

TOSS THE BOSS

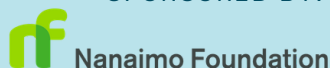
Monthly
NEWSLETTER

*A note from the
Toss the Boss team:*

As we head into year six of Toss the Boss, the community support has been amazing!! Thank you for being brave, signing up, and sharing your stories. Recovery from acquired brain injury looks different for everyone, but with your help we can ensure no one faces life after brain injury alone.



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June: Brain Injury Awareness Month

June at Nanaimo Brain Injury Society is a time to recognize and celebrate the resiliency of those living with brain injury. Behind every jump is a story of courage and strength. Each bungee not only honors those stories, but also raises essential funds for programs and services to support survivors and their families; helping them rebuild, connect, and thrive.

"NBIS has helped me dramatically transform my life. I moved to Nanaimo to access proper care and after other organizations recommended NBIS, I found the guidance I needed—it was a team effort."

-NBIS Client



*Guided painting session
at NBIS Social Program*

MEDIA PARTNERS:





Behind every jump is a story.

Last year, Nanaimo Brain Injury Society supported more than 250 acquired brain injury survivors and caregivers. The injury is often invisible, but the impact can be life-altering.



Chair yoga session at NBIS

Join us for Toss the Boss this year as part of our effort to raise awareness, share stories, and help reduce the stigma around acquired brain injury.

What is Acquired Brain Injury?

Any type of damage or injury to the brain that happens post-birth.

This includes:

- Concussion
- Traumatic Brain Injury
- Stroke
- Aneurysm
- Hypoxic/Anoxic Brain Injury
- Brain Tumours

Team to watch!



**Harbourview
Volkswagen**

Finance Manager, Caitlin, is bravely taking the leap on October 2nd for team Harbourview. Visit tosstheboss.ca to help them reach their goal of \$1500!

"One of our colleagues suffered a brain injury years ago, so this cause is very important to us!"