

TOSS THE BOSS

Monthly
NEWSLETTER



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ISSUE THREE | AUGUST 2025

1 Join us on socials!
#tossthebossbc

2 Action items for
August!

3 Curious about NBIS
programs?

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ABCB First Aid &
Safety Training

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Don't be shy, join us on social media!

Post and use #tossthebossbc

Summer is winding down and excitement is ramping up for Toss the Boss 2025! Trust the 100+ bosses who have already taken the leap, a FUNdraiser this epic is not to be missed! Sign up a team and use our support to create a campaign that works for your team. We'll even visit your business and film a short promo video!

Have some lingering questions before you hit sign-up?
Send us an email to learn more about this unique event!

Ready to get started?

1. Register your team at tosstheboss.ca
2. Start your fundraising campaign
3. Use our social media kits, or repost our content



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NBIS: Connection, Education, Support.

Since 2021, Toss the Boss has raised over \$240,000 for brain injury services on Vancouver Island. Every dollar helps NBIS train volunteers, facilitate groups, and offer one-to-one support when it's needed most. Below is a snapshot of clients, staff and volunteers enjoying a picnic in Bowen Park as a group program activity in July!



Get in touch with us!

- Visit **tosstheboss.ca** for registration and details
- Follow our account **@tossthebossbc** on Instagram and Facebook
- Like, share, comment and tag to boost visibility and engagement

Team to watch!



ABCB
TRAINING
FIRST AID & SAFETY

Team ABCB is taking on the challenge by nominating owner, Jeff- with a twist! If they double their goal and raise \$2000, office manager Claudia will jump too!

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