



## That Our Wounds Might Be Quickly Healed

ANN M. GARRIDO

**S**ome years ago, I took a crash course in chaplaincy. Chaplains are often called on to accompany people through life's gloomier seasons—be it in a hospital, in a nursing home, in prison, or following a disaster. As you might imagine, our training involved sessions on how to best alleviate the isolation and despair many people experience in these places and situations. Pray with people? Invite them outside into nature? Make sure physical discomfort is mitigated? All of these are good practices, my chaplain supervisor emphasized, but research indicates that the quickest way to lift the heaviness many feel is to get them involved in alleviating the suffering of others.

I suspect neither Isaiah nor Jesus would have been surprised by this research. In today's first reading, Isaiah says that if we feed the hungry and give shelter to the homeless, if we clothe the naked and care for our family members in need, we will know what it means to have light in the midst of darkness, and our gloom will melt away as if under the noonday sun. Similarly, Jesus describes our good deeds as being like light, meant to be shared generously with others.

In recent years, we have seen an uptick in depression and anxiety, even among the young. We can be tempted to focus more inwardly on our own lives, our own griefs and shortcomings. Self-awareness is certainly a good trait to have! But, perhaps counterintuitively, today's readings remind us that our "wounds shall quickly be healed" more readily when we focus on the needs of others. ●



LEARN ABOUT  
THE AUTHORS  
OF OUR PARISH  
COMMUNITY

### Reflect

*Why does helping another lift our own spirits?*



"Your light shall break  
forth like the dawn,  
and your wound shall  
quickly be healed."

ISAIAH 58:8

## ST. MICHAEL CATHOLIC CHURCH

411 N. Missouri St., West Memphis, AR 72301

### Mass Times

- **Saturday Vigil:** 5:00 p.m.
- **Sunday:** 10:30 a.m.

**Pastor:** Fr. Gilbert Tairo, CSSp

### Church Office

410 Pine St., West Memphis, AR

Phone: 870-733-1212

Mailing Address: P.O. Box 899, West Memphis,  
AR 72303

Email: [westmemphiscatholic@gmail.com](mailto:westmemphiscatholic@gmail.com)

Office Hours:

**Monday–Friday, 8:00 a.m.–4:00 p.m.**

**Secretary:** Gladys Hampton

### St. Michael's Catholic School

Email: [smcswm@sbcglobal.net](mailto:smcswm@sbcglobal.net)

Website: [stmichaelwm.com](http://stmichaelwm.com)

Facebook: [facebook.com/wmsmcs/](https://www.facebook.com/wmsmcs/)

**Principal:** Michael Beauregard, Ed.D.

**Grades:** PreK3 & PreK4, K, 1st, 2nd, 4th

405 N. Missouri St., West Memphis, AR 72301

Phone: 870-735-1730

## SACRED HEART– Crawfordsville, AR

Mission Church

216 S. Main St., Crawfordsville, AR

- **Sunday Mass:** 8:30 a.m.

### Parish Religious Education (PRE)

Director: Libby Burroughs

PRE Classes: **Wednesdays at 5:30 p.m. (Grades K–12)**

### Parish Financial Council Members

Donna McAlister

Kevin Meyers

Shelley Pugh

Joanne Smith

Ken Thomas

Ginger Wilkinson

Phillip Wray

### Parish Pastoral Council Members

Patsy Fletcher (President)

Lisa Schafer (Vice President)

Margaret Henson (Secretary)

Beth Aureli

Tony Bell

Mary Jane Flowers

Claude Hunt

Ricardo Ledezma

Tim Marconi

Joanne Smith

Lauren Wray

Jo Zachary



## EUCCHARISTIC ADORATION

### ST MICHAEL

TUESDAY: 11:00 AM - 1:00 PM

SATURDAY: 4:00 - 5:00 PM

### SACRED HEART

FRIDAY: 11:00 AM - 1:00 PM

*"COME ADORE THE LORD TRULY PRESENT IN THE  
MOST BLESSED SACRAMENT"*



# Ash Wednesday

FEBRUARY 18



### *St. Michael*

MASSSES AT:

**+8:00 AM**

**+6:00 PM**

### *Sacred Heart*

MASS AT:

