or experience any loss or damage to property during the league's season -- even if it's caused by someone's negligence.

I also agree that this applies to me, my family, and anyone else who might act on my behalf.

Please Circle and Sign Below:

I/We **Agree** to the above Waiver I/We **Do Not Agree** to the above Waiver

Players Name: _____

Parent/Guardian Signature: _____

Date: _____