



2020

## Jimboomba Gymnastics Club

### Handbook and Information Package

A.B.N – 54 320 034 296  
5 Paul Court, Jimboomba 4280

## Welcome

We would like to welcome you and your child to Jimboomba Gymnastics Club (JGC) and our exciting sport of Gymnastics. This handbook provides you with information on our club programs, services and expectations. If you require more information please contact [jimboombagymnastics@gmail.com](mailto:jimboombagymnastics@gmail.com).

## Our Mission Statement

To provide a fun and friendly learning experience in a safe and secure environment enabling every member to maximise their movement potential through gymnastics.

## Coaches

All of our coaches are fully accredited and hold State and National qualifications in the disciplines they teach (or are in the process of gaining an accreditation). Accreditation is through the Australian Coaching Council's National Coaches Accreditation Scheme (NCAS). Coaches who are in training are under the supervision of a qualified coach. Accreditation stipulations also require coaches hold a current Senior First Aid certificate and Positive Notice Blue Card (Working with Children Card). It is a requirement of JGC employment that coaches participate in regular workshops and courses throughout the year. Many of our younger trainee coaches possess a high level of up to date technical expertise in gymnastics due to many years of intensive training as gymnasts.

## Committee

The club is run by a volunteer management committee elected at the Annual General Meeting every year. Our executive committee consists of President, Vice President, Treasurer and Secretary.

As a non-profit organisation our club relies heavily on its volunteers. Positions include: Events Co-ordinator, Accounts assistance officers, Maintenance Officer, Fundraiser, Website Coordinator, Uniform Officer, and Work Place Health & Safety Officer. If you have any talents that you believe would benefit the club please approach one of the coaches or our office staff with how you can help. We are always open to ideas of ways in which to improve our club and its operations.

## Our Programs

JGC offers numerous programs both recreational and competitive across a variety of days and times to suit all ages, fitness levels and experience. Here is basic outline of disciplines and classes we currently offer-

<b>6months- 2years</b> -	BabyNastics
<b>2years -5 years</b> -	Kindergym
<b>5 years -6 years</b> –	Pre Gym
<b>6 years + –</b>	Gymskills - recreational programme based on WAG / MAG skills
<b>WAG –</b>	Women’s Artistic -Gymnastics – competitive stream for girls
<b>MAG 4x4 Program–</b>	Men’s Artistic Gymnastics – fun circuit style competition for boys
<b>Fitter for Life –</b>	aimed at Over 50’s offering gentle movement and coordination skills.

## Our Dress Code

For your gymnasts’ safety **NO JEWELLERY** is to be worn. Gymnasts are required to wear clothes they can freely move in such as leotards, crop tops, bike pants, shorts, t-shirts / singlet. A ballet wrap, tracksuit and socks may be worn for warm up during winter months. School uniform is not appropriate training attire and your child may miss out on their session if they have no alternative clothing. Long hair must be tied back. WAG and MAG Competition Gymnasts must wear the club uniform when at competitions. The club colours of JGC are Purple, Black and White. We do sell training leotards at the office.

## What costs can I expect to pay?

Each year parents are required to pay an *Annual Membership, Insurance and Registration Fee*. The Annual Registration, Insurance & Membership fee includes JGC Membership, Gymnastics Queensland Registration, Sports Insurance, equipment levy and other value added benefits. The membership and registration package is refundable within 2 weeks of joining should your child not wish to continue with classes. A 20% administration charge is taken from any refunds given.

The Gymnastics Australia registration and sports insurance is transferable between clubs but not from one gymnast to another. The club membership and registration is valid from the date of payment until the end of December of that year.

## Term fees

JGC works to public school terms meaning most terms are made up of 10 week blocks. Term fees pay for your child’s position in a class or team. ***Non-attendance does not qualify you for a refund***, however should your child miss a class due to sickness/holiday etc we do offer up to, 2 free make up classes per term if your fees are paid in full. Term fees have had public holidays and known class cancellations factored into them for the year.

Please set up a payment plan at the Office within the first 2 weeks of enrolment if you are not able to pay the full amount upfront.

**For any late payments or weekly payments that are not part of a payment plan, a \$2.50 per class late charge is added to your balance.**

Gymnasts in the competitive stream will also incur costs such as Club Uniform, competition entry costs, travel costs to competitions, Hand Guards, Tape etc.

## Term Dates

Term 1 2020	3 <sup>rd</sup> Feb 2020 to 5 <sup>th</sup> Apr 2020	(9 weeks)
Term 2 2020	20 <sup>th</sup> Apr 2020 to 28 <sup>th</sup> Jun 2020	(10 weeks)
Term 3 2020	13 <sup>th</sup> Jul 2020 to 20 <sup>th</sup> Sep 2020	(10 weeks)
Term 4 2020	5 <sup>th</sup> Oct 2020 to 13 <sup>th</sup> Dec 2020	(10 weeks)

## What if I miss a training session?

If gymnasts finish early or arrive late, this does not entitle a discount on fees. If a recreational gymnast misses a class and fees are paid in full they can attend a class on another day to make up for their missed session, a maximum of 2 make up classes per term are permitted. If a gymnast is taking a longer than normal holiday please speak to the office in relation to half fee's to secure your child's space.

