

# **Stronger Together, NFP**

## **Caylee's House & Magnolia House**

“Family isn’t always blood; it’s the people in your life who want you in theirs, the ones who accept you for who you are, and who love you no matter what.” -Maya Angelou

**Our Mission** is to create a community where one can succeed in creating a new way of living with the accountability of others to continue forward with a purpose driven recovery.

**Our Vision** is to continuously grow this community of supportive woman that will do life together ultimately replacing the unhealthy people, places, and things of their former way of living.

Our program has no expiration. You are welcome to live in house for as long as you desire. We recommend each resident dedicate no less than one year to their active recovery so we encourage this time frame as a minimum stay, but ultimately we leave this decision to the individual resident.

### **In House Expectations**

It is imperative that each resident is considerate to other residents living within the home at all times. The recovery of all residents is the priority over anything else. If issues arise beyond the scope of the house rules, those will be addressed at our house-wide weekly mandatory meeting. You must respect others in the home, and agree to the residential guidelines as follows:

- No use of alcohol, prescription narcotics, illicit drugs, or any over the counter mind or mood-altering substances
- No weapons such as knives or guns
- “War Stories” are not permitted (e.g., alcohol/drugs, jail/prison, gang related experiences, or any inappropriate stories).
- Respect personal boundaries of peers and staff
- No residents allowed in another resident’s room without them present.
- Residents are not to share beds.
- No bullying tactics will be tolerated.
- Gang-related activities or representations (hand gestures, body language, whistling, writing, tagging, symbols, clothing, etc.) are prohibited.
- You will be responsible for keeping your personal items secure.

\*Anyone caught stealing from any source or person will be dismissed immediately

- Food items will be properly stored in designated, clean areas to avoid rodents, insects, etc.
- No intimate/sexual relationships with staff are permitted.
- No eating food in bedrooms
- You will be responsible for returning any supplies, to designated storage area.
- Room checks may be conducted if staff suspects contraband.
- When leaving the house, residents are expected to follow the buddy system (2 or more residents together) when not going to a pre-approved destination.
- All vehicles must maintain up to date registration & insurance
- Bikes and other modes of transportation will be stored in the appropriate location, and security for these are at your own risk.
- Each Resident will be provided a lock box to store their prescription medications. Meds are to be taken as prescribed or gradually removed (weened) if no longer desired. All meds must have a valid prescription and be approved for use within our home. Random Med checks will be performed. Meds are expected to match with the RX dates. If meds are taken outside of what is prescribed, residency will be terminated,.

- Random urine analysis and drug testing will be conducted
- No nails or tape on the walls at any time
- Absolutely NO SMOKING in the house, vaping is permitted.  
 \*\*Cigarette butts must be properly disposed of and are not to be thrown on the ground anywhere on the property

\*The first 30 days are crucial for those in early recovery so for this reason, all residents will only be permitted to go to regularly scheduled meetings, appts, work, and church. No overnight or unsupervised outings beyond those above mentioned will be permitted during the first 30 days.

### **Drug/Alcohol testing**

- UA for alcohol, drugs, and kratom will be randomly administered routinely or if use is suspected
  - A failed drug test will result in an immediate termination of this contract and dismissal from the house. Should relapse occur, the resident is permitted to reapply after 30 days and may be accepted if space permits
- Drug testing will be administered following any overnight pass
- If you are on any medication that will show on a UA, you must provide a valid, current prescription
- MAT is permitted to be taken ONLY as prescribed/indicated.
- Methadone is prohibited
- We do not offer detox services. If your arrival to our program will cause you to detox, arrangements for detox will need to be made before entry.
  - If you need assistance finding a detox center or MAT services, please let us know, and we will provide recommendations

### **12-Step/Recovery Requirements**

- You are required to attend (3) 12-step meetings per week of your choosing either AA , NA, CR, Courage Center, or 143 Wednesdays
- Take the 90 Meetings in 90 Days Challenge by attending at least 1 meeting per day for 90 Days and earn a \$150 gift card of your choice!
- All meetings attended without a ST staff member will require the signature of the chair/meeting leader.
- You will be responsible to keep a log of all your meetings with initials/signature to complete the 90/90 challenge
- All residents will be required to meet with a peer support specialist at the Courage Center at least once per week for the first 3 months while in the program, After 3 months, meetings with peer support will be encouraged monthly, at minimum.
- As a resident in recovery program, you are expected to actively work on your recovery, which means you are expected to take steps to build recovery capital. What this means is, you should be doing one or more of the following:
  - Going to your meeting minimums each week
  - Actively working with a sponsor or accountability partner on the 12-Steps, (through AA, NA, CR, or any other 12-Step recovery group)
  - Spending time at group outings to different recovery events that are planned for the program
  - Frequently working with a Peer Support or Addiction Counselor specialist
  - If you have a co-occurring mental health and addiction diagnosis, you should be actively working with a counselor or therapist to help guide you through your journey to recovery

### **90 Day Focus**

The following requirements will be requested of you within your first 90 days. If you enter the program already employed, every

attempt will be made to work with your schedule to not compromise your employment.