**+12:00 NOON**

*"Remember that you are dust, and to dust you shall return."*

PRE / OCIA  
*Classes Resume*

*Wednesday,  
February 11th*

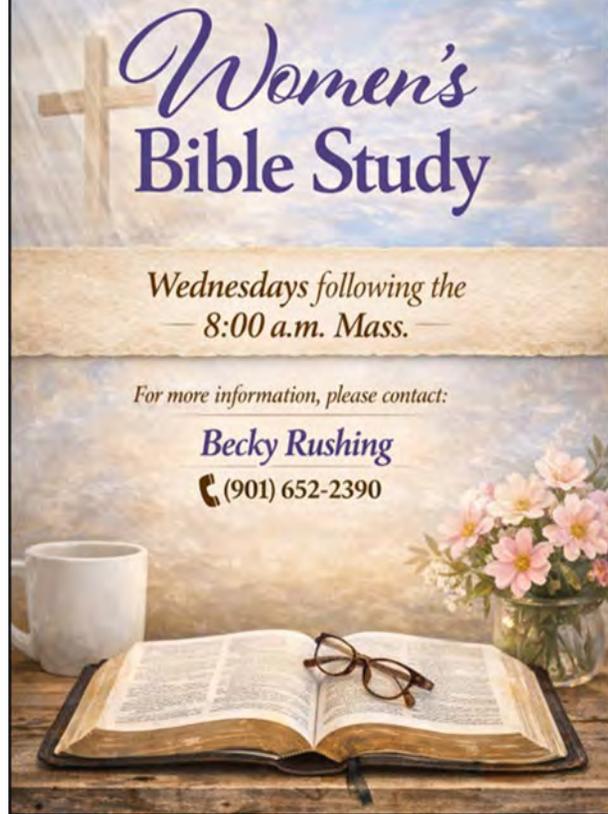
*After the 5:30 PM Mass*

*Women's  
Bible Study*

*Wednesdays following the  
8:00 a.m. Mass.*

*For more information, please contact:*

**Becky Rushing**  
☎ (901) 652-2390



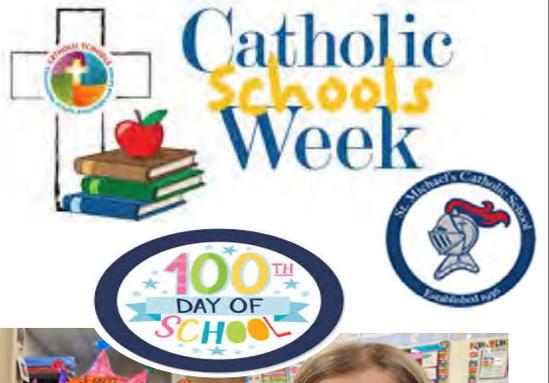
The Catholic Diocese of Little Rock is committed to protecting children and young people. If you are aware of abuse or have been abused by Clerics, Church volunteers, or Church workers, please contact the State of Arkansas Hotline for Crimes against Children at 1-800-482-5964 and the Chancellor for Canonical Affairs, Dcn. Matthew A. Glover, (501) 664-0340 ext. 361. For pastoral assistance please contact the Victim Assistance Coordinator for the Diocese of Little Rock: Laura Gottspomer at (501) 664-0340, ext. 425. Diocese of Little Rock, 2500 N. Tyler Street, Little Rock, AR 72207.



La Diócesis Católica de Little Rock está comprometida a proteger a los niños y jóvenes. Si usted está enterado de algún abuso o ha sido abusado por Clérigos, voluntarios o funcionarios de la Iglesia, por favor comuníquese a la Línea de Ayuda del Estado de Arkansas para Crímenes contra Niños al (800) 482-5964 y con el Canciller



para Asuntos Canónicos, Diác. Matthew A. Glover (501) 664-0340, ext. 361. Para asistencia pastoral, por favor comuníquese con la Coordinadora de Asistencia para Víctimas de la Diócesis de Little Rock Laura Gottspomer (501) 664-0340, ext. 425. Diócesis de Little Rock, 2500 N. Tyler Street, Little Rock, AR 72207.



## Intenciones de Misa

Las intenciones de misa pueden ofrecerse por el eterno descanso de un ser querido difunto, por sanación, en celebración de una ocasión especial o por cualquier intención especial para usted, un familiar o un amigo.

Para solicitar una intención de misa, por favor llene un sobre ubicado en el vestíbulo o contacte la oficina parroquial para fechas disponibles.

Se solicita una ofrenda habitual de \$10 por cada misa.

## ¿Has rezado el Rosario hoy?

Tómate unos momentos de silencio para reflexionar, dar gracias y acercarte más a Dios a través de las oraciones de la Santísima Madre.

“Recen el Rosario todos los días para obtener la paz para el mundo”  
— Nuestra Señora de Fátima

## ¡Celebración de Mardi Gras!

**Domingo, 15 de febrero (después de la Misa)**

Acompáñanos para una tarde festiva con

- ☀️ **Frijoles Rojos con Arroz,**
- ☀️ **Juegos Divertidos**
- ☀️ **iy Rosca de Reyes!**

Trae a tu familia y amigos y ven a celebrar Mardi Gras con nosotros.

# GOD'S LOVE IS...

C J B W H F B I G E N T L E N  
 O W X V E K A Q H E H F E L Q  
 M I P V F E V I T C E T O R P  
 P S S E U Q G U T M H J B T A  
 A U L Z L W V L T H Q A J O I  
 S H K R L B F V U L F K C D W  
 S T O E O W A R X F T U G S N  
 I I X R F I F M B W I X L K M  
 O W M V G P S B O X E C D X M  
 N S P J R W Z B F H K O R B M  
 A Y A X A O P B M P T I S E C  
 T A S A C R I F I C I A L X M  
 E W Y X E W S C I U B K F C N  
 W L R M E T E R N A L J I N M  
 V A Z N Y F O R G I V I N G U

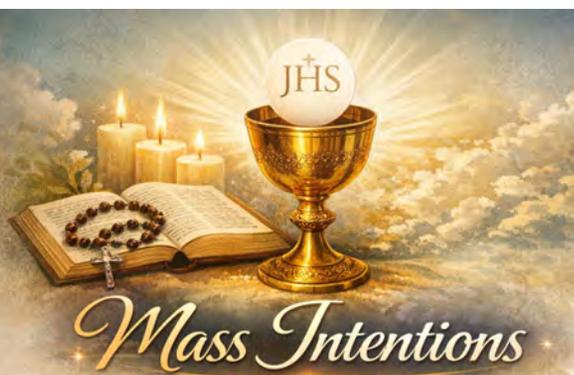
GENTLE  
 FAITHFUL  
 MERCIFUL  
 COMPASSIONATE  
 UNFATHOMABLE  
 FORGIVING  
 FULL OF GRACE  
 ALWAYS WITH US  
 ETERNAL  
 PROTECTIVE  
 SACRIFICIAL

*Have you prayed  
 the Rosary today?*

Take a few quiet  
 moments to reflect,  
 give thanks, and  
 draw closer to God  
 through the prayers  
 of the Blessed Mother.



*"Pray the Rosary every day.  
 in order to obtain peace for the world"*  
 — Our Lady of Fatima



## Mass Intentions

Mass intentions may be offered for the repose of the soul of a  
 deceased loved one, for healing, in celebration of a  
 special occasion, or for any special intention for yourself,  
 a family member, or a friend.

To request a Mass intention, please fill out an envelope located  
 in the vestibule or contact the parish office for available dates.

A customary stipend of \$10 is requested for each Mass.



# Catholic Arkansas Sharing Appeal (CASA)

*Serving the Church. Serving the Poor. Building the Future.*

Since 1990, CASA has provided vital funding for the pastoral, educational, and social needs of the Diocese of Little Rock. Through the generosity of Catholics across Arkansas, CASA supports ministries that bring the love of Christ to life every day.

### Your gift helps to:

- ✓ Care for the poor and vulnerable
- ✓ Strengthen developing parishes
- ✓ Support Catholic schools
- ✓ Educate seminarians, deacons, and lay ministers
- ✓ Sustain diocesan ministries throughout Arkansas.

### Giving options include:

- ✓ One-time gift
- ✓ Monthly pledge instalments
- ✓ Check or credit card
- ✓ Online giving

### How to Give

At the beginning of the CASA campaign, parishioners are invited to return their pledge envelopes, indicating their total gift and how they will give.