If a gymnast cannot train due to injury a **Medical Certificate** must be provided in order for a fee reduction to be carried out.

The above does NOT apply to competitive gymnasts in the MAG or WAG stream.

## Public Holidays/Pupil Free Days/School Holidays

The gym is closed on public holidays and school holidays. Extra holiday classes are held for an extra fee and booking is essential. Some competitive squads train during public and school holidays.

Training for all classes is still held on pupil free days.

## Staff Absence/ Natural disasters

Training may be cancelled due to staff absence if a replacement coach cannot be found. In the case of freak weather events such as floods, heatwaves etc classes may also be cancelled. All accounts will be credited accordingly for the cancelled class if a makeup class is not offered.

If your child misses class due to travelling or competing at an event NO class refund is given.

## What if my child does not wish to continue at JGC ?

Should your gymnast no longer want to train with JGC we require 2 full weeks' notice in writing. Should you just cease to attend classes without informing JGC in writing your final invoice will include the 2 week notice period and any other missed classes.

## JGC Annual Events/ Term Events

In house term events are normally held twice throughout the year. These events allow the gymnasts to showcase their routines and skills. Our End of Year Awards is held towards the end of Term 4 in early December and acknowledges all classes, coaches and club volunteers.



## Privacy

JGC is committed to providing you with the highest levels of service in line with the Privacy Statement that can be found on the Gymnastics Australia web site. JGC does not sell or supply lists containing customer information to any individual or company with exception of our debt collector. Our customers must however be aware our registration process is in accordance with the conditions as indicated in the above statement includes the recording of gymnast information with the Australian Gymnastic Association. JGC will not disclose the contact phone numbers and details of any of the gymnasts unless permitted to do so by those gymnast's parents or guardians. JGC will from time to time take photographs or videos that may include your child. Some of these photos and videos may be used in newsletters, Facebook promotions, local newspapers and brochures. If you do not want photographs to be used of your child, JGC must be advised in writing.

## Contacting us

General enquiries can be sent to

[wag@jimboombagymnastics.com.au](mailto:wag@jimboombagymnastics.com.au) OR [jimboombagym@gmail.com](mailto:jimboombagym@gmail.com)

Account enquiries can be sent to

[accounts@jimboombagymnastics.com.au](mailto:accounts@jimboombagymnastics.com.au)

**Mobile** – 0498520366

**Landline** (during training hours) – 07 55478723

**FACEBOOK** – Our page **Jimboomba Gymnastics Club** is one of main ways of distributing notices, updates, class cancellations, competition results etc so 'LIKE' our page to stay up to date with what's happening.

## Document Disclaimer

Every effort has been made to ensure that the information contained in this document is as accurate and precise as possible. This document may contain errors and typographical errors, if any of these cause concern or misinformation we apologise. Please inform JGC of any mistakes.

## PARENT CODE OF CONDUCT

As a parent/guardian of an athlete/participant in any activity held by or under the auspices of Gymnastics Queensland, a member association or an affiliated club, you must meet the following requirements in regard to your conduct during any such activity or event, any breaches of the below stipulations may result in you and /or your child being asked to leave JGC:

1. Be a positive role model by always respecting the rights, dignity and worth of others;
2. Remember that your child participates in sport for their own enjoyment, not yours;
3. Focus on your child's efforts and performance rather than winning or losing;
4. Never ridicule or yell at your child or other children for making a mistake or losing a competition;
5. Show appreciation for good performance and demonstration of skills by all athletes (including opposing athletes);
6. Respect coaches/ official' decisions and teach children to do likewise; and
7. Do not physically or verbally abuse or harass anyone.

## GYMNAST CODE OF CONDUCT

In addition to Jimboomba Gymnastics Club's General Code of Conduct, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by Gymnastics Queensland, a member association or an affiliated club and in your role as an athlete/participant in any activity held by or under the auspices of Gymnastics Queensland, a member association or an affiliated club, failure to do so may result in your being asked to leave the club:

1. Respect the rights, dignity and worth of fellow athletes, coaches, officials and spectators;
2. Do not engage in any act of aggression as these will not be tolerated;
3. Respect the talent, potential and development of fellow athletes and competitors;
4. Care for and respect the equipment provided to you as part of your program;
5. Be open and honest with your coach concerning illness and injury and your ability to train fully within the program requirements;
6. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team;
7. Conduct yourself in a professional manner relating to language, temper and punctuality; and
8. Co-operate with coaches and staff in development of programs.