- Attend IOP (3) times per week. The schedule is TBD and will take up to 90 days to complete
- Attend (2) Peer Support Counseling Sessions per week
- Bonus: Take the 90 meetings in 90 days Challenge!

### **Magnolia House 90 Day Focus Rent Policy**

- Rent is \$900 per month for the first three months AKA 90 Day Focus Period + Standard Services
- 90 Day Focus Rent is payable on the 1<sup>st</sup> Day of each of the first three months. \*Scholarships are available that may cover this entire period. Rent will not be collected once scholarship application is applied for/approved.

### **Caylee's House Standard Rent Policy**

- Rent will be \$150 per week covering the Standard Services
- Rent can be paid weekly or biweekly and can be prepaid
- Weekly Rent Is Due every/every other Friday
- Standard Services includes all utilities, food, hygiene and home supplies, and daily scheduled transportation to appointments, meetings, and work (work transport is between the hours of 7 AM- 7PM Mon thru Fri)
- Requirements to live at Caylee's:
  - Must have a job
  - Must have at least 1 year of sustained recovery
  - Cannot have any recent emergency/longer visits at any detox centers, crisis flex units, and/or run ins with law enforcement

Rent can be remitted via Cash Ap, Paypal, Check or Cash

\*Rent payment IS required by yourself or an alternate source for you to remain in the home. Scholarships are available and you

are encouraged to apply for them. If you do secure an alternate source to fund your rent, you will be expected to actively seek employment within the first 30 days and must secure employment within 45 days.

### **Curfew**

- 10:30 PM every day, unless approved by staff
- No guests will be permitted in the home after curfew

### **Overnight Stays Away**

- Residents are permitted to have overnight stays outside of the home after their first 30 days. Staff must be notified 24 hours prior to receive approval.
- For extended stays away exceeding overnight, a minimum of 48 hours advance notice is required for approval and housemates must be made aware.
- If you take a pass, you are expected to return from your pass by curfew on the designated day of return listed on your pass request.
- Max two nights away per week.

### **House Guests**

- No one under the influence of drugs or alcohol will be permitted on the property at any time
- Guests are subject to drug tests should any of the residents suspect a history or appearance of drug use.
- No guests will EVER be permitted in any of the bedrooms, unless specific approval is given
- Should a guest infringe on the comfort level of another resident they will not be permitted to return.
- If you wish to have guests over, you must inform your housemates. Guests will not be permitted during in house meetings without staff approval.
- Men are not permitted inside the home unless they are immediate family.

- All romantic relationships will be expected to maintain respect for the home and its residents in all areas within and in direct proximity to the property/meetings/events. No sexual activity will be permitted within the home at any time. (keep it classy, not trashy 😊)
- Any abusive or toxic relationship that a resident has will not be tolerated in the home, if you find yourself in this relationship, and cannot safely find your way out we can connect you with the proper agencies to help.
  - Any conversations, phone calls, or any other interactions that pose a threat to the safety, serenity, or comfort of other residents without making the steps to make us aware, will not be tolerated and will be potential grounds for immediate dismissal from the program.

### **Weekly Cleaning Rotation**

- The house is expected to always be clean and presentable.
- The bedroom and bathroom are the responsibility of those who use it, but all community areas are to be rotated weekly between residents and include the kitchen, community bathroom, and all community living spaces.
- Cleaning schedules will be assigned weekly at the house meetings

### **House meetings**

- Weekly house meetings are mandatory and will be scheduled at a time most convenient for all.
- We will discuss suggestions, cleaning schedules, grievances, and the following considerations, etc
- Your recovery comes first so everyone in the house is accountable to you and vice versa.

- Should you allow another resident to violate the house rules, you are also endangering your own well-being and overall recovery. Holding others accountable is what helps them to succeed

### **Resident Health**

- All residents handling food are to wash hands and to maintain ServSafe food handling requirements at all times.
- Residents are not permitted to share any personal hygiene equipment, aka tooth brushes, razors, etc.
- Personal Care Items are to be kept in a designated area specific to each resident
- Should a resident contract a contagious illness, a mask must be worn in community areas until fever/other physical symptoms have not been present for 24 hours.

### **Termination of residency**

- Residents in compliance with house rules are welcome to live in the home indefinitely.
- No notice will be required to terminate residency whether it is voluntary or involuntarily.
- If the above rules are not adhered to, or the resident chooses to move out voluntarily, any prepaid rent will be forfeited.
- Upon termination of residency, the resident will have no more than 3 days to collect their belongings
- If you are dismissed, you will be given a set time to vacate the property
- If the dismissal is late at night, we will make arrangements for the night for you within the home until you are able to vacate the next day

### **Personal Vehicle Policy**

- Personal vehicles are allowed but you must complete a Release of Liability Agreement, which states that Stronger Together and our affiliates and/or staff will not be responsible for any injury/damages that may occur to your vehicle or while driving the vehicle.
- Residents are allowed to ride with other residents in their own personal vehicle, but those with vehicles will be expected to maintain registration and liability insurance and hold a valid driver's license. All proof must be provided prior to use of vehicle on property.