### Giving options include:

- ✓ One-time gift
- ✓ Monthly pledge instalments
- ✓ Check or credit card



→ Online Giving Available → Thank you for supporting CASA



**Together, We Serve Christ's Love.**



## February THE HOLY FAMILY



1 ST. BRIGID

9 ST. APOLLONIA

17 ST. ALEXIS  
FALCONIERI

25 ST. TARASIVS

2 CANDLEMAS

10 ST. SCHOLASTICA

18 BL. JOHN FIESOLE

26 ST. PORPHYRIUS

3 ST. BLAISE

11 OUR LADY OF  
LOURDES

19 ST. CONRAD OF  
PIACENZA

27 ST. GABRIEL OF OUR  
LADY OF SORROWS

4 ST. JOSEPH  
OF LEONISSA

12 ST. EULALIA

20 STS. FRANCISCO AND  
JACINTA MARTO

28 ST. HILARY, POPE

5 ST. AGATHA

13 ST. CATHERINE  
D'RICCI

21 ST. PETER DAMIAN

6 ST. PAUL MIKI AND  
COMPANIONS

14 ST. VALENTINE

22 CHAIR OF  
ST. PETER

7 ST. MOSES THE  
HERMIT

15 ST. CLAUDE LA  
COLOMBIERE

23 ST. POLYCARP

8 ST. JOSEPHINE  
BAKHITA

16 ST. JULIAN OF  
CAPPADOCIA

24 ST. ADELA



# WE HAVE NEW GAMES!!



Bingo is played in the school cafeteria on Tuesdays at 7pm. Doors open at 6pm.

Scan for the latest Bingo Information

We now have two Jackpots for \$1,000 currently at 51 & 58 numbers called  
Raffle is up to \$ 1,550

A festive banner for a Mardi Gras celebration. It features a purple and green masquerade mask on the left, a fleur-de-lis on the right, and a bowl of red beans and rice on the bottom left. A large King Cake with colorful beads and a baby figurine is on the bottom right. The background is filled with colorful beads and confetti.

## Mardi Gras Celebration!

**Sunday, February 15<sup>th</sup> (After Mass)**

Join us for a festive afternoon of  
**Red Beans & Rice,  
Fun Games &  
King Cake!**

Bring your family and friends and come celebrate Mardi Gras with us!

**LITURGICAL**  
  
**MINISTRIES**

	February 14, 2026	February 15, 2026
Lector	Suzy McAuley	Clay Aureli
Linens	Diana Thompson	
Communion	Shelley Pugh	Tony Bell
	Margie McCain	Andy Horton
	Sandy Goldsby Williford	Laura Saldivar
Offertory	Linda Gay	Volunteer
	Heather Wheeler	
Greeters	Mary Jane Flowers	E J Miller

**Parish Organizations**

- ❖ **Infant of Prague Guild: meetings are held quarterly in the school cafeteria. Watch here for announcements.**
- ❖ **Knights of Columbus business meeting 1<sup>st</sup> Sundays at 7:00 P.M.**
- ❖ **Parish Finance Council meeting Thursday, Feb. 26th at 5:00 pm.**
- ❖ **Parish Pastoral Council meeting Thursday, Feb. 26th at 6:15 pm.**
- ❖ **3rd Sunday Sacred Heart Brunch February 15th, after Mass**
- ❖ **3<sup>rd</sup> Sunday St. Michael Brunch February 15th, after Mass - Guild**



# LITURGY SCHEDULE & INTENTIONS

Saturday	February	7	9:00 am 4:00 pm 5:00 pm	MSGR Bernard Malone † Adoration Virginia Forman †
Sunday	February	8	8:30 am 10:30 am	Charles D McGinnis † Dorothy Barnes †
Monday	February	9	NO MASS	
Tuesday	February	10	6:00 pm	Doris Jean Fogarty †
Wednesday	February	11	8:00 am 5:30pm	Lucille Marconi † Ned Marchessault CSSp †
Thursday	February	12	8:00 am	Paul Sabuni †
Friday	February	13	8:00 am	David & Ann James †
Saturday	February	14	4:00 pm 5:00 pm	Adoration Letitia Fratesi †
Sunday	February	15	8:30 am 10:30 am	Sis Young † Lynn Slaughter †



