

# TOSS THE BOSS

Monthly  
NEWSLETTER



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ISSUE ELEVEN | OCTOBER 2026

1

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2



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3



\$2710 Helm

Leaderboard!

As of Sept 28 2026

## Ready, set, bungy! For a great cause

**The jumpers are READY! Now we need the community to cheer them on!**

### What's on your calendar this Friday?

The jumpers are ready to be brave – now we need the community to support them as they take the plunge. Come join us between 1-4pm on Oct 2 to support the jumpers, meet community leaders and enjoy a BBQ lunch. at WildPlay Nanaimo.

Every bungy jump helps raise funds and awareness, support survivors, and ensure no one is alone in their recovery.

**Want to show your support for brain injury survivors? Donate at [tosstheboss.ca](https://tosstheboss.ca)**

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**THIS COULD BE YOUR BOSS!** →  
Or you, if you're brave 😊

## NBIS Highlight: Social Program

Brain injury is often accompanied by isolation and disconnection. Our Social Program provides a welcoming environment where survivors can meet and connect with their peers and do a fun activity. Creating art is a great way to explore individuality while also creating connection and laughter.



## New this year!

We are excited to welcome The Ice Cream Truck to Toss the Boss 2026! They will be selling sweet treats throughout the event!



Behind every jump is a story



We jump because we believe in standing with people in our community who need support, hope, and a reminder that they are not alone. It takes courage to step off the edge, but it also takes courage to face hard seasons in life, to ask for help, and to keep moving forward.

**Help James exceed his goal at [tosstheboss.ca](https://tosstheboss.ca)**

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