### **Discipline/Points Policy**

- Stronger Together utilizes a points policy to track a residents program compliance. A resident will receive a point if not in compliance with any of the house rules laid out in this contract. Accumulating 3 points will result in an official write up/warning
- If you receive more than one writeup/warning within a 30 day period, you will be dismissed.
- Points will be given for violating the house rules set forth in this contract with some common examples following:
  - Not keeping room/general areas clean and tidy
  - Not making the required weekly meetings
  - Any moderate disrespect to staff or residents
    - Any disrespect that is considered extreme, will not be allowed at any time and the resident will be dismissed and asked to leave
  - Being late to any scheduled meeting, outing, appointment, or curfew
  - Violating a resident's privacy
    - Anything that is discussed at 12-Step/In-House Meetings needs to stay at the house or meetings. These are confidential environments.
    - Each resident has the right to their own privacy, and each resident's privacy needs to be respected and always maintained.

- Gossiping or starting drama within the house is disrespect and violates personal privacy and will not be tolerated
- Not actively working on your recovery

\*In the event you receive a points violations, You will have the opportunity to have points removed by doing service work, such as the following:

- Pickup a rotating chore, or other cleaning activity
- Community service at a nonprofit, 2 hours per point
- Lead a 12-step meeting if qualified
- Or any TBD need of the house

Stronger Together is a Christian faith based / 12 step recovery program. We take a very open-minded approach to Recovery because we know that each women's journey will be uniquely theirs. All we ask is that you keep your mind open to the experience we share, while none of our individual beliefs will ever be forced upon you. Our expectations lie solely in your ability to live respectfully in this community we have created. I acknowledge, understand, and will respect the Rules of This House, and program.

\_\_\_\_\_  
*Print Name*

\_\_\_\_\_  
*Sign Name*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
Approved by

# **We're glad you are here!**

## **Legal Addendum:**

Stronger Together is a women's Christian Faith Based Recovery Home. We require woman to have visible female anatomy. All faith beliefs or non belief are welcome. We ask that all residents keep an open mind to the perspectives of others as we are a judgement free home.

We accept adult woman 18 years and up and do not discriminate on the basis of adult age, ethnic background, sexual preference, marital status, parental status, or disability.

\*We cannot accept pregnant woman as we cannot house resident children. We do not have wheel chair specific vehicles and while we do have a level entrance to a bedroom/main floor, our multi story home/s are not entirely wheel chair accessible.

## **Privacy Policy**

We respect the individual privacy of each resident. We expect every resident to respect that the information shared by each individual is to remain within the home. We offer residents to opt out of being photographed and will keep private an individual's residency upon request. We will not share resident's personal information with their family. We do not publish our home address for safety reasons and ask those involved to not share publicly our location. We make every effort to ensure every resident has a safe place to heal but we are not a "safe house" so we do what can within reason.

**\*Please select your preference and agree with initials. Please mark with an X next to an option not chosen below:**

**I give consent for my photographs to appear in social media\_\_\_\_\_**

**I DO NOT consent for my photographs to appear in social media\_\_\_\_\_**

**For my safety, I request that my residency remain private, is not to be shared with anyone outside of law enforcement, who may inquire \_\_\_\_\_**

**I have completed my resident intake form and I do understand all written forms will be returned to me upon my request upon termination of my residency. \_\_\_\_\_**

**\*All unreturned personal data/forms will be destroyed within 12 months of terminated residency.**

**I understand all the rules and information contained within. I have asked for clarification on anything that was not clear to me. \_\_\_\_\_**

\_\_\_\_\_  
*Print Name*

\_\_\_\_\_  
*Sign Name*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Approved by*

## **Our Partners/Community Resources**

The Courage Center Aiken - Addiction services, Recovery coaching, 12 Step Alternative meetings

The Aiken Center – Addiction Services, IOP Classes, Recovery Coaching, MAT Treatment

Aiken Barnwell Mental Health – Mental Health Services, Psychiatric Diagnostics, Mental Health Prescriptions & Treatment, Trauma Therapy

Dental College of Georgia – All levels of Dental Services

Americas Best – Low cost prescription glasses/contacts

The Clyburn Center/Rural Health Services – Low to no cost Primary Care, OBGYN, Dental, Behavioral Health Services, and Pharmacy Services

AA, NA, & CR 12 Step Programs include multiple locations across the CSRA within Aiken, Graniteville, North Augusta, and Augusta

143 Ministries – “The Meeting” 12 Step Bible Based & “The River” Friday night Worship Service

Upak, Inc & Legacy Pack, LLC. – Graniteville Manufacturing Companies that employ people in recovery regardless of felony history

Vocational Rehabilitation Aiken – Job training & Placement

### **Questions, Concerns, or Complaints?**

Please address issues in house at weekly in house meetings or directly to Jessica Hurley: 803-748-5821

If the issue persists, please contact either of the other two directors at the following to arrange a meeting:

Colleen Bailey: 803-991-1899

Cori O'Steen: 803-761-4191

If you do not feel your concerns are being adequately addressed, please contact SCARR at following web address to file a formal complaint:  
<https://scarronline.org/file-a-grievance/>