## REMEMBER IN PRAYER



Carla Sanderson, Kathleen Alparo, Baby Arabella, Ward Roberts, Fairley Vega, Olivia Vega, Richard Gunter, Steve Marasco, Illuminata Wilhelmi, Nancy Ellis Hays, Cathy Stockbridge, Theresa Black, Mary Ann Tyrone, Donald Turlich, Vickey Stanford, John Baioni, Carol Burdison, Mary Margaret Riley, Will Hutcherson, Mandi Tacker, Matthew Bain, Edna Alpuente, Joan McCarty, Jane Rice, Neil Sponer, Peggy Mengarelli, Tracey Tyrone Cox, Grace Pulliam, Alaina Goldsby, Nancy Jackson, Janet Long, Danny Foster, Jim Pugh, Jose Cantu, Balthasar Arellano, Joe Alvarez, Jay Guiltner, Scott Goldsmith, Ruben Saldivar, Joanna Kim, Mayson Hall, Walter Smith, Freddy Crabtree, Richard Batkey, Leroy England, Gloria Anderson, Cindy Dabbs, Juan Perez, Jr., Lillie Clark, Eric Densford, Joan White, Tina Imboden, Kay Loney, Johnny McMullin, Victims of War and Violence in our country and throughout the world, especially in the Ukraine. All persons serving in our Military, The Seminarians of the Diocese of Little Rock, and the Religious Men and Women of Arkansas.

### WEEKLY STEWARDSHIP INFORMATION:

February 1, 2026 St. Michael \$4,808.00

Sacred Heart \$1,549.00

# Dear Padre,

## Are the readings at the beginning of Mass equal to the celebration of the Eucharist?

The Mass is celebrated in two major parts: the **Liturgy of the Word** and the **Liturgy of the Eucharist**. These parts complement each other in a balance of word and sacrament. In his 2004 apostolic letter *Mane Nobiscum Domine* (Stay With Us Lord), Pope St. John Paul II described these complementary elements. Using the story of the two disciples on the road to Emmaus on the night of Easter Sunday, the Pope likened the two parts of the revised liturgy to these disciples' journey. First, Christ breaks open the word for them, preparing their hearts with an interpretation of the Scriptures. Then, they recognize Christ as they break bread.

The Liturgy of the Word, proclaimed and preached well, allows time for silence and reflection on the wisdom offered. It becomes the necessary overture for the celebration of thanks and praise and the gift of the sign and sacrament to follow. Parishes are called to take the Liturgy of the Word most seriously and to bring it to a new level of proclamation. Pope St. John Paul II admonished all involved, but especially preachers, to cherish the word and preach it so the depths of the mysteries celebrated may be recognized and received into the burning hearts of Christians. In this context, the Scripture readings are given a prominence they didn't have in the older Roman rite. ●

**From The Eucharist: 50 Questions from the Pews by Fr. Richard Fragomeni, PhD (816994), © 2009 Liguori Publications**



GOODALE BEMINI

### A WORD FROM POPE LEO XIV

*In a divided and troubled world, the Holy Spirit teaches us to walk together in unity. The earth will rest, justice will prevail, the poor will rejoice, and peace will return once we no longer act as predators but as pilgrims. No longer each of us for ourselves but walking alongside one another. Not greedily exploiting this world but cultivating it and protecting it.*

HOMILY, ROME, JUNE 7, 2025



MILJAN ZIVKOVIC / SHUTTERSTOCK

### Do you have a question for the Padre?

Go to [DearPadre.org](http://DearPadre.org) to send your question and to learn more about *Dear Padre*.

#### Monday

February 9  
Weekday  
1 Kgs 8:1-7, 9-13  
Mk 6:53-56

#### Tuesday

February 10  
St. Scholastica, Virgin  
1 Kgs 8:22-23,  
27-30  
Mk 7:1-13

#### Wednesday

February 11  
Weekday  
1 Kgs 10:1-10  
Mk 7:14-23

#### Thursday

February 12  
Weekday  
1 Kgs 11:4-13  
Mk 7:24-30

#### Friday

February 13  
Weekday  
1 Kgs 11:29-32;  
12:19  
Mk 7:31-37

#### Saturday

February 14  
Sts. Cyril, Monk, and  
Methodius, Bishop  
1 Kgs 12:26-32;  
13:33-34  
Mk 8:1-10

#### Sunday

February 15  
Sixth Sunday in  
Ordinary Time  
Sir 15:15-20  
1 Cor 2:6-10  
Mt 5:17-37  
or 5:20-22a, 27-28,  
33-34a